



ПРОФЕССИОНАЛЬНАЯ ПСИХОТЕРАПЕВТИЧЕСКАЯ ЛИГА

№ 7 (127) ИЮЛЬ-2013 • ОФИЦИАЛЬНЫЙ ОРГАН ПРОФЕССИОНАЛЬНОЙ ПСИХОТЕРАПЕВТИЧЕСКОЙ ЛИГИ



World Council for Psychotherapy



European Association for Psychotherapy



Asian Federation for Psychotherapy



Professional Psychotherapeutic League of Russia



Russian Medical Academy of Postgraduate Education

MAIN EVENT OF THE DECADE THE FIRST UNITED EURASIAN CONGRESS FOR PSYCHOTHERAPY «PSYCHOTHERAPY WITHOUT BORDERS: PAST, PRESENT AND FUTURE»

Russia. July 2013

Our congress will be a big celebration for psychotherapy. This is the first joint congress of two continental professional communities of psychotherapists – the European Association for Psychotherapy (EAP) and the Asian Federation for Psychotherapy (AFP).

The Congress events will be held throughout the whole country of Russia.

The main event will take place on July 5-7 in Moscow. Plenary lectures, plenary and breakout sessions, symposiums, conferences, workshops are scheduled to be held within the main part of the Congress.

Workshops and training sessions of the Congress are joined into decadniks. Decadnik is a legendary Russian form of intensive immersion into the world of psychotherapy.

Decadniks, conferences, meetings with the participation of Russian and foreign psychotherapists will be held in a number of Russian cities after the first Eurasian congress.

The main event of the post congress Program is a psychotherapeutic journey along the longest railroad in the world – the Trans-Siberian Railway from Moscow to Vladivostok.

Executive Committee of the Congress



Honorary President of the Congress

Alfred Pritz (Vienna)
alfred.pritz@sfu.ac.at



President of the Congress

Viktor Makarov (Moscow),
9259036@gmail.com,
9259036@mail.ru



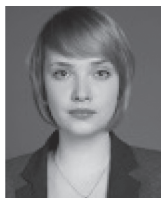
Registration of the Congress participants, Executive director

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Decadniks and Exhibition

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Work with foreign participants of the congress. Youth conference

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Congress program. Transsiberian journey «The Road To the East»
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Ball of psychotherapists, evening life of the congress
Chair of PPL regional branch in Saint-Petersburg, Inga Rumyantseva
oppl.spb@mail.ru, +7(911)221-33-32

Scientific Council of the Congress



Aknin Nicole (Paris, France) – professor, psychoanalyst; rector of the Sigmund Freud University Paris; executive member of the World Council for Psychotherapy and European Association for Psychotherapy



Laurinaitis Eugenius – associate professor of the University of Vilnius; president of the Lithuanian psychotherapists society, vice-president of the European Association for Psychotherapy



Bondarenko Alexander (Kiev, Ukraine) – doctor of psychology, professor, corresponding member of the Academy of Pedagogical Sciences of Ukraine; head of the psychology department of the National Linguistic University, Kiev; scientific director of the Center for consultative Psychology, vice president of PPL



Milivojevic Zoran (Belgrade, Serbia) – president of the Serbian association for transactional analysis, president of the union of psychotherapeutic associations of Serbia, author of many books on psychotherapy



Burno Mark (Moscow, Russia) – professor, Dr. med., Dr. Sc., Department of Psychotherapy and Sexology of the Russian Medical Academy of Postgraduate Education (Moscow); Vice-President of the Russian Professional Psychotherapeutic League; founder of the national psychotherapeutic modality «therapy by the means of Creative Self-expression»



Nemeth Darlyne (LA, USA) – neuropsychologist; Dr. Nemeth is currently serving as Co-Secretary General for Psychotherapy (WCP) and is a WCP/DPI/NGO Delegate to the United Nations



De Bernard Rodolfo (Florence, Italy) – psychiatrist, psychotherapist, founder and director of the Institute for Family Psychotherapy in Florence, president of the International Association of Family Mediators, the founder of the American Academy of Family Therapy; vice-president of the European Association for Psychotherapy, president and founder of the European Association for Family Therapy



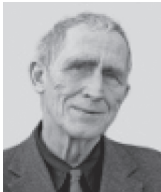
Pandya Chinmay (Haridwar, India) – BSc, MBBS, PGDipl, MRCPsych (London), MD; pro vice chancellor of the Dev Sanskriti University (P.O. Shanti Kunj), director of the school for yoga and health, head of the international festival for yoga, culture and spirituality



Katkov Alexander (Almaty, Kazakhstan) – MD, professor, head of the department for psychotherapy, psychiatry, clinical psychology and counseling of National Scientific and Practical Center for Medical and Social Problems of Drug Abuse, a full member, supervisor and Vice - President of PPL; official consultant and expert by UN ODC on drug issues (epidemiology, prevention, therapy, rehabilitation) in the countries of Central Asia



Pritz Alfred (Vienna, Austria) – professor, one of the founders and rector of the Sigmund Freud University, president of the World Council for Psychotherapy, general secretary of the European Association for Psychotherapy; author of over 20 books on psychotherapy, honorary president of the first united Eurasian congress for Psychotherapy



Kächele Horst (Berlin, Germany) – professor and head of the department for psychotherapy and psychosomatic medicine at the University of Ulm, training analyst of the International Psychoanalytic Association, professor of International Psychoanalytic University (Berlin)



Reshetnikov Mikhail (St.Petersburg, Russia) – professor, rector of the East European Institute for Psychoanalysis; doctor of psychology, PhD, past - president of the European Confederation for Psychoanalytic Psychotherapies



Kuriansky Judy (New York, USA) – is a world renowned radio advice host, clinical psychologist and certified sex therapist, popular lecturer, newspaper columnist, and author of many books. She is a pioneer of radio call-in advice, and more recently of Internet advice. An adjunct professor for the Clinical Psychology Program at Columbia University Teachers College and visiting professor of Peking University Health Science Center in Beijing, she is a frequent commentator on international media - including CNN - on various news issues. Dr. Judy is a member of the Advisory Board of several magazines and public service organizations, and works extensively in Asia on health and women's issues, and is known for her relationship advice, Dr. Judy is also an expert on emergency mental health services, and has worked at Ground Zero and many other disasters worldwide, and lectures about coping with world conflicts, including in the Middle East



Rhodes Adrian (UK) – psychotherapist, president of the European Association for Psychotherapy, vice-President of the British Council for Psychotherapy and priest at (episcopal) Church of England



Fitzgerald Barbara (Dublin, Ireland) – psychoanalyst, training analyst, president of the European Confederation of Psychoanalytic Psychotherapies



Filtz Alexander (Lviv, Ukraine) – psychiatrist, psychotherapist, psychoanalyst and translator of the psychoanalytic literature; MD., head of the Department for Psychiatry and Psychotherapy of Lviv Medical University. President of the Ukrainian Union of Psychotherapists. Honorary President of the European Association for Psychotherapy



Kharitonov Alexander (Moscow, Russia) – Ph.D., associate professor, President of the Russian Psychoanalytic Society



Chan Edward (Kuching, Malaysia) – professor, president of the Malaysian Association for Psychotherapy



Chao Xudong (Shanghai, China) – professor, chairman of the department for psychotherapy and counseling of Mental Health Association of Republic of China, vice president of the department for clinical and counseling psychology of Chinese Psychological Society, president of the German-Chinese Academy for psychotherapy, director of the department for clinical psychology at the Shanghai East Hospital - based at the Tonzhi University



Shankar Ganesh (Deli, India) – professor, president of the Asian Federation for Psychotherapy, honored president of the Yoga and Psychotherapy Association of India, professor and Chairman, department of Human Consciousness and Yogic Science Dr.Harisingh Gour Central University (Govt. of India).

Official website: eurasian-psychotherapy.com

Partners of the Congress:

Allrussian Council for Psychotherapy and Counseling



Monthly scientific-practical journal «Psychotherapy»



Monthly Professional Psychotherapeutic Newspaper



Institute of Counseling and Systemic Decisions



Russian Psychoanalytic Society



Самопознание.ру
путеводитель по тренингам

samopoznanie.ru – **general informational partner**



psynavigator.ru



Evrika.ru – social network for medical doctors

TV-channel «Psychology-21»



Psychological newspaper



Rehab Family – family clinic of mental health and addictions treatment



Reisebuero WELT



Independent association of psychologists

World scientific-practical Journal Psychotherapy

Journal «Issues of Mental Medicine and Ecology»



European confederation of Psychoanalytic Psychotherapy

July 7th (Sunday)

10.00-17.30 Surikov Keynote presentations	10.00-11.20 Aivazovsky Workshop «Theoretical and personal meaning of borders and normality in neurolinguistic psychotherapy» Peter Schütz	09.30-11.20 Brullov Panel «Contemporary gestalt and life quality reconstruction»	09.00-10.50 Shishkin Panel «Resource psychotherapy»	10.00-12.50 Serov Panel «Mediation: past, present and future»	09.00-12.50 Kandinsky Panel «Family psychotherapy and MARITAL ecology of family and childhood Systemic family therapy»	10.00-12.20 Shagal Panel «Hypnotherapy»	10.00-12.50 Polenov Workshop «Chronic pain treatment» involvement of different psychotherapy schools Andrey Ermoshin	10.00-11.50 Levitan Panel «New achievements in psychotherapy»	10.00-18.00 Vrubel International psychoanalytical conference «Psychoanalytical therapist's working with fears, anxiety, phobias»
	11.30 – 12.50 Workshop «Deep sensitivity and tonic regulation» Elena Maximova	11.30-12.50 Panel «Bioenergetic Analysis (A. Lowen)»	11.00-12.50 Panel «Psychotherapeutic kinesiology»	13.00-15.20 Panel «Psychotherapy of healthy people»	13.00-13.50 Panel «Theory and practice of polymodal russian art therapy in the context of globalisation»	12.30-13.50 Panel «Sexology and amurology»	13.00-18.50 Symposium «Psychotherapy of addictive behavior»	12.00- 18.50 Symposium «Neurolinguistic psychotherapy and existential programming»	
	13.00-15.40 Workshop «Healing in psychotherapy and work with depression and crisis» Dr. Hans Peter Weidinger, Gennady Brevde	13.00-14.50 Workshop «Bioenergetic analysis: a deep body-mind approach...» Francisco Garcia Esteban	13.00-15.50 Panel «Ethical Personalism»	14.30-15.20 Panel «Academisation of psychotherapy, psychotherapy education»	14.00-14.50 Panel «Ericksonian psychotherapy»	14.00-18.50 Panel «Process-oriented psychotherapy and psychology»			
17.30 Official closing ceremony	16.00-18.40 Workshop Bioenergetic analysis: «the touching search for the deepest energetic self» Olaf Trapp	15.00-16.20 Workshop «Bioenergy analysis. Internal power sources: male and female origin in psyche and in energetics of the person» Andrey Zakharevich	16.00-16.50 Panel «Psychoorganic analysis Theoretical and practical aspects of psycho-organic method of analysis. Past. Present. Future»	15.30-18.50 Panel «Psychotherapy as a business»	15.00-18.50 Symposium «Transpersonal psychotherapy»				
		16.30-18.50 Workshop «Psychotherapy of organizations: models and tools, opportunities and limits» Yurii Kravchenko	17.00-18.50 Panel «Healing creative psycholinguistics»	15.30-18.50 Panel «Rodologia (Childbirth science) in diagnostics and correction of labor programs «actualization of resource states within the system of transgenerational links»					

**The First United Eurasian Congress for Psychotherapy (XIX Congress of the European Association for Psychotherapy and VII Pan Asian Congress for Psychotherapy)
«Psychotherapy Without Borders: Past, Present and Future»**

July 5-7, 2013, Moscow, Russia

**CONGRESS PROGRAM. MAIN PROJECT
KEYNOTE PRESENTATIONS ON JULY 5, 6, 7**

JULY 5, 10.00 – 17.45

HALL «SURIKOV-VASNETSOV»

- 10.00. Opening ceremony
- 10.20. Greetings
- 11.20. Keynote presentations
- 12.50. Announcements by the Organising Committee of the Congress
- 13.00. Awarding of European and World certificates of Psychotherapy. Collective photoshooting
- 14.00. Keynote presentations
- 16.00. Coffee break
- 16.20. Keynote presentations
- 17.45. Closing of the plenary meeting

PSYCHOTHERAPY AS A SCIENCE

Alfred Pritz – professor, one of the founders and rector of the Sigmund Freud University, president of the World Council for Psychotherapy, general secretary of the European Association for Psychotherapy. Austria, Vienna.

After 200 years of research psychotherapy is moving towards being a social science. The character of this science is basically hermeneutik, it is a form of guided text interpretation.

The understanding of the other needs a reflexive position of the psychotherapist. Psychotherapy as a science is the science of subjectivity.

PSYCHOTHERAPY IN NEOTERIC TIMES

Viktor Makarov – President of the All-Russian Professional Psychotherapeutic League, Vice-President of the World Council for Psychotherapy, Vice-President of the Asian Federation for Psychotherapy, Head of the Chair of Psychotherapy and sexology, Russian Medical Academy of Postgraduate Education, Professor. Russia, Moscow.

New, bio-psycho-socio-spiritual paradigm of psychotherapy, new possibilities within the framework of this four-part paradigm, is viewed. Psychotherapy in traditional, modern and neoteric society is discussed; originality of psychotherapy of an individual, family, group and society as a whole is emphasized. Views of the author on the peculiarity of psychotherapy in modern times are given.

DANCING ON THE EDGE OF TIME

Adrian Rhodes – President of the European Association for Psychotherapy, Psychoanalytic Psychotherapist, works as a psychotherapist in private practice and in the National Health Service. Great Britain, Manchester.

Religion/spirituality and psychotherapy look beyond the 'now' of experience. From different philosophical perspectives, they consider that we, living 'on the surface', are in reality connected to things more profound, meaningful and enriching that we often perceive. They share, the importance of looking to the past (to tradition or personal/familial history) for indications of meaningfulness. And both have mystery at their heart – the mystery of unconscious processes or the mystery of the divine.

However, individuals – and humanity as a whole – are living now, in this moment, in the experience of life today. And both psychotherapy and religion/spirituality are there to serve them in the 'now'.

Perspectives in theology – particularly process theology in its different forms – speak the human/divine interface, in which humanity is in a shared, unfolding experience with the divine. As human beings dance on the forward edge of time, both the unconscious and the divine, create and re-create in that process. And religion/spirituality and psychotherapy listen to the music against which we dance.

**PSYCHOTHERAPEUTIC PARADIGM OF MENTAL ECOLOGY
AND MENTAL MEDICINE**

Pavel Sidorov – Academician RAMS, Honored Science Worker RF, Director of Institute of Mental Medicine Northern Research Center NWB RAMS, Arkhangelsk, Russia.

In the article, efficiency of the synergetic approach to development of mental ecology and mental medicine has been grounded on the conceptual-methodological level. It has been shown that quality of life and a health level are 20% predetermined by the mentality factor. There has been proposed the «Index of personality mental ecology» allowing to take qualitative and quantitative measurements of its biopsychosocial and spiritual-moral potential and to assess and predict a destiny course. There have been systematized the issues of the crisis in psychiatry and the significance of antipsychiatry for a startup of the contemporary Era of Psychotherapy that has made a revolutionary breakthrough to the prenosological field of public health and public conscience and changed radically the focus of the Ψ -mission of the state and the society from mental illnesses to mental health. That has provided dynamic development of the whole complex of neurosciences, forced establishment of social psychiatry and narcology and lead to birth of mental ecology and mental medicine. Separation of mental medicine as a unified theory of mental health promotion and treatment of mental illnesses has been grounded.

**MODERN PROFESSIONAL PSYCHOTHERAPY: BASIC
INTEGRATION VECTOR**

Alexander Katkov – MD, professor, vice-president of PPL, psychotherapist of the European and world registration. Kazakhstan, Almaty.

In the differentiated analysis of centripetal tendencies in a psychotherapy the following main vectors of integration are allocated: the historical – with an original and cultural and historical context of development of a profession; the extra disciplinary – with system of codified knowledge and a modern course of science; the interdisciplinary – with «maternal» disciplines – psychology, medicine, pedagogic; the intra disciplinary – between the differentiated directions and psychotherapy modalities; the coherent – with adjacent developing practicing. Depth of study of these vectors from a position of philosophical, methodological, technological justification finally defines success of integrative movement in a modern professional psychotherapy.

THE WAY OF PSYCHOTHERAPIST IN XXI CENTURY

Eugenijus Laurinaitis – MD, PhD, Assoc. Prof., Vilnius University, President-elect of EAP, President, Lithuanian Psychotherapeutic Society. Vilnius, Lithuania.

Contemporary world of medicine, business and services is constantly influencing and pressing psychotherapy and psychotherapists, and this changes somehow romantic view of our work and life dramatically. From insurance companies there is a growing demand for evidence-based practice, from research – a more scientific clarity and uniformity of our work, from governments and ministries – stricter regulated practice rules and constant demand for cheaper services. At the same time patients are coming with more complex and diverse problems or disorders, asking very often for a "quick fix". Very many of them are "well-informed" about our theories, work, and personalities from an all-mighty internet. Despite that many patients are waiting for real human experience of trust, understanding, sharing, emotional and spiritual support – all what happens in secure, calm place without a time pressure. In this place a lot of empathizing must happen between both participants of this unique encounter and all the conditions described before may ruin this attempt.

What can be done for the sake of patients and therapists? What is the role of our professional community? How can we help each other? These and other question will be discussed, and possible answers may arise in common discussion.

SCIENTIFIC SPIRITUALITY: FUTURE OF MAKING

Pandya Chinmay – BSc, MBBS, PGDipl, MRCPsych (London), MD; pro vice chancellor of the Dev Sanskriti University (P.O. Shanti Kunj), director of the school for yoga and health, head of the international festival for yoga, culture and spirituality. Haridwar, India.

Last two centuries have seen remarkable progress and outstanding development achieved by the mankind in the fields of science and technology but unfortunately, this development came at a cost. It came at a cost of our social, psychological and emotional well-being. In spite of all the growth and development, we could merely manage to evolve into a fractured society with larger number of disillusioned individuals.

The concept of scientific spirituality entails that science alone can be destructive if there is no spiritual way of thinking behind it and spirituality without a scientific approach can well be a superstition. A newer approach, where best of both are considered is required to provide something valuable to the next generation.

MODERN TENDENCIES IN DEVELOPMENT OF PSYCHOPATHOLOGY: SOCIETY, PSYCHIATRY AND PSYCHOTHERAPY

Mikhail Reshetnikov – Professor, MD, PhD, is a Meritorious Scientist of Russia, Rector of the East-European Psychoanalytic Institute (St-Petersburg, Russia), the ECPP Board Member (Vienne, Austria) and the President of the National Branch ECPP-Russia; the Chairman of the All-Russian Council for Psychotherapy and Consulting (Moscow, Russia), a member of All-Russian Professional Psychotherapeutic League, Russian Psychoanalytic Society, WCP, EAP.

In this paper current situation related to mental health problems is reviewed, and some modern developments in psychiatry and psychotherapy are discussed. The material is based mostly on Russian experience, which is explored in the context of world tendencies.

AWARDING OF EUROPEAN AND WORLD CERTIFICATES OF PSYCHOTHERAPY

COLLECTIVE PHOTOSHOOTING

CONTINUATION OF THE PLENARY SESSION

ETHICAL EFFORT AS A PSYCHOLOGICAL CATEGORY AND A THERAPEUTIC ACTION

Alexander Bondarenko – corresponding member of national academy of pedagogical sciences of Ukraine, Dr. of Science (Psychology), Professor, head of psychology chair at Kiev national linguistic university, Vice-president of the PPL. Ukraine, Kiev.

The paper deals with a psychological analysis of the ethical effort as a central moment of personal transformations in a patient who suffers in victimizing interpersonal relationship.

LOVE AND EROTIC IN PSYCHOTHERAPY

Nicole Aknin – professor, psychoanalyst; rector of the Sigmund Freud University Paris; executive member of the World Council for Psychotherapy and European Association for Psychotherapy. Paris, France.

PSYCHOTHERAPY: CONFLICT BETWEEN MODERNISM & TRADITION

Ali Mohammad Goudarzi – PHD., faculty Member, University of Welfare & Rehabilitation Sciences, Board member of the AFP, Tehran, Iran.

In today's world where globalization has dominated over all of human life, as humans achieve a more comfortable access to new technologies, environmental destruction, loss of small towns and creation of mega cities and lifestyle changes are amongst the problems facing the people living in the globalization era. Living in the traditions era especially in small towns had particular features that less affected the environment and human lifestyle. Traditional life style was based on family, intimacy and tranquility while the life style in postmodern era (globalization) has created a huge gap between the family members. Art, architecture and urban figure have lost its authenticity and genuineness in the postmodern world and human has been gifted by pollution, traffic, and lack of time and eventually stress as a result of mega cities development. In the modern industrial world, human consumes more hence is less healthy. In this regard psychotherapy and psychotherapists have responsibilities to undertake. They need to reconcile human with nature and consequently make life easier for them. This paper attempts to discuss the difficulties of modern life in comparison with the traditional life.

IMAGES IN PSYCHOTHERAPY

Rodolfo De Bernard – psychiatrist, psychotherapist, founder and director of the Institute for Family Psychotherapy in Florence, president of the International Association of Family Mediators, the founder of the American Academy of Family

Therapy; vice-president of the European Association for Psychotherapy, president and founder of the European Association for Family Therapy. Florence, Italy.

«PSYCHOTHERAPEUTIC PERSONALITY DISORDER» AS A PROFESSIONAL HAZARD

Milivojevic Zoran – president of the Serbian association for transactional analysis, president of the union of psychotherapeutic associations of Serbia, author of many books on psychotherapy. Belgrade, Serbia.

Regardless of the chosen psychotherapeutic modality, all psychotherapists work with their clients by communicating, by sending therapeutic messages. This means that in our professional work psychotherapists use their own personalities. The process of psychotherapeutic training could be seen as process of adapting the candidate's personality to fit the proposed ideal in order to provide optimal service to clients.

It is well known that professions in which professionals use their personalities to do their work can lead to professional distortion – professional deformation of the personality. As psychotherapy is a separate, well-defined and scientifically based profession, it can lead to unhealthy personality development in the psychotherapist – the so-called «Psychotherapeutic Personality Disorder» or, in short, «PPD».

In order to fit the proposed ideal psychotherapist in the given psychotherapeutic modality, people can develop some of the following signs of PPD:

- A person reduces himself/herself to only the professional self.
- Feeling that profession of psychotherapist gives him/her feeling of worthiness or even superiority.
- Low quality of non-professional life (incapacity for intimacy).
- Good for the client, but not for himself/herself.
- Prone to burn out syndrome.
- Loser in nonprofessional aspects of life.
- Pursuit for super-normality (ideal normality).
- Physical resemblance to a charismatic psychotherapist (a walking Freud, the reincarnation of Perlz, etc.).
- At the end, a victim of the profession.

PPD will be presented within Self-gram model (Milivojević, 2000), in which the private self, intimate self and public (professional) self are compared.

Whether as beginners in the field of psychotherapy, or as trainers and supervisors, we should know about this phenomenon and help ourselves and colleagues not to be victims of our profession.

THERAPY BY MEANS OF CREATIVE SELF-EXPRESSION FOR RUSSIAN PATIENTS SUFFERING FROM THEIR INFERIORITY FEELING

Mark Burno – professor, Dr. med., Dr. Sc., department of Psychotherapy and Sexology of the Russian Medical Academy of Post Education (Moscow), Vice-President of the Russian Professional Psychotherapeutic League. Moscow, Russia.

Such patients usually feel in their moral sufferings nationally close to (consonant with) the sufferings of many characters created by Dostoyevsky, Tolstoy, Chekhov, Andrey Platonov. My 50-years experience of working with such patients proves that in the process of treatment they get interested in studying the peculiarities of their own soul capable of different creative self-expression so as to acquire for themselves some proper for their own nature healing spiritual effect no matter how modest it can be. They deeply and with great wish and use for themselves study the lives of different people famous in the history of culture who suffered from their inferiority feeling and could be even mentally ill. Such patients are usually happy that their own feelings and sufferings have so much in common with the feelings and problems of those famous people. The report contains examples of serious improvement in the state of some patients while getting this kind of therapy worked out in detail today. This kind of treatment is connected with a concrete name and has become our national psychotherapeutic school – it is «Therapy by means of creative self-expression by M. Burno».

ASPECTS OF TRANSPERSONAL PSYCHOTHERAPY. CHALLENGES AND RICHNESS OF AN APPROACH BETWEEN SCIENCE AND SPIRITUALITY

Dr. Ingo Benjamin Jahrsetz – Honorary chairman of the Spiritual Emergence Network, President of European Transpersonal Association.

Today there is a vast controversial discussion if Transpersonal Psychotherapy earns the validation as an acknowledge branch of psychotherapy.

Abraham Maslow once called Transpersonal Psychology the fourth power within the array of approaches to understand the human psyche: psychoanalysis, behaviorism, humanistic psychology and transpersonal psychology. The name "transpersonal psychology" was created by a working group: Abraham Maslow; Stanislav Grof, Anthony Sutich; they first considered the name "trans-humanistic psychology" but then decided for "transpersonal". Since that time there is a discussion among psychologists and psychotherapists about the legitimacy of this approach, about its originality, independency and scientific validation. Some humanistic oriented psychologists and psychotherapists regarded Maslow's new ideas as a betrayal against the integrity of Gestalt principles. It was said that transpersonal psychotherapy would replace the emancipatory character of Gestalt through ideological pre-settings. Currently, there is a strong discussion within the transpersonal psychology to replace the word "transpersonal" by "psychology of consciousness".

This lecture will show original aspects of transpersonal psychology, it will strengthen the place as "fourth power": its independency, and the possibility of its scientific and spiritual validation.

COMPUTER ADDICTION: DEVELOPMENT, DIAGNOSTICS, APPROACHES TO TREATMENT AND PREVENTION

Vlada Titova – Ph.D., assistant professor of psychosomatic and psychotherapy, St. Petersburg State Pediatric Medical University, psychotherapist European Registry, member of the PPL, author and anchorman of psychotherapeutic programs on TV 100. Russia, St. Petersburg.

EMOTION-IMAGE THERAPY AS A METHOD OF A DIALOGUE WITH AN UNCONSCIOUS NATURE OF A HUMAN

Nikolay Linde – the author of *Emotion-Image Therapy*, Head of the *Emotion-Image Therapy* department, Cand. Sc. (Psychology), professor of Moscow Institute of Psychoanalytic Therapy, an academician of the Professional Psychotherapeutic League, President of Linde N.D. Emotion-Image Therapy Center. Russia, Moscow.

The Report is dedicated to some particularities of Emotion-Image Therapy (EIT) that allow achieving the fast and sustainable results when analyzing the unconscious world of the client and correcting the impacts on the pathogenic emotional state. The Report gives practical samples and comments, explaining the effects.

NEUROLINGUISTIC PSYCHOTHERAPY AND EASTERN VERSION OF NLP IN RUSSIA AND ABROAD: OPPORTUNITIES AND PROSPECTS

Sergey Kovalev – Psychologist, Psychotherapist, management consultant, political consultant. Doctorate in Psychology, Ph.D., professor. Psychotherapist enrolled in World and European registers. Director General, The Institute of Innovative Psychotechnologies, Research Supervisor of the Center for Practical Psychotherapy. Convenor of the 'Neurolinguistic Psychotherapy and Eastern Version of NLP (EVN)' symposium. Russia, Moscow.

The speech is devoted to the formation and development of neurolinguistic psychotherapy and the Eastern version of NLP as modalities and methods of a person-centered psychotherapy. The author sets out the methodology of this application-oriented field of psychology in the context of the instrumental (neurotransforming), intentional (Eastern version of NLP) and semantic (existential programming) levels of its representation. The concepts, models and methods that have been created within the framework of NLPt and EVN in recent years are described. The system of therapist training within these modalities and methods that includes the levels of Practitioner, Specialist and Master is presented. There is discussion of the focus area and peculiarities of the Institute of Innovative and Psychotechnologies and the Center for Practical Psychotherapy work on implementing and using neurolinguistic psychotherapy and Eastern version of NLP to provide psychotherapeutic care. The necessity and potential of non-standard – group, mass, and interactive – forms of community outreach, including those with the use of the Internet and social networks, are substantiated.

LANGUAGE IN PSYCHOTHERAPY

Sayyed Mohsen Fatemi – Ph.D., Ph.D., post doctoral and Teaching Fellow at Harvard University, department of Psychology, lecturer in Psychology, University of Toronto, department of Psychology, expert in areas of social and cross cultural psychology.

This paper will focus on language and its creational power for psychotherapy. The panel will discuss how language can create realities for both psychotherapists and clients. In view of understanding language as a way of living, the panel will present the ontological implications of language

for psychotherapy and will explicate how language can appear as a barrier or a facilitator in psychotherapeutic contexts. The panel will introduce key elements of a proactive language in establishing rapport in the process of psychotherapy. The panel will also focus on empowering and disempowering language and their implications for psychotherapy.

THE CORE COMPETENCIES OF A EUROPEAN PSYCHOTHERAPIST

Courtenay Young – lead writer for the EAP Project to Establish the Professional Competencies of a European Psychotherapist, member of European Association of Psychotherapy. Scotland.

This paper (+ projector overheads) – describes the development and the result of the EAP's Project to Establish the Professional Competencies of a European Psychotherapist. It outlines what these competencies are; how they were achieved and what further stages of the Project might be.

Further details are on the Project website: www.psychotherapy-competency.eu

IT IS THE TIME TO GATHER SOME STONES

Ivan Kirillov – MD, PhD, Psychiatrist, Psychotherapist, Coordinator of the Moscow Center of Positive Psychotherapy, Member of the Editorial Board of the International Journal of Psychotherapy (IJP), Creator and owner of Stress Surfing. Russia, Moscow.

My teacher Nossrat Pseschkian used to say: «The one, who works alone, adds, and those working together are multiply.»

I welcome you who come here to learn from each other to provide better help to those who need it.

The influence on modern psychotherapy of positive and Transcultural approaches proposed Nossratom Pezeshkianom in 1968 is well known and appreciated. His model of balance and ways of using metaphors, stories and humor in psychotherapy are widely used all over the world.

Today I am pleased to discuss with you such important questions as:

- Optimization of the diagnostic procedure and
- Optimization of the treatment planning

I also happy to share with you simple and elegant answers to these questions, offered by the Positive Psychotherapy.

NEUROSCIENCE AND PSYCHOTHERAPY: THEORETICAL MODELS AND CLINICAL PRACTICE

Alessandro Meluzzi – Medical Doctor Surgeon, specialist in Psychiatry, Psychotherapist, Clinical Psychologist. Professor of forensic psychiatry, Master Course in Criminology «La Sapienza University» of Rome. Professor of Communication and Psychiatry at «University of Cagliari». Italy, Torino.

**JULY 6, 10.00 – 20.00
HALL «SURIKOV»**

PSYCHOTHERAPEUTIC COMMUNITY: MYTHS AND REALITY

**Sergey Babin
Sofiya Sluchevskaya**

THE DIVERSITY OF CLIENT-CENTERED PRACTICES

Alexander Kocharyan – Doctor of Psychology, professor; head of psychological counseling and psychotherapy in V.N. Karazin Kharkov National University, director of Ukrainian Institute of client-centered and experimental psychotherapy; Member of the European Association for Psychotherapy (EAP), official instructor of the PPL international class, accredited supervisor in the modality of «client-centered psychotherapy»; head of modality of «client-centered psychotherapy» PPL. Ukraine, Kharkiv.

Attempts to reduce client-centered psychotherapy to the only correct «clean» form, which supposedly Rogers discussed, seemed not only theoretically and practically unnecessary, but actually harmful. You can imagine the evolution of psychotherapeutic practice by the Rogers as transition from escorts in issue (Rogers-1) through non-directive psychotherapy to supporting deep feelings (Rogers-2) in the client-centered psychotherapy. This transformation essentially changes the technology of approach, attitude towards technology and the level of psychotherapeutic work (from the words into «behind the words»), and theoretical understanding of sanogenic and developmental mechanisms. There is experience in center: traumatic experience is significantly deformed (fixed, has lost its transition from of fluidity, its various pieces «stuck together» to form a monistic unit), and the task of psychotherapy is going beyond the typical traumatic experiences, making it a «unlaced», breaking up

into separate parts, which get quality of yielding. Renewal of the «plugged» emotional capillaries, as «inflow» of big river Actualization, actually starts the process of shaping.

ТHERAPY AS HEROIC JOURNEY: THREE LEVELS OF REALIZATION

Vladimir Maykov – PhD, President of the Russian Association for Transpersonal Psychology and Psychotherapy and the Chair of Transpersonal Psychology at the Moscow Institute of Psychoanalysis.

Throughout all history of mankind the knowledge of the new has been bound to some journey. Where Joseph Campbell found one, preferentially mythical heroic journey, there are actually three heroic journeys – mythical, existential and transpersonal, corresponding to three principal levels of human being and three corresponding types of primordial “heroic therapy”. And likewise how Campbell has found out maps of mythical journey in world myths, fairy tales and folklore, we can find out in world culture and spiritual traditions maps of the existential and transpersonal journeys.

The meaning of mythical journey is in overcoming of boundaries of an individual and becoming the person.

The meaning of existential journey is in overcoming the limits and challenges of existential situation, becoming whole person and realisation of ακη, wholeness, and completing individuation.

The meaning of spiritual (transpersonal) journey is overcoming human limitations and realising «the human nature».

MULTIPROFESSIONAL CONTEXT OF ESTABLISHING DOMESTIC MODELS OF ART THERAPY

Alexander Kopytin – Doctor of Medicine, vice-president of the Section of Art and Psychiatry, World Psychiatric Association. Russia, Saint-Petersburg.

Similarities and differences with regard to development of domestic and foreign art therapy, the impact of different professional groups are considered. The emphasis is made on the multiprofessional foundation of domestic art therapy influencing the perspectives of its implementation in various areas of practice and supporting its evidence-based ground. Main theoretical and methodology of systemic clinical art therapy are presented.

THE IMPLICATIONS OF MINDFULNESS FOR PSYCHOTHERAPY

Sayyed Mohsen Fatemi – Ph.D., Ph.D., post doctoral and Teaching Fellow at Harvard University, department of Psychology, lecturer in Psychology, University of Toronto, department of Psychology, expert in areas of social and cross cultural psychology.

While discussing the underlying epistemological and ontological components of the pervasive discourses of psychotherapeutic approaches, the presentation will elucidate how understanding mindfulness would help the psychotherapist and client experience novel relationship in dealing with the problem. The talk will explicate the components of Langerian Mindfulness and their implications for the therapeutic process. With a focus on the perspective of the actor versus the perspective of the observer, the keynote presentation will demonstrate how understanding the contextual mindfulness would help the process of psychotherapy turn into a proactive and exploring process with significant helpful implications. The talk will present how a mindless based psychotherapy and a mindful based psychotherapy would give rise to different approaches that can limit or expand the horizons of psychotherapeutic practices.

THE COMBINED USE OF ERIKSONIAN HYPNOSIS AND EYE MOVEMENT DESENSITIZATION AND REPROCESSING (EMDR) IN CLINICAL PRACTICE

Vladimir Domoratsky – M. D., Dr. Sci., Professor, chairman of Basic and clinical psychology dept., Belarusian State University, leader of the modality of «Ericksonian psychotherapy and ericksonian hypnosis» in PPL. Belarus, Minsk.

We discussed some of the theoretical and practical aspects of combined application of ericksonian hypnosis and eye movement desensitization and reprocessing. There are arguments in favor of associated use of these methods in a single patient. This article presents clinical illustrations of such a successful work with a young man suffering from enuresis, a woman with psychogenic orgasmic dysfunction, and a man with an acrophobia.

NLPT NEUROLINGUISTIC PSYCHOTHERAPY

Peter Schutz – Magister, M.Sc. MBA, NLP trainer, licensed mediator & coach, health psychologist and teaching psychotherapist (group psychotherapy and NLPT), secretary general European Association for Neuro-Linguistic Psychotherapy,

president Austrian Training Center for Neuro-Linguistic Programming and Neuro-Linguistic Psychotherapy. Member off EANLPt, EAP, EMDR-Association Austria, Austrian Training Center for Neuro-Linguistic Programming and Neuro-Linguistic Psychotherapy. Austria, Vienna.

A professional model of pragmatic psychotherapy, efficient intervention and a touch of spirituality.

TENDENCIES, PROBLEMS AND TRENDS IN EROTIC CULTURE AND SEXUAL BEHAVIOUR

Lev Scheglov – PhD, Professor, President of the National Sexology Institute, Corresponding member of International Informatization Academy. Russia, Saint-Petersburg.

The presentation is devoted to analysis and commenting of being formed erotic culture trends, as well as social behavior, developing within the framework of such trends. New forms of sexual behavior, their definitions and pathogenetic mechanisms will be described. Some of the specific characteristics of the above will be articulated for the first time. Interconnection with the specifics of the being formed paradigma of sexuality is traced.

PSYCHOTHERAPY IN PSYCHOSOMATIC DISORDERS. A CLINICAL APPROACH

Guillermo Garrido Garcia – Medical Doctor, specialist in Internal Medicine and Psychiatry, Central University of Venezuela; psychoanalyst member of Psychoanalytical Association of Venezuela, International Psychoanalytical Association (IPA), Latin American Federation of Psychoanalysis (FEPAL); founder Member and General Co-Secretary of World Council for Psychotherapy, founder and former President of Venezuelan Association of Psychotherapy, Latin American Federation of Psychotherapy, holder of World and Latin American Certificates of Psychotherapy, professor of Sigmund Freud University, Viena, professor and Supervisor of Catholic University Santa Maria La Antigua, Panama City, didactic Psychoanalyst of Latin American Institute of Psychoanalysis, ILAP of International Psychoanalytical Association, IPA, delegate of World Council for Psychotherapy at United Nations Organization. Panama, Panama City.

For many years the psychosomatic disease was an exclusive field of medicine for any explanations, treatment and investigation, with few results and many disappointments to conclude finally that some disease are of unknown origin. However in the last years investigations from psychotherapy and psychoanalysis has grown the knowledge and understanding on the subject. Clinical presentations of psychosomatics disorders very often take us unawares because the patients do not mention or they speak little about this, with poor link with underlying fantasy. The psychosomatic phenomena can escape the therapist understanding frequently by many reasons. Much time may be required before the language links can develop. Further the research has shown the unavailability of affect, the difficulties to communicate verbally and little use of an imaginative capacity. By other hand many patients suffering psychosomatics manifestations are not neither neurotics, nor psychotics nor sexually deviant, rather «too» normals. Even many of them were neither operatory thinkers, thus for that reasons it has been also used for them the term « pseudo-normality».

In this paper discussed the role of symbolization in the mechanism of this kind of disorders and furthermore the understanding of symptoms as technique for psychic survival. Also the difficulty in treating this patients because somatic processes are governed by different laws than psychics and this disorders could be very frustrating for psychoanalytical therapist when they are both just no symbols or many psychic manifestations to work.

THE STAGES OF DEVELOPMENT OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT.

Lyudmila Trojan – Doctor of Natural Sciences, President of the Foundation “ECOLOGY OF THOUGHT,” the president of PPL Regional Branch of “The Knowledge System of ECOLOGY of THOUGHT” Russia, Moscow.

Report outlines the stages of development of a Knowledge System, formed in 1994, as a result of the author’s search for resources and potentials of a human body. The 1994–1996 stage had a key word – consciousness. 1997–2002 – a period of complex work for the state of harmony a man, which included the transformation of geopathic zones of geopathic streams for areas of frequent stay. 2003–2006 – working on a new model of a human body structure. 2007–2008, 2009–2011, 2011–2013, the stages of achievements in working with all levels of the human body structure, including metabolic processes and patriotic and spiritual fullness.

COMPARATIVE ANALYSIS OF UNIVERSAL HYPNOTHERAPY AND METHODS, BASED ON THE CATEGORY OF MINDFULNESS

Rashit Tukaev

SCRIPTS OF THE PERSONAL FUTURE. THE DOCTRINE OF THE FIVE ELEMENTS U-SIN. THE SACRED JOURNEY

Galina Makarova – Ph.D., psychologist, psychotherapist, mediator, vice rector of training Institute of PPL; Russia, Moscow.

The tendency of the XXI century is the active interest of psychotherapeutic schools to the ancient spiritual doctrine. There are orthodox psychotherapy, Zen-therapy, cognitive-behavioral psychotherapy with Vipassana practice. The principles of Buddhism are well represented in psychological counseling and coaching. The borderlines between hypnotic, meditative and trance techniques are melting. Clients are demonstrating extensive religious knowledge and interest in spiritual experience. The next step of development seems to be the interpenetration and integration of psychotherapy and traditional spiritual practices.

This report will present the results of integrative work with emotions using Transactional Analysis and the ancient Chinese doctrine of the Five Elements «U-Sin». And also the practical work for creation of the Personal Future Scenario in special conditions of sacred expeditions in places of power in India and Bulgaria.

1001 PSYCHOTHERAPIES. WHAT ABOUT TOGETHERNESS?

Konstantin Pavlov – Director of East-European Gestalt Institute. Member of Board for StPetersburg Branch of Russian Psychotherapeutic Association, Member of The Baltic Pedagogic Academy, Ph.D., M.D., Saint-Petersburg, Russia.

The basic concepts of Quality of Life Reconstruction (QLR) are being presented. Some past experience of integrative attempts (and failure!) in contemporary psychotherapy is being analyzed. We present the idea of "Self-Support Continuum" as a possible basis (together with deep knowledge of modern Theories of Change) for successful integration in an area of "Helping Professions" and psychotherapeutic work with a Client.

THE DEVELOPMENT AND SPREAD OF THE THEORY, METHODOLOGY AND PRACTICE OF GESTALT THERAPY

Sean Gaffney – Ph.D. Gestalt at Work, 2009. Organisational Behaviour programmes at undergraduate, graduate, MBA and Executive MBA levels at Stockholm School of Economics, Sweden.

GENESIS OF SUPPORTING FIGURE IN THE HISTORY OF MANKIND

Lev Belogorodskiy – Psychotherapist of the World (WCP) and European (EAP) register. Full member of the European Association for Body Psychotherapy (EABP). The head of the modality Body-Oriented Psychotherapy of OPPL. Russia, Moscow.

CONTEMPORARY EXISTENTIAL ANALYSIS IS THE INHERITOR OF HUMANISTIC TRADITION OF HELPING PEOPLE WITH HEAVY MENTAL AND SOMATIC ILLNESSES

Alexander Barannikov – M.D., Master of science (Austria), the professor of Moscow Social-pedagogic Institute. Physician, psychiatrist-psychotherapist. Chairman of section of existential psychotherapy of Professional Psychotherapy League.

The paper is dedicated to the contemporary views of spirituality and suffering. It describes the history of the arising of humanistic ideas in society, in medicine, in psychiatry and psychotherapy. The Russian tradition of humanism in practical medicine is presented. The article also describes the evolution of the conception and the methodology of contemporary existential analysis in 20-th century and possibilities it gives to help people with heavy mental and somatic illnesses.

PSYCHOLOGICAL VOLUNTEERING AS A VOLUNTEERING FORM IN RUSSIA

Inna Silenok – the psychologist, the business coach, the Master of the NLP, the Vice-president, the full member and the teacher of the All-Russian Professional Psychotherapeutic League, the Psychotherapist of the uniform register of professional psychotherapists of Europe, the Vice-president of the All-Russian Council of psychotherapy and consultation, the Director of the Center "Logos". Russia, Krasnodar.

In the report questions of the organization of psychological volunteer activity, its main types and work forms will be considered. Also the attention to questions of interaction of the psychological volunteer centers and groups with public organizations and administrative structures of municipalities in places of their stay will be paid.

SATTVAJAYA : A PSYCHOTHERAPEUTIC TECHNIQUE IN INDIAN MEDICINE

Punam Rani Shukla – Dr., Senior Post Doctoral Fellow, Department of kayachikitsa, Institute of Medical Sciences, B.H.U. India, Varanasi.

Psychotherapy is a process of finding personal solutions in the presence of a trained practitioner, in a safe, non-judgmental and caring environment. Various types of psychotherapies like psychoanalytic, client centered, cognitive behaviour therapy and behavior therapy are practiced in Western culture and Indian culture. In Ayurveda, the concept of psychotherapy was first mentioned in old Ayurvedic textbook Caraka Samhita. Maharshi Caraka in the above textbook has described the treatment of mental illness by three methods 1.Yuktivyapasraya 2. Daivavyapasraya 3. Sattvavajaya. Yuktivyapasraya means treatment by drug or medicine. In Yuktivyapasraya, the mental illness is treated by using mental drugs. Daivavyapasraya means treatment of illness by chanting of mantra, scared herbs, precious gems, propitiatory rites, offerings (Bali), niyam (second step of yoga), ceremonial penitence, fast, religious sacrifice, prostration, and journey of religious places. Sattvavajaya means control of mind by restraining of mind from unwholesome arthas (objects). Mind can be controlled by gaining right knowledge, scientific knowledge, developing patience (self-control), enhancing memory and dhayan. Sattvavajaya is a kind of psychotherapeutic technique for management of mental health.

ARCHETYPES IN MEDIATION

Irina Cheglova – MD, Ph.D., Associate Professor, Vice-President of the Professional Psychotherapeutic League, trainer-mediator. Russia, Moscow.

We consider the specifics of mediation in the Russian-speaking space, and also introduce the concepts of preventive and processual mediation. The dynamic of escalating conflict system by the way of archetypal mechanisms is described and also the role of a mediator in its transformation to a resolution conflict system.. Postulating the core role of mediative competence in that process and its results are illustrated using the archetype theater model. The practice of distribution of attention used in the training of mediators is providing.

COMPLEX PTSD (POST-TRAUMATIC STRESS DISORDER) AS A NEGATIVE EXPERIENCE OF INTERPERSONAL RELATIONS

Oksana Zashchirinskaia – Ph.D., Associate Professor of Special Psychology, Faculty of Psychology, St. Petersburg State University. Author of more than 140 scientific and educational publications. The Executive Director of the NGO «St. Petersburg Psychological Society» (regional office RPA). Expert Committee on Education. An expert of Saint-Petersburg Government Program «Tolerance» (2011-2015 gg.). Certified counseling psychologist of the European Registry (Counsellor for Psychological Trauma).

Determination of complex post-traumatic stress disorder. Manifestations of various kinds of transfers in interpersonal relationships. Situational transfer. Symbolic transfer. Atmospheric transport.

Introjective states. Introjects, loyal to the disruption of interpersonal relationships. Introjects identified with disorders of interpersonal relationships. Introjects dissociated from the violation of interpersonal relationships.

Major internalized patterns of introjective states in marital and parent-child relationships.

Russian mentality and specific manifestations of psychotraumatic experiences. Phenomenology of resentment: at the mother, father, spouse, child, public authority. The phenomenology of violence in interpersonal relationships. Cyclicity of psycho trauma under the influence of introjective states.

Perspectives of the Russian psychotraumatology in helping people affected in a result of violation of interpersonal relationships.

PSYCHOTHERAPY IN COUNTRIES OF EUROPE AND ASIA: PAST, PRESENT AND FUTURE

Ekaterina Makarova – existential-analytic psychotherapist, psychoanalyst, chair of the Youth Section of the World Council for Psychotherapy, national representative of Russian Federation at European Association for Psychotherapy, transcultural coach, manager for international relations by Professional Psychotherapeutic League of Russia. Moscow, Russia — Austria, Vienna.

This presentation will outline the major differences in development of professional psychotherapy in Europe, Asia and Russia including the legal situation related to the professional practice of psychotherapy and counseling (in Europe and Asia) and the different interpretation of the profession, as well as self-perception of professional psychotherapists in different countries. Furthermore the future development of the psychotherapeutic profession in Eurasia will be discussed.



PSYCHOTHERAPY – 4 THINGS WITHOUT WHICH IT IS IMPOSSIBLE

Maxim Goncharov – Ph.D, medical doctor, psychotherapist at the Center of Positive psychotherapy. Russia, Khabarovsk.

The fact that psychotherapy is effective has no disputes now. But why is it effective and how does bring changes is still under discussions. Recent studies have shown that the most important variable of the psychotherapeutic process is not the technique but a person. Researches found the existence of a «therapeutic personality» regardless of the operational models.

From psychological point of view, the question of an image of man has great importance in terms of its impact on interpersonal relationships and can be named as the question number 1 for today's psychotherapy.

The relationship between psychotherapist and the client serve as one of the most important factors for successful treatment.

The search for common factors of psychotherapy is related to analysis of what is happening with the patient using a variety of psychotherapeutic approaches that combines therapeutic behavior regardless of their theoretical orientation and which characteristic are essential for psychotherapeutic process.

WHEN IS A PSYCHOTHERAPIST A SCIENTIST?

Omar Gelo – Ph.D., Assistant Professor, University of Salento, Italy and Sigmund Freud University Vienna, Austria.

When talking about psychotherapy, we are faced with the necessity of distinguishing the practice of psychotherapy (i.e., psychotherapy practice) from the science of psychotherapy (i.e., psychotherapy science). While actually every clinician knows well what it means to be a psychotherapy practitioner, there is actually a struggle with the question "when is a psychotherapy a scientist?" The present speech tries to shed light on this question.

Journey to Rehab Family!

Dear friends! Our biggest Family Clinic in Eastern Europe of Mental Health and Addiction Treatment "Rehab Family" invites members of Congress visit us in the center.

We are happy to welcome you in one of the most beautiful place of the suburb of Moscow, where you can see our point of view in treatment of different kind of addictions, including (alcohol, drugs etc) and concomitant diseases. Our experts organize a tour of the clinic, answer questions about the methodology of treatment process, development plans and the results of their work.

Road to Rehab Family passes through the unique and picturesque Moscow canal, one of the famous and pompous creatures of the Stalin epoch with a short stop at the gateway of Iksha pond.

JULY 7, 10.00 – 20.00
HALL «SURIKOV»

PRINCIPAL AND FUNDAMENTAL PROBLEMS OF PSYCHOTHERAPY

Igor Pavlov – M.D., Ph.D, assistant professor at the psychotherapy and sexology chair of the Russian Medical Academy of Postgraduate Education. Russia, Moscow.

Important questions on the nature and essence of the patient's identity as an object of psychotherapeutic intervention, technology and contents of the psychotherapeutic process of transfer the state of a patient from unwanted (disorder) to desired (health, remission), principles of regulation of the central nervous system as a material substratum of mental activity, arrangement of a normal, full life of the patient, are raised in the report.

DOMESTIC MEDIATION IN THE WEALTH OF INTERNATIONAL EXPERIENCE

Olga Ruban – dianalyst, Director of ANO «Novosibirsk Mediation Center», Vice President of Professional Partnership League of Mediators, Member of PPL, Committee member of the Central Council of mediation PPL. Novosibirsk, Russia.

Two years of the introduction of legislation in the Russian Federation profession – mediator and standards of training enable him to make some preliminary conclusions.

First, it should be noted weak public awareness of this type of assistance in disputes and conflict situations, as well as the possibility to enter a new profession. The fact there are both objective and subjective reasons.

The second point which should be emphasized – is the entry into the profession mediator, which is an interdisciplinary area, representatives of various professions and fields of knowledge. Practice shows that the trade distortion of previous practices are transferred to a mediation activity. For example, the activities of the representatives of the legal community who came to the mediation, noted the imperative style. The representatives of the professional community of psychologists and psychotherapists have trouble with the formalization of the mediation process and the documentary of her artwork.

And third, the efforts of some influential people and communities monopolize the development of mediation in Russia detrimental effect on the process itself.

Our professional community has done a great length of several decades, the path of development of the western experience and now we are ready to design domestic product in terms of the mistakes and the preservation of important acquisitions. Deeply and fully lit it in the report of the President of PPL V.V.Makarov XII Congress of the PPL.

This invaluable luggage is particularly important in the development of a new profession. Our colleagues from other professional groups do not have such experience, and therefore run the risk of re-walk along the old rake, complicating the development of a new profession.

PSYCHOTHERAPY OF THE HEALTHY PEOPLE: THE MYTHS AND LEGENDS, THE PROSE OF LIFE, AND THE STRATEGIES OF FATE

Andrey Strelchenko – psychotherapist, coach-consultant, business coach, head Professional psychotherapeutic club, Member of the Professional Psychotherapeutic League, winner of the European Certificate of Psychotherapy, MD. Russia, Moscow.

It discusses the relevance of the use of psychotherapeutic techniques, approaches, and tools at the present stage of development of the Russian society. It highlights features of psychotherapy in five models of psychotherapy, and their impact on scenarios of human life and society. It discusses common prejudices of psychotherapy clients and options of the impact of psychotherapy on life and destiny of the customers.

PERINATAL PSYCHOTHERAPY AND FAMILY REPRODUCTIVE HEALTH: INTEGRATION OF APPROACHES AND THE EXPANSION OF THE FRONTIERS OF SCIENCE AND PRACTICE

Galina Filippova – Rector of the Institute of Perinatal Psychology and Psychology of Reproductive Sphere. Russia, Moscow.

Elena Pechnikova – General Director of FAMILY PLUS medical and psychological clinic, Leader of modality of the perinatal psychotherapy and psychology and psychology of reproductive sphere. Russia, Moscow.

The need for integration perinatal psychotherapy and psychology of reproductive sphere. Task areas: integrating of theoretical and practical approaches in this areas; organization of assistance to family in all stages of the reproductive cycle and in case reproductive dysfunctions; training of specialists; creation of a unified informational space for specialists.

ECOLOGICAL ASPECT OF FORMATION OF PARENTAL MOTIVATION OF SPOUSES

Nina Lavrova – General director, Center of system consultation and education «Synergia» St.-Petersburg, Russia, chairman of committee of mediation of PPL, psychotherapist of the uniform register of psychotherapists of the Europe, professional mediator. Russia, Saint-Petersburg.

Vasily Lavrov – Director on innovations, Center of system consultation and education «Synergia» St.-Petersburg, Russia, senior scientific employee of Pavlov's Institute of physiology of the Russian Academy of Science, Dr.Sci.Biol., system adviser, mediator. Russia, Saint-Petersburg.

Parental motivation (PM), as well as all the motivations forming behavior of the person, is determined by readiness to operate for satisfaction of actual need. PM is caused by need of continuation of posterity, it dominates over behavior of the healthy adult person. During family therapy we found out the priority behavioral strategy rendering positive and negative influence on becoming PM, and also estimated influence of quality of family relations on PM of spouses. Methods of the analysis of family's state, of behavioral strategies and of PM's level are described in publications (Lavrova N.M., Lavrov V.V. 2009, 2012). The ecological factor caused by a state of environment and of society, acts on the foreground among the circumstances defining PM. Positive action of this factor on formation PM as data of our supervision have shown, is accompanied by a choice of functional

strategy of behaviour. Purposefulness in the sanction of vital problems is the most effective strategy connected with increase PM. Behavioral strategy of transfer of own problems with negative emotional painting and preparations for adverse turn of events cause decrease of PM.

CULTURE IN PSYCHOTHERAPY

Sayyed Mohsen Fatemi – Ph.D., Ph.D., post doctoral and Teaching Fellow at Harvard University, department of Psychology, lecturer in Psychology, University of Toronto, department of Psychology, expert in areas of social and cross cultural psychology.

This section focuses on the role of culture in psychotherapy and its implications. With a distinction between high context versus low context culture, this section discusses how psychotherapy can be embedded within cultural manifestations. The panel explores how understanding cultural meanings and cultural configuration may facilitate the process of implementing psychotherapeutic interventions. The panel will also address marginal meanings versus core meanings and their cultural implications. The discussions will also display how inattention towards culturally constructed meanings would impede the process of understanding the phenomenological context of the clients. The panel will introduce cultural competencies that can help psychotherapists to explore indigenous psychology in action.

A HUMAN AS AN OBJECT OF PSYCHOTHERAPY: YESTERDAY, TODAY AND TOMORROW

Nikolai Naritsyn – private medical practitioner, psychotherapist, psychoanalyst, member of the All-Russian Professional Psychotherapeutic League. Russia, Moscow.

This report provides an overview of the evolutionary history of human development from prehistoric times to the present day, and the corresponding change in types of psychotherapy and its role in human society. As well as the regularities of these changes on the basis of which we can predict human development and psychotherapy in the future.

BLANK INTENSION AS A TARGET OF PSYCHOTHERAPY

Anton Burno – m.d., docent of People's Friendship University of Russia, leader of PPL modality «Differential cognitive therapy». Russia, Moscow.

The psychological phenomenon, named by author as the "blank intension", is described. The blank intension is that human being is in the efforts to manage their own internal anima's (mental) processes just directly by conation (by volitional way). The especial type of the emotional reacting, where the blank intensions play the important role – subjectively overpowering emotional reactions, is discussed. Also, the results of cognitive reorganization are reported.

PSYCHOTHERAPEUTIC KINESIOLOGY: PAST, PRESENT AND FUTURE

Irina Chobanu – Ph.D in Medicine, Docent of the department of Psychiatry, psychotherapy and psychosomatic disorders RUDN, ...member of PPL, Supervisor of PPL, Chief of the section of psychotherapeutic kinesiology, International trainer, Psychotherapist of European and World Register, President of MOO "Association of professional kinesiotherapists", Director of "Institute of kinesiology". Russia, Moscow.

The main stages of development of psychotherapeutic kinesiology, modern achievements and perspectives of development will be discussed in the speech.

THEORETIC AND METHODOLOGICAL SCHEME OF TRANSMODAL SUBJECTIVE PSYCHOTHERAPY

Luibov Khokhlova – PhD, institute of psychology and pedagogy, psychotherapist of European register. Russia, Moscow.

Transmodal subjective psychotherapy (Lubov P. Hohlova, 1989) on the basis of postnonclassical paradigm of natural scientific knowledge condiser «psychical» not only through something containing contradictory dual parts, which are neither only basis for development nor also basis of problem-appearance, but also through the heterogenicity as arche-self-active source of psycho movements. We are observing three paths of inner and external events in the psychoperapeutic praxis as the control of transmodal subjective structure of the knowledges of the first, second and third order.

PROBLEMS OF NATIONAL SELF-IDENTITY: TRANSGENERATIONAL ASPECT

Larissa Dokuchayeva – PhD, Professor at the Non-Governmental Educational Institution "Academy of Rodologia", expert in family and social law for the State Duma of the Federal Assembly of the Russian Federation, President of the Sverdlovsk Regional Public Foundation "Family – 21st Century", President

of the Professional League of Rodologists, active member of the Professional Psychotherapists' League (PPL), member of the Social Council at the Office of Plenipotentiary Representative in the Ural Federal District. Russia, Yekaterinburg.

Valeriy Dokuchayev – PhD in Physics and Mathematics, Professor, President of the Non-Governmental Educational Institution "Academy of Rodologia", President of the International School of Family Ancestral Culture, active member of the PPL. Russia, Yekaterinburg.

We discuss the problem of national self-identity in the system of transgenerational links.

We present a proprietary method of diagnostics and correction of kin programs, which encumber the national self-identification of a person and his (her) descendants.

The method of Rodologia makes it possible to diagnose and correct the causes of psychic tensions related to the fear of national identity and passed on from generation to generation.

The speaker analyses his work experience in some European and Asian countries.

IN SEARCH OF A GENERIC PROCESS IN THE MATRIX OF PSYCHOLOGICAL HELP: ECOFACILITATIVE APPROACH

Lushyn Pavel – President of NGO "Association for Eco-centered Facilitation", Chair of psychological department in the University of Educational Management, NAPS of Ukraine, Kyiv, the founder of ecofacilitation as a therapeutic modality.

The presentation deals with the description of meta-theories designed to resolve «the paradox of equivalence» – which is the similarity of the outcomes of different psychotherapeutic modalities. The author examines the contents of the several: the formal – the empirical comparison of psychotherapy modalities (PM), the theoretical – the analysis of the origin of the therapeutic modality. Ecofacilitative approach is based on the idea of stimulating the process of self-organization of the socio-cultural matrix of psychotherapeutic modalities (PM) as an open dynamic ecosystem. The latter is not only to recognize the basic uncertainty of the PM ecosystem but to maintain and tolerate the uncertainty by adopting new PM as transitional forms of development.

THE PROCEDURAL APPROACH – PRESENT PSYCHOTHERAPY

Lyudmila Serbina – Ph.D. in psychology, certificate of the psychotherapist (The European Certificate of Psychotherapy), leader of the modality Process-oriented psychology and psychotherapy, founder and member of professional Processual community Russia., The official teacher and supervisor PPL, lecturer at the Institute for Integrative Psychology Professional Development. Russia, Moscow.

The subject of process-oriented psychotherapy is the presence in which the client exists when he came to the session to his psychotherapist. Life in the present in all the completeness also is the purpose of procedural psychotherapy. The client's gradually studying it concentrating on things that happen inside and outside.

MODERN STRUCTURE OF ANTI-AGING MEDICINE CENTER

Arseny Trukhanov – president of Russian Association of Rehabilitation Medicine, honored President of Russian Doppler Club, chairman of Russian Club of AntiAging medicine, member of Board of European Society of AntiAging Medicine (ESAAM), CEO of Active Longevity Clinic «Cosmetology and Plastic Surgery center in Moscow». Moscow, Russia.

1. DIAGNOSTICS
2. PREVENTIV
3. CORECTION
 - Database
 - Doctor
 - 1. DIAGNOSTICS
 - Anti-age laboratory
 - Anti-age diagnostics
 - 2. PREVENTIV
 - Weight correction (low calorie diet)
 - Physical perfection
 - Altai SPA
 - European SPA
 - 3. CORECTION
 - Body Shape Modeling
 - Kinesitherapy

JUNG AND DEPTH PSYCHOLOGY OF THE UNCONSCIOUS IN CONTEMPORARY PSYCHOTHERAPY

Lidia Surina



BIOENERGY ANALYSIS OF THE PERSON'S PSYCHICAL CONDITIONS

Andrey Zakharevich – Ph.D., doctor of psychology, director of training center «HOMO UNICUM», member of European Association for Psychotherapy. Russia, Saint-Petersburg.

The report is devoted to justification of the psyche materiality and its bioenergy structure. Proceeding from this concept, methods and the directions of psychotherapy and development of the unique abilities of experts will be shown.

EYE MOVEMENT DESENSITIZATION AND REPROCESSING THERAPY

Michel Meignant – doctor, psychotherapist, practitioner of EMDR, Honorary President of the French Psychotherapy Federation, President of the Humanistic Analytic Sexology Association, Member of the Board of the European Association of Psychotherapy.

SPECIFICS AND BASIC PRINCIPLES OF PSYCHO-ORGANIC ANALYSIS

Tatiana Shishmareva – The President of the interregional public organization «League of experts in the field of psycho-organic analysis» in Russia, psychoorganic analyst, full member of the PPL, business coach. Russia, Moscow.

The report presents the idea and history of psycho-organic analysis. It discovers the main principles and theoretical base of modality which uses psychoanalytic, body-oriented, humanistic approaches as well as the application of the ideas and principles paskhoorganicheskogo analysis.

PSYCHODRAMA IN THE CONTEXT OF MODERN PSYCHOTHERAPY

Ilona Romanova – Ph.D philosophical Sciences., Associate Professor of University for the Humanities, European Registered Psychotherapist, member of the PPL, the head of «psychodrama» modality. Russia, Ekaterinburg.

Psychodrama, while remaining classical method of group psychotherapy intensively developed last years, reflecting both the social change in general, and the basic change in psychotherapy. This report examines the relationship of social processes with the vectors of development of psychotherapy. We consider the new ways of working and psychodramatist training.

COMMUNICATIVE SYSTEM OF THE DISPUTABLE PARTIES MOBILIZATION DURING MEDIATION

Nina Lavrova – General director, Center of system consultation and education «Synergia» St.-Petersburg, Russia, chairman of committee of mediation of PPL, psychotherapist of the uniform register of psychotherapists of the Europe, professional mediator. Russia, Saint-Petersburg.

Vasily Lavrov – Director on innovations, Center of system consultation and education «Synergia» St.-Petersburg, Russia, senior scientific employee of Pavlov's Institute of physiology of the Russian Academy of Science, Dr.Sci.Biol., system adviser, mediator. Russia, Saint-Petersburg.

As shows experience of intermediary in the resolution of conflicts, in a complex of the circumstances influencing success of negotiations on a controversial problem, three factors are the most significant: first, tolerance in behavior of representatives of the disputable sides, secondly, their ability to mobilize intelligence for making responsible decisions and, thirdly, an optimum emotional condition without prevalence of negative emotions of anxiety and aggression. We have revealed most plastic of noted factors, it represents that «target» on which, first of all, we should direct efforts, aspiring to increase of a level of mutual understanding and constructive interaction of the disputable sides. The comparative analysis has shown that tolerance of behavior represents itself as initial «target». We have carried out research with the purpose of development of methods of estimation and increase of tolerance. We have offered the way, allowing classifying expressiveness of positive tolerance on a five-point scale in view of that fact, that it can be zero (indifferent mutual relation of the sides) and negative (counteraction in relations). Usage by the disputable sides of functional strategy of behavior promoted increase of tolerance and facilitated carrying out of mediation's negotiations.

EASTERN VERSION OF PSYCHOSYNTHESIS

Sergey Klyuchnikov – PhD, Senior Researcher at Institute of Asian and African Studies of Moscow State University, Member of PPL, Head of Modality «Psychosynthesis». Russia, Moscow.

INTRODUCTION TO PROCESSORIENTED PSYCHOTHERAPY (ACCORDING TO ARNOLD MINDELL)

Reini Hauser, – Dr., psychologist (University of Zürich), is a psychotherapist, coach, supervisor and group facilitator. Swizerland, Zurich.

OFFICAL CLOSING CEREMONY

Thanksgiving and changeover to the upcoming European and Pan-Asian congresses: Pritz Alfred (Vienna, Austria), Burno Mark (Moscow, Russia), Laurinaitis Eugenius (Vilnius, Lithuania), Chunmay Pandya (Paridwar, India).

CONFERENCES OF THE CONGRESS Conference: PSYCHOANALYSIS

ECPP-CONFERENCE

“PSYCHOANALYSIS INNER AND OUTER REALITIES: GIVING VOICE TO THE REAL”

With contributions from psychoanalysts and psychotherapists from European countries including Austria, France, Ireland, Israel, Russia, Switzerland and UK

C-chairs: Barbara FitzGerald and Mikhail Reshetnikov

Main speakers: Alfred Pritz (WCP-President, ECPP-Board member, ZFU-Rector), Barbara FitzGerald (ECPP-President), Adrian Rhodes (EAP-President, ECPP-Board member), Nicole Akin (ECPP-Board member), Markus Faeh (ECPP-Past-President), Mikhail Reshetnikov (ECPP-Past-President), Leonid Broude (ECPP-Board member)

JULY 5th, 2013, 14.00 – 18.00, HALL «SEROV»

(As part of The Eurasian Moscow's Congress)

In this congress, papers will offer views from wider perspectives incorporating recent developments within the field of Psychoanalysis. What challenges face Psychoanalysts today? Psychoanalysis is a complex method and field that has both inner and outer dimensions. How does psychoanalysis address deeper realities in a world where instant solutions are sought that offer certainty and immediacy. What are the borders between technological advances (social media) and the privacy of the inner world? Speakers and Discussants will focus on the positioning of Psychoanalysis today within societal discourses which reflect increasing complexity within peoples lives.

Conference Programme

13.30 – Registration

14.00 – 14.10 Welcome and Introductions: Barbara FitzGerald, Adrian Rhodes

14.10 – 14.40 Barbara FitzGerald: “The centre cannot hold”, Inner and outer Perspectives in the Analytic Space

14.40 – 15.10 Marcus Faeh: “Out of the Blue, into the Black”: Psychoanalysis in Times of Global Change.

15.10 – 15.40 Mikhail Reshetnikov: “Two Eitingons”: In the beginning of Psychoanalytic Education and Training

15.40 – 16.00 – Break

16.00 – 16.20 Leonid Broude: “Postmodernism and Contemporary Psychotherapy”: The Philosophical ground – An invitation to dialogue.

16.20 – 16.40 Alfred Pritz: “Education and Training in the SFU University”

16.40 – 17.00 Nicole Akin: “Psychotherapy in Daily Life: Mirrors and Illusions”

17.00 – 17.20 Ekaterina Mikhailova: “Unconscious Processes in Groups and Organizations”

17.20 – 17.40 Boris Eremin: “Minus K...”

17.40–18.20 Panel discussion and closing remarks

PSYCHOANALYSIS. SYMPOSIUM

«PSYCHOANALYTICAL THERAPIST'S WORKING WITH FEARS, ANXIETY, PHOBIAS» WITHIN THE FRAMEWORK OF THE CONGRESS «PSYCHOTHERAPY WITHOUT BORDERS»

JULY, 6-7

10.00- 18.00, HALL «VRUBEL»

10.00-10.15. OPENING OF THE CONFERENCE. GREETINGS.

Alexander Kharitonov

Boris Egorov

Luidmila Uskova

Gennady Timchenko

Viktor Makarov

10.15-13.15. I SCIENTIFIC MEETING

CHAIRS: A.Kharitonov, F. Filatov

10.15-13.15. I SCIENTIFIC MEETING**CHAIRS:** A.Kharitonov, F. Filatov**THE FEAR OF LIFE. DEFORMATION OF SYMBIOSIS****Sergey Manevsky**

In the report are discussed the emerging trend of infantilization and displacement of gender roles among people of reproductive age. The possible reasons for these processes are observed on the clinical examples. In particular, the stagnation of life of intentions – the fear of life (of existence), which is accompanied by the fear of interruption or end of being, the fear of the formation of new connections and getting experience of suffering. Special attention is paid to distortions in the epigenetic development of personality. It is assumed that fixation on stage of getting out of the symbiotic shell is one of the crucial problems of becoming a whole person..

FEAR, TEXT AND RESISTANCE**Alexander Popov****FAMILY FEARS AND PSYCHOANALYTICAL THERAPY TO OVERCOME THEM****Alexander Kharitonov,**

The paper investigates into fears in a family: infant/parent (mother, father) fears; familial fears (sibling, grandparent, and other familial fears). It analyzes basal causes of family fears, the process of bringing them into the consciousness, understanding and acceptance; specifics of the psychoanalytic psychotherapy concerning their overcoming, including the joint overcoming technique; psychoanalytic work relating to application of the containment, resolution of anxiety, empathy, clarification, confrontation, interpretation and working through in respect of the issue of fears in a family group.

PSYCHOLOGICAL DIAGNOSTICS OF ANXIETIES AND FEARS IN THE PROCESS OF PSYCHOANALYTICAL PSYCHOTHERAPY OF FAMILY RELATIONSHIPS**Gennady Timchenko**

The paper presents a mechanism of psychoanalytic psychodiagnostics of family's fears and anxieties in the framework of a matrimonial, parent-infant and familial interaction. It tries to systematize fears and anxieties within the family interaction. It shows the role of the psychoanalytic psychodiagnostics of fears and anxieties in order to structure the process of the family's psychoanalytic psychotherapy aimed at overcoming them.

FEAR OF FEMININE**Aurelia Korotetskaya**

The paper considers the issue of integration of the feminine and maternal aspects in the approach to the issue of the feminine psychology.

The paper will deal with this aspect of the issue – the feminine and maternal, starting out from its manifest display – men's attitude to feminine breast that appears at once to be divided into maternal breast and feminine breast.

FEAR AND ARCHETYPICAL PROHIBITION. ON THE ORIGIN OF PHOBIC DISORDERS**Filipp Filatov**

This report is devoted to the problems of relationship between Fear and different social, cultural and family prohibitions, which are considered by author as the dynamic factors for development of individual consciousness and, from other side, phobic disorders. Author defined the term Archetypical Prohibition, as a basic principle of psychic activity regulation. According to Freud and Jung, developing their ideas, fears were divided into regressive and numenous.

FEAR. PAIN. AGGRESSION**Sergey Sirotkin**

It considers the dynamics and fates of attraction in the triad "fear-pain-aggression". The aggression is, in some specified sense, an action against pain, against a threat of or a real disruption of the border of a person. Fear can be understood as an energy potential that realizes internal violence in a person (pain) and ensures a protective function of a border (aggression).

13.15-14.45. LUNCH BREAK**14.45-18.00. II SCIENTIFIC MEETING****CHAIRS:** B. Egorov, L. Uskova**PSYCHOANALYTICAL NOTES ON SOME CAUSES OF DISEASES AMONG CHILDREN****Boris Egorov**

Mother and child – understanding, analysis and perspectives of negative contact. From the viewpoint of psychoanalytic approach, the prospective that

reflects the understanding of serious somatic diseases among the children with beneficial genetic basis is offered. From the positions of A. Adler, S. Freud and other psychoanalysts, the causes and effects of specific behavioral patterns of mothers and of the misuse of symbiotic mother – child ties are discussed in the article. The peculiarities of a mothers' unconscious manifestation within a child's unconscious are shown. Oedipus complex and its role in the psychosomatic health of the child. The forms of social behavior in the mother's family, along with the dominant idea in the unconscious that affects the health and behavior of her children and husband, are thoroughly analyzed. Psychoanalytical and psychotherapeutic treatment are shown in the article.

PSYCHOANALYTICAL PSYCHOTHERAPY OF CHILDREN'S FEARS**Angela Paramonova**

The report is devoted to the aspects of psychoanalytical work with fears and fobias of latent- and teenage children. The nature of fears fear lays down in the preedipal problems and separation and individuation process difficulties of a child or a teenager. The report contains death fear observations among children with different forms of epilepsy. The specificity of psychotherapeutic work with 8-year-old boy are demonstrated in the clinical illustration.

INFLUENCE OF GIRLS' CASTRATIONS FEAR TO THEIR ADULTHOOD ATTITUDE TO PREGNANCY**Luidmila Arkhangelskaya**

Castration anxieties originate from the Oedipus complex. They are explored rather well in the boy, in contrast to castration anxieties in the girl. M. Klein, a children's psychoanalyst, was the first after Z. Freud to contribute the most to their investigation. In her opinion, the castration anxiety in the girl originates from her phantasy of repression (revenge) on the part of her mother due to the girls' infantile desire that the mother die as a rival, and which contains an unconscious phantasy of her mother damaging the genitors of the small girl, and fear.

As a clinical example continuing for many years, the paper shows development of a girl, her Oedipus phantasies concerning her incestuous marriage with her father, her pregnancy and delivery fears in a juvenile age.

WOMEN PHOBIAS**Vitalina Chibis**

The report covers phobias, characteristic for women, from psychoanalytical point of view. The author considers the topic minding stages of psychosexual development, mental structure, gender-role identity and contemporary tendencies in the society.

OEDIPAL PROJECTIONS OF PHOBIAS**Igor Pudikov**

Phobias constitute a group of symptoms that are specific for the neurotic nosology. The stability of basic objects that constitute an imaginative element of phobias is determined based on their inherent symbolic semantics. The symbolic imagery of annoying fears is dictated by a contentive constellation of the oedipal period. The paper contains examples of symbolic projections of the oedipal period to phobia symptoms.

ESCHATOLOGICAL PATTERN: THE END OF THE WORLD AS A PERMANENT SOURCE OF FEARS AND DESIRES**Sergey Zubarev**

Doomsday as a permanent source of fears and desires. In all generality and eccentricity of manifestations, expectation of a global disaster – An extremely private matter, if not to say – intimate. However, deep infantile grandiose phantasies require a respective setting. That is why eschatological expectations take place on a planetary scale.

JULY, 7**10.00-13.00. III SCIENTIFIC MEETING****CHAIRS:** V.Kuzovkin, A.Korotetskaya**AUTHOR'S VIEW OF THE PROBLEM OF PHOBIAS AND PANIC ATTACKS****Luidmila Uskova**

Possibility of cognitive extension at panic attacks, phobias, alarms is extremely difficult, as it can lead to deep insight into problem, which may emerge unconscious desires and drives that are forbidden in nature. In psychoanalytic therapy work with these patients is associated with the difficulties of trust, establishing boundaries and openness.

A discussion concerning efficiency of treatment can be built round a question: whether the special technique is needed during work with such patients.

SPECIFICS OF PSYCHOANALYTICAL THERAPIST'S WORK WITH FEARS

Alisa Bezrukih

Ego's anxiety is constantly present during the whole time of development in the childhood. An anxiety can be presented by development phases, fears and anxieties then extend by instinctive phases and related internal and external dangers against which they are directed.

The paper shows some specifics of how a psychoanalytic psychotherapist shall deal with fears.

ON THE INFLUENCE OF THE PSYCHOANALYTICAL RELATIONSHIPS CONTEXT ON THE FRIGHTENING CONDITIONS INTERPRETATION BY THE PSYCHOTIC PATIENT

Natalia Nefedyeva

By a clinical example, the paper considers the impact of the context of analytical relations on verbalization by a psychotic patient of his/her symptoms. Due to creation of an interaction field and formation of basic confidence in an analyst, a patient of a psychotic level starts talking about his/her fears connected with unusual feelings and experience. Acceptance and containment by an analyst of fear and aggression during repetitions reduces investment of psychic energy into psychic objects that stop being frightening, and makes a patient to focus his/her interest on his/her relations with real objects.

FEARS AND ANXIETIES OF PSYCHOANALYSTS

Victor Kuzovkin

In the current presentation the professional fears and anxieties of therapists as well as the ways to go through them are discussed. The following topic is not widely-discussed in the literature, usually psychotherapists or counseling psychologist or especially psychoanalyst is represented as an omnipotent person. An omnipotent person is not allowed to have any fears, although psychoanalysts are usual people, equal to any others. That means, that psychoanalyst can experience fear anxiety and other emotions like that, however in that case psychoanalyst can be suggested as 'not-self-analyzed' and as a result – incompetent. The fear to be suggested as an incompetent causes negative emotions and feelings, so thus we can explain the fact, why such topic is a locked topic, which, however, can be discussed and solved during the supervision and self-analysis processes.

CHOOSING OF HELPING PROFESSION AS AN ATTEMPT TO COPE WITH THE MORAL ANXIETY

Evgenia Fomynikh

The paper will try to analyze the role of a moral anxiety and an aspiration to cope with it by an intention to devote oneself to helping other people. It will consider such issues as why people choose a psychotherapeutic or psychoanalytic career; intrapsychical conflicts intrinsic to many psychotherapists and psychoanalysts, types of object relations and configuration "attraction-defense"; their impact on the occupational choice and specialist approaches to treatment of patients; typical problems that a therapist can face if his/her patient appears to be his/her colleague.

ADVANTAGES OF COMBINATION OF THE INDIVIDUAL AND GROUP THERAPY IN ANXIETY TREATMENT

Ekaterina Mikhailova

A combination of individual and group therapies allows dealing with anxiety and different types of resistances, including a transfer resistance, in the most efficient way. A group experience evokes conflicts and fears that a patient went through at the age from 3 to 6 and facilitates a regression as necessary for partial repetition of infantile conflicts. When regressing to the Oedipus and pre-Oedipus levels, members of a group learn how to cope with ambivalent feelings of love and aggression with respect to significant Others, and an anxiety caused by them. The paper is illustrated by a clinical case of a patient that was subject to an individual and group treatment over an overall period of 10 years.

THE ANXIETY AND PSYCHOANALYTIC GROUP: ANALYSIS OF PARTICIPANTS WITH ANXIETY NEUROSIS

Ilya Pashiltsev

Anxiety states were at the center of attention of group very beginning of its development by Sigmund Foulkes. Suffice it to recall that the main

methodological development of the group analytical concept occurred during the war time, especially during the period of his work in the Norfolk hospital, with what we now call combat PTSD with soldiers and officers of the British army, the main place in the clinical picture for whom is anxiety. The same can be said about the other direction of psychoanalytic work with groups analysis from the elaborated by Wilfred Bion in the same hospital. It would therefore be fair to assume that group analysis has grown out of the attempts to study anxiety in a group setting.

Since the time when Freud in his *Massenpsychologie und Ich-Analyse* put an emphasis on the processes taking place in the group as an attempt to overcome the anxiety of uncertainty, all further development of psychoanalytic forms of group work is revolving around this anxiety. Regressive processes, associated with it, fill the group situation with tension. Inevitably arising in the analytic group, it allows to actualize in the situation of analysis those anxieties that accompany the participants in life, and to analyze it.

13.00–14.00. Lunch break

14.00–17.45. ROUND TABLE: PSYCHOANALYTICAL THERAPIST'S WORKING WITH FEARS, ANXIETY, PHOBIAS

CHAIRS: A.Kharitonov, G.Timchenko, O.Podolskaya

FEARS OF PSYCHOANALYTICAL SPECIALISTS

Alexander Kharitonov

It exposes an issue of fears intrinsic to psychoanalysts-psychotherapists, correlation of professional identity and manifestation of fears; it considers fear of personal analysis (psychotherapy), fear of long-continued psychoanalytic training, fear of making a wrong diagnosis and using inefficiently psychoanalytic techniques, fear of being not able to cope with "bad" patients; prevention of occupational fears relating to the efficiency of personal analysis (psychotherapy).

MANIFESTATION OF ANXIETY IN THE PSYCHOANALYTIC IDENTITY OF FUTURE PSYCHOLOGISTS–CONSULTANTS

Igor Zhmurin

The subject of the statement includes consideration of particularities of manifestation of anxiety in the framework of formation of psychoanalytic identity of prospective consulting psychologists in the process of university training. Students specializing in "Psychological Consulting" took part in the study. The results of the study allow analyzing: manifestation of anxiety with prospective specialists in the area of psychoanalysis-oriented psychological consulting, problems of professional choice of a psychoanalytic approach in the system of provision of psychological aid, and basic concepts of comprehensive psychoanalysis that serve as milestones of prospective consulting psychologists when developing a psychoanalytic identity.

FEAR IN THE TRANSFERENCE AND THE COUNTERTRANSFERENCE

Jakov Testin

FEARS OF THE PSYCHOANALYTIC PSYCHOTHERAPY ENDING

Gennady Timchenko

Fears relating to termination of psychoanalytic psychotherapy are intrinsic to both a psychotherapist and a patient. This statement touches on some sorts of fears that are intrinsic to patients in connection with termination of psychoanalytic psychotherapy.

OVERCOMING THE NAMELESS DREAD: PARALLELS IN THE WORK OF BION AND WITTGENSTEIN

Irina Panteleeva

The concept of the nameless dread is an indispensable part of the theory of the projective identification and the modern Kleinian psychoanalytic technique. Comparison of the work of W. Bion, a leading figure in the modern psychoanalysis, and L. Wittgenstein, one of the greatest philosophers of our time, demonstrates that the concept has been greatly underestimated.

PSYCHOANALYTIC CONCEPTION OF PHENOMENON OF PSYCHOTIC FEAR BY W.BION

Veronika Lukashenko

W. Bion describes the origins of psychotic fear as nonsufficient containing by mother of beta-elements of the infant. Not transferred sensible perceptions and affective experience are expelled by projective identification. Lack of barrier between Conscious and Unconscious, inner and outer world lead to the fear of full annihilation. The analyst should identify

with psychological reality of the patient and try to bind and symbolize his chaotic separated feelings and fears.

FANTASM OF DEATH IN THE SUBJECT'S PSYCHIC REALITY **Svetlana Avramchenko**

The statement considers an issue of study of a death phantasm as a product of the imagination relating to person's psychical reality. An emphasis is put on determiners of their origin, as well as on the possibility to study this phenomenon in the context of the diagnostic and psychotherapeutic practice.

DIFFERENTIATION OF NEUROTIC, PSYCHOTIC AND BORDERLINE DISORDERS FEARS

Tatiana Lisitsyna

The subject of the statement includes consideration of particularities of origin, development and content of fears at different The subject of the speech includes consideration of particularities psychopathological levels. Therapeutical approaches to fear treatment depending on the level of individual development. Importance of differentiation of the nature of fear to determine the level of psychopathological states.

SPECIFICS OF MANIFESTATION AND THERAPY OF ANXIETY-PHOBIC DISORDERS OF NEUROTIC AND BORDERLINE PATIENTS

Tatiana Potapova

In neurotic anxiety, the danger is connected with a birth trauma, which Freud considered as fear of being separated from the mother, which becomes actual later when there is a threat to remain without support. The most common cause of anxiety disorder is a frustrated agitation. An unsatisfied libido transforms into fear. A neurotic anxiety has an existential anxiety behind it that comprises "a death anxiety and concurrently a life anxiety on the whole." The psychoanalytic practice shows that the neurotic anxiety without so deep roots is subject to disolution in a much faster way via a transfer.

15.45-16.00. BREAK

FEARS AND PHOBIAS IN A CLINICAL CASE SUPERVISION

Galina Mikhailova

The statement will present a supervision work relating to a clinical case with fears and phobias. The paper shows retrospective relations between fears and phobias in the middle age and traumatic events in childhood.

ON PSYCHOANALYTIC PSYCHOTHERAPY IN TREATING PANIC DISORDERS FEARS

Nina Tuter

All examined patients with panic disorders (PD) had anxiety, fear, psychovegetative anomalies. The study of the unconscious psychological level revealed the presence of an express symbiotic connection, a need of care, attention, autodestruction, emotional immaturity. The psychoanalytic therapy fully eliminated the clinical manifestations of PD.

FEAR OF LOVE

Natalia Rasimchuk

FEAR OF FAILURE AND NARCISSISTIC PERSONALITY DISORDER: INTERRELATION AND POSSIBILITY OF THERAPY **Olga Podolskaya**

THE WORK OF THE PSYCHOANALYTIC THERAPIST WITH ANXIETIES TYPICAL FOR WOMEN

Olesya Savitskaya

Analyzing the problem of the anxiety death, it is impossible to overlook the following: women attach associated with the libido values to the anxiety death. For women anxiety death is the loss of love, parting, ending of the feminine functions. In the course of the psychoanalytic process through the disclosure and consciousness of internal conflicts occur a gradual Ego unclasp and a wish to realize the new opportunities, which are not bounded up with the everyday responsibilities and requirements.

FEARS RELATED TO PREGNANCY AND MOTHERHOOD

Galina Filippova

SPECIFICS OF PSYCHOANALYTIC THERAPIST'S WORK WITH CHILDREN'S FEARS

Nelly Kurashova

17.45-18.00 RESUME OF THE CONFERENCE

Alexander Kharitonov, Gennady Timchenko, Luidmila Uskova

CONFERENCE IN THE MEMORY OF SERGE AND ANNA GINGER

JULY 5TH, 13.30-14.50, HALL «POLENOV»

CHAIRS: Arthur Dombrovsky (Riga, Latvia), Ivana Slavkovich (Tirana, Albania)

SERGE GINGER: KEY IDEAS IN PSYCHOTHERAPY

Arthur Dombrovsky – Doctor of psychotherapeutic Sciences, PhD, a psychotherapist (gestalt) supervisor, director of the Riga Gestalt Institute, the president of the Latvian Association of Gestalt Therapy, the chairman of the Ethics Committees of the Latvian Association of Psychotherapists, Psychotherapist Certificate EAP and EAGT, graduate Paris School of Gestalt, graduate of University of Vienna Sigmund Freud. Riga, Latvia.

Serge Ginger is a founder of the Paris School of Gestalt, one of the founders of European Association of Psychotherapy, for many years headed the Certification Commission, has made an enormous contribution to the political life of the European psychotherapy. But the main creative activity Serge Ginger was in the theory and practise of Gestalt therapy. Cycle model of the therapeutic process, the structure integrity of the system «Pentagram Ginger», the experimental intervention in psychotherapy, and many other ideas and concepts become part of psychological science. The report is expected to consider Serge Ginger basic ideas, give their main characteristics and general look at the professional and scientific activities.

SERGE GINGER'S CONTRIBUTION TO THE DEVELOPMENT OF PSYCHOTHERAPETIC PROFESSION AND PROFESSIONAL REGULATION OF PSYCHOTHERAPY IN EUROPE

Ivana Slavkovic – Psychodrama therapist and trainer, one of the founders of the Institute for Psychodrama, Belgrade, Registrar of the European Association for Psychotherapy, guest lecturer for Psychodrama at Sigmund Freud University, Vienna. Belgrade, Serbia.

Serge Ginger was the Registrar of the European Association for Psychotherapy (EAP) for more than a decade. His endless energy and commitment in this role resulted in numerous contributions in the field of standardization of psychotherapy as an independent profession in Europe. Serge Ginger's work represents key milestones for reaching modern European standards in psychotherapy training. A reflection on the ways in which we can continue Serge Ginger's struggle for psychotherapy as an independent and regulated profession can be a source of new learning.

RUSSIAN PSYCHOTHERAPY AND SERGE GINGER

Viktor Makarov – President of the All-Russian Professional Psychotherapeutic League, Vice-President of the World Council for Psychotherapy, Vice-President of the Asian Federation for Psychotherapy, Head of the Chair of Psychotherapy and sexology, Russian Medical Academy of Postgraduate Education, Professor. Russia, Moscow.

REPORTS OF THE PARTICIPANTS OF THE CONFERENCE

YOUTH CONFERENCE PSYCHOTHERAPY AS YOUNG PROFESSION

JULY 6th, 10.00-15.15, HALL «POLENOV»

CHAIR: Ekaterina Makarova (Moscow, Russia – Vienna, Austria)

CO-CHAIR: Omar Gelo (Vienna, Austria – Lecce, Italia)

Summary of the Conference: The Conference for students and young psychotherapists is an area where beginners in psychotherapy and students are presenting their projects and sharing their experiences and points of view. The conference will provide papers on various topics delivered by young specialists. The participants will have the opportunity to give and receive feedback, participate in the discussions of the projects presented within the framework of the Conference, meet various organizations and get acquainted with them.

ABOUT THE NEW GENERATION OF PSYCHOTHERAPISTS

Ekaterina Makarova – existential-analytic psychotherapist, psychoanalyst, chair of the Youth Section of the World Council for Psychotherapy, national representative of Russian Federation at European Association for Psychotherapy, transcultural coach, manager for international relations by Professional Psychotherapeutic Ligue of Russia, Moscow, Russia — Austria – Vienna.

This presentation will describe the specialness of the first years of praxis as professional psychotherapist, including the legal situation related to the



professional practice of psychotherapy and counseling in Europe and Asia, the different interpretation of the profession and the typical problems and hazard on the way of young psychotherapists, as well as self-perception of professional psychotherapists in different countries. Furthermore the future development of the psychotherapeutic profession in Eurasia will be discussed.

WHEN IS A PSYCHOTHERAPIST A SCIENTIST?

Omar Gelo – *Ph.D., Assistant Professor, University of Salento, Italy and Sigmund Freud University Vienna, Austria.*

When talking about psychotherapy, we are faced with the necessity of distinguishing the practice of psychotherapy (i.e., psychotherapy practice) from the science of psychotherapy (i.e., psychotherapy science). While actually every clinician knows well what it means to be a psychotherapy practitioner, there is actually a struggle with the question “when is a psychotherapy a scientist?” The present speech tries to shed light on this question.

EFFECTIVE MODEL OF INTERACTION SPECIALISTS IN THE FIELD OF PSYCHOLOGY AND PSYCHOTHERAPY

Bogdan Bozhuk – *PhD in medicine, Assistant National Medical University AABogomolets, clinical psychologist, member of the Professional Psychotherapeutic League, President of NGO «Ukrainian association of physicians-psychologists». Ukraine, Kiev.*

Nowadays there is a constantly increasing number of professionals who deliver aid to patients with the psychic disorders. If treatment of mental illness by psychiatrists does not bring questions, features of assist by psychotherapists and psychologists remain unresolved and contain many contradictory positions, without solutions which is impossible to provide a complete view of the assistance for persons who need it.

HAPPINESS, QUALITY OF LIFE, HEALTH IN THE SYSTEMIC VIEW

Gianpaolo Lombardi – *Psychotherapist and psychiatrist at the Institute of Family Therapy of Florence in Florenc, Institute of Family Therapy of Pisa-Livorno in Pisa, public health service (A.S.L. Ser.T) in Florence, teacher of relational and family therapy, member of Italian Society of Psychiatry (SIP), member of Italian Association of Institutes of Family Therapy (AIFT). Italy, Florence – Pisa.*

Happiness, Quality of life, Health are three similar concepts in everyday language, but very different in a reconstruction from a historical and epistemological point of view. Heraclitus, Aristotle, Epicurus, Democritus speak of happiness from a philosophical approach. K. Galbraith, who observed how the welfare economy had failed to promote a harmonious development of all societies.

Erich Fromm in «to have or to be» poses the problem of existence of way of life based on having: “I am what I have and I consume”. From year 1970 onwards begins to exist the right to expect an overall well-being; in essence, the general clinical picture of the patient’s life goes beyond the symptoms expressed.

The Easterlin paradox or paradox of happiness 1974 teaches us how the “systemic therapists” the therapists using systemic thinking, in the broad, sense, are central in being custodians of “relational goods”. Actually there is an increasingly difficult to distinguish “normality” and “pathology”, given the complexity of the term «Health», and the prevention in today’s society could be the kind of care more consistent from a postmodern perspective.

My observation is that, the concept of quality of life, could become, more and more, an interesting parameter to be investigated in a path of family psychotherapy and research; more coherent, from an epistemological perspective, than clinical evaluation.

VOLUNTEERING AS PREPARATION FOR PROFESSIONAL PSYCHOLOGICAL ACTIVITY

Irina Mogilevkina – *chair for the Youth Section of PPL in Saint-Petersburg.*

Volunteer services is one of long-present actual form of social initiative and the tool for solution of some social problems. Volunteering determine important task in its infancy of professional psychological career. Such important tasks as entree in professional life and mobilization of personal eventual possibilities make an impact and improve the motivation for self-knowing with help of personal psychotherapy, for participation in group of inter- and supervisions.

PSYCHIATRY AND THE MASS MEDIA. THE RIGHT TO A LIFE WITHOUT STIGMA

Ekaterina Misevich – *Dr., chef of rehabilitation team in N. Novgorod Psychiatric Clinic №2, psychotherapist, the advisory member of the Russian Professional Psychotherapeutic League. Russia, Nizhny Novgorod.*

Organization competent interaction psychiatrists with journalists – warranty reduce the anxiety of the population in relation to people with experience of coping with mental disorders. Appointment of the regional specialist psychiatric services for media relations of – way to ensure journalists timely reliable information on matters of public interest. Development of rehabilitation programmes in psychiatric clinics – a way of enriching the cultural life of the region through the inclusion of creative products of the patients in «small groups» into the municipal social projects.

CREATING AN ONLINE FORUM OF SUICIDAL PREVENTION

Maria Velikanova – *PhD student, Lorraine University (Metz, France), Saint-Petersburg State University (Russia).*

On August 1, 2011 a forum entitled “Choose the life” was opened on the site: www.nosuicid.ru, aimed at suicide prevention, helping to overcome suicidal tendencies, and rehabilitation after suicide attempts. The site consists of a forum and an informative section comprising various articles for those who do not want to live anymore, to relatives of those who have attempted a suicide, and to those who work in helping relationship. The forum is the centre of our activities; in this paper we discuss the way we have come to our particular form of activity (open forum), and what we are doing today.

THE LIFE LINE PATHOBIOGRAPHICAL METHOD AND SELF-ATTITUDE IN DRUG ADDICTS

Mikhail Budnikov – *clinical psychologist at the medical center «Behterev», postgraduate student at the department of clinical psychology at Herzen University of Russia, Saint-Petersburg.*

We studied 66 drug addicts carrying out the program of inpatient rehabilitation in the medical center «Behterev». We used the Life line method to investigate crises and conflicts in a biography and in a system of attitudes of an addictive personality. Such defects of self-consciousness as an interruption of Self continuity and a disharmony of self-attitude were revealed. An accurate psychological diagnostics and individual psychotherapy allow to harmonize self-attitude and to lessen the need to abuse drugs which is an illusory and compensatory way of Self defence.

COLLECTING CLIENTS’ FEEDBACK IN PSYCHOLOGICAL TREATMENTS

Victor Bogomolov – *psychologist, centre of social and psychological adaptation and development of adolescents “Perekrestok”.*

Currently there is a worldwide trend towards using clients’ feedback measures in psychotherapeutic and psychological work, when clients are given the possibility of evaluating the process and outcome of such services. Using feedback reduces risk of premature termination and increases effectiveness of psychological treatment. Russian versions of Outcome rating scale and Session rating scale will be presented as the easiest-to-use and briefest measures in worldwide practice.

THE THERAPEUTIC POTENTIAL OF ATONAL MUSIC

Anastasia Kozhevnikova – *student of the 5th course of faculty Clinical psychology of the Public budgetary educational institution of higher education «The Astrakhan state medical academy» Ministries of Health of the Russian Federation.*

Application of atonal music in a music therapy is insufficiently studied, but it is represented effective. In work with teens with deviant behavior it causes less than resistance, than classical music, leading to more expressed decrease in level of anxiety and strengthening of adaptation resources of the personality.

PSYCHOTHERAPEUTIC TREATMENT OF FEMALE CLIENTS WITH COMPULSIVE OVEREATING PROBLEMS

Yuliya Motalova – *student of the South Federal University, a member of PPC GA. The Russian Federation, Rostov-on-Don.*

Taking into consideration the traumatic experience in the relationships of such clients and their parents, we may avoid one-sided perspective of the disturbed eating behavior as solely the habitual eating pattern (not taking into account the relational component) and avoid accidental reproduction of the traumatic situation. Working with the client’s episodes of hyper excitation having their roots in earlier relationships, and avoiding the frustration of the client’s intention for contact allow us to create a supporting introject and reduce the clients’ need to delimit their anxiety with the help of overeating.

PSYCHOTHERAPY WITHOUT BORDERS? – CURRENT UNDERSTANDING OF «SETTING» IN THE ENVIRONMENT OF POST-SOVIET SPACE

Andrey Molodorych – *(Ukraine Umbrella Association for Psychotherapists, EAP NAO)*

Registered psychotherapist UUP (gestalt psychotherapy, group psychoanalysis); member of EAP Board, Secretariat of UUP, Collegium of KAPPP, SFU student. Kiev, Ukraine.

For the last 20 years of existence of psychotherapy in the post-soviet surrounding there have been formed a local understanding and comprehension of psychotherapy, its local culture, quite different to Western one – European – classical. So where are the differences of this young speciality in CIS with a scientific profession in Europe?

How the merge of cultural adaptation transforms into an obstruction zone on the way of formation of young modern psychotherapist?

How integration transforms into eclectics and the other way around?

Where is difference in understanding the sense and tasks of psychotherapy «there» and «here».

ALIGNMENT WITH RUSSIA?

Natalia Belousova – *chair of the Omsk PPL branch. Russia, Omsk.*

On the basis of the reporter's experience in the teaching of psychotherapists (since 1994, Russia, Omsk) and according to the results of the professor Bondarenko researches (Ukrainian, Kiev) one can draw the conclusion that the Russian as well as the foreign psychotherapy can make the qualitative leap in its development thanks to reorientation to the methods of the psychotherapy, worked in Russia by Russian scientists (in the sphere of the culture and of a spirit). Those present get the disk as a gift (the film "To Russian psychologists about the specialist advice" and also the lectures and the reports of the professor A.F. Bondarenko).

MODERN PSYCHOTHERAPY PATIENT: THE COMPLAINT, INQUIRY AND DIAGNOSIS

Polotnyanko Anastasia – *psychiatrist, psychotherapist, Member OPPL, multimodal therapist*

The purpose of this study is to examine gender, age and nosology composition of patients referred to our Centre, as well as their complaints and requests.

ANALYTICAL INTERPRETATION: EXPANSION OF THE CONTEXT AND LIMIT OF APPLICABILITY

Ekaterina Akhoshina – *the undergraduate of the Moscow City Psychological-Pedagogical University on specialization «advisory psychology», Russia, Moscow.*

Whether the potential of analytical interpretation on other spheres of psychotherapy can be extrapolated? Proceeding from possibility of «lacunas» in other therapeutic methods, we set the task of search of points of interaction. To contain in F.E.Vasilyuk's understanding psychotherapy concepts of interest to analytical approach: sensual fabric of personal sense, experience paradigm, etc. At the same time, it is important to outline limits of applicability, leaving for which analytical interpretation loses the specifics. Or those don't exist?

SYSTEMIC APPROACH IN PSYCHOTHERAPY AND SOCIAL WORK

Elena Zaitova – *psychotherapist, individual, family systemic and group therapy in private psychological center, a member of Council of International Fellowship. Russia, Saint Petersburg.*

Systemic approach let us have a new look to the logic of considering interactions in family and individual psychotherapy. The strategy of work in systemic approach sometimes can differ very much. Also we can estimate the effectiveness of interactions of specialists, social workers (e.g. in Russia, Austria, Czech Republic) in the view of their partnership and common goals.

SOCIAL AND PSYCHOLOGICAL ADAPTATION OF THE VISUALLY IMPAIRED PEOPLE

Irina Kiseleva – *educated psychologist MKU Center for psychological and educational support to young people "Rodnik" main department "Lad". Russia, Novosibirsk.*

The report presents the results of a study adaptation of the person with the limitations of the visual analyzer given its individual psychological characteristics, and revealed the dependence of the level of adaptation of the structural components of personality disorders. The conclusions about the mechanisms of adaptation, determine the direction of the psycho corrective actions to include persons with visual impairment in business

and interpersonal relationships and create conditions for their integration and fulfillment in society of normally sighted people.

YOU TALKIN' TO ME?

Tatiana Pysarenko – *psychoanalyst, student at the SFU doctoral program, Kiev, Ukraine..*

The dialogue with the mother is endless, it is perpetual and continues throughout one's life. It constantly plays out in our mistrust to the world and to life in general. And that question addressed to the partner – be it a husband or a boyfriend – "How can you prove your love?" – it is, ultimately, the question that a woman addresses towards her mother. It is because of this that a man is incapable of not only to answer this question, but also fully comprehend its meaning. A woman does not really pose this question to him and requires no answer from him; unconsciously, she is talking to her mother.

SHORT-TERM POLYMODAL PSYCHOTHERAPY IN ALCOHOL DEPENDENCE TREATMENT (METHOD OF «IMMERSION-SWITCHING -CONCENTRATION-OCEAN» OF VICTOR MAKAROV)

Dmitry Belyakov – *psychotherapist at the center of medical psychology and psychotherapy of narcology dispensary, postgraduate student of psychotherapy, medical psychology and sexology chair of RMAPE. Russia, Moscow.*

Alcohol abuse is an important medical and social problem, which actuality is caused by high level prevalence of this disease, and of course, negative social consequences of disease. Comparing the various literature on different psychotherapy of alcohol abuse, the proposed methods were less effective than our practice «Ocean». The issue of selection of effective method in short-term psychotherapy, which could improve the quality of life in this group of patients.

FEATURES OF ART-THERAPY OF PATIENTS WITH MENTAL DISORDERS

Elena Ukhanova – *medical psychologist, State mental hospital #1. Russia, Nizhny Novgorod.*

Petr Latsples – *MD, PhD, assistant of department of psychiatry and medical psychology, Nizhny Novgorod State Medical Academy. Russia, Nizhny Novgorod.*

While using the art in the context of therapy it is possible to explore and express feelings on a symbolic level. This is very important when dealing with patients with mental disorders who have difficulties in verbal expression of thoughts and feelings. The process of formation of important mental functions in art-therapy is relying on stored and healthy qualities and resources of the individual, the social context and the psychotherapeutic relations.

HUMAN HEALTH. BASIC MODELS OF NLPt, EASTERN VERSION OF NEUROPROGRAMMING AND NEUROTRANSFORMING

Andrey Gagaev – *psychologist, psychotherapist, current member of the PPL, Master in the art of Neuro – Linguistic Psychotherapy, the director of Modern psychology center, Russia, Nizhny Novgorod.*

My report is about very important mission of psychology in human health structure. I focus that it is necessary to involve a professional psychologist in the healing process. I'll show you some basic models of NLPt and Eastern version of neuroprogramming, which provide the importance of psychological part of health at all.

ARCHETYPES AND "ANTI-CORRUPTION" UPBRINGING

Kaya Alina Giniyatullina – *doctoral candidate – International University of Fundamental Studies, psychologist, junior research scientists at FSBI «State Scientific Research Centre for preventive medicine». Russia, Moscow.*

Corruption is a phenomenon which affects all parts of human life and definitely has its reasons and consequences in public morals; however, it is determined by internal life of a person. Upbringing of the corruption-averse person is possible in case of total archetypal competence and paying attention to symbols of internal and outside life. The diagnostics of archetypes determines features which could be used for staff selection as well.

SYMPOSIUMS OF THE CONGRESS

Symposium: NEUROLINGUISTIC PSYCHOTHERAPY

JULY 7th, 12.00-18.50, HALL «LEVITAN»

CHAIRS: Sergey Kovalev (Moscow, Russia), Peter Schutz (Vienna, Austria)

Summary of the symposium: Summary of the symposium: The symposium is dedicated to the development of neurolinguistic psychotherapy and the Eastern version of NLP in Russia, the neighboring countries and beyond. There will be

an examination of methodological and theoretical aspects of the formation of this person-centered field of psychotherapy. The basic models and methods of system changes, as well as the principle of multi-dimensional approach to therapeutic interventions will be described. The authors provide information about current results of NLPt and EVN use by the psychotherapists of the Center for Practical Psychotherapy, as well as by experts from other countries and organizations. New organizational forms for providing psychotherapeutic care using the Internet and social networks are presented.

EXISTENTIAL NEUROPROGRAMMING AS A DIRECTION FOR FURTHER NLPt DEVELOPMENT

Sergey Kovalev – *Psychologist, Psychotherapist, management consultant, political consultant. Doctorate in Psychology, Ph.D., professor. Psychotherapist enrolled in World and European registers. Director General, The Institute of Innovative Psychotechnologies, Research Supervisor of the Center for Practical Psychotherapy. Convenor of the 'Neurolinguistic Psychotherapy and Eastern Version of NLP (EVN)' symposium. Russia, Moscow.*

The report sets out the methodological, theoretical, methodological and practical aspects of the new field of person-centered psychotherapy: existential neuroprogramming. Consideration is given to the nature and content of human existence as a unifying concept for human sciences. The concept of vitality is presented as the integrative capacity of purposeful systems for life. Theories of two levels and four stages of human existence are clarified. The basic models, methods and psychotechnologies allowing for successful completion of the life levels and stages by an individual are introduced.

PROFESSIONAL TRAINING STANDARDS AND NLP POLITICS

Peter Schutz – *Magister, M.Sc. MBA, NLP trainer, licensed mediator & coach, health psychologist and teaching psychotherapist (group psychotherapy and NLPt), secretary general European Association for Neuro-Linguistic Psychotherapy, president Austrian Training Center for Neuro-Linguistic Programming and Neuro-Linguistic Psychotherapy. Member off EANLPt, EAP, EMDR-Association Austria, Austrian Training Center for Neuro-Linguistic Programming and Neuro-Linguistic Psychotherapy. Austria, Vienna.*

Quality trainings, research and politics in Neurolinguistic psychotherapy NLP/NLPt is a highly effective model for communication and psychotherapy.

Not surprisingly, Psychotherapy and even more NLP/NLPt has become the realm of very many "wannabe" priests, shamans and society drop outs, who capitalize on easily learnable and (ab)usable NLP hypnotechniques. These "techniques" are easily marketable, but mostly irrelevant for professional research, which again is a major basis for public appreciation and recognition. A good resource and well tested roadmap here seems to be the central European NLPt design (Bucarest, Zagreb, Vienna).

PSYCHOTHERAPY OF SCENARIO PROCESSES

Oleg Lekontsev – *psychologist, psychotherapist, the lead specialist of the Centre for Practical Psychotherapy headed by S.V.Kovalev, full member of the Professional Psychotherapeutic League. Russia, Moscow.*

The report addresses the practical aspects of working with human scenario processes. It shows the identification and transformation of scenario processes using neurolinguistic psychotherapy methods. It explains the necessity, possibility and results of application thereof in the course of systemic and consistent work with a client.

THE USE OF METHODS OF EXISTENTIAL NEUROPROGRAMMING FOR DEVELOPMENT OF SOCIAL ADAPTATION OF THE CLIENTS

Mikhail Reymarov – *the lead specialist of the Centre for Practical Psychotherapy headed by S.V.Kovalev, psychotherapist, practical psychologist, Member of PPL. Moscow, Russia.*

Report illustrates the practical use of the existential neurotransforming methods for the creating and developing of social adaptation.

Examples from therapy practice show the resolving the contradictions between subjective reality of counselee and the reality of micro- or macrosocium. Conducting large-scale changes of existing client cards and introduction of the new ones is achieved through increasing the dimension of therapeutic techniques.

THE USE OF METHODS OF EXISTENTIAL NEUROPROGRAMMING FOR DEALING WITH NEGATIVA STATES

Daria Reymarova – *l. specialist of the Centre for Practical Psychotherapy headed by S.V.Kovalev, psychotherapist, Member of PPL. Moscow, Russia.*

When dealing with negative states a high-performance analysis tool is required. Use of the tool should allow clearly separate one negative state from the other, distinguish a basic negative state, determine the negative state use as an adaptation, and also should define the necessary list of psychotechnologies for the purpose of time minimization and improve the efficiency of a therapy. Within existential neuroprogramming a tool called the «Mercedes SK» is proposed, allowing a solving of these problems.

FUNCTIONAL AND EMOTIONAL ASPECTS OF LIFE SCRIPTS: AN EXISTENTIAL APPROACH

Sergey Kovalev – *Psychologist, Psychotherapist, management consultant, political consultant. Doctorate in Psychology, Ph.D., professor. Psychotherapist enrolled in World and European registers. Director General, The Institute of Innovative Psychotechnologies, Research Supervisor of the Center for Practical Psychotherapy. Convenor of the 'Neurolinguistic Psychotherapy and Eastern Version of NLP (EVN)' symposium. Russia, Moscow.*

The speech describes an approach to the etiology of life scripts, that is a little bit different from the conventional one, in which scripts are considered in two interrelated levels: functional and emotional. Will be presented more detailed sequence of formation of a script concept, including, in particular, the aspect of forming of a False Core, and a False Self, as well as a two-dimensional model of extended life attitudes. Possible discrepancy of functional and emotional aspects of the scripts are described. The main models and methods of correction of the script concepts are introduced

RECOVERY AND MODELLING OF HUMAN SKILLS AND CAPABILITIES

Oleg Lekontsev – *psychologist, psychotherapist, lead specialist of the Centre for Practical Psychotherapy headed by S.V.Kovalev, full member of the Professional Psychotherapeutic League. Russia, Moscow.*

Contemporary practical ways of recovery and modelling of skills of all complexity levels using the methods of neurolinguistic psychotherapy. Sequence of actions during practical work with capabilities and skills: client's problem, target setting and creation of models, establishment of readiness, modeling and introduction of skills and (or) capabilities in real life. Results of using the neurologic level model Mercedes SK for the modeling of skills and capabilities and opportunities of their application in other fields of psychotherapy.

USE CASES OF THE COMFORT ZONE REPRESENTATION DURING THE PSYCHOTHERAPEUTIC WORK WITH THE CLIENT

Anton Kovalevskiy – *psychologist, psychotherapist, a leading specialist of the Practical Psychotherapy Center led by Kovalev S.V., full member of Professional Psychotherapeutic League (PPL). Moscow, Russia.*

The report suggests options for working with the client's comfort zone representation. The definitions of concepts comfort zone, comfort zone representation are provided. There are described the problematics and the situations in which such work was relevant and led to the expected results. The approaches approved by the author are listed

The results obtained during individual and group psychotherapy (webinars format) are provided, the possible areas of using this pattern in the psychotherapist work are offered.

PSYHO-CORRECTION. SOME FEATURES OF SETTING GOALS AND MODELING IN THE AVERAGE LENGTH OF THE WORK UP TO 8 HOURS

Dmitry Khabotov G. – *psychologist, psychotherapist, the lead specialist of the Centre for Practical Psychotherapy headed by S.V.Kovalev, Russia, Moscow*

The report deals with the problem of human adaptation in some key dynamic areas. detailed goal setting is provided. As psychotherapeutic solutions in brief therapy, its introduction into person's unconscious, increase of the Preparedness, minimal cleaning of the resistance and modeling standards.

MICROCOSMIC PANORAMA

Zaur Besaev – *psychologist, psychotherapist. Moscow, Russia.*

The topic of the following report is the Microcosmic Panorama (MP) model developed by professor Sergey Kovalev which proved its practical effectiveness within both short and longtime therapy, in particular applied to maladaptive syndromes (depressions, neuroses, phobias), psychosomatic symptoms and psychotraumatic experiences. This pattern allows us to obtain direct access to the deepest layers of the unconscious in order to identify and change the structure and dynamics of the subjective and

objective experience of the client. The MP model represents one of the most progressive systems of integral 21-century psychotherapy that enables to achieve quick and tangible changes.

COMPREHENSIVE APPROACH TO SLENDERNESS ATTAINMENT BASED ON EXISTENTIAL NEUROPROGRAMMING

Alena Gotleib – *psychologist, psychotherapist, General Manager of Psychotechnologies Center by Alena Gotleib, leader of the project "Getting slender with the experts". Moscow, Russia.*

The report describes a comprehensive approach to slenderness attainment based on existential neuro-programming. The logic and structure of the method are provided, which allows to ensure necessary and sufficient conditions for complex comprehensive efforts to the client's overweight involving the integration of psychotherapy, nutritional science and physical activity. There is revealed the system of psychotechnologies, which provides the positive dynamics of the changes with the corresponding working-through the past, present and future of the client in all neurological levels. The important aspects of achieving the results are described such as effective goal-setting, creating the desire and willingness to change, formation the conditions for comfortable achievement of the goal and client's transition to the new levels of existence.

WORK WITH SELF-IMAGES IN THE CONTEXT OF ATTAINING EURHYTHMY

Zhana Hunagova – *Leading Specialist of the Institute of Innovative Psychotechnologies.*

The report discloses the method of work to attain eurhythm by transforming the client's identity. In particular, it describes the work with the system of self-images which are selected subject to the context that is determined while formulating a request (the desirable state). An approach is shown where changes occur by finding in the client's personal history the point of acceptance of the pathologic self-image. Further psychotherapeutic interventions intended for changing the subjective reality take the client to the new point of decision making that corresponds to the solution of the declared problem and achievement of the formulated goal. The experience of applying this approach gave positive results and, in our view, extended the boundaries of dealing with overweight and eurhythm attainment.

COMPREHENSIVE APPROACH TO BUSINESS-CONSULTING BASED ON EXISTENTIAL NEURO-PROGRAMMING

Vladimir Posmygaev – *businessman, General Manager of the company PART-COM. Moscow, Russia.*

The author shares the experience of successful application of existential neuro-programming in building effective business models. The experience of using system arrangements in the process of formation of the optimal company structure is described. There are considered the variants of working by different vectors to search and determine the best possible direction for development. The author provides the experience of applying an advanced pattern meta-mirror as a tool which replaces focus groups and provides the conditions for an adequate portrait of the target audience formation. Psychotechnologies and existential neuro-programming approaches have successfully presented themselves in the situations related to the payables settlement, determination of the optimum prices for the products, decision about other strategic and tactical aspects of business development.

THE POSSIBILITY OF USING NLPT, EASTERN VERSION OF NLP AND NEUROTRANSFORMING DURING PREPARATION OF ATHLETES FOR COMPETITION

Andrey Gagaev – *psychologist, psychotherapist, current member of the PPL, Master in the art of Neuro – Linguistic Psychotherapy, the director of Modern psychology center, Russia, Nizhny Novgorod.*

The report states that in the sphere of sports all the external factors of training athletes are practically identical today. Under the current high sports competition to the fore is the psychological factors. First of all, multidimensional readiness to win. Explains how to form the readiness to win using NLPT, Eastern version of NLP and neurotransforming methods.

OPPORTUNITIES OF EXISTENTIAL NEURO-LINGUISTIC PROGRAMMING IN WORK WITH CHILDREN

Olga Anishchenkova – *psychotherapist, lead specialist of the Centre for Practical Psychotherapy, Russia, Moscow.*

In the modern world a child often has to adapt to surrounding situations in an unnatural way simply to survive. It leads to psychological or somatic

problems. The direction of Existential Neuro-linguistic programming and the system of the psychotechnologies «Module Kovalyova» in particular allows, speaking figuratively, «to rewrite» neuromental programs, and thus to change negative conditions, belief, behavior and perception of a child. The method was applied while working with children with big psychological problems and medical diseases. As a result of fast, deep, steady positive changes, children received an opportunity to live happily and in harmony again.

AN APPROACH TO THE CAREER COUNSELING ON THE BASIS OF EXISTENTIAL NEUROPROGRAMMING PSYCHOTECHNOLOGIES USE

Svetlana Aleksandrova – *psychologist, psychotherapist, leading specialist of the Center of Practical Psychotherapy Russia, Moscow.*

The report describes the experience in a career counseling of the client, which is considered as instrumental level of a mission, vocation and life calling obtainment. It reveals the structure and sequence of work with use of approaches and psychotechnologies of existential neuroprogramming. An identification the client criteria for a suitable profession definition and creation of a potentially suitable list of options are given. It includes a psychotechnology of a choice on the timeline as a way of the optimal option modeling with an extension to the future and VAKD use for a result assessment. A resulting vector search as the best option that combines the benefits of all others is given. Integration options of the received direction and a completion of career counseling are described.

BASIC UNIT OF MEMORY DEVELOPMENT BY EXISTENTIAL NEUROPROGRAMMING METHODS

Roman Doronin – *specialist of the Center of Psychotherapy at the Institute of Innovative Psychotechnologies. Russia, Moscow*

Presentation is dedicated to the memory development basic module based on existential neuroprogramming psychotechnologies. The report details the importance of the memory development problem, provides a clear algorithm of actions to achieve the goal, including: creation of sustainable motivation and unconscious readiness to get a result, work with the client's past and future, optimization of self-consciousness units responsible for information recording, storage and reproducing.

DISCLOSURE OF FEMALE SEXUALITY IN THE FAMILY

Anna Anisimova – *specialist in the Center of Psychotherapy at the Institute of Innovative Psychotechnologies. Russia, Moscow.*

This report focuses on specifics of psychotherapy process using methods of existential neuro-programming, in consulting with unsatisfied by quality of family life women, specifically in its sexual aspect. The problem is woman's sexuality closure in her family interrelations on the self-rejection and femininity (feminine identity) rejection background. It can be successfully solved by systematic psychotherapy (Kovalev's module) and by using special psychotechnologies. Efficiency of this psychotechnologies was proven on concrete cases in counseling practice; some of them were used as examples.

EXISTENTIAL NEUROPROGRAMMING AND NEUROTRANSFORMING TO LEAVE A "LOVE TRIANGLE"

Dmitriy Oleynikov – *psychologist, psychotherapist, specialist of Center for Practical Psychotherapy of S.V. Kovalev.*

The report covers mini-modules employed in existential neurotransforming which give married couples chance to leave adverse situations and deepen their faded feelings. It introduces application of Self-sufficient Mind Units and Social Panoramas theories in the context of relation to people, feelings and their tension. It details the results of mini-modules' practical application.

DRUG ABUSE THERAPY WITH THE TECHNIQUES OF NEURO-LINGUISTIC PSYCHOTHERAPY

Dmitry Shifrin – *psychologist, psychotherapist, specialist of Center of Practical Psychotherapy at the IIP, full member of Professional Psychotherapeutic League, Moscow, Russia.*

The report covers practical accepts of handling client's drug abuse with the techniques of neuro-linguistic psychotherapy. Here is the practical scenario detailed: to make problem a solution, to pose a result, to develop unconscious readiness for accomplishing motivation (life, freedom), to succeed. The approach results and application thereof in various fields of psychotherapy.

THE SOLUTION OF THE FEMALE INFERTILITY PROBLEM IN THE CENTRAL ASIA AND SOUTH CAUCASUS CULTURES

Vakhtang Dzhaparidze – director of JSC «Kouching-center Vakhtanga Dzhaparidze», NLP psychotherapist, certified business trainer and coach, member of the International Federation of Coaching (ICF).

The report considers a combination of semantic aspect (infertility as forms of loss of a life meaning and a need of its extension), intentional aspect (congruence of values with the main components of a coping) and instrumental aspect (application of concrete models) infertility psychotherapy with the use of a sociocultural and religious matrix of the Central Asia and South Caucasus countries.

NLPt EMPLOYMENT IN PSYCHIATRY

Marat Fazylov – internship doctor for Psychiatry, Addictology and Psychotherapy in Moscow State University of Medicine and Dentistry.

This report is based on generalization and analysis of supervision of psychiatric patients whose problems are introduced through the lens of theory and approaches of neuro-linguistic psychotherapy. It covers possible reasons for schizophrenia incidence in the eyesight of expert in Eastern Version of NLP. Furthermore, this counseling and therapy model provides for handling challenges of mental disorders of different etiology (endopathies, depressions, etc.)

EXISTENZ TRANSFORMATION THROUGH META-LEVELS OF SELF-REALIZATION

Vinter-Astakhova M. – psychotherapist, business consultant, leading specialist, Institute of Innovative Psychotechnologies. Russia, Moscow.

In frameworks of the report author will presented results of psychotherapeutic practice in consulting clients for optimization of vital strategy of personality self-updating, allowing to eliminate the internal conflicts and dissonances. Use of models and methods of existential psychotherapy in this context allows to optimize in a complex strategy of material welfare, success and development that significantly increases of an existention of the person.

THE INFLUENCE OF THE THERAPIST'S MAP AND BELIEVES ON THE THERAPY EFFICIENCY, WAYS OF THEIR CORRECTION BY PSY-TECHNOLOGIES OF EXISTENTIAL NEURO-PROGRAMMING

Zaytseva Anastasia – specialist in the Center of Psychotherapy at the Institute of Innovative Psychotechnologies. Russia, Moscow

About the influence of the therapist's map and beliefs on the process of the therapy; the main reasons why believes about the client, projections, categories and mental shortcuts appear; problems that can arise in these situations and their influence on the efficiency and the effectiveness of the therapy. Proposed the set of technologies for the believes' correction, expansion of the therapist's map for communicating with client without inefficient patterns, for faster and better therapy results

USE OF METHODS NLPt IN THE DECISION OF PROBLEMS OF THE TRANSITION PERIOD IN HUMAN LIFE

Ludmila Skirdina – the leading expert of the Center of practical psychotherapy at Institute innovative psychotechnology. Russia, Moscow.

Propose a system approach of creating a space, personal changes in the transition period of human life, including the creation of a new identity, of its support sub-personalities, the transformation of the structure of personality, the revision of the card and the programs of life. The main purpose of the work is the purposeful formation of the ability to make constructive decisions and to act in conditions of uncertainty without fear of the future. The result of such approach are: the individual the ability to comprehensively implement personal change and inspired live alternating stages own life

PSYCHOTHERAPY OF PERSONAL HISTORY AS A METHOD OF DEALING WITH DEPRESSION»

Aleksey Makaryev – psychologist, psychotherapist, member of PPL. Moscow, Russia.

The report describes the practical use of the system developed within the Eastern Version of Neuroprogramming called the personal history transformation in treating depressions, neuroses, phobias and obsessive-compulsive disorders. Application of these methods and psychotechnologies allows to reach two goals – to identify and change the structure and dynamics of basic subjective perceptions of the existential entities of the individual (finiteness of existence, isolation, search for meanings, freedom) at a deep unconscious level.

WORK WITH SUBPERSONS AND IDENTITY, INTERFERING DEVELOPMENT OF THE PERSON

Zudin Alexandr – the Master of NLPt, the member of PPL, observation participation. Russia, Moscow.

In the report experience with subpersons and identity (S/I) of the person on the basis of methods and psychotechnologies of East version of the NLP is described. It is revealed that application of these psychotechnologies not only solves the main problems connected with adequacy of programs of activity of the individual, but also raises level of its vitalate.

USING THE EASTERN VERSION OF NLP FOR WORKING WITH FRENCH-SPEAKING CLIENTS

Balashova Natalia – psychotherapist, Vevey-CH (Suisse), Switzerland.

Efficient psychotherapy is a topical problem in today's world. Monitory psychotherapy, which is common in the West, and particularly in Switzerland, cannot meet the needs and respond to growing demand of people.

The report describes experience with Eastern version of neuroprogramming which focuses on addressing customers needs in the shortest possible time. It is proved to be credible in Switzerland for both Russian-speaking and French-speaking clients.

«REFRESHING AND MODELING SKILLS AND APTITUDE FOR LEARNING AND PRACTICAL USE OF FOREIGN LANGUAGE»

Aleksandr Safronov – psychologist, psychotherapist, specialist of Center of Practical Psychotherapy at IIP, full member of Professional Psychotherapeutic League. Russia, Moscow.

The report covers practical aspects and mains achievements of work on learning and mastering foreign language communication skills. It details practical application of the models of "Russian nesting doll – SK" and "Neurological levels", forming the result, establishing unconscious readiness and models for learning and mastering, as well as the skill real implementation.

INTERNET PROJECT "RACE" AS A FORM OF GROUP DISTANT INTERACTIVE / ON-LINE CONSULTATIONS TO THE CLIENTS

Anton Kovalevskiy – psychologist, psychotherapist, a leading specialist of the Practical Psychotherapy Center, full member of Professional Psychotherapeutic League (PPL). Moscow, Russia.

The report describes a two-year experience of internet project "Race" held at the Institute of Innovative Psychotechnologies. The ideas, the structure, the methodological basis of the project are disclosed. There are indicated the aspects of the work which allows by using the means of Internet to provide high-quality group interactive consultative work with the clients. The results of the 11 conducted "Races" are described in details, as well as the experience of webinars implementation to the project is concerned. Based on the experience of this project there is offered a form of interactive consultative work, within a framework of which also internet projects "Gymnasium" and "Marathon" are developed. The author describes the idea, the essence of these projects. A model of their integration with the project "Race" is offered and the prospects are estimated.

VIRTUAL UNIVERSITY PROJECT AS A WAY OF GROUP INTERACTIVE PSYCHOTHERAPEUTIC WORK

Zhana Khunagova – psychologist, psychotherapist, leading expert of Center of Practical Psychotherapy, Moscow, Russia

Anton Kovalevskiy – psychologist, psychotherapist, a leading specialist of the Practical Psychotherapy Center, Moscow, Russia.

The report covers the scope and structure of "Virtual University" project. The project provides for group psychotherapeutic work on hot issues both, online and offline, using Internet technologies. The project implements a versatile approach combining theory and practice into solid curriculum. Within the project frames psychotechnologies are adopted for webinar format, introducing specially arranged workbooks and psychotherapist's counseling via Skype.

PSYCHOTHERAPY OF THE EARLY ETIOLOGY SUBPERSONALITIES

Sergey Mamzelev – psychologist, psychotherapist, deputy chief of IC MTUCl. Russia, Moscow

Injured subpersonalities (Selves) of the early etiology are often a result of splitting the primary Self-image of the client caused by psycho-traumatic experience during prenatal, intranatal and postnatal periods. Elimination of this splitting using neurolinguistic psychotherapy methods, in particular by reimprinting critical incidents, merging polar (compensatory) Selves and / or

individual psychotherapy of isolated subpersonalities enables comprehensive restructuring of a given branch of the client's personal history and achieving the therapeutic results.

ON WORLD-WIDE DEVELOPMENT OF NLPT, EASTERN VERSION OF NLP (EVN) AND NEURO-TRANSFORMING (NT)

Dmitriy Oleynikov – psychologist, psychotherapist, specialist of Center for Practical Psychotherapy of S.V. Kovalev.

The report covers lecturing on EVN and NT fundamentals at Beijing hospital of the Olympic Village. It also describes experience with English-speaking clients and rapport aspects in cross-cultural communication. In order to improve performance there is a series of short trailers in English briefing theoretical and practical background of EVN and NT and enabling English-speakers take a closer look at the modality.

WORKSHOP OF WELLBEING IMPROVEMENT» AS WAY OF GROUP PSYCHOTHERAPEUTIC WORK

Vinter-Astakhova M. – author of « Workshop of Wellbeing Improvement», psychotherapist, leading expert of Institute of Innovative psychotechnologies. Russia, Moscow

Lavryonova N. – psychotherapist, consultant, Master of NLPT. Russia, Moscow

In the report will be presented the structure of "Workshop of Wellbeing Improvement". The 4 – steps' program constructs on methods of existential neuroprogramming. The program is approved in psychotherapeutic work with 76 participants. Successful results were received. The program is offered to distribution as a successful form of group psychotherapeutic work on this actual topic.

AN EXPERIENCE OF THE CREATION OF A PRIVATE COUNSELING PSYCHOTHERAPISTS ASSOCIATION AT THE INSTITUTE OF INNOVATIVE PSYCHOTECHNOLOGIES

Kovalova E. – psychologist, Cand.Econ.Sci., director of the Center of Practical Psychotherapy at the Institute of Innovative Psychotechnologies.

The report describes an experience of the implementation of a project on creation of a private counseling psychotherapists association at the Institute of Innovative Psychotechnologies. The principle of uniform methodological and methodical approach (VVN, a neurotransforming, existential neuroprogramming) and obligatory execution of the Psychotherapist Ethical Code are taken as a base of the association functioning. Creation of the similar associations at the centers generates development of the directions and methods of a modern psychotherapy and promotes their development as scientific schools and significantly increases practical efficiency of the scientific and methodical development introduction.

PROMOTION OF PSYCHOTHERAPEUTIC SERVICES AND POPULARIZATION OF PSYCHOTHERAPY

Anna Anisimova – specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies. Russia, Moscow.

The report presents the successful experience of the Institute of Innovative Psychotechnologies in psychotherapy and mental health services promotion among the population of Russia and the Russian-speaking population around the world without resorting to advertising tools. Particularities of PR-technologies are introduced, especially the experience of proactive social networking, creation of its own project on YouTube and development of confidential dialogue with the target audience.

Symposium: PSYCHOTHERAPY OF ADDICTIVE BEHAVIOR

JULY 7th, 13.00-18.50, HALL «POLENOV»

CHAIRS: Tatiana Agibalova (Moscow, Russia), Pavel Sidorov (Arkhangelsk, Russia)

Summary of the symposium: It has been recently placed beyond doubt that psychotherapy plays the pathogenetic role in treatment of substance-abuse diseases. All complex programs of treatment, medical and social rehabilitation of dependent patients include a psychotherapeutic component. Our section will discuss issues of motivational, cognitive-behavioral psychotherapy of substance addictions. Various psychotherapeutic programs for treatment of addictions on alcohol, drugs and gambling will be presented. We will also touch upon issues of professional training of volunteer counselors in rehabilitation centres and psychotherapeutic failures in substance-abuse treatment practice.

PSYCHOTHERAPY OF PATHOLOGICAL CRAVING IN SUBSTANCE-ABUSE TREATMENT

Tatiana Agibalova – Chair of Medical and Social Rehabilitation Department of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, RATA & EATA member, Russia, Moscow.

Research shows that a combination of a psychotherapeutic program and psychopharmacotherapy in treatment of dependent patients is more efficient than treatment based on psychopharmacotherapy alone. It is important that a psychotherapeutic program include such components as motivational psychotherapy and compliance psychotherapy. These formats combined with psychopharmacotherapy involving an injection of a prolonged opiate receptor blocker potentize each other, have an effect on pathological craving.

CO-MORBID DEPENDENCE DISORDER OF DISTRUCTIVE PROFESSIOGENESIS

Pavel Sidorov

NARCOLOGICAL CONSULTATION AS THE MAIN COMPONENT OF THE INTEGRATED HELP

Alexander Katkov – MD, professor, vice-president of PPL, psychotherapist of the European and world registration. Kazakhstan, Almaty.

During long-term pilot studies the technology of the narcological consultation which is carried out with elements of motivational, cognitive and behavioural and resource oriented psychotherapy was developed and approved. This technology joins in a complex of the integrated help to dependent persons and is realized at all differentiable stages of the narcological help (1-5). Technologies of narcological consultation are available to mastering by a wide range of experts (doctors of the general profile, social teachers, school psychologists etc.), concerning to a problem of dependence on psychoactive substances.

PRINCIPLES OF PSYCHOTHERAPY OF ADDICTIONS

Alexander Barannikov – M.D., the professor of Moscow Social-pedagogic Institute. Certificate of GLE-international. Chairman of section of existential psychotherapy of Professional Psychotherapy League. Psychiatrist-psychotherapist. The member of the board of directors of Russian-Austrian institute of existential-analytical psychology and psychotherapy (Moscow).

The report is dedicated to the basic principles of psychotherapy of addictions. The importance of the development of free experience for the overcoming of addictions is emphasized. The significance of complex approach to the psychotherapy is explained. The report also contains the description of the methodical possibilities aimed at forming of free will and obtaining of personal freedom.

NATURE AND ESSENCE OF DEPENDENCIES, TECHNOLOGY AND CONTENTS OF PSYCHOTHERAPEUTIC PROCESS

Igor Pavlov – M.D., Ph.D, assistant professor at the psychotherapy and sexology chair of the Russian Medical Academy of Postgraduate Education. Russia, Moscow.

Clinical and biological paradigm that dominates in narcology, should be supplemented by personal, existential paradigm, since only this paradigm accounts for the fact, that only 7-8% of people who consume alcohol become alcohol addicts, and 92-93% does not become addicted. In the report, the structure and personal position of an addict are given through the nature and essence of a dependence, psychotherapeutic technology and contents of changing an addict to an abstainer.

FORMING THE MORIVATION FOR TREATMENT AMONG THE PATIENTS WITH ADDICTIVE DISORDERS

Alexander Makarov

THE EFFECTIVENESS OF COMBINING THE 12-STEP PROGRAM WITH HOLOTROPIC BREATHWORK IN THE REHABILITATION OF DRUG ADDICTS

Vladimir Emelyanenko – director of Grof Transpersonal Training in Russia, full member of PPL, full member of Association for Holotropic Breathwork International (AHBI), M.D., psychotherapist, certified psychotherapist of the European Transpersonal Association (EUROTAS), lecturer of "Transpersonal Psychology" course at Psychological Department of South Federal University. Russia, Rostov-on-Don.

Spiritually oriented approaches in addiction therapy such as 12 Steps Program are now one of the most effective. The quality of rehabilitation was examined in patients with drug and alcohol addiction with combination of 12-steps with Holotropic Breathwork and without it. Was fulfilled qualitative



and quantitative analysis of patients' status. Was demonstrated more expressed decline of either situational and/or personal anxiety, indexes of hostility and aggression (in scale points) were lowered in group combining 12-steps with Holotropic Breathwork.

VISUALIZATION BIOELECTRIC REACTIVITY OF A BRAIN WITH DEPENDENCE SYNDROME: MONITORING «IN SITU» OF PSYCHOTHERAPEUTIC INTERVENTIONS

Glushko A.A., Bryun E.A., Kaporov S.G. – *Moscow Research and Practical Center of Addictions, Russia, Moscow.*

Selected invariant sequence of graphic element the Computer electroencephalography (CEEG) – biomarkers of pathological paroxysmal and non-paroxysmal reactivity of the brain at different stages with dependence syndrome. Use of graphic element – biomarkers of EEG in a mode of monitoring «in situ» allows to visualizing bioelectric reactivity of a brain in reply to significant verbal incentive during psychotherapy sessions.

PSYCHOTHERAPY OF GAMBLING

Oleg Buzik – *MD, Ph.D., Deputy Director of Moscow Scientific and Practical Centre for Addictions of the Moscow Department of Healthcare, Russia, Moscow.*

Patients with gambling dependence are found to be highly immature psychologically; very infantile that should be taken into account while selecting psychotherapeutic methods. The other aspect of these patients' specifics includes manifestations of pathological craving for gambling, especially of the ideatory component. This fact also contributes to a specific nature of psychotherapeutic help to these patients. There is a need in defining of a most optimal complex of psychotherapeutic intervention based on a variety of existing methods and techniques.

REVIEW OF SUBSTANCE-ABUSE TREATMENT CASES PRESENTED FOR SUPERVISION

Dmitry Shustov – *MD, Ph.D. Russia, Ryazan.*

The report presents a review of 119 cases presented for supervision by Medical Doctors and psychologists working with dependent patients. The review was performed from the perspective of the process model of supervision. Differences between psychologists' and doctors' cases as well as between cases of beginners and experienced specialists are described. The most challenging issues in therapy with dependent people that affect its efficiency are highlighted. The conclusions refer to specific features of supervision sessions in substance abuse treatment.

COGNITIVE-BEHAVIORAL PSYCHOTHERAPY IN SUBSTANCE ABUSE TREATMENT

Olga Rychkova – *Leading Staff Scientist, Medical and Social Rehabilitation Department of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, Russia, Moscow.*

Any addiction can be seen as a result of inadequate learning, generating problem behavior; beyond the behavior are dysfunctional beliefs reinforcing it. Any dependent behavior is considered to be an indication for CBT, that's why the range of this psychotherapy application is very wide. CBT programs for treatment of people with depressions, anxiety disorders, PTSD, social phobia, even schizophrenia have been developed, hence the range of CBT application is broadened due to a large number of patients with comorbid diseases.

OPPORTUNITIES AND CHALLENGES OF VOLUNTEER TRAINING FOR WORK IN MEDICAL AND SOCIAL REHABILITATION OF PATIENTS IN SUBSTANCE-ABUSE TREATMENT

Sergey Kotov – *Senior Staff Scientist, Medical and Social Rehabilitation Department of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, RATA & EATA member, Russia, Moscow.*

There is a dramatic lack of professional psychotherapists working with addicted patients at the early stages of reconvalescence. Most help is provided by volunteer counselors who have own experience of reconvalescence. Training objectives have been adjusted for this project taking into account specifics brought about by counselors' practical experience of working with dependants and lack of psychological education.

PSYCHOTHERAPEUTIC PROGRAMS FOR RELATIVES OF PATIENTS IN SUBSTANCE-ABUSE TREATMENT

Tatiana Em – *M.D., Candidate of Science, Psychotherapist of the Clinic of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, RATA & EATA member, Russia, Moscow.*

The research performed has shown that relatives of patients in substance-abuse treatment need psychotherapy and some of them need psychiatric and psychotherapeutic treatment and observation. At the same time, low motivation for any kind of medical help has been identified in all groups of wives and mothers under study. The following targets of psychotherapy are identical in all groups: problems in interpersonal communication, intrapsychic conflicts, early traumatic experience, depressive disorders, unawareness of own needs and inability to fulfill them.

PSYCHOTHERAPEUTIC FAILURES IN SUBSTANCE ABUSE TREATMENT PRACTICE

Helena Rechkina – *Medical Psychologist, Medical and Social Rehabilitation Department of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, RATA & EATA member, Russia, Moscow.*

According to the personality theory in Transactional Analysis, alcohol abuse and other types of addictions are the so-called program or script of self-destructive behavior formed in early childhood. Addicted clients play a Game as a Victim of their dependence; they look for Saviors who switch to Persecutors later having failed to help. Discussion of 7 groups of failures in TA treatment of substance abuse is presented.

PSYCHOTHERAPEUTIC TRANSACTIONAL-ANALYSIS-BASED PROGRAM FOR TREATMENT OF PATIENTS WITH DEPENDENCE SYNDROME

Pavel Tuchin – *Head of Medical and Social Rehabilitation Department of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, RATA & EATA member, Russia, Moscow.*

Starting work at the earliest stages of psychotherapy with TA, we take advantage of this approach that involves gaining control over destructive symptoms of the disease in the current situation and planning of changes enabling the client to be successful in the future. Use of TA in group and individual therapy allows generating a new positive communication style and mutual commitments at the early stages of treatment which contributes significantly to remission.

RELATIONSHIP BETWEEN PERSONALITY TRAITS AND GENETIC RISK OF ADDICTION DEVELOPMENT

Boris Biryukov – *Postgraduate Student of Medical and Social Rehabilitation Department of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, Russia, Moscow.*

Individual personality traits are controlled genetically to a great extent, and social functioning largely depends on personality traits, individual stress reaction patterns which include a genetic component too. Identifying the individual's specific personality features, we have a right to suggest the existence of some genetic predictors of addiction. Profiling of genes allows studying contribution of different variants of the dopamine system genes structure to the disease genesis.

NEW APPROACHES TO WORK WITH DRUG DEPENDENCE

Sergei Grebnev – *psychotherapist, psychotherapist European registration, according to a leading professional PPL 2010, Russia, Yekaterinburg.*

The report takes twenty years of experience with this category of clients that will create two new methods, «Crystallization of thinking» and «Suggestion able to concentration of attention by Grebnev», which turned out to be highly effective in changing the thinking of a dependent person. A similarity between these methods with the natural process of replacing some beliefs on others makes the results of stable and sustainable over time, creates a platform for further behavioral changes.

POLYMODAL PSYCHOTHERAPY PATIENTS WITH OVERWEIGHT AND OBESITY

Valentina Berezina – *psychotherapist, enter of Medical Psychology and Psychotherapy, MCPC of Addictions, Branch № 6, full member of PPL, Russia, Moscow.*

I. Berezovskaya – *a clinical psychologist, Center of Medical Psychology and Psychotherapy, MCPC of Addictions, Branch № 6, Russia, Moscow.*

In article we raise the problem of overweight and fatness. There are described a multimodal psychotherapeutic approach to the treatment of eating disorders in the structure of the outpatient Center of Medical Psychology and Psychotherapy MCPC of Addictions for patients with unsuccessful experience weight loss in short-term therapy groups.

PSYCHOTHERAPY OF ADDICTIONS: REASONING THE INTEGRATION OF METHODS

Elena Shalaeva – M.D., psychotherapist at the center of clinical psychology and psychotherapy of Narcological dispensary №6, postgraduate student at the psychotherapy and sexology chair of the Russian Medical Academy of Postgraduate Education, full member of PPL, member of the International association of systemic mediators. Russia, Moscow.

The variety of psychotherapeutic methods available brings out new questions, and among them is the problem of combining different approaches of treatment, and the differentiated use of psychotherapeutic techniques – with taking specific characteristics of specific patients into account. One of the ways to solve this problem is the development of integrative (polymodal) psychotherapy that is focused on clinically accurate vision on a patient, with the possibility of planning a psychotherapeutic intervention depending on his or her state.

AGGRESSION AT PERSONS WITH SIGNS OF COMPUTER DEPENDENCE: GENDER AND AGE ASPECTS

Erbolat Baikenov – Head of patent-informational department National Scientific Centre on Medico-Social Problems of Drug Addiction. Pavlodar, Kazakhstan.

Indicators of aggression among respondents with symptoms of computer addiction higher than those of aggression in people with no signs of this addiction. In the group with signs of computer addiction in these individuals there is a fairly well developed control aggression. In women with symptoms of computer addiction is more than that of men with signs of dependence is control of aggression.

MODERN SITUATION OF DEVELOPMENT OF A GAME ADDICTION AMONG CHILDREN AND YOUTH IN THE TERRITORY OF KAZAKHSTAN

Lesya Biketova – Master, Expert in psychology of National Scientific Centre on Medico-Social Problems of Drug Addiction. Kazakhstan, Pavlodar.

Due to increasing gambling-epidemy in the territory of Kazakhstan is conducted the research, allowed to reveal the strategic directions in preventive work among studying youth of average, secondary specialized and higher educational institutions. Research showed high risk of development of a pathological gambling among 19-year-old males, mainly secondary specialized educational institutions.

TECHNOLOGIES OF PSYCHOCORRECTIONAL WORK WITH RISKS OF INVOLVEMENT IN GAME ADDICTION AMONG STUDENTS OF COMPREHENSIVE SCHOOLS 14-18 YEARS

Lesya Biketova – Master, Expert in psychology of National Scientific Centre on Medico-Social Problems of Drug Addiction. Kazakhstan, Pavlodar.

Studying of extent of development of psychological health in research of prevalence of risks of development of a game addiction among students, allows to define preventive and information approaches for various groups of students. Development of basic properties of the personality (according to Ericson) and age new growths (self-identification, the positive vital scenario, skills of a responsible choice, an internality) is universal prevention of involvement in an orbit of a game addiction.

RISK OF DEVELOPMENT OF ALCOHOL DEPENDENCE AND AGE OF THE FIRST TESTS OF ALCOHOL

Almas Kusainov – PhD, Deputy director for scientific research National Scientific Centre on Medico-social problems of Drug Addiction. Kazakhstan, Pavlodar.

The trend of early alcoholism in teenagers and young adults is defined reduction in the average age of onset of alcohol use. Comparative analysis of the first samples of alcoholic beverages in the group of persons who are at risk of developing alcohol dependence and those without this risk has shown that the early initiation of alcohol use increases the likelihood of the risk of developing alcohol dependence.

THE PSYCHOTHERAPEUTIC HELP IN ESTIMATES OF THE CLIENTS WHO HAVE RECEIVED PSYCHOLOGY-PSYCHOTHERAPEUTICAL INFLUENCE

Zhannat Mussabekova – Ph.D. head of department of biostatistics of National Scientific Centre on Medico-Social Problems of Drug Addiction. Kazakhstan, Pavlodar.

Receiving feedback from clients by results of the carried-out treatment becomes a necessary condition of continuous improvement of quality of

services. In recent years the opinion of patients on quality of medical process gains the increasing value (WHO, 1994). Therefore the decision to obtain the opinion of the clients who have received psychology-psychotherapeutic influence by results of questioning was made.

REHABILITATION OF PERSONS WITH PSYCHOLOGICAL DEPENDENCE IN SYSTEM OF PENAL INSTITUTIONS OF THE MINISTRY OF INTERNAL AFFAIRS OF KAZAKHSTAN REPUBLIC

Gulmira Sadvakassova – PhD, head of the Department of Clinical Epidemiology National Scientific Centre on Medico-social problems of Drug Addiction. Kazakhstan, Pavlodar.

The development of effective rehabilitation programs for persons with chemical and psychological dependence in the prison system allows to select a differentiated approach to the treatment and rehabilitation of this population. The biggest focus of the work is done on the rehabilitation of drug addicts and those involved in religious fanaticism, crime community and destructive sects.

ADDICTION AND TIME-LIMITED GROUP THERAPIES

Andrea Giannelli – M.D., Psychiatry Executive Physician, Mental Health Department Policlinico Hospital, Adjunct Professor University of Milan, Group Psychotherapist (COIRAG), Executive Committee Italian Association Psychotherapies' School (FIAP).

Narcissism and addiction are responsible for maladaptive behaviours in post-modern society. Following OMS guidelines, therapists have formulated the "Addiction Paradigm": emphasis is put on addiction psychic implications more than biological ones. The Group for psychological functions' restoring (GRF), a time-limited group therapeutic technique focused on peer-group work and latency of the conflict area, can awake relational possibilities, can be a model to make patients enabled to find a psychic place which can hold their distress and allows therapist to reinforce patients' fragile Self.

Symposium: TRANSPERSONAL PSYCHOTHERAPY JULY 7th, 15.00-18.50, HALL «KANDINSKY»

CHAIRS: Ingo Benjamin Jahrsetz (Germany), Vladimir Maykov (Russia)

Summary of the symposium: Transpersonal – is the newest and a very effective area of psychology and psychotherapy, the research and therapy into the depths of the psyche, personality development and consciousness dynamics processes. It takes a philosophical and scientific view of the experience, techniques and concepts of religious and spiritual traditions of the world. A creative and self-actualizing person is a typical object of studies and practice. Transpersonal psychotherapy is primarily concerned with the study of human consciousness, the common element and characteristic of being human – and the impact that different states and modalities of consciousness have on human behaviour, cognition and identity. Transpersonal psychotherapy regards creativity, love and spirituality as 3 essential dimensions of human psyche. In accordance with the transpersonal worldview the main goal of development of an individual is to achieve integrity, the oneness with the world and oneself. The Transpersonal theory of personality is contending and proving that the priority of high values and win-win strategies is not a suggestion or obligation of certain rules; it is the key point of the nature of human being. Our aim is to get patients to touch their core identity, where they will feel more able to express themselves freely, to know themselves as human beings, to have better understanding of the how and why of their behaviour, and this is where we are close to many other approaches to Psychotherapy. The specifics in this, concerns the fact that we want our patients to learn different ways to know and manage their minds, their conscious states and their identity. Transpersonal is self-discovery, the path to our real selves, revealing hitherto unknown ways and places.

TRANSPERSONAL PSYCHOTHERAPY: HISTORY, MODERN AGE, PERSPECTIVES OF DEVELOPMENT

Vladimir Maykov – (PhD, President of the Russian Association for Transpersonal Psychology and Psychotherapy and the Chair of Transpersonal Psychology at the Moscow Institute of Psychoanalysis)

- I. Historical perspective: the beginnings of Transpersonal psychotherapy
- II. Classifications of Transpersonal psychotherapy
- III. Research of transpersonal psychotherapy

IV. Conclusion. The future of transpersonal psychotherapy. On the way to the consolidated integral spiritual psychotherapy, not separated from the complex therapy of the whole personality. Possible ways of integration of modalities, their interconnection and complementarity

«THE GREAT LIMIT OF PSYCHOTHERAPY», INTERACTIVE PRESENTATION AND DISCUSSION

Tatyana Ginzburg – *PhD*

In postmodernistic epoch there are available many variants of worldview. Humanity of the frontier of western culture, almost fed up with quantity of stories (narratives) and still continue to create more and more.

In this interactive talk the author will make an attempt to observe evolution of worldviews and create the structure of them. Also she will seek for correlation between worldview and effectiveness of psychotherapy.

Looking on different ontology basis's (monotheism, polytheism, animism, postmodern) author will be seeking for the best foundations for effective path to the wholeness. Also there will be presented the model of worldview's evolution and found new step in ontology – Daim together with Game's Mastery as new methodology of integration.

TRANSPERSONAL ASPECTS IN REHABILITATION OF THE PATIENTS WITH PATHOLOGICAL ADDICTIONS

Jakov Marshak – *the author of the Marshak method, the head of the Marshak clinic*

The appearance of pathological addictions is the result of a person's search for surrogate methods to meet the needs of happiness reached in creative and spiritual experiences. Many of the discovered, effectively influencing, aggressive methods of artificial receipt of such pleasure appear to be "harmful, able to destroy the regulation system of a person's mood. Such a person has to suffer and again use the discovered method of immediate mood improvement. This method becomes favorite and necessary. Thus the pathological addiction appears.

The Marshak method is aimed at fighting with unbearable internal discomfort and in particular includes the complex of special exercises to consolidate the feeling of happiness which were worked out by the author of the method himself basing on hatha and kundalini yoga. These exercises coincide with the unique way of achieving the highest aim, which is expressed by the Sanskrit word "Satchidananda. The root "Sat means the same as the Russian word "essence – experiencing the internal truth of life. "Chid reflects understanding of cause-and-effect connections in the Russian language and corresponds to the root used in such words as: "reading, "combination, "report. "Ananda means "pleasure. This way the patients of the clinic instead of surrogate fulfillment of the need of pleasure get access to high level of internal comfort which allows stabilizing neurochemical processes of mood regulation at a higher level. At the same time a psychological program is undertaken which helps the patient to transform his/her personality in the rehabilitation process.

ARCHETYPE, PROTOARCHETYPE, SUBPERSONALITY

Strekalov Sergey – *MD, PhD, Professor, Grand Doctor of psychology, corresponding member of the International Academy of Psychological Sciences (MAPN), a certified European transpersonal psychotherapist, Founder and President of the International Transpersonal Association «Wholeworld»*

Jung' archetype theory is justly believed to be one of the most prominent in the psychological world. It is used in all spheres of life and has a lot of interpretations and commentaries. However, up till now arguments about what archetypes are don't stop. It is known that Jung went in his works from images. In the report another point of view on archetypes is given. It is more characteristic for the spiritual culture of most countries and traditions. The solar circle is taken as a basis. It is also called "A magic wheel. It is known that ancient people endowed the circle with special features. Maybe it is connected with its symbolization which include space and time. The symbolism of circle points helps to better understand the logic of ancient people and single out the primary characteristics which are demonstrated since birth forming psyche and peculiarities of a person's life.

BIOTRANSENERGETICS TRANCE, ELEMENTAL FORCES, STATES OF CONSCIOUSNESS

Pier Luigi Lattuada – *Medical Doctor Ph.D in Clinical Psychology, Certified European Transpersonal Psychotherapist, President of Transpersonal Medicine and Psychotherapy Association (Italy), European Transpersonal Association Board Member.*

Biotransenergetics is a poetic act, a new Transpersonal Psychotherapy Methodology conceived since 1982 in Milan by P.L.Lattuada in more than

thirty thousand hours of clinical works and presented in twelve published books. It wants to learn to recognize the sacred creative yearning of life and to honor its laws, to "master the Trance. When we master the Trance, we can «make one from two», which means to create the condition to overcome any conflict, that is just the contraposition between two opposite forces. When we master the Trance, we become able to transform any enemy into an ally, any symptom into a message, any force into our own force. We can get to know the forces of the earth, of the water, of the air, of the fire, and then harmonize with them. We can consider every event: an emotion or a wish, an obsessing thought or a guardian angel as a field which it is possible to enter the Trance with. When we master the Trance, we can contact the source and we are able to embody the force of the forests and the ocean, the animals and the stones, the waterfalls and the moon, as a manifestation of Divine.

HEALING IN PSYCHOTHERAPY

Dr. Hans Peter Weidinger – *Certified European Psychotherapist, Certified European Transpersonal Psychotherapist, supervisor and coach, trainer and teacher for Gestalt-therapy (Institute Gestalt Vienna, Sigmund Freud University Vienna), transpersonal psychotherapy and holotropic breathwork, chairman of the Austrian Association for Transpersonal Psychology and Psychotherapy (ÖATP)*

Which steps are necessary for a healing process in psychotherapy? In the humanistic as well as in the transpersonal approach, healing is a process of self-knowledge and self-awareness. Healing also means to move towards „wholeness through integrating the dissociative parts of our personality. First we have to realize that there is something „not in order“, and we have to take responsibility for ourselves and our actions. In the next step we need compassionate understanding of our patterns of behavior and the internal psychological processes which cause the suffering in our life. To accept and „embrace“ radically the wounded parts of our soul and to confront ourselves with our „shadows“ and weaknesses, which we normally want to get rid of, is the most important step in healing. In this moment when integration is happening, we reconnect to our self and realize that deep within there is a creative force which provides vitality, wisdom and love.

CONFLICT – NEOFORMATION OF THE MEANING – INTERACTIVE REPORT – MICRO MASTERCLASS

Gennady Brevde – *PhD, psychologist, Certified European Transpersonal Psychotherapist, teacher, trainer and the Dean of East-European Faculty of the International Institute of Exploration of Consciousness and Psychotherapy (Freiburg, Germany), member of the Boards of Russian and European Transpersonal Associations.*

Working with a conflict situation in the context of deep meanings and personal boundaries of the participants of the social system (a family, a group), synergetic processes of appearance and development of this system.

THE TRANSFORMATION OF BREATHING PRACTICES IN PSYCHOMOTOR TECHNOLOGIES

Irina Kuris – *Grand PhD in psychology, PhD in Pedagogy, Professor*

The paper is devoted to unconventional breathing practices which are widely used in psychomotor transpersonal technology called "Yoga Dance. The report considers breathing practices which allow slipping into trance state and which are at the same time the tool of the psychological development. These techniques are as close to the natural breathing as possible and simultaneously are the condition for slipping into Altered States of Consciousness, provide curative effect on the one hand and develop psychological abilities of a person, transfer to the other level of thinking. Thus the paper considers the following:

1. the breathing techniques as they are, their development inside the exercise, integration with other components of "Yoga Dance called mantras, variations in working with sound and movement including exercises of manual dexterity. New coordination possibilities of combination of short breathing with conscious movement and its impact on a person.
2. energy influence (at the level of centers and chakras)
3. Psychotherapeutic transpersonal aspect of the impact
4. The solution of the problems of psychosomatic character

TRANSPERSONAL PSYCHOTHERAPY AND SOCIAL CRISIS

Boris Prilenskiy – *the head of the department of medical psychology and psychotherapy of Tumen State Medical Academy, professor, Doctor of medical Science, Academician of International Academy of Psychological Sciences*

The condition and the perspectives of the development of transpersonal psychotherapy amid the social-psychological crisis in the modern Russia

are analyzed. The role of this trend in the modern clinical psychotherapy is shown. The necessity of coordinated efforts in the development of this trend is considered

TRANSPERSONAL PSYCHOTHERAPY OF FOOD ADDICTION

Anna Prilenskaya – *assistant-professor of the department of medical psychology and psychotherapy of Tumen State Medical Academy, PhD in Medicine*

The structure and the course of food addiction is considered, the role of neurotic mechanisms is shown. Multilevel structure of neurotic disorder is considered, the rehabilitation program of transpersonal psychotherapy is justified.

THE TRANSITION FROM THE INTERPRETIVE ONTOLOGICAL POSITION TO A CONSTRUCTIVE ONE AS A RESULT OF THE USE OF PSYCHO-TECHNIQUES

Bakhtiyarov Oleg – *general director of the University of effective development, Ukraine, Kiev*

The psychotechnical system «psychonetics», pragmatically aimed at enhancing the effectiveness of the operator and sports practices, is considered. The effectiveness is ensured by using techniques of self-control and controlling mental processes at various transformations of structures of consciousness. The system is based on the idea of a hierarchy of layers of consciousness, including the objective, background, notional and substantial layers, and the forms of subjectivity associated with each layer: from identification with the personality structures to the net activity of consciousness. Formation of the reflection-willed subpersonality, built over the previous personality structures and providing the transition from the interpretive ontological position to a constructive one, is a byproduct of the work.

GEOPSYCHOLOGY – DREAMS OF THE EARTH AND ACCESS TO DEEP RESOURCES

Irina Zingerman – *Ph.D in Psychology, founder and council member of the Professional Process Work Community in Russia, certified specialist of Process Work Center of Portland, Certified European Transpersonal Psychotherapist, Board member of the Association for Transpersonal Psychology and Psychotherapy, Assistant Professor at the Chair of Transpersonal Psychology, Institute of Psychoanalysis.*

Geopsychology is one of the directions in the process-based approach of Arnold Mendell. In the original the term “geopsychology is called “earth-based psychology which literary means “psychology based on the feeling of the earth. The underling idea of this science is the interconnection between a person and the Earth. Seasonal changes, natural phenomena, disasters, animals’ behavior, the Earth’s landscape all influence a person’s life greatly, his state of mind, choice of spiritual pass. The report considers the essence of this method and gives the examples how using such methods one can help to discover deep natural resources (the state of mind) for solving any problems in a person’s life.

TRANSPERSONAL NLP

Ekaterina Khudobina – *Ph.D. in psychology, Assistant Professor of Moscow Institute of Psychoanalysis. Certified master of NLP, consultant and coach (NLPU, California)*

Modern NLP called systemic (the 3rd generation of NLP) went beyond the cognitive-behavioral approach. It’s subject, together with traditional research of cognitive processes is the: body work, the development of the integrity and wisdom of a person, engaged in the system of broad social connections. Systemic NLP uses the «field» notion, understood as a type of spatial and energetic interaction in the process of communication between separate persons, and groups of people. There is a deep internal succession between the transpersonal psychology and the systemic NLP, which promotes to integrate both of these approaches in the therapeutic context, and in the process of professional training of transpersonal psychologists. The methods of transpersonal NLP include the principles of self-organization, working with changed states of consciousness, development of awareness and presence, usage of archetypal levels, dancing and meditative techniques.

TRANSPERSONAL PSYCHOSYNTHESIS

Kliuchnikov Sergey – *PhD, Academician of Russian Academy of Natural Sciences, Chief Researcher of Institute of Asia and Africa, Moscow State University.*

BREATHING PSYCHOTECHNIQUES IN THE WORK WITH A PERSON’S RESOURCES, MINI-WORKSHOP

Galina Shibaeva – *PhD*

ALTERED STATES OF CONSCIOUSNESS IN PSYCHOTHERAPY

Bubeev Jure – *PhD in medicine*

OLD CHINESE PSYCHOTHERAPY: TRADITIONAL PRACTICES

Vinogorodsky B. – *expert in China Studies*

PSYCHOSEMANTICS OF THE ARCHETYPE AND PSYCHOTHERAPY

Faidych E. – *PhD in biological sciences*

INTROSPECTIVE PSYCHOTHERAPY

Arlashin A.

Symposium: TRANSMODAL SUBJECTIVE PSYCHOLOGY AND PSYCHOTHERAPY. IRREDUCIBLE COMPLEXITY IN PSYCHOLOGY AND PSYCHOTHERAPY

JULY 6th, 13.30-18.50, HALL «KANDINSKY»

CHAIRS: Lubov Hohlova (Moscow, Russia), Vladimir Burov (Moscow, Russia), Nina Pevzner (Potsdam, Germany)

Summary of the symposium: The human society demonstrates an “uncontrolled growth of complexity” thus enhancing a space of randomness. Traditional life forms are radically broken and interactions get rid of regulatory contexts. There is a growth in the need for teaching people to build internal and external communications in terms of movement not in compliance with the instructions but in terms of accepting the movement towards a principally unknown result. Both the theory of psychology and psychotherapy practices are in need for new philosophical concepts in response to the growing reduction of life-worlds. Being driven by a desire to establish order, social structures mutate from disciplinary ones to the structures controlling the consciousness and subconsciousness of individuals, and in doing so, create a powerless rational mind. Social systems, families and specific individuals have a lot of totally new types of problems, which fail to be solved by psychotherapy practices inherently having dual theoretical and methodological foundation.

ARCHITECTURE OF PSYCHOTHERAPEUTIC KNOWLEDGE

Lubov Hohlova – *PhD, Associate Professor at the Institute of Psychology and Pedagogy, EAP-certified psychotherapist, full member of the PPL, head and author of The Transmodal subjective psychotherapy and consulting modality, Moscow, Russia*

Rhizomorphic structure of knowledge. Psychotherapy’s “Periodic table”. Psychotherapy’s metastructure. Interactive space – place, where Observer as doer, instrument, and object meet. Classical psychotherapy practices theory as a conjugation of binary opposites of the observing subject’s Ego states. Ternary and more complex relations of trans-level observer, acknowledgement of multi-paradigmality as rightful. Interactive space of post-neoclassical psychotherapy practices as a dialog of heteroglossial subjective cultures, carried out by a trans-level subject – practitioner of coordination of dispersed knowledge and interdisciplinary interpolations.

SUBJECTIVITY DEVELOPMENT ORIGINS AND DRIVING FORCES

Tatyana Mukhina – *Psychologist, member of the Russian Philosophy Society of the Russian Academy of Sciences, Moscow, Russia*

Interpretation of subjectivity phenomena. Psychotherapy practices, based on the subjective approach. In transmodal subjective therapy (of L. Khokhlov), the following sources of subject development are emphasized: person’s own activities (choice), his life experience, events of his genealogical tree, specifics of social, cultural, and geographical environment, as well as alternative, probable events. How does the subject’s development step come about? Issue as a resource for subjects’ development (individual, group, and community).

SUBJECT AS THE MANAGER OF INTERNAL AND EXTERNAL CHAOS

Julia Shakhvorostova – *Psychologist, Assistant of the Head of the radio station “Radio”. Moscow, Russia*

It is accepted to talk not of the power of persons, but of the power of information flows, which affect the person’s psyche. Changes are emergent. Due to his issues, a person as the subject becomes the manager of internal and external chaos. Developing subject can be viewed as an efficacious

and transforming force, and holodynes, engendered by the subject, his psyche, have generative force. The connection between accident facts and destruction and subjective development level can also be examined.

PHILOSOPHIC AND PSYCHOLOGICAL BASIS OF THE NOTION AND PHENOMENON OF "HOLODYNE"

Svetlana Gutman – *Psychologist, full member of the PPL, Moscow, Russia*

The report examines the correlation of notions and phenomena: Gestalt, personal construct, holodyne, ontological metaphor, and image. Philosophic and psychological basis of the holodyne phenomenon, capability to engage tacit knowledge in the process of problem-solving in psychological help sessions.

ACTIVITIES OF THE PSYCHOTHERAPIST AND CLIENTS OWN ACTIONS IN SOLVING THE ISSUE

Alexandra Zhumateva – *Psychologist, Sr. manager at Aktion-218 LLC, Moscow, Russia*

Client's internal dialogs in tracing the problem. Interrelationship of the two observers of the tracing process (psychotherapist and client), their positions in relation to the problem's holodyne (object). Specifics of the instruments – verbal and nonverbal components of the "psychotherapist – client", client – holodyne", and "psychotherapist – holodyne" dialogs. Resource basis of the holodyne transformation processes.

BIOLOGICAL BASIS OF SUBJECTIVE HUMAN FUNCTIONS

Marina Milovidova – *Psychologist, Moscow, Russia*

Biological basis of subjective human functions. Nonspecific associative "spare neurons" and their interconnections. Subject as a personality dispatcher, carrying out the function of relative free behavior order and self-organization, which gives capacity for forming new associations, required for the resolution of issues.

"THE THIRD SIGNAL SYSTEM" AS A NEUROBIOLOGICAL BASIS OF TRANSMODAL COMMUNICATION

Olga Gubanova – *Zelenograd Municipal Clinic No. 201, Clinical Psychologist, member of the Russian Philosophy Society of the Russian Academy of Sciences, Moscow, Russia*

"The third signal system" is a conscious engagement of the nervous system or its part in the process of interaction between the person and the surrounding world. It has been determined that TSS evolves as a result of the development of a system of silent mental states of the target, which qualitatively differs from the effects of verbal or imagery signals. Prospective involvement of the third signaling system is a result of consciously managing central and peripheral nervous systems' psychical resonances.

MIRROR NEURONS, RESONANCE PHENOMENON, AND THE BODILY NATURE OF CONSCIOUSNESS

Marina Rudneva – *Zelenograd Municipal Clinic No. 201, Developmental Psychologist, member of the Russian Philosophy Society of the Russian Academy of Sciences, Moscow, Russia*

The need to account for bodily determinants of spiritual activities and cognition. Role of the mirror neurons. Psychosomatic bodily links, the non-linear cyclical cause principal, the situational principle, and the inactivation principle. The principal of resonant activity of the nature of consciousness

IRREDUCIBLY COMPLEXITY OF NEUROBIOLOGICAL RESONANCE

Vladimir Burov – *PhD, senior fellow, Institute of philosophy of the Russian Academy of Sciences.*

Adelia-Vlada Burova. – *student of Lomonosov Moscow State University, Moscow, Russia*

Neurobiological resonance we have defined as the phenomenon of transmission of the patterns of brain activity in the practices of teaching and therapy. Reduction of its consideration to any one methodological base of the various related areas of knowledge leads to a loss of determining the system properties of this phenomenon. We offer to use engineering approach and methodological constructs. In this case, we can work out scenes from the different methodologies in common scenario practices neurobiological resonance.

DIRECT CHOICE OF THE DIALOG PARTNER AND CHOICE BY RESONANCE THROUGH HOLODYNE IN GROUP PSYCHOTHERAPY

Larisa Ivanova – *Psychologist, Moscow, Russia*

A need for actualizing a dialog of one or the other member of the group with his significant persons (parents, children, other relatives, coworkers, and others) arises in the process of group psychotherapy. Direct choice, based on the person's perception, is usually used. In transmodal subjective psychotherapy, choice by the issue's holodyne is used. Experimental comparison of both methods with the same group session participants demonstrated significant differences in the course of psychotherapeutic processes.

TRANSMODAL ASPECTS OF INTUITIVE-SENSORY PERCEPTION IN PSYCHOTHERAPY PROCESSES

Elena Katunina – *Psychologist, Sr. manager at Airin-Tekhnik LLC, Moscow, Russia*

Types of intuitive cognition and engagement of intuitive-sensory perception in psychotherapy processes. Cognitive intuition mechanisms. Intuitive-sensory perception as cognition and psychotherapy instrument.

APPLYING NEUROBIOLOGICAL HUMAN BRAIN FUNCTION PRINCIPALS IN DEVELOPING RECURRING MATHEMATICAL MODEL FOR FORECASTING INCIDENTS

Boris Autenshlus – *Candidate of Physico-mathematical Sciences, Prorector of the Moscow Institute of Government and Corporate Management. Victor Vorontsov* – *Candidate of Physico-mathematical Sciences, Associate professor at the National Nuclear Research University of the Moscow Engineering and Physics Institute. Boris Levkovich* – *Head of the computing center of the Mathematics College of the National Nuclear Research University of the Moscow Engineering and Physics Institute. Eugene Levkovich* – *The Institute of the Applied Informatics and Managemen. Ilya Ulyanov* – *Candidate of Physico-mathematical Sciences, Moscow, Russia*

The problem of forecasting incidents falls under psychoprophylaxis of human issues. To solve it, various mathematical and other techniques are used. Methodological analogies of recurrent mathematical model for forecasting extraordinary incidents and known descriptions of the process of neurobiological interaction of the neurons in the human brain, developed by the authors, are examined in this work.

INSTRUMENTAL METHODS OF INVESTIGATION SUBCONSCIOUS

Alexander Mukhin – *General Director of «Research center of experimental technologies.» Specialization: development of instrumental methods of diagnosis and psycho-correction subconscious. Authors of technology «S2S» and Automated systems and personnel monitoring «BioReader». Moscow, Russia*

The subconscious mind can do anything! But to take advantage of this need to study it. Metrology and standardization of mental processes. Mapping tool subconscious level of motivation. Diagnosticheskie aspects and possibilities of psycho-correction on an unconscious level. Objective parameter management of health and human destiny. The project «Management of reality.»

PSYCHOTHERAPY SESSIONS WITH HAPPENSTANCES AND UNPREDICTABILITY IN VARIOUS MODALITIES

Tatyana Kuznetsova – *Psychologist, Moscow, Russia*

Classical, non-classical, and post-non-classical approaches to examining happenstance and unpredictability in unfolding of problematic events. Issue's hidden order. Alternative event probabilities and choice of the issue resolution approach.

ADVANCED PLANNING IN CONDITIONS OF UNCERTAINTY

Anna Babinina – *Head St. Petersburg regional professional psychotherapeutic League, laureate of the national contests «Golden Psyche», psychotherapist of the European registry, St.-Petersburg, Russia*

We live and make all our decision, in conditions of vagueness. The report highlights universal approaches to planning and to the selection of priorities in different spheres of life, integrates the most intensive and environmentally friendly methods of work with the personality and environment.

PSYCHOTHERAPY USING TEXTS IN VARIOUS MODALITIES

Tatyana Rudakova – *Psychologist, Moscow, Russia*

A range of psychotherapy approaches utilize texts in working on client's issues, relying on various methodological bases. Texts can be viewed as intertexts, as interacting with each other and the entire semiotic environment. The reader, depending on the paradigms of his inner world, can discover new layers of meaning in texts, which requires the competence of "extra-textual knowledge" (according to U. Eco).

Transmodal subjective approach in psychotherapy presumes working with texts, composed by clients from issues' holodynes and acting as the characters of the story.

PSYCHOTHERAPY USING GENEALOGICAL TREE IN VARIOUS MODALITIES

Maria Ivanova – *Psychologist, Moscow, Russia*

Patterns and happenstances in clients' genealogical tree are subjects to be examined in helping client solve the issue. Many modalities use these patterns as an interactive space for placing the client and activating, one way or another, living through significant episodes. The essence of the issue is in the interrelationships of the Leader, the Client, and the Technique. Here we may have to deal with linear, nonlinear, and rhizomatic constructs.

THEORETICAL ASPECTS OF PSYCHOTHERAPY UTILIZING RELIVE AND PRELIVE APPROACH

Marina Sorokina – *Psychologist, consulting participation in PPL, Moscow, Russia*

Relive and prelive are psychotherapeutic communication technologies, where client's dialog with the world of symbolic imagery is at the basis of the interaction process. In the relive process, the client describes to the psychotherapist the special reality he is experiencing, to which only he has access. In the process of relive, natural development of the field of images takes place, which brings the client closer to the central affective core, by moving toward which the client's ego-consciousness overcomes a range of internal conflict zones.

FRUSTRATION FROM SUBCONSCIOUS ANCESTRAL MEMORY

Oksana Pavlenko – *Psychologist, Moscow, Russia*

The issue of interrelationships with ancestral memory and events, which at some time took place, does not always represent simple memories. Very often, ancestral tree persistently keeps "skeletons in the closet", which retain frustrating influence on descendants regardless of whether they know of them or not. As a rule, such realms of subconscious have distinctive psychological defenses, as the client has no actual knowledge of this event, but somehow reflects (repeats) the event in his life, in psychosomatic reactions, behavior, choice of life strategy, and so on.

PSYCHOLOGICAL DEFENSE MECHANISMS IN THE PROCESS OF PERSONALITY INDIVIDUATION

Svetlana Chernyh – *Psychologist, Moscow, Russia*

Transmodal subjective therapy for secondary psychological defenses, acting as obstacles to the process of personality individuation. Role of strained subjective boundaries between masculine and feminine ontologies.

MANIFESTATION OF THE GREAT AND TERRIBLE MOTHER ARCHETYPE IN PSYCHOTHERAPY

Tatyana Kirillova – *Psychologist, Moscow, Russia*

Manifestation by the Great and Terrible Mother archetype of rescue and moral and psychological destruction functions in psychotherapy. Methods for utilizing personality individuation through manifestation of sadistic absurdity in "Parent – Grownup Child" system.

ISSUES OF EMOTIONAL VIOLENCE IN FAMILY SYSTEMS

Elena Polyanskaya – *Psychologist, Moscow, Russia*

Drama triangle "Victim-Persecutor-Rescuer" exhibits thermodynamic balance properties. Family systems, same as many others, do not reflect attributes of this complex and live in emotional violence, which is a significant attribute of the Victim complex. Transmodal scenario analysis permits educating all the attributes and transforming the configuration of the family relationship system.

TRANSMODAL SUBJECTIVE ANALYSIS OF COMMUNICATIVE PATHOLOGIES AS DISRUPTION OF RECURSIVE PROCESSES IN FAMILY SYSTEMS

Natalya Mahmudova – *Speech Therapist-Pathologist at speech therapy center, Tashkent, Uzbekistan*

The report presents an analysis of family relationships with communication disruptions, with children suffering from atypical autism, dysarthria, motor alalia, and ICP. Specialized sessions using transmodal subjective therapy techniques were conducted with children and their parents. In many cases, in the genealogical tree the relationships between relatives were severed, conflicts existed.

SYSTEMIC AND STRUCTURAL SCENARIO ANALYSIS OF STAGNANT SUBJECTIVE STRUCTURES

Irina Mun – *Lead specialist, psychologist at the Oktyabrskaya Railway Center for personnel evaluation, monitoring and youth policy, EAP-certified psychotherapist, full member of the PPL, St. Petersburg, Russia*

In time, individual experience of dealing with situations of uncertainty is accumulated, which, in its turn, becomes a sort of a psychological defense. We suppose that such a psychological defense facilitates the formation of stagnant subjective structures that hinder development and resolution of new issues. Transmodal approach in handling dissociated subpersonalities.

ISSUES OF DEVELOPMENTAL PSYCHOLOGICAL TRANSFORMATION

Olga Gaiko – *Psychologist, full member of the PPL, Moscow, Russia*

There are two major development stages – first part of life (growth and adaptation), and second – consolidation and deepening. Illusion of the first part is that, in our plans, we can become anyone. In the end, the person becomes himself. Transformation to Selfhood: big deception or helplessness. After all, Selfhood is not what we chose, but that, which chooses us. In order to optimize the passage of this process, a strong lattice of meaning, connection between the former "I" and the "I" that is taking shape.

EFFECTIVE LIFE COOPING STRATEGIES AS AN ALTERNATIVE SURVIVAL STRATEGY

Vera Raeva – *Candidate of Psychological sciences, full member of the PPL, Moscow, Russia*

Work at the junction of Ericksonian hypnotherapy, psychosynthesis, Kovalev Neurotransforming and coaching in individual and group sessions with clients helps them escape from the captivity of the familiar strategy of SURVIVAL and do a "Restart" – build up more effective LIFE coping strategies, equalize the levels of success in diverse spheres of life, unlock their internal potential, helped by integration of conscious and subconscious, connect the needed resources without disturbing environmental compatibility, and find their Pilot Wave.

PSYCHOLOGICAL PHENOMENON OF SUBJECTIVE OBSTACLES TO ACCEPTANCE OF POSITIVE CHANGES IN SELF AND OTHERS

Sergey Tokarev – *Consulting Psychologist at Bogorodskoe multi-child family regional non-profit charitable association, consulting participation in PPL, Moscow, Russia*

The issue of infantile good and psychopathic reactions to it. Psychological structures, preventing internalization of the principal of good as an expression of the existential rules of low development level groups with hierarchically structured relationships. Mutual solidarity rule, arm's length principle, channeling aggression away from self. Psychological defense in response to positive changes.

DEEP PSYCHOLOGICAL BARRIERS TO REAPING DIVIDENDS. THE ARACHNE MYTH

Natalia Sakhanenko – *Psychologist, department administrator at the Borodino Battle Panorama Museum, Moscow, Russia*

A principal-level problem in intergenerational and parent-child relationships system, where the most significant aspect of Russian reality is the underlying, historically conditioned fear of receiving dividends. Increased gap between generations, expressed as differences in forming the view of the world, rise of the young generation's gadget resources and growth of network ambitions at the expense of stability. Rejection of the older generation's merits in dissent against the past's hierarchical worldview.

OEDIPUS COMPLEX PROJECTIONS IN RELATIONSHIPS BETWEEN MEN AND WOMEN

Julia Lukovenko – *Psychologist, Moscow, Russia*

Family conflicts between spouses or personal relationship problems between men and women are, as a rule, mediated by invisible presence of their mothers. Very often the very fabric of conflict brings the man's and the woman's mothers' personality structures to light. It comes out as if they are the ones that are having it out, while the actual man and woman are, at that moment, expressing their principles. Transmodal scenario analysis permits educating and differentiating the personalities of all of the parties involved, and moving on to realities of their own lives.



PSYCHOSOMATIC CONSEQUENCES AND REASONS FOR AVOIDING ISSUE RESOLUTION

Nina Pevzner – Full member of the PPL, Potsdam, Germany

The body as a "storeroom" of psychosomatic issues is formed in response to unresolved issues. The causes for psychological escape, avoiding psychotherapeutic help while having the wish to resolve the issue. This resistance is based on the fear of receiving unknown good. It lacks new forms of self-expression or existence in some other life, and they will be developed in the process of psychotherapy.

THE NEED FOR SELF-PUNISHMENT AND PSYCHOSOMATIC ISSUES (INFERTILITY, PROBLEMS WITH VISION)

Vitaly Proklin – Practicing Psychologist, full member of the PPL, Kaliningrad, Russia

In psychotherapy, of utmost significance is overcoming principal contradictions between client's wish to resolve the stated issue and the hidden need for self-punishment. These most frequently derive from ancestral attitudes and are connected to fulfilling the punishment in the form of psychosomatic issues.

TRANSMODAL SCENARIO ANALYSIS OF THE ISSUE OF PANIC ATTACKS

Liliya Bagirova – Psychologist, Moscow, Russia

External extremes – internal extremes. Panic attacks as a subjective impossibility of passing the point of bifurcation, making a choice. Hysteresis loop – turned on itself. Reached mythological stone – and back. Fear of death, experienced once upon a time, convinced life to not manifest itself specially. Fear came to the defense of life, asked it not to spread itself to thin. Developmental energy has no place to go, so it gushes as an attack.

VISUALIZATION BIOELECTRIC REACTIVITY OF A BRAIN WITH DEPENDENCE SYNDROME: MONITORING «IN SITU» OF PSYCHOTHERAPEUTIC INTERVENTIONS

Anatoly Glushko, Bryun E.A., Koporov S.G. – Moscow Research and Practical Center of Addictions. Moscow, Russia,

Selected invariant sequence of graphic element the Computer electroencephalography (CEEG) – biomarkers of pathological paroxysmal and non-paroxysmal reactivity of the brain at different stages with dependence syndrome. Use of graphic element – biomarkers of EEG in a mode of monitoring «in situ» allows to visualizing bioelectric reactivity of a brain in reply to significant verbal incentive during psychotherapy sessions.

TRANSFORMATION OF SUBJECTIVE CONSTRUCTS OF SELF-IMAGE IN GROUP PSYCHOTHERAPY

Margarita Kirichkova – psychologist, Center of labor organization development and application on motor transport OAO «Tsentrortrudautotrans». Russia, Moscow

It has been found that, after conducting group transmodal subjective psychotherapy, the amount and positiveness of subjective constructs of the self-image of a client, related to the sphere of individuality, increases significantly. The phenomenon of intercorellation matrix collapse in the control group was shown. The variety of inner feelings of the client was locked and covered by the stress experienced in her previous life. Similar subjective structures bereave vitality of a human and may become the basis for psychosomatic diseases and conflicts.

CLUSTERING CONTRADICTORY AND ABSURD PROBLEM PATTERNS IN INDIVIDUAL TRANSMODAL SUBJECTIVE PSYCHOTHERAPY

Svetlana Avakova – Psychologist, Moscow, Russia

Psychotherapy theories examine the practices and techniques of harmonizing and resolving contradictions, discovered in client's psyche. As a rule, these are dual contradictions, which must be "reconciled" among themselves. Absurd contradictions, which carry semantically ambiguous information, remain outside the boundaries of psychotherapist's and client's attention. Technique of clustering logical, contradictory, and absurd patterns permits identifying semantically complex areas of the issue and gaining the access to its resolution.

TRANSMODAL PSYCHOTHERAPEUTIC THEATER

Lubov Hohlova – PhD, Associate Professor at the Institute of Psychology and Pedagogy, EAP-certified psychotherapist, full member of the PPL, head and author of *The Transmodal subjective psychotherapy and consulting modality*, Moscow, Russia

Theatricalisation of transmodal scenery stories. Spontaneity of participants' storylines and actions are subordinated to the process of rational chaosformation, which has its own stages of reaching realization of the plot's main topic. Rhizome as a play reality existence gives out an outline of the event, to which all who are present are partial, as well as the props. Playback theater principle plus multi-level resonance with holodynes.

Symposium: SYSTEM OF KNOWLEDGE ECOLOGY OF THOUGHT

JULY 6th, 9.00-16.30, HALL «LEVITAN»

CHAIRS: Luidmuila Trojan (Moscow, Russia), Marina Naryshkina (Saint-Petersburg, Russia)

Summary of the symposium: The Knowledge System of ECOLOGY OF THOUGHT of L.P. Trojan appeals to the resources and potentials of human body by means of conscious transformation of the prime causes of destructive processes in simple and complex relationship of personal and transpersonal experiences. The development of the System, its methods points to the relevance of the psychological school, its being called-for. The school explains the genesis of problem states and their transformation and potentials of preventive measures in the coming period. The Knowledge System ECOLOGY OF THOUGHT has been used for 20 years in many areas of life due to the universal methodology of working with information. The symposium reports give a picture of the achievements of the Knowledge System consultants in an individual and a group work.

STUDIES OF EDUCATIONAL PROCESSES

Trojan Lyudmila Petrovna – Doctor of Natural Sciences, President of the Foundation «ECOLOGY OF THOUGHT», the president of PPL Regional Branch of «The Knowledge System of ECOLOGY OF THOUGHT» Russia, Moscow.

The author's discovery, a new model of the human body structure, helps to consider the learning process at all levels of the human body, from a central individuality to the individualities of nanoparticles. The report presents the resources of a self-tuning, self-learning organism at the destructive and regenerative processes.

FORMATION OF THE FAMILY MEMBERS SUPPORT AND CO-OPERATION IN THE CURRENT SOCIAL ACTIVITIES

Sapel Oksana Alexandrovna – a psychologist, a teacher of Ukrainian and Polish language and literature; educational psychologist SEI elementary school – kindergarten number 1892, Full member of the PPL, Russia, Moscow.

The report reveals the author's own insights to the development of the family, which enabled not only to change the attitude towards her husband's passion for politics, but also to create a desire of active participation in social activities. The report identifies resources for further self-cultivation in order to promote mutual understanding and create a harmonious atmosphere in the family.

CREATION OF CONSCIOUS RESPECT TO THE AFFAIRS OF EACH OTHER BETWEEN GROWING UP SONS

Goltsova-Sokhieva Svetlana Savlokhovna – a psychologist-consultant of the, the Knowledge System of ECOLOGY OF THOUGHTS by L.P. Trojan, a teacher of English language in Moscow primary school 1892, the methodologist and the psychologist of the program «Funny English», TV channel «Carousel», the full member of the PPL.

Creation of conscious respect in the family using the methods of transformation of the initial causes of KSET by L.P. Trojan as the pledge of creation respect among all members of the family. Family as a place where moral and ethical values are laid. The peculiarities of upbringing conscious respect between the growing up children.

THE FORMATION OF THE SYSTEM OF RELATIONSHIP OF TRUST BETWEEN PARENTS AND CHILDREN – NEW CHALLENGES TO THE PSYCHOLOGIST AT COUNTERING TECHNOLOGIES OF SOCIAL PATRONAGE IN RUSSIA

Vartanian Svetlana Borisovna – psychologist-consultant of the Knowledge System of ECOLOGY OF THOUGHTS by L.P. Trojan, psychologist and social pedagogue of Moscow municipal centre «Triumph», a teacher of psychological disciplines IMAC&T

The restoration of trust between parents and children at the level of the conscious and the unconscious experience, using methods of transformation initial causes causing a breach of confidence, KSET by L.P. Trojan, helps us to

form such system of mutual trust, which can resist unreasonable devastating attacks on the integrity of the family and its efficient functioning. A family with trust in it is the creative resource for the country and society as a whole.

APPLICATION OF SYSTEM OF KNOWLEDGE OF ECOLOGY OF THOUGHT BY L.P. TROYAN TO ENHANCE CITYZENSHIP IN A VARIETY OF SITUATIONS

Kegeles Anastasia Eduardowna – a psychologist-consultant of the Knowledge System of ECOLOGY OF THOUGHT by L.P. Troyan, student of the Humboldt University, the faculty of psychology, the consultant-member of the PPL. Berlin, BRD.

1. Techniques for spontaneous activation of civic position in situations of public peace violations.
2. Techniques to tune the planned active civic position in situations if civic position alarms
3. Techniques for situations when our civic position is perceived disapproval or inadequate.
4. Common techniques for all types of situations demanding our civic position

ANALYTIC COMPARISON OF ERIK ERIKSON'S PSYCHOSOCIAL HUMAN DEVELOPMENT THEORY AND APPLIED METHODS OF SKET L.P. TROYAN IN DEVELOPMENT OF HUMAN WORLD OUTLOOK

Dzevel Irina – consultant of SKET L.P. Troyan, therapeutic recreation specialist, artist, member of OPPL. New York, USA

Comparative correlation applying methods of System Knowledge of ECOLOGY OF THOUGHTS L.P. Troyan for human world outlook development and theirs results for reestablishing individual's mutual understanding with family members, co-workers, and/or during his/her studies at school/college and recovery of individual's physical health with analysis of Erikson's psychosocial human development theory gave the way to my analytic article in order to achieve more proficient results as a social service professional.

ETHICS OF PYTHAGORAS AND SOCRATES IN THE LIGHT OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHTS BY L.P. TROYAN

Vartanyan Arden Serfeevich – ISOUKIT teacher, an advisory member of the PPL, Russia, Moscow.

The purpose of the report: To consider something new that brings in ethics KSET by L.P. Troyan. .

Regarded problems:

1. Uncertainty of ethical principles of historical and contemporary ethical teachings.
2. Why Socrates but not Pythagoras is called the Father of ethics.
3. Analysis of the activity of Socrates and Pythagoras in the future several incarnations.
4. The attitude of KSET by L.P. Troyan. to ethics.

AUTHOR'S PSYCHOLOGICAL APPROACH TO THE DEVELOPMENT OF MUSICAL CULTURE OF CHILDREN AND ADULTS

Belskaya Olga – school teacher of creative development of children «ABVGDEYKA» musician, psychologist – Consultant KSET by L.P.Troyan, member Professional Psychotherapeutic League. Ukraine, Kiev.

Individual attention to students of any age can pick up the motivation for music, in the course of employment to disclose internal resources a particular child or adult, to find individual solutions methods complexities of different levels associated with training. Report is based on an analysis of more than fifteen years of experience of teaching practice with students of different ages and musical abilities.

SCHOOL EDUCATION AND CHILD HEALTH

Khaleeva Anna Valerievna – economist, psychologist, member Professional Psychotherapeutic League, consultant for System of Knowledge ECOLOGY OF THOUGHT L.P.Troyan. Ukraine, Kharkov

Increasing involvement of parent associations to protect student health while maintaining school curriculum requirements. The cause of increased student illnesses was anxiety, brought on by time constraints during assessments; the purpose of the time constraints was to test mental agility of the students. To protect student health, it is recommended that timed

assessments are carried out in a manner that does not focus the child's attention on the time limit. With this method, the student is given the opportunity to objectively figure out what they already know and what material there is still left to learn. Students become confident in their knowledge, which in turn will create a healthy and brave generation of people.

WORKING WITH A SECONDARY BENEFIT

Kirpichenko Inna – the member of PPL, supervisory level. Ukraine, Kharkov.

A secondary benefit is the conscious or unconscious desire to fall ill. The reasons of secondary benefit of preschool children and the transformation of secondary benefit using the techniques of The Knowledge System of ECOLOGY OF THOUGHT by L.P.Troyan. The ways how secondary benefit may break our plans. Living without secondary benefits helps us to keep our health. Our health gives us free time.

PRESCHOOL CHILDREN'S COMMUNICATION SKILLS SHAPING

Tanonina Olena – The Knowledge System of ECOLOGY OF THOUGHT Consultant, member Professional Psychotherapeutic League. Ukraine. Mariupol.

The report examines the methods of the Knowledge Systems of ECOLOGY OF THOUGHT which help to change a child's disinhibition state for harmonious behaviour at home and in preschool processes.

REALIZING PATRIOTISM AND LOVE FOR HIS NATIVE LAND IS AN IMPORTANT COMPONENT OF A STRONG HARMONIOUS PERSON

Fomitzkaya Tatyana Yevgenyevna – therapist of higher category, member of the Professional Psychotherapeutic League, the Ministry of Home Affairs hospital, Mariupol, Ukraine

Promoting patriotism in child's mind helps him early to realize his place in the family and society, to be proud of his country, to become an active patriot of the country, city or all hands. To encourage patriotism in the information field means to restore activity, youth, and longevity. The results of the author's course L. P. Troyan «The restoring patriotic revival for all levels of the human body structure is a spiritual and physical health. KSTE by L. P. Troyan nanotechnologies.

METHODS OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT OF L.P. TROYAN CONTRIBUTE TO EFFICIENT LEARNING OF FOREIGN LANGUAGES

Goltsov Dmitriy Dmitrievich – Deputy Head of English Department No 3 of Moscow State Institute of Foreign Relations (University), PPL consultative member, Moscow, Russia.

The methods of Knowledge System of ECOLOGY OF THOUGHT of L.P.Troyan contributes to the development of student's individual resources, optimize process of studies, facilitate language structure understanding and vocabulary remembering, shape and develop short term and long term educational strategies.

THE DEVELOPMENT OF "THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT L.P.TROYAN" IN VORONEZH

Dubrovskaya Galina – psychologist, consultant of KSET L.P.Troyan, entrepreneur, member of the Advisory PPL. Russia, Voronezh.

In this paper was present the experience of serching the new customers and organizing the psychological work by changing the place and country of residence. The challenges of the initial period and the way of their solving were also demonstrated in this paper, and the results of such work and the perspective of development were provided.

THE ANALYSIS OF ELECTROMAGNETIC PSYCHOTRONIC MANIPULATION & ITS DESTRUCTIVE EFFECTS ON BIOOBJECTS. NEUTRLIZING THE EFFECTS OF PSYCHOTRONIC WAVES USING THE SYSTEM OF KNOWLEDGE 'ECOLOGY OF THOUGHTS' L.P. TROYAN

Elena Kotliar – consultant of SK 'ECOLOGY OF THOUGHTS' L.P. Troyan, member Professional Psychotherapeutic League. Ukraine, Kharkov.

Artificial psychotronic effects study and analysis of their destructive influence on bioobjects and planet.

Study of resources for health recovery and protection from the artificial electromagnetic destruction using the System of Knowledge "ECOLOGY OF THOUGHTS" L.P. Troyan.

Electromagnetic destructive effects' neutralization solution strategy development.



SALES DEPARTMENT'S WORK SHAPING AND BUILDING CORPORATE SALES MANAGEMENT SYSTEM BASED ON PRINCIPLES OF KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT LP TROYAN

Yatsevich Olesya Igorivna – Head of Sales Department of commercial management group of companies «STROYMIR» (Minsk), a PPL supervisory member, a consultant of Knowledge System of ECOLOGY OF THOUGHT LP Troyan.

Practical application of KSET LP Trojan allows competently solve professional problems taking into account the following factors:

- 1) Macro-relations: Company-Customer-Competitor
- 2) Micro-relations: Customer- Sales Specialist – Sales Manager (Commercial Service) – other company services-Company Management – Customer.
- 3) Psychological aspects of successful entrepreneurship at different stages of business process management of sales development at all levels.

APPLICATION OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT LP TROJAN IN REALIZATION OF MOTIVATION AND MISSION OF ONLINE – STORE IN BERLIN SELLING RUSSIAN PRODUCTS: CHILDREN'S CHRISTMAS FANCY DRESSES AND OTHER GOODS

Kegeles Anna Vladimirovna – an economist, a psychologist, an advisory PPL member, Germany, Berlin.

The report considers the methods used at the stage of a complex search for new customers. A possibility to save a harmonious state for the organizers of the creative process, a search for new resources – a formula for success of the project.

THE METHOD APPLICATION OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN IN NEW ENVIRONMENT AMONG PEOPLE WITH OTHER MENTALITY

Lyudmila von Krassow – Swedish, English, German, French languages interpreter, a psychologist, a member of PPL. Sweden, Stockholm.

The Methods of The Knowledge System of ECOLOGY OF THOUGHT by L.P. Troyan discipline the perception of a new habitat in all variety and development. Realization of the concept of a great number of embodiments allows to find logic and to understand features of new relationship, keeping own spiritual principles and outlook.

APPLICATION OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT LP TROJAN IN GOAL SETTING ON A NEW TERRITORY, IN A COUNTRY OF A DIFFERENT CULTURE

Musatova-Gyuimelli Natalia – a psychologist, the author of books on hairdressing, a member of PPL, Paris, France.

The report gives the state of confidence. It was the result of application of the information of the basic course «ECOLOGY OF THOUGHT LP Trojan.» Theoretical knowledge obtained on another territory was confirmed in real life. Testing techniques have helped to establish a state of adaptation and restoration of harmony in the creation of a new family with new goals, in tune with the new conditions of life.

THE APPLICATION OF METHODS OF KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN IN THE CONDITIONS OF POLITICAL INSTABILITY

Smolyarova Natalia – a yoga coach, a consultant, a member of PPL. Israel, Holon.

The Methods of The Knowledge System of ECOLOGY OF THOUGHT by L.P.Troyan help to restore a balance in a period of the optimum choice need. Realizing of oneself and the place in a life in difficult conditions allows to make the courageous deed corresponding to the moral principles and human norms.

MOTIVATION OF SYSTEMATIC ACTIVE WORK FOR STUDENT COURSES' RESULT MAINTENANCE ACHIEVED BY THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT LP TROJAN

Naryshkin Marina Eugeniivna – an economist, a psychologist, an advisory PPL member, Russia, Saint – Petersburg.

Nurturing a healthy lifestyle culture is becoming topical for those who do not use their own resources and capacities of own organism for recovering and maintaining a state of harmony. This theme has different facets in children's requests, in school, student and labour groups. An individual and group activities bring results, joy, inspiration and experience of systematic performance.

OPTIMISM AND POTENTIALS OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN INSPIRE ANALYSIS OF LIFE CHOICES

Posmetnaya Valentina – a psychologist, a member of PPL. Ukraine, Kharkiv.

The signals of a physical body help to recognize the lack of integrity in the body, which helps to create specific work plans by the KSET methods with the initial causes of destructive processes in the near future.

THE RESULTS OF THE APPLICATION OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN IN CORRECTION OF NEUROLOGY AND VIOLATION OF DEVELOPMENT OF A CHILD'S SPEECH

Aristov Inna – a KSET consultant, a PPL member. Ukraine, Kharkov.

The application of the KSET methods allow to transform the prime causes of a child's health distortion. Lasting side effects of medical preparations force to look for the safe methods of restoration of articulation organs. Work at all levels of a child's organism has been giving specific results in his development and preparation for school.

THE USAGE OF A SYSTEM APPROACH OF THEORY AND PRACTICE OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT L.P. TROYAN IN A FAMILY

Drozдовskaja Valentina Vladimirovna – an economist, a psychologist, an expert of Real Estate Agency «Your Capital», a member of PPL, Belarus, Minsk.

The report reveals the resources of family relationships in a system approach to the practice of simple and complex solutions of everyday relationships. Daily work forms self-respect, confidence, sober assessment of situations, trust and integrity.

RECOVERY OF PHYSICAL HEALTH THROUGH SPIRITUAL DEVELOPMENT OF HUMAN POTENTIALS

Kuhlenko Tatiana Ivanovna – a psychologist, a member of PPL, a consultant of the Knowledge System ECOLOGY OF THOUGHT L.P.Troyan. Ukraine, Kharkiv.

The report analyzes the results of the author's course of L.P. Trojan «Mission. It is modern and relevant.» Stages of conciseness and transformation of the prime causes of complex relationships with close people reveal resources of physical health recovery.

THE STEPS OF SELF-INSULT OVERCOMING. THE RECOGNITION OF GOAL SETTING IMPORTANCE

Korsunova Natalia Viktorovna – an economist, a psychologist-practitioner, a consultative PPL member, Moscow, Russia.

The report examines the background to self-insults, the periods of their initiation. The focus is on the consequences of powerful destructive processes which need to be prevented, including a real goal setting.

PROFESSIONAL GROWTH OPENS THE NEW OPPORTUNITIES IN RESTORATION OF THE CONDITION OF HARMONY

Kravtsova Alina Olegova – the psychologist of the Medical prenatal center «Stikhial», a PPL member, Russia, Moscow.

The analysis of experience confirmed with concrete results of consultation and escort of pregnant women, shows that in a professional work there is no division into important and minor information concerning a condition of women, and such kind of work pleases and inspires.

THE RESTORATION OF CONFIDENCE BY THE METHODS OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN

Bogodyazh Olga Leonidovna – the leading expert of the children's charitable social and rehabilitation center «Karitas», the project coordinator. Belarus, Minsk.

A stable physical and spiritual health indicates the importance of confidence state for all levels of a human organism. Such interrelation is reached by the methods of The Knowledge System of ECOLOGY OF THOUGHT by L.P. Troyan and helps to support the reached results.

THE APPLICATION OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN IN THE WORK OF PRACTICAL SCHOOL PSYCHOLOGIST IN KHARKOV SPECIALIZED SCHOOL

Spitsa-Orischenko Natalia Anatoliivna. – a practical school psychologist of Kharkov specialized school № 11, a PPL member, supervisory level, Ukraine, Kharkov.

The report shows the possibilities of method application of The Knowledge System of ECOLOGY OF THOUGHT by L.P. Trojan in work with the administration of educational institutions and the Education Department of Kharkov, and also at school lessons of Kharkov specialized school № 11 and in researching a practical psychologist's resources.

THE METHODS OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT LP TROJAN IN REALIZING AND TRANSFORMATION OF PRIME CAUSES OF BREAST AND CERVICAL SPINE DISTORTION

Burovskaya Irina Aleksandrovna – *Secretary of the Research Unit in Sociology Department of Taras Shevchenko Kyiv National University, a psychologist, a member of PPL, the president of the Charity Organization « The Knowledge System of ECOLOGY OF THOUGHT L.P.Trojan» in Kiev, a KSET consultant, Ukraine, Kiev.*

The report presents in detail the potentials of usage of a human body's resource states. Thanks to the transformation of negative thought forms and emotional states, and timely application of the methods of the Knowledge Systems of ECOLOGY OF THOUGHT LP Trojan thoracic and cervical spine were restored.

FUNDAMENTAL ROUND-TABLE OF THE CONGRESS: LAW REGULATION OF PSYCHOTHERAPY IN EUROPE AND ASIA

JULY 6th, 11.00– 12. 50, HALL «BRULLOV»

Chairs and moderators: Alfred Pritz (Vienna, Austria), Alexander Katkov (Almaty, Kazakhstan), Ekaterina Makarova (Moscow, Russia – Vienna, Austria), Victor Makarov (Moscow, Russia)

PANEL MEETINGS OF THE CONGRESS

(IN ALPHABETIC ORDER))

Panel:

ALL DIRECTIONS OF TRANSACTIONAL ANALYSIS

JULY 6TH, 12.00-14.50, HALL «SEROV»

CHAIRS: Galina Makarova (Moscow, Russia), Nadezhda Zuykova (Moscow, Russia), Zoran Milishkevich (Belgrade, Serbia)

Summary of the panel: Transactional analysis (TA) is one of the most popular and expressive methods of modern psychotherapy, used by Russian specialists more and more. Today TA spread far beyond the limits of psychotherapy and is successfully applied in coaching, mediation, consulting, education, not to mention the «brand names» of modern psychotherapy as practical psychology and counseling. And in each area TA has originality and its obvious achievements. The purpose of this section is to meet and unite professionals working in different areas of TA and representing various schools.

SCENARIOS OF THE PERSONAL FUTURE: WORK WITH DECONTAMINATION

Galina Makarova – *Dr.Ph, vice rector of institute of professional development of PPL, Moscow, Russia.*

The report will describe practical work with the use of decontamination in Creation of the scenario of the personal future. The report will touch decontamination of structures of the first and second orders, work with collective conscious and unconscious.

DYNAMICS OF THE PERSONALITY STRUCTURE (PARENT-ADULT-CHILD MODEL) WITHIN THE MYTHOLOGICAL CHARACTERS. BASED ON THE SYMBOLOGY OF TAROT CARDS. PRACTICAL USE EXPERIENCE

Alena Oleshko – *Canada – Ukraina.*

Description: Personality structure in transactional analysis may be expressed and described with the terms of the mythological characters. The report will touch upon theoretical basis of the linkage between personality structure elements in transactional analysis and their impersonations in the mythological characters. The report will also describe practical work with the use of mythology and symbols in psychotherapy, with the defined purpose of development of certain components of personality structure, as well as collateral positive effects of teaching Tarot cards to patients.

MYTHOLOGICAL AND CULTURAL ROOTS OF TABOOS IN STROKEST EXCHANGE

Alena Oleshko – *Canada – Ukraina.*

Description: The report describes the pre-christian bases of taboos in strokest exchange. It considers various beliefs or symbols of faith that existed in pre-christian cultures regarding such taboos as Do not take and Do not give. Based upon the analysis of the beliefs of North American ecocivilizations and some other pre-christian cultures.

TRANSACTIONAL ANALYSIS OF THE INTERACTIONS IN THE TRIAD OF DOCTOR-PSYCHOLOGIST-PATIENT OBSTETRIC PRACTICE

Elena Pechnikova – *General Director of FAMILY PLUS medical and psychological clinic, Leader of modality of the perinatal psychotherapy and psychology and psychology of reproductive sphere. Moscow, Russia.*

Examine the structure of the ego-states of pregnant woman in pregnancy and updating of various ego-states in the doctor-patient, the psychologist-patient, physician and psychologist interactions in the management of pregnancy and treatment of gynecological diseases (psychosomatic approach).

TRANSACTION ANALYSIS: FROM A GAME TO INTIMACY

Elena Shalaeva – *M.D., psychotherapist at the center of clinical psychology and psychotherapy of Narcological dispensary №6, postgraduate student at the psychotherapy and sexology chair of the Russian Medical Academy of Postgraduate Education, full member of PPL, member of the International association of systemic mediators. Russia, Moscow.*

Analysis of psychological games, description of new game strategies, deepening and accumulation of experience, enriching transactional analysis with new findings and contents of other methods modified the technique itself. The report presents a new perspective on a well-established and proven method of psychotherapy.

THE DRIVER «GIVE FIGHT»

Elena Kazantseva – *psychologist. Russia, Moscow.*

There are Five traditional drivers (Be perfect. Be strong. Please others. Hurry. Try) for the American society of the middle of the 20th century. The driver «Give Fight! « is representative of the Russian national culture. When the internal Parent speaks: «Fight up to the end. While you fight, you live», the Adaptive Child submits to this voice and sometimes itself creates situations necessary for fight.

ACTUAL TA IDEAS FOR WORKING WITH PSYCHOSOMATIC PATIENTS

Nadezhda Zuykova – *M.D, head of Psychosomatic Pathology Department (Department of continuing medical education, People's Friendship University of Russia), leader of PPL modality «Clinical Psychosomatic psychotherapy». Russia, Moscow.*

The report presents a number of relevant ideas given from a position of isolation therapeutic targets in a work with psychosomatic patients. On the basis of considerable practical experience, the author shows how much junctions and counter junctions influence the occurrence of certain psychosomatic disorders, symbiosis and poor ability of expression of authentic feelings. We consider the idea of forming a psychosomatic and psychotherapeutic scenario possible to minimize its toxicity. The conclusion is that the use of TA in a treatment of these numerous and hardly curable patients contributes to our understanding of psychosomatics and efficiency of working with them.

TRANSACTIONAL ANALYSIS IN THE WARD THERAPY OF THE KARDIOPATIENTS

Svetlana Dvurechenskaya – *psychologist, visceral therapist, a member of the Professional Association of visceral therapists. Russia, Moscow.*

Application within the ward of the city hospital treatment kardiopatsientov transactional analysis techniques (such as contracts for the care of, familiarity with the healthy part of you work with the feelings of the axes anger and sadness, fear, joy), allows a treatment to the child ego state to improve mood and enhance the creative resources of the individual towards recovery, through the reference to the parent ego state to learn self-care skills and self-relaxation, through an appeal to the adult ego state-run conscious mechanisms of craving for life.

WARD THERAPY WITH THE USE OF TRANSACTIONAL ANALYSIS IN PSYCHOSOMATIC MEDICINE FOR CARDIO PATIENTS

Dvurechenskaya Svetlana – *psychologist, visceral therapist, a member of the Professional Association of visceral therapist. Russia, Moscow.*

In the talk we consider the experience of ward psychotherapy as a part of complex therapy for cardio patients in the city hospital. The combination of transactional analysis methods, body-oriented approaches and trance-hypnotic techniques allowed to enhance resources of the person and turn on the mechanisms for self-healing. The main targets are such factors of cardiovascular disease as a stress, anxiety, pessimistic, the need for control, depression, self-esteem, aggression, alexithymia and passive role of patients themselves in front of somatic troubles.

INFLUENCING LIFE SCRIPT WITH SOCIALS SKILLS TRAINING AND COACHING

Blaž Suhač – *certified trainer, Adler Social Coaching. Slovenia, Ljubljana.*

This lecture presents a social skills training program which purpose is to influence client's life script. The program is intended for non-clinical clients who generally want to improve their emotional, social and material well-being by developing specific personal and social skills such as self-esteem, communication, motivation, social networking and discipline. The program lasts one year and in this time, the clients train individually under supervision of a certified trainer.

Although the program is intended for non-clinical clients, the program also uses therapeutic and coaching interventions. Therefore we start the lecture by placing the program between psychotherapy and coaching and present the differences between these two practices. Then, we present the method used in the program along with the key steps of client's personal development, focusing on therapeutic and coaching interventions. At the end, we present results of a two-year study of effects of the method applied to a group of 300 clients, which shows that the program is highly effective with long-lasting effects, thus supporting the claim that it influences a life script.

NARRATIVE APPROACHES TO STUDY OF LIFE SCRIPTS

Fedotov I.A. – *candidate of psychiatric department in Ryazan State I.P. Pavlov Medical*

Shustov D.I. – *PhD, MD, professor, head of psychiatric department in Ryazan State I.P. Pavlov Medical University.*

One of the basic approaches to treatment in transactional analysis is the study and change of life script. Speaking about life script they usually mean a number of decisions, which were arrived at as strategies of coping in childhood, which affect our life-time, while we remain unaware of them. Herewith, in the process of development of TA the understanding of life script was evolving from rigidly determinate model (E. Berne, C. Steiner) through the theory of the script as early decisions making (F. English, Allen&Allen) to constructivist model, where script is treated as formation of narrative identity in constant interaction of an individual with his environment (J. Stafridge, M. Tosi). To understand the narrative component of life script we can resort to one of convenient approaches- the technique of Central Conflict Relational Theme, which was introduced by L. Luborsky. The principle of the method consists in analysis of a client's narrative texts and detection of the central "drama" of transference, which runs as "a golden thread" through the person's life and greatly determines his script behavior.

PSYCHOTHERAPY OF PATHOLOGICAL CRAVING IN SUBSTANCE-ABUSE TREATMENT

Tatiana Agibalova – *Chair of Medical and Social Rehabilitation Department of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, RATA & EATA member, Russia, Moscow.*

Research shows that a combination of a psychotherapeutic program and psychopharmacotherapy in treatment of dependent patients is more efficient than treatment based on psychopharmacotherapy alone. It is important that a psychotherapeutic program include such components as motivational psychotherapy and compliance psychotherapy. These formats combined with psychopharmacotherapy involving an injection of a prolonged opiate receptor blocker potentize each other, have an effect on pathological craving.

PSYCHOTHERAPEUTIC FAILURES IN SUBSTANCE ABUSE TREATMENT PRACTICE

Helena Rechkina – *Medical Psychologist, Medical and Social Rehabilitation Department of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, RATA & EATA member, Russia, Moscow.*

According to the personality theory in Transactional Analysis, alcohol abuse and other types of addictions are the so-called program or script of self-destructive behavior formed in early childhood. Addicted clients play a Game as a Victim of their dependence; they look for Saviors who switch to Persecutors later having failed to help. Discussion of 7 groups of failures in TA treatment of substance abuse is presented.

PSYCHOTHERAPEUTIC TRANSACTIONAL-ANALYSIS-BASED PROGRAM FOR TREATMENT OF PATIENTS WITH DEPENDENCE SYNDROME

Pavel Tuchin – *Head of Medical and Social Rehabilitation Department of the National Scientific Center for Research on Addictions of the Russian Ministry of Healthcare, RATA & EATA member, Russia, Moscow.*

Starting work at the earliest stages of psychotherapy with TA, we take advantage of this approach that involves gaining control over destructive symptoms of the disease in the current situation and planning of changes enabling the client to be successful in the future. Use of TA in group and individual therapy allows generating a new positive communication style and mutual commitments at the early stages of treatment which contributes significantly to remission.

DISCOUNTING AND PASSIVE BEHAVIOR AS AN UNCONSCIOUS WAY OF PURCHASE OF NEUROSIS

Elena Gorbunova – *psychologist. Russia, Moscow.*

The report examines aspects of the appearance of the neuroses and their physical manifestations in the present state of TA, namely, the position of the passive behavior of clients and patients (which are most time of their life live in a Life-script in the Child ego state) when looking for information to solve their problems.

The evaluation of the depth of the unconscious process of discounting and living in a long-term symbiotic relationship is shown in the presentation as well as the importance of the effects of this process. The results of the research which are conducted from psychotherapy and psychological sessions determine causes of passive behavior. Some commonly found games are shown.

The conclusion is that the constant presence in a conditions of passivity and discounting leads to the necessity for hospitalization of patients because of severe and prolonged physical manifestations of disorders.

Panel:

BALINT GROUPS – MODERN PRINCIPLES OF WORK AND BORDERS OF USAGE

JULY 6th, 13.00-14.20, HALL «SHISHKIN»

CHAIR: Nikolay Klepikov (Moscow, Russia), Ekaterina Rodina (Zaporizhia, Ukraine)

Summary of the panel: Balint groups is a method developed by Michael Balint in the 50's last century in England, which has got broad recognition worldwide and has occupied an important place in the professional development of psychotherapists. In Russia Balint movement has not yet received its wide development. The major task of our workshop is the discussion and analysis of modern principles of Balint group work, borders of usage and development perspective of Balint movement in Russia.

BALINT GROUPS – CHARACTERISTICS AND SPECIFICITY OF WORK

Nikolay Klepikov – *Ph.D. in biology, President of Consolidated Psychoanalytic Society of the Moscow Institute of Psychoanalysis, Chairman of the Balint Groups Committee of the Professional Psychotherapeutic League. Russia, Moscow.*

The presentation deals with methodological basis of work in Balint Groups – goals, tasks, application principles, leader's role and limitations of use. Differences between Balint groups and other forms of group work are discussed.

ABOUT BALINT DEVELOPMENT MOVEMENT IN RUSSIA

Elena Ivanova – *deputy head of the Center of depth psychology and psychosomatics at Moscow Institute of Psychoanalysis, a specialist of European Confederation of Psychoanalytic Psychotherapy, Russia, Moscow.*

Moscow Institute of Psychoanalysis, Consolidated Psychoanalytic Society, Professional Psychotherapeutic League (PPL), Interregional Public Organization Promoting Symboldrama and IKP together with the German Balint Society have implemented a training program in Germany and Moscow for leaders of Balint groups from different regions of Russia. In order to develop Balint movement a Balint Groups Committee has been established in PPL. This report gives an overview of the training system for

Balint group leaders. It covers the ways of development and specific features of Balint movement in Russia.

WORK WITH SCULPTURE IN A BALINT GROUP

Tatiana Tishkova – *Member of the board of the Consolidated Psychoanalytic Society of the Moscow Institute of Psychoanalysis, Specialist of the European Confederation of the Psychoanalytic Psychotherapy, Russia, Moscow.*

The presentation deals with methodological basis of work with sculpture in a Balint group. Sculpture allows to understand what is located in the blind spots or is covered by psychological defense, to understand why the work with patient is impeded, to see possible changes, to lessen emotional burnout, and to broaden the repertoire of communicative stereotypes.

USAGE OF IMAGINATION IN BALINT GROUP WORK

Eduard Mosevnik – *Vice President of the Consolidated Psychoanalytic Society, Specialist of European Confederation of Psychoanalytic Psychotherapy, Russia, Moscow*

The presentation deals with methodological bases of imagination technique usage in the work of Balint groups. Images, emerging spontaneously like "day dreams" stimulate the fantasy, perception of senses and affective states. At the same time rationalization steps back to the second place, which facilitates emotional contact in the psychotherapist-client relationship.

ROLE-PLAYING AND PSYCHODRAMA IN THE WORK OF BALINT GROUPS

Angela Avagimian – *Teacher of the Education and Medical Psychology Subdepartment of I. M. Sechenov First Moscow State Medical University, full member of Professional Psychotherapeutic League of Russia, Russia, Moscow.*

The paper addresses methodological basis of role-playing and psychodrama use in a Balint group. Psychodrama is a developed role-playing. The efficiency of combining the spontaneity, improvisation, and creativity principles implemented in Moreno's psychodrama with the work in Balint groups is discussed.

WORK PRACTICE IN BALINT GROUPS. PSYCHOTHERAPEUTIC, SUPERVISORIAL, BALINT GROUPS: COMMONALITY AND DIFFERENCES

Ekaterina Rodina – *psychologist, Assistant professor of Trans-regional organization of catathymic image experience, Executive director of Trans-regional civil society organization for promotion of symbol drama catathymic imaginative psychotherapy, accredited supervisor of Professional Psychotherapeutic League, publisher and production editor of Symbol drama magazine. Ukraine, Zaporizhia.*

The presentation deals with peculiarities of holding Balint groups in comparison with supervisorial and psychotherapeutic groups. Experience of combining Balint and supervisorial work in a group will be presented, and possible difficulties will be discussed.

SYMBOLICAL LANGUAGE OF UNDERSTANDING BY THE REVIEWER OF OWN OPPORTUNITIES IN GROUP BALINTOVSKAYA'S SPACE

Nataliya Malakhova – *candidate of philosophical sciences, the psychologist, the training psychotherapist of ISGAI, the coordinator of learning programs of Interregional public organization of assistance to development of symbol drama Katatimno-imaginativna of psychotherapy (IBO ADS KIP) of Nizhny Novgorod, the head of a joint program of IBO ADS KIP and Nizhny Novgorod state university N.I.Lobachevsky's name «Psychotherapy and psychological consultation on a method symbol drama». Russia, Moscow.*

In the report the fundamental principle of work of balintovsky group – deployment of symbolical language in the course of interaction of participants of group for achievement of effect of understanding by the reviewer of own opportunities in the professional activity is considered. Interesting to the solution of a question of adaptation of movement of balintovsky groups in Russia the phenomenon of the Russian soul is represented.

PANEL:

BIOENERGETIC ANALYSIS (ALEXANDER LOWEN)

JULY 7th, 11.30-12.50, HALL «BRULLOV»

CHAIRS: Francisco Garcia Esteban (Madrid, Spain), Andrey Zakharevich (Moscow, Russia)

Summary of the panel: Bioenergetic Analysis is a specific form of body-psychotherapy – based upon the continuity between body and mind –

rooted in the work of Wilhelm Reich and founded by Alexander Lowen. BA basically combines a bodily, analytic and relational therapeutic work, based upon an energetic understanding. (From IIBA web page)

In this panel, some of the basic principles of Bioenergetic Analysis will be outlined, as well as its historical evolution and currently envisioned trends for the future. Its similarities and differences with other ways of working with "bio-energy" will also be explored in an attempt to offer a theoretical background that clarifies what it has in common and different with other approaches that also work with body and mind to alleviate suffering and promote human wellbeing.

ESSENTIAL ELEMENTS OF BIOENERGETIC ANALYSIS (BA)

Francisco Garcia Esteban – *clinical Psychologist, therapist in Bioenergetic Analysis, vice-President of the International Institute for Bioenergetic Analysis (IIBA), vice-President of the European Federation for Bioenergetic Analysis-Psychotherapy (EFBA-P). Spain, Madrid.*

Modalities of psychotherapy do not remain fixated in time; they evolve, and sometimes they change so much that the outcome is a new form of psychotherapy. Like in biology, there is also convergent evolution: modalities of psychotherapy that initially are clearly different, incorporate in time changes in theory and practice that approach them and make them somewhat similar. In my communication I will try to identify some key elements that are essential to Bioenergetic Analysis and differentiate it from other forms of body-mind psychotherapies.

BIOENERGETIC ANALYSIS, A PSYCHOTHERAPY IN EVOLUTION: FROM CATHARSIS EXPRESSION TO SOMATIC RELATION

Patrizia Moselli – *Psychologist and Psychotherapist, member of the International Institute for Bioenergetic Analysis (IIBA), IIBA International Trainer, Director of the Italian Society of Bioenergetic Analysis (S.I.A.B.) and Past President of the Italian Federation of Psychotherapy Associations (F.I.A.P.). Senior Trainer for the Person Centered Approach Institute (IACP).*

The theoretical developments coming from contemporary research led us to revisit the bases of our knowledge. Our founders, Wilhelm Reich and Alexander Lowen, left us not only concepts to upgrade, but also fundamental and intuitive assumptions that anticipated several results of recent discoveries. Especially, our clinical practice anticipates some of the current acquisitions about the understanding of the therapeutic process determinants. The «communication between right hemispheres», the dimension of the implicit, the role of non-verbal interaction and other emerging issues, provide a semantic field appropriate to the discussion of the body approach.

My talk will be about the importance that therapy gives to the experiential dimension. I will explore especially the emotional experiences. The consideration of emotions as factors of organization rather than disintegration of the behavior's motivations, represents the heritage of our approach. Working with emotions, mediated by the work with the body, is traditionally the focus of the therapeutic interaction and cognitive processing in bioenergetic analysis.

THE RELEVANCE OF TOUCH IN PSYCHOTHERAPY

Olaf Trapp – *Bioenergetic Analyst (CBT), President of the European Federation for B.A. (EFBA-P), trained by the North German Institute for B.A. (NIBA) 1994-98, NIBA board member, training analyst in Poland and Russia, certified TRE (Trauma Release Exercises) training with David Bercei, Massage therapist, authorized teacher for Jin Shin Do. 7. Country, city: Germany, Eschwege.*

Touch is a basic need for human beings and without it relationship is partial. In psychotherapy deep emotional touch is possible with or without physical contact. Crucial is a deep understanding of the clients problem and the therapist's own tangibility. I will underline the advantages of body-psychotherapy, emphasize the importance of physical touch in treating early traumatized clients and encourage therapists to face their own discomfort or prejudices towards physical contact in therapy.

BIOENERGY ANALYSIS OF THE PERSON'S PSYCHICAL CONDITIONS

Andrey Zakharevich – *Ph.D., doctor of psychology, director of training center «HOMO UNICUM», member of European Association for Psychotherapy. Russia, Saint-Petersburg.*

The report is devoted to justification of the psyche materiality and its bioenergy structure. Proceeding from this concept, methods and the directions of psychotherapy and development of the unique abilities of experts will be shown.



BIOENERGETIC ANALYSIS: PAST, PRESENT, FUTURE

Andrey Zakharevich – Ph.D., doctor of psychology, director of training center «HOMO UNICUM», member of European Association for Psychotherapy. Russia, Saint-Petersburg.

In the report it's given the definition what is bio-energetics, and it will be shown mechanisms of formation of armors and blocks in an organism and mentality of the person. Here you can see the evolution of understanding of the nature and methods of the solution of psychophysiological man's problems from founders of the bioenergetic analysis – Wilhelm Reich, Alexander Lowen, to modern followers and representatives of this direction. And at the end it will be represented the possible classification of future approaches in the solution of the tasks facing the bioenergetic analysis.

THE BIOENERGETIC ANALYSIS OF MALE AND FEMALE PSYCHENERGETIC STRUCTURES

Andrey Zakharevich – Ph.D., doctor of psychology, director of training center «HOMO UNICUM», member of European Association for Psychotherapy. Russia, Saint-Petersburg.

In the report it will be presented the look on a male and female (origins) of the person from the point of view of the bioenergetic analysis developed by the author as a result of meditative researches. And we know at that everybody has both male and female psychoenergetic structures. Also it is shown that all human interactions have an erotic aspect which is shown up consciously or unconsciously. But to change the reactions we can do it only making conscious efforts. And finally in the report you can see how to change a psychophysiological state making active male and female structures.

THE RELEVANCE OF BODY-CENTERED PSYCHOTHERAPY'S METHODS TO PATIENTS WITH ANXIETY AND DEPRESSION

Timofey Aksaev – psychiatrist of the second category, a psychotherapist, member of the All-Russian Professional Psychotherapeutic League, Official teacher / coach at the regional level of the League, National mental hospital, Medical center "Diamed". Russia, Ulan-Ude, rep. Buryatiya.

In his report I want to show the relevance and efficiency of the used body-centered methods / techniques of myself in the framework of the developed and effectively proven System progressive polymodal psychotherapy (SPPP) to patients suffering from anxiety and / or depressive symptoms. Will illustrate how technology of bioenergetic analysis (by A. Lowen), and meditative relaxation methods (hetero (auto) gene-based therapeutic model (by Schultz, Jakobson).

PANEL:

BODY-ORIENTED PSYCHOTHERAPY

JULY 6th, 9.00-11.50, HALL «SEROV»

CHAIRS: Lev Belogorodskiy (Moscow, Russia), Courtenay Young (Edinburgh, Scotland), Lan Pecjak (Ljubljana, Slovenia)

Summary of the panel: The common base of the Body-Oriented Psychotherapy methods, which will be represented at the section, is using therapist's contact with the body of the client during therapy session (body-mind therapy). This using is based on inseparable connection of the body and the spiritual-mental area (mind) idea. Herewith we suppose that client's unreacted emotions and traumatic memories are impressed in body as a result of the functioning of physiological defense mechanisms. The work with it's physical display helps to correct client's psychological problems on the basis of a feedback. It helps client to grasp and accept repressed aspects of personality, to integrate them as parts of his (her) deep essence (self).

BODY ORIENTED PSYCHOTHERAPY, BODY IN PSYCHOTHERAPY

Lan Pecjak – master of social work science, president of Slovenian national umbrella for psychotherapy, head of Institute for psychodynamic psychotherapy in Slovenia, psychodynamic psychotherapist, supervisor and teaching therapist. Ljubljana, Slovenia

Discussion of what is body in psychotherapy and how is psychotherapy approaching towards inclusion of body into its processes. The presentation will consider a more holistic view of the body, introducing the five levels of its acknowledgement; physical, energetical or emotional, mental, intuitive and spiritual. We will also discuss differences between body therapies and involvement of working on a body level or body work technics combined with psychodynamic psychotherapeutic approach from a perspective of personal experience and practice.

WORKING WITH THE BOUNDARIES IN THE BOP

Belogorodskiy Lev – Psychotherapist of the World (WCP) and European (EAP) register. Full member of the European Association for Body Psychotherapy (EABP). The head of the modality Body-Oriented Psychotherapy of OPPL. Russia, Moscow.

One of the most frequent queries that the client comes to the therapist is the difficulty in relationships with close people. This query can be reformulated as the difficulty in building a boundaries in communication. The possibility of working with boundaries arising from the model of «communication as a compensatory ground» will be discussed and demonstrated as part of the master class.

THE FUTURE DEVELOPMENT OF BODY PSYCHOTHERAPY

Courtenay Young – lead writer for the EAP Project to Establish the Professional Competencies of a European Psychotherapist, member of European Association of Psychotherapy. Scotland.

THERAPEUTIC TRAINING: PSYCHOTHERAPY OF BODY OR PHYSICS OF SOUL

Vadim Murashov – M.D., PhD in Physiology and Psychiatry, Senior lecturer, Dept. of Psychiatry, Narcology and Psychotherapy, Maimonides State Classical Academy. Russia, Moscow.

Psycho-analytic techniques in bodywork make it possible to establish a dynamic interconnection between muscular tension and psychic defensive mechanisms. The psychophysiological basis of the technique in question is my research of hormones' binary action, and in particular, that of psychoactive effect of somatotropin (HGH) in patients with non-psychotic depressions and in healthy individuals.

HEAL THE ENERGY SURFING INJURY

Dmitry Ostrov – psychologist, master, supervisor training programs on somatic therapy of psychological trauma, Certificate of completion International Somatics Institute (USA), ABOT diploma, master of sports. Russia, Moscow.

One of the main conditions for the safe release of trauma is its accommodation in a special relationship with the therapist – «compassionate presence» that requires empathy, compassion, complicity, patience, and understanding. The therapist acts «container security», «beacon» early recognition of symptoms energy trauma, the new conductor of the healing of body experience, an ally of the adoption of a customer's personal power that is provided by the ability of the therapist to somatic resonance compensation for personal injuries and breadth of spiritual vision.

MERIDIANAL EMOTIONS DISCHARGE METHOD

Mark Sandomirsky – M.D., psychotherapist of European register, full member of PPL, member of All-Russian Council for Psychotherapy and Consulting. Russia, Moscow.

Meridian Emotional Discharge (MED) refers to the field of reflex psychocorrection methods. It is intended for the abreaction of emotions, including somatized ones. MED is applied in therapy of different psychosomatic symptoms, affective component of mental disorders, and for psychoprophylactic purposes as well.

BODY SYMPTOM WORK IN PROCESS-ORIENTED PSYCHOLOGY

Lyudmila Serbina – Ph.D. in psychology, certificate of the psychotherapist (The European Certificate of Psychotherapy), leader of the modality Process-oriented psychology and psychotherapy, founder and member of professional Processual community Russia., The official teacher and supervisor PPL, lecturer at the Institute for Integrative Psychology Professional Development. Russia, Moscow.

Process work offers new method in psychotherapy of body symptoms. It is based on idea that physical symptom represents not only a medical problem that deals with medical treatment but it is also a potential physical expression of dreaming. When we explore the nature of symptom by the process oriented method we unfold new qualities and aspects of a human life on different levels of reality.

A METHOD OF MASSAGE ORIENTED SYSTEMIC THERAPY TO PSYCHOTHERAPY

Alexander Tsetovich – Member of the PPL, winner of the USSR Council of Ministers in the field of science and technology, a practicing psychologist (Moscow, Russia)

We present a method of massage-oriented systemic therapy (MOST) in which massage is a first basic element of psychotherapy. Marked the application and advantages of this approach. Disclosed the method and features of massage techniques, its relationship to other areas of

psychotherapy (consulting, process-oriented psychotherapy, etc.). Presented the algorithm of MOST.

THE BODY-ORIENTED INSIGHT-THERAPY AS A METHOD OF DEALING WITH THE CRISES OF DEVELOPMENT

Marina Belokurova – *The psychotherapist of the Uniform European register, the transpersonal psychotherapist of the European register, the owner of the World certificate of the psychotherapist, speaker of TEDMEDRussia live 2013. The founder and member of presidium ATTP. Member EAP and member of the Uniform European register of psychotherapists. The councillor of Professional Remedial community. The official teacher and supervisor practice of international class EAP/OPPL. Russia, Moscow.*

Body-insight-oriented therapy- is an integrative method of psychological counseling, connecting strong affects bodily techniques with a deep analysis of the personal stories. The inaccessibility of potential human abilities and talents are one of the key problems can not solve the accumulated problems. To open the hidden deep within the human talent required considerable effort, more than just an effort of will. The presence of internal conflict in the unconscious body image between the desire to change your life for the better and the old patterns of behavior motivates a person to find a solution that can eliminate the contradiction between the bodily «I want» and «can not allow it.» During the session, insight-person reaches the state, called the «active intellect» which is a combination of four types of brain wave activity, producing a human at the same time, so a man is able to reach a state of «bodily insight» (or «clear knowledge»), at which the maximum burst of creative activity of the human condition and living self. The recovery process «axis of ego-Self» (as Carl Jung) in the seven vital aspects of the unconscious image of the body is sufficient for the process of self-actualization.

MARTIAL ARTS AS A BODYORIENTED PSYCHOLOGICAL PRACTICE

Andrey Stegantsev – *Ph.D., a member of the Russian Association of Transpersonal Psychology and Psychotherapy, master and mentor of traditional Taekwon-Do (7th Dan). Russia, Moscow.*

In the report the practice of traditional martial arts is analyzed from the point of psychology and body oriented psychotherapy. Besides the results of using a number of martial arts elements in various types of psychological and socio-psychological training are represented.

BODILY ASPECTS OF MAINSTREAMING PSYCHOLOGICAL BOUNDARIES OF A PERSON

Tatiana Levi – *psychologist-psychotherapist, candidate of psychological sciences, professor of Moscow university for the humanities. Russia, Moscow.*

The report discusses the role of the bodily awareness and attitude to the body in the process of creation mainstreaming psychological boundaries of a person.

YOGA AS A METHOD OF PHYCHOTHERAPY AND PHYCHOCORRECTION

Ekaterina Firsova – *Yoga-teacher.*

The paper explores elpermental methods of healing based on 'embodiment' to deal with interpersonal communication disorders. The key to success is a series of exercises that stimulate focus and concentration on details, especially while working with feet.

PSYCHOTHERAPY OF INDIVIDUALS EXPERIENCED SHOCK TRAUMA IN BODY-ORIENTED APPROACHES

Olga Mazur – *practical psychologist, artist, art-therapist. Certified in process-oriented approach by A.Mindell (IAPOP); body-oriented approach in Bodydynamic Analysis (1st grad) (Bodydynamic International Denmark); Bodydynamic approach in psychotherapy of shock trauma.*

The paper considers a model of psychotherapy of individuals who experienced shock trauma. The model is defined on the basis of body-oriented psychotherapeutical approaches: Bodydynamic Analysis by L.Marcher (Denmark) and Somatic therapy of trauma by P.Levin. The main aspects of psychotherapeutical work are considered in the paper: definitions of resources, constructive and destructive experiencing, time aspect and others.

BODY ORIENTED THERAPY BASED ON THEORY "THE CONSTRUCTION OF MOVEMENTS" BY NIKOLAI BERNSTEIN. LEVEL A

Elena Maximova – *The Head of the scientific group of the independent noncommercial organization «Social Center» Development», Full member of ALL-Russian Professional Psychotherapeutic League. Moscow, Russia*

According to the theory of Nikolai Bernstein, levels of movement construction can be considered as stages of human psychological development. Level A is the foundation of our body's development and functions. The main characteristics of level A are as follows: deep sensitivity as the basis of self-consciousness ("awareness of myself"); physical integrity as the basis of psychological wholeness; physical and psychological stability; shaping a pose/body position. The tonic basis of the postural reflexes includes support and vestibular reflexes as a foundation of physical and psychological sustainability. Neck (axis) tonic reflexes shape the body's axis and become a foundation of the concept of "personality core".

BODY ORIENTED THERAPY BASED ON 'THE CONSTRUCTION OF MOVEMENTS' THEORY BY NIKOLAI BERNSTEIN. LEVEL B

Elena Maximova – *The Head of the scientific group of the independent noncommercial organization «Social Center» Development», Full member of ALL-Russian Professional Psychotherapeutic League. Moscow, Russia.*

According to the theory of Nikolai Bernstein, the levels of movement construction can be considered as stages of human psychological development. Level B is the basis of human physical, motor and psychological automatism. Disinhibition of level B leads not only to improvement of movement coordination, but also facilitates such mental processes as cognition and speech.

Panel:

COGNITIVE-BEHAVIORAL PSYCHOTHERAPY

JULY 6th, 14.30-15.50, HALL «SHISHKIN»

CHAIRS: Vladimir Kasatkin (Moscow, Russia)

VIRTUAL COUNSELLING IN PRACTICE CBT

Sergey Kharitonov – *senior researcher suicidology «Moscow Institute of Psychiatry, Russian Ministry of Health». Russia, Moscow.*

The report discusses the perceptions of patients receiving cognitive-behavioral psychotherapy and psychotherapists most common ways online counseling. In particular, study the relationship to the possibilities e-mail, Skype and ISQ.

FEATURES OF THE INTELLECTUAL SPHERE AND COPING BEHAVIOR IN YOUNG MEN WITH ALCOHOL DEPENDENCE

Alexander Popov – *clinical psychologist in JSC «Institute of Functional Self-Regulation System Man».*

The report discusses the results of studies on the specifics of coping behavior in young people with alcohol dependence.

THERAPY OF BLANK INTENSION

Burno Anton – *m.d., docent of People's Friendship University of Russia, leader of PPL modality «Differential cognitive therapy».*

The report focuses on the application of psychotherapeutical work for elimination of «blank intension» to anxiety patients. The blank intension is that human being is in the efforts to manage their own internal anima's (mental) processes just directly by conation (by volitional way). The varieties of blank intensions in these cases are discussed. Typical of these are described. The technique of therapeutic intervention is given. The results of cognitive restructuring are considered.

PSYCHODRAMA TECHNOLOGY FOR THERAPY OF BLANK INTENSION

Nekrasova Svetlana – *m.d., docent of People's Friendship University of Russia.*

Cognitive intervention to find and eliminate the blank intension can be carried out using psihodrama techniques. The case study is described. The report is accompanied by a fotoillustration.

STRUCTURE OF A PERSONALITY AND QUALITY OF LIFE AS A BASIS FOR ORGANIZING PSYCHOLOGICAL SUPPORT

Anastasiya Kukshina – *k.m.n, head of the Laboratory of Medical Psychology and Psychotherapy of the Moscow Scientific and Practical Center of Medical Rehabilitation, rehabilitation and sports medicine.*

Anastasiya Kotelnikova – *k.p.n, researcher at the Laboratory of Medical Psychology and Psychotherapy of the Moscow Scientific and Practical Center of Medical Rehabilitation, rehabilitation and sports medicine.*

The report discusses the category of the structure of personality and the quality of life that are important predictors for psychotherapeutical approach selection.



ON THE POSITIVE SELF-INSTRUCTION AND BEHAVIOR MODIFICATION IN SPORTS

Konstantin Bocharov – *k.psihol.n.*, Associate Professor of the Moscow City University of Psychology and Education, chief specialist of sports psychology CCU «Center of sport innovation and training teams» Moskomsporta. Russia, Moscow.

The method of self-instruction is widespread and widely used in sports psychology for the correction of behavioral acts. Athletes sometimes can concentrate their attention in the area that requires further monitoring and the same way to create or modify the cognitive pattern. Demonstrates several techniques of «working» positive self-instruction.

FLOW AND MEDITATION IN MENTAL TRAINING

Vladimir Kasatkin – *MD, professor, researcher at the Moscow Research Center of Medical Rehabilitation, rehabilitation and sports medicine.*

The report discusses the possibility of stream conditions and meditation in coping with toxic thoughts and cognitive errors. The possibility of using these techniques in the clinic, sports, business training.

Panel:

CONTEMPORARY GESTALT AND LIFE QUALITY RECONSTRUCTION

JULY 7th, 9.30-11.20, HALL «BRULLOV»

CHAIRS: Irina Fedorus (Moscow, Russia), Konstantin Pavlov (Saint-Petersburg, Russia), Sean Gaffney (Stockholm, Sweden)

PROFESSIONAL GROWTH AND DEVELOPMENT OF GESTALT-PRACTITIONER. PARADIGMS AND PERSPECTIVES

Leonid Tretyak

This talk covers wide range of questions, connected with a professional growth of Gestalt-psychotherapist.

GESTALT-THERAPY WITH CHILDREN: CHILDHOOD AS PRECONTACT

Natalia Kedrova

This talk is about Gestalt methodology at an area of working with kids. Being Gestaltist You may focus on either raising the kid's awareness (V.Oaklander) or on the process of contacting between the kid and the adult (L.Vygotsky). Therefore, childhood is rather seen as a resourceful time than the source of trauma or unfinished Gestalten.

GESTALT-PSYCHOTHERAPY IN EVERYDAY'S LIFE OF CLINICAL PSYCHIATRIST

Alexey Demyanenko

Gestalt-psychotherapy in everyday's life of clinical psychiatrist – is a main theme of this presentation.

THE "MEANING-MAKING" PROBLEM FROM MODERN GESTALT POINT OF VIEW

Vera Prosekova

This talk is about "meaning-making" problem from modern Gestalt point of view.

THE MAIN THEME OF TODAY'S LIFE. MODERN TRENDS AND TENDENCIES IN EVERYDAY PRACTICE OF GESTALT CONSULTANT

Konstantin Pavlov

20 years of Gestalt practice forms the "body" of this talk. Some typical "stories" or "scenario" for contemporary clients, based on analysis of dramatically changing sociological, political, economical situation in Russian megapolis are being presented.

NON-THERAPEUTIC APPLICATIONS – COACHING, PERSONAL/ PROFESSIONAL DEVELOPMENT GROUPS, ORGANISATION DYNAMICS AND DEVELOPMENT

Sean Gaffney

PROBLEM OF ESTIMATING THE EFFECTIVENESS OF PSYCHOTHERAPY ON THE EXAMPLE OF THE RESEARCH OF INTERPERSONAL CHANGES WITHIN THE STUDENTS OF THE TRAINING ON GESTALT-THERAPY

Irina Fedorus, Boris Nemerinsky

The report is devoted to investigation of changes of the actual and the ideal self-esteem of students training programmes on Gestalt therapy, with different number of hours of personal psychotherapy.

PSYCHOTHERAPY AS A PROFESSION: PAST, PRESENT, FUTURE – GESTALT THERAPY APPROACH

Jelena Zeleskov Djoric – *Doctor of Psychology, PhD, Gestalt Psychotherapist, Research Fellow, Assistant Professor, External Relations and NOGT's officer of the European Association for Gestalt Therapy (EAGT). Belgrade, Serbia. Michele Cannavo* – *Doctor of Medicine, M.D., PhD, Gestalt Psychotherapist, Secretary of the European Association for Gestalt Therapy (EAGT), President of the Societa Italiana Psicoterapia Gestalt (SIPG). Catania, Italy.*

Psychotherapy profession in the past, present and future will be presented through the movie with an emphasis on gestalt therapy approach. The future status of the psychotherapy profession and identity will be discussed after the movie presentation.

PANEL:

DEPTH PSYCHOLOGY OF THE UNCONSCIOUS AND JUNG PSYCHOTHERAPY

JULY 5th, 16.30-17.50, HALL «KANDINSKY»

CHAIRS: Lidia Surina (Moscow, Russia)

LIFE CRISES AS A REFLECTION OF PROFOUND PSYCHIC GROWTH AND DEVELOPMENT OF A MAN

Lidia Surina

Life is immanently connected with growth, movement, development, it supposes an eternal process of changes, of overcoming of something old. That's why crises are extremely important in the evolution of a human personality. They are not only unavoidable, they are necessary for our development. It is very important not to avoid a crisis but to accept a force of our own resistance. Crises destroy a wall between our consciousness and unconsciousness. One should realize a latent sense of one's problems and unhappy events and to find through them a path leading to one's renovation. A crisis teaches us a responsibility for everything in our lives, because the reason of a crisis is always hidden in the depth of our own unconsciousness.

PSYCHOLOGY IN "CONFESSION" BY ST. AUGUSTINE: LOVE AND SIN

Vladimir Vinokurov

The analysis of the famous Confession by St. Augustine with its psychological, infernal and demonic aspects of love. Ethical dualism of medieval knowledge, its existence between being and non being, good and evil. Non being was understood as disintegration of the personality mostly in consequence of sin. We will look at this transformation through the analysis of a fragment of Confession by St. Augustine in which he describes his love feelings as a chaos of different psychological experiences. They include a sinful fall into an abyss of lust and numinous, spiritual and ecstatic states.

MIGRATIONS OF THE SELF IN THE CONTEMPORARY WORLD

Elena Golovina

The notion of the Self is strictly connected with that of the sacral. If boundaries of the sacral change as they do today, so the outlines of the Self change as well. A special sign of this changing is an official permission of homosexual marriages in Europe. The European culture shows that the sacral has somehow escaped into homosexual relationships because the whole structure of heterosexual relationships is damaged now. It looks paradoxical but homosexual relationships have remained the last possible deviation from the norm, the last accessible transgression. It seems highly problematic to establish a contact with the Self without any transgression. But transgression itself is becoming a norm today. So, what does the Self or God want from us now?

HERMETIC PHILOSOPHY OF THE TAROT: PSYCHOTHERAPY THROUGH THE LENS OF TRADITION

Petr Nesterov

This is an investigation of the hermetic philosophy of the Tarot as an ancient symbolic system, which allows to establish a contact between the consciousness and the unconsciousness. This contact creates a psychotherapeutic effect. There is a unified psychic field in one's life, which includes the past, the present and the future. Every moments of life can be presented symbolically. There are special clues which help to create someone's life and to realize one's true will and the Self. The unavoidable stage of this path is a profound metaphysical crisis, so called a "dark night of the soul". I will present a methodology how to manage the psychic forces in the process of individuation and how to use all these psychic states for your own sake.

DREAMS AND VIRTUAL REALITY

Nadezhda Stolyarova

Dreams are banal and mysterious at the same time. Dreaming mind creates worlds of its own, they are imaginary but a sleeping person perceives them as real ones. Nowadays everybody knows what a computer reality is and how computer technologies can be helpful. Dreams are somehow similar to a virtual computer reality. If one allows into his dream a gist of a conscious control his dream turns out into a specific device for a unique cognitive experience.

DRAMATURGY OF ANALYTICAL PSYCHOLOGY

Natalia Pavlovskaya

Extending the range of analytical tools, the vision of the new areas of the Eros and Logos contact, strengthening the axis of Ego and Self, a presentation of the author's method of analytical therapy combining drama and analytical skills, the opportunities of using creative resources in dealing with symptoms, dealing with crises, the stages of development of consciousness, contact with mental and spiritual needs which has proven itself effective in group therapy.

THE ARCHETYPE OF A WOMAN WARRIOR AND THE SAMURAI SWORD

Elena Puchkova

K. Tarantino movie «Kill Bill» with Uma Thurman in the lead role will give us the opportunity to come into contact with the archetype of women warriors. A vivid image of the heroine will allow us to consider the alchemical aspects of the archetype of the warrior women, its purpose, the internal conflict and the source of her supernatural powers. What inspires her? Can the different fate of the heroine? What parts of the Soul is trying to save the woman warrior, killing their abusers – associates? What kind of internal trauma plays the heroine? Our lecture – a search for its own samurai sword and a worthy place in the interior. The image of the Black Mamba will reveal the mind of the female and the male unconscious required to address men's relations with the world. In this way we can help Bill, which turns the main conflict for the performance of the male protagonist, internal predestined.

PANEL:

DIANALYSIS

JULY 6th, 15.00-15.50, HALL «SEROV»

CHAIRS: Vladimir Zavalov (Novosibirsk, Russia)

Summary of the panel: Dianalysis is the original system of integrative psychotherapy and counseling, based on phenomenology and dialectics of the symbol by A.F.Losev. In Dianalysis the idea of «ontological personalism» is developed, a look at the man whose existence is personal, absolutely individual and at the same time absolutely public. The personality of a man is considered to be the «carrier of problems», the personality can't be the «source of problems». It makes psychotherapy an interesting (problem solving) and noble (strengthening the personality) occupation, as dianalysis is not focused on detecting pathology or revealing hidden «complexes», «mental abnormalities», pathological character traits or «unconscious» motives of self-destruction. The main objective in dianalysis is to help people find inner peace, reconcile contradictions (deep in soul) and find their way to full self-realization.

DIANALITICAL CONCEPT OF THE SIGN AND THE SYMBOL IN WORK WITH THE CLIENT'S EXPERIENCE

Vladimir Zavalov – Doctor Medical Science, Professor of Psychiatry, Senior research fellow in laboratory of psychophysiology, Research Institute of Physiology, Siberian Branch of Russian Academia of Medical Science. Novosibirsk, Russia.

The sign directs people to a specific reality, and «switches on» automatism of will and emotional responses. The symbol contains ambivalent signs or a lot of signs and requires the inclusion of conscious activity, thinking, heuristics and the «remembering self.» The symbol in therapy is understood as «contamination of the sign». There are no ambivalent feelings; there is ambivalence of the symbol that stands for internal inconsistency signs. Anything can be taken as the symbol and it can be transformed into some «therapeutic idea» (dialectics of the symbol). In dianalysis symptom or symptomatic behavior is taken as the symbol in order to produce a therapeutic effect.

THE PARADOX OF PSYCHOTHERAPY: TREATMENT WITHOUT TREATMENT FOR PATIENTS WITHOUT DISEASE

Vladimir Zavalov – Doctor Medical Science, Professor of Psychiatry, Senior research fellow in laboratory of psychophysiology, Research Institute of

Physiology, Siberian Branch of Russian Academia of Medical Science. Novosibirsk, Russia.

The paradox of psychotherapy related to the paradox of a man as the main object of this activity is discussed in the article. The author believes that critical common sense is «the paternal gene» for the origin of psychotherapy. It was the «animal magnetism» criticism in 1784 that appeared to be the starting point for the psychotherapy development. Psychotherapy seems not to be so linked with shamanism and other spiritual practices. The basic paradox of psychotherapy can be formulated as treatment of imaginary disease with imaginary means. This paradox can't be dealt with the help of natural language. The individual right to self-determination and errors within the Declaration of the Rights of Man and of the Citizen is thought to be «the maternal gene» of modern psychotherapy. The paradoxes of psychotherapy itself, placebo paradox, the psychotherapist personal paradoxes, his client's personal paradoxes are discussed. The author suggests that the psychotherapist should develop special sensitivity to the paradoxes, which our changing contradictory and increasingly complex world imposes on our clients.

DEVELOPMENT OF META-THEORETICAL THINKING OF PSYCHOTHERAPIST

Lyudmila Shcherbina – candidate of psychological sciences, associate professor of department of psychology of Kyiv National Taras Shevchenko University, psychotherapist of single register of European psychotherapists, full member of the Professional psychotherapeutic league, instructor of Dianalysis. Ukraine, Kiev.

Development Program for meta-theoretical thinking of therapist was tested under the training project «Dianalysis School» (2008-2012). The research of group members showed that during 2-3 years of participation in developing seminars and laboratory exercises with modeling problems of clients they have worked out a meta-theoretical thinking skills: accuracy, realism, dialectics, completeness, creativity, independence, critical thinking, reflexivity, consistency, purposefulness, flexibility.

DIANALYSIS AND MODERN NEUROSCIENCE

Natalia Morozova – phd, psychotherapist European and Worldwide registration, the instructor dianalysis institute of physiology. senior researcher at the laboratory of psychophysiology. Russia, Novosibirsk.

The report provides data to support scientific approach to psychotherapy and counseling taking dianalysis by example, in which the critical sanity is grounded on fundamental advances in the neurosciences.

GRIEF THERAPY IN DIANALYSIS

Nina Tronenko – post-graduate of the Faculty of Psychology, Kyiv National Taras Shevchenko University, the instructor of Dianalysis. Ukraine, Kiev.

The main point of experiencing grief is the destruction of sense of continuing living. For every client one needs to find a healing therapeutic idea where the loss would appear as an acquisition. Individual aspects of client's understanding of the sorrowful event serve as material for forming these therapeutic ideas. An important stage of counseling is acknowledging that death is meaningless but a person can fit this fact into own history as an important life milestone. Binding «before» and «after» is reached through a therapeutic idea which helps to rethink the event of loss, find new life-affirming sense, restoring the holistic picture of a person's being.

PANEL:

ECOFACILITATION

JULY 6th, 9.00-10.50. HALL «BRULLOV»

CHAIRS: Pavel Lushin (Kyiv, Ukraine)

Summary of the panel: Ecofacilitation (eco-centered facilitation) as an innovative psychotherapeutic modality has several interpretations and relates to the experience of transition characterized by a high level of ambiguity. The modality was designed and introduced by professor Pavel Lushyn in late '90s as a response to the transformation processes within the so called post-Soviet and global space. Ecofacilitation as a process is irreversible, nonlinear and unpredictable. It is based on the ideas of a) the adequacy of the subject to the existing vital context and b) the proficiency\ non-deficiency as having to do with a redundant capacity of the subject to grow and develop. The situation of psychological help is characterized by a high level of uncertainty and thus requires of the ecofacilitator the capacity to tolerate ambiguity and to navigate in a dynamic and constantly changing environment. «Psychologist – client» relationships is viewed as a problem-oriented group or social ecosystem, the emergence and functioning of which is driven by the need of a client to help herself. In ecofacilitation it

is implied that the client is able to self-diagnose and to generate adequate «psychological immune responses». By these she demonstrates her basic desire for self-development and self-help. The time of an «ecossession» is determined by a consensus of both the client and the psychologist. A regular ecossession is short-term. Experience of pathology and deficiency is viewed as transitional in the course of personal development.

IN SEARCH OF A GENERIC PROCESS IN THE MATRIX OF PSYCHOLOGICAL HELP: ECOFACILITATIVE APPROACH

Lushyn Pavel – President of NGO «Association for Eco-centered Facilitation», Chair of psychological department in the University of Educational Management, NAPS of Ukraine, Kyiv, the founder of *ecofacilitation as a therapeutic modality*.

The presentation deals with the description of meta-theories designed to resolve «the paradox of equivalence» – which is the similarity of the outcomes of different psychotherapeutic modalities. The author examines the contents of the several: the formal – the empirical comparison of psychotherapy modalities (PM), the theoretical – the analysis of the origin of the therapeutic modality. Ecofacilitative approach is based on the idea of stimulating the process of self-organization of the socio-cultural matrix of psychotherapeutic modalities (PM) as an open dynamic ecosystem. The latter is not only to recognize the basic uncertainty of the PM ecosystem but to maintain and tolerate the uncertainty by adopting new PM as transitional forms of development.

ECOFACILITATIVE ASSISTANCE FOR LAWYERS IN TRANSITION (A CASE STUDY OF «BURNOUT SYNDROME»)

Bozhko Catherine – senior lecturer of psychological department, Poltava National Pedagogical University named after V.G. Korolenko, Ukraine, Poltava.

The presentation focuses on the introduction of an innovative form of psychological assistance which is ecofacilitation. In the study we deal with the problem of coping with professional burnout among lawyers. The conditions for the effective work and the outcomes of the empirical work are analyzed and discussed.

FACILITATIVE ASSISTANCE AS THE WAY TO COPE WITH CRISIS

Olifira Svitlana – Psychologist, post-graduate student at the University of Educational Management NAPS of Ukraine, Ukraine, Kyiv.

The crisis has always been important to humans. We consider the crisis in terms of ecofacilitation as a transition. The task of ecofacilitator is to expand the understanding of the crisis as a stage of development. Such a task can be realized both within individual as well as group work (as part of the «problem-oriented dynamics»). The latter could actualize not only a personal experience but the group transformations, eliminating confrontations and generating insights.

ECOFACILITATIVE GAME IN EDUCATIONAL SPACE

Savchenko-Halushko Tatyana – master of psychology, project manager, «Empire of Development», Ukraine, Kiev.

The game is considered to be a tool for the development of integrative qualities of an individual, which is focused on solving complex theoretical and practical problems. From the point of view of ecofacilitative approach (P.Lushyn), the game has a number of distinctive features that contributes to a developmental learning environment and the emergence of positive personal constructs.

FROM PERSONAL EXPERIENCE OF HELP IN EXTREME CONDITIONS. KRYMSK. A YEAR LATER.

Zernova Natalia – doctoral student, the Department of General and Applied Psychology, the Institute of Management and Psychology at the University of Educational Management, National Academy of Pedagogical Sciences of Ukraine, member of the All-Ukrainian NGO organization «Association for Eco-centered Facilitation», Ukraine, Kiev.

The presentation provides a retrospective analysis of the catastrophe events (Kymysk, Russia, summer, 2012) in terms of a) the victim's of post traumatic experience, b) the psychologist's personal experience, c) a description of the experience of both during the first month after the tragedy, and d) personal experiences of a psychologist a year after the tragedy. The posttraumatic experience is regarded as a transitional period within the methodology of the ecofacilitative approach (P.Lushyn).

ECOFACILITATIVE ONLINE COUSSELLING: PILOT STUDY

Slon' Antonina – master of psychology, member of the All-Ukrainian NGO «Association For Eco-centered Facilitation», Ukraine, Kiev.

The presentation deals with application of the ecofacilitative therapeutic modality in online counseling. The context of work: anonymity, unconditional positive regard, tolerance for ambiguity, high level of psychologist's confidence in client's experience. It is also proved that the extensive use of imagery and cognitive techniques can achieve high performance in responding to the client's challenging situation.

ECOFACILITATIVE SPACE IN PROFESSIONAL PERSONAL DEVELOPMENT

Ingievskia Lesiy – senior lecturer, the department of General and Applied Psychology in the University of Educational Management NAPS, Ukraine, Ukraine, Kiev.

The presentation deals with aspects of ecofacilitative approach to student's personality within the postgraduate education system. The qualities of professional formation of individuality are considered.

DEVELOPMENT OF THE NOTION EMPATHY AND AUTOEMPATHY: ECOFACILITATION LOGIC

Sukhenko Yana – Ph.D., associate professor of the department of pedagogical skills of the Poltava regional institute of postgraduate pedagogical education by the name of M.V. Ostrogradsky, head of the Poltava representation office of VOO «Association of the ecological help», Ukraine.

Representatives of various psychological modalities consider empathy as a basic element of the psychotherapeutic relations. The pilot study of regulatory potential of empathy allowed to expand ideas of this phenomenon: to describe 12 empathy portraits of practical psychologists, to open the essence of a phenomenon and to formulate autoempathy definition as the highest form of development of empathy, and also to study features of manifestation of empathy and autoempathy in psychological practice.

Panel:

EMOTION-IMAGE THERAPY «EMOTION-IMAGE THERAPY: NEW POSSIBILITIES AND PROSPECTIVES» JULY 7th, 9.00-12.20, HALL «PEROV»

CHAIRS: Nikolay Linde (Moscow, Russia)

Summary of the panel: The Emotion-Image Therapy method is widely used in psychotherapy, practical psychology and counseling. In the Emotion-Image Therapy these disciplines are joined in one cohesion, and influence of the Emotion-Image Therapy (EIT) can be tracked in different spheres of psychological knowledge. EIT is supposed to assist a person to resolve his/her psychological problems, to find the basics of these problems, and to self-counsel, which would lead not only to self-recovery, but to improvement of general situation. That is why the second name of the therapy is called «Analytically Instrumental Therapy». There are significant achievements in correction of multiple psychosomatic disorders: asthma, allergy, pains of different etiology, neurodermitis, mioma, oncology, etc. EIT proved its efficiency in working with phobias and panic attacks, anacnisis, with grieves and losses, in masculinity/femininity problems, with birth trauma, discrepancies of life scenario, and many other psychological issues being a stumbling point for traditional methods of psychotherapy. This branch of psychotherapy is constantly developing new methods and is giving the reasons of different unresolved problems.

THE EMOTION-IMAGE THERAPY (EIT) AS A BASIS FOR INTEGRATION OF DIFFERENT SCHOOLS OF THE MODERN PSYCHOTHERAPY AND PSYCHOLOGICAL COUNSELING

Nikolay Linde – Cand. of Science (Psychology), Moscow State University of Humanities Professor, Moscow Institute of Psychoanalysis Professor, acting member of Professional Psychotherapeutic League, President of the N.D. Linde Emotion-Image Therapy Center. Russia, Moscow.

The Emotion-Image Therapy is a powerful practical device for verifying different psychological concepts. Images created by the client are irrefutably evident with the problems described in the works of S. Freud, A. Adler, W. Reich, E. Burne, et.al. Rectitude of the psychological analysis is proved by the correction effect, which occurs immediately after using the adequate technique of the self-impact. Numerous examples proving the possibility of effective usage of all significant psychotherapeutic methods and ideas are confirmed in the report.

PSYCHOLOGICAL SUPPORT FOR ONCOLOGY PATIENTS BY MEANS OF THE EMOTION-IMAGE THERAPY (EIT)

Tamara Smirnova – Cand. of Science (Psychology), Assistant Professor, Head of Psychology Department of Moscow State University of Design & Technology

(MSUDT), Acting Member of the Professional Psychotherapeutic League, Vice-Resident of the N.D. Linde Emotion-Image Therapy Center. Russia, Moscow.

In the paper the results of the analysis of the theoretical research of the clients with oncology problems are described. All results had been confirmed in the course of the therapy. Analysis of the psychological profiles of those patients helped to reveal what "psychological carcinogens" do exist in the personality of the oncology patients. Author formulates her concept of psychological models of the origin and development of oncology diseases. The Emotion-Image Therapy gives a wide scope of providing oncology patients with psychological support, challenging them for developing new vitalities and immunities. It can serve as preventive measures of the relapse of the disease.

THE EMOTION-IMAGE THERAPY (EIT) IN PATIENTS WITH PANIC ATTACKS

Irina Sukhina – acting member of the Professional Psychotherapeutic League, practicing psychologist, educator-psychologist, The Emotion-Image Therapy specialist, neuropsychology specialist. "Jar-ptitsa" family club psychologist. Russia, Shchelkovo, Moscow region.

Panic attacks widely occur in our everyday reality. There are a lot of people who spend years visiting one doctor after another, and getting deeper and deeper down in the disease. The reason for panic attacks has both psychological and somatic basis. The report consolidates data of counseling the clients with panic attacks. Client's type of personality and psychological basis for panic attacks are the targets of analysis. The specifics of counseling of such clients using the Emotional-Image Therapy method are described in the paper.

THE EMOTION-IMAGE THERAPY (EIT) AND PSYCHOSOMATIC PROBLEMS: FIBRO-CYSTIC DISEASE OF THE BREAST

Tatiana Churina – Cand. of Science (Philosophy), psychologist, acting member of the Professional Psychotherapeutic League, Russia, Moscow.

The EIT presents good results in resolving the psychosomatic problems. Casualty, being the basics of the method, gives us opportunity to determine the initial reasons of the emergence of the blocks of emotions in the body. Using the EIT method with chronically depressed and blocked clients' feelings, which are the reasons of the psychosomatic symptoms, might give prompt results. It is confirmed by clinical diagnostics. Although, the initial problem should be fully and successfully resolved, otherwise the negative symptoms might reappear again. It is very important in dealing with such clients, for them to recognize their own responsibility for the emergence of psychosomatic problems and for the decision to dispose of them.

TROMBOTHYTOPENIA WITH THE PERSON WITH OBSESSIVE DISORDERS. USAGE OF THE EMOTION-IMAGE THERAPY: TARGETS AND OUTCOMES

Ludmila Borodkina – clinical psychologist, Tver State University tutor. Acting Member of the Professional Psychotherapeutic League, The N.D. Linde Emotion-Image Center lecturer. Russia, Tver.

Trombocytopenia is a very rare autoimmune deficiency, caused by the decreased level of thrombocytes in blood (occurs in approximately 60 cases per 100000). Etiology is unknown. Treatment is mostly hormone therapy. The author describes the case history of 10 séances working with a disabled person using the Emotion-Image Therapy. Additional interest of this case is the affective-personal type of personality of the client and its correction within the timeframe. The report is supported by multiple illustrations, which confirm the dynamics of the changes in the course of the treatment and shows the advantages of the Emotion-Image Therapy even with extremely complicated cases.

THE EMOTION-IMAGE THERAPY IN CASES OF PSYCHOSOMATIC DISORDERS

Dmitry Kovalev – psychologist, senior staff of the Psychological Consultation Center "Alter Ego" (Tver), acting member of the Professional Psychotherapeutic League. Russia, Tver.

Often, the psychosomatic diseases are caused by some unconscious psycho-traumatic factor. That is why the role of psychologist (psychotherapist) might be extremely important on the initial stages of the development of the disease. EIT helps to correctly diagnose the basics of the clients' condition and to effectively work out with the problem until full recovery of the client.

DEALING WITH NEGATIVE PARENTS' APPEALS AND EARLY CONCLUSIONS BY MEANS OF THE EMOTION-IMAGE THERAPY (EIT)

Tatiana Zharova – acting member of the Professional Psychotherapeutic League, psychologist, administrative director of The N.D. Linde Emotion-Image Center. Russia, Moscow.

It is considered by the psychologists, that in the very early childhood, and even starting from the childbirth, parents translate to the baby the set of the "messages" which become the basis for the child's conclusions about himself, the other people, and the whole world. Gained experience is generalized in an image and acts as a filter for information. The whole complex of forbiddances, instructions, recommendations, in conjunction with "early decisions" made on the basis of it, becomes the basic compound for our life scenario.

The author describes the cases of the effective usage of the EIT method in revealing the negative parents' messages and "early decisions" which negatively influence the behavior, life strategies, and emotional state of the clients. Also, the examples of psychotherapeutic correction of the mentioned influence are provided in the article. The new decisions are encouraged, which lead to harmonization of the personality.

PSYCHOTHERAPEUTIC AID FOR THE PATIENTS WITH MENTAL DISORDERS USING THE EIT METHOD

Svetlana Rummyantseva – clinical psychologist, emotion-image therapy master-class leader, supervisor, acting member of the Professional Psychotherapeutic League. Russia, Moscow, Tver.

The Emotion-Image Therapy method works very effectively and precisely in the diagnostics of genuine causes of the emotional problems. It gives the clients opportunity to realize the problem and to find internal resources and energy to resolve it. Further psychotherapeutic impact on the basics of the problem leads to the effective resolution of the client's psychological problems. The success cases of the mental health clinic patients are reported.

"SMELL THERAPY" AND ITS ADVANTAGES IN PSYCHOTHERAPY

Ludmila Makarova – psychologist, acting member of the Professional Psychotherapeutic League. Russia, Nizhnevartovsk.

The method developed by Prof. Nikolay Linde has been first used back in the beginning of the 90s for the heart pain treatment. Since 2009, this method is widely used not only with psychosomatic disorders, but in cases of occupational fading with school teachers, with psychological traumas, with the patients in grief. While experiencing the emotional feelings (or pain), clients feel the series of different changing- one- another odors, which always end up with the odor of freshness. With this odor all negative emotions (or pain) usually disappear. Multiple examples are provided.

THE EMOTION-IMAGE THERAPY IN CASES OF RESPIRATORY TRACT DISORDERS

Irina Tabolina – psychologist, acting member of the Professional Psychotherapeutic League, general director of the "Podderzhka" company. Russia, Moscow.

Breathing is not only the physiological function, determined by the human's needs. It is a fundamental feature of the "I am" condition; it's a device of communication and equilibration between a person and the environment. The personalities of the patients with bronchial asthma are described, "profiles of the personality" of the patients, as well as variations of the neuro-psychic mechanism of the pathogenesis of the disease. Emotional factors in many cases might be crucial in the development of the respiratory tract diseases. And the emotion-image therapy suggests multiple methods and devices in treating the psychosomatic problems of the clients with respiratory tract disorders. It helps the patients to feel better and even to get rid of the disease.

THE EMOTION-IMAGE THERAPY: SEXUAL HARASSMENT TRAUMA IN CHILDHOOD

Olga Yurkova – clinical psychologist, staff member of the Charity Center for Women Survived in Sexual Harassment; The N.D. Linde Emotion-Image Center staff, acting member of the Professional Psychotherapeutic League. Russia, Moscow.

The report describes the case of the usage of the most evident and active examples of the long-term therapy of resolving the impact of the sexual harassment in the woman's childhood. This case of successful implementation of the EIT method in the crisis consultation is another argument for its integration abilities.

TWO CASES OF THE THERAPEUTIC USAGE OF THE EXERCISE "TRAVELLING THROUGH THE SEA BOTTOM"

Natalia Fomina – consulting psychologist, KiMU graduate, Ukraine, Kiev.

The reason of the psychological problems in the majority of cases is psycho trauma, which is usually not recognized by the person. That is why the role of psychologist (psychotherapist) might be extremely important on the initial stages of the disease. EIT helps in early diagnostics of the client's state and effectively deals with the problem until full recovery.

WORKING WITH PSYCHOLOGICAL DEFENCES IN THE EMOTION-IMAGE THERAPY (EIT)

Tamara Smirnova – Cand. of Science (Psychology), Assistant Professor, Head of Psychology Department of Moscow State University of Design & Technology (MSUDT), Acting Member of the Professional Psychotherapeutic League, Vice-Resident of the N.D. Linde Emotion-Image Therapy Center. Russia, Moscow.

The EIT method allows to promptly reveal the "defenses" which personality unconsciously constructs with the goal of prevention of the traumatic situation in one's consciousness. These defenses are mostly the weird images; e.g., repression is usually visualized as some stone, iron, et.al.; restricting symbols, displacement are the symbols of emptiness, freezing – the icy symbols, etc. The report is provided with examples and devises of the EIT method in counseling of the clients with "defenses" for their awareness and accepting.

PSYCHOLOGICAL BACKGROUNDS OF DEVIATIONS OF THE SEX IDENTIFICATION WITH WOMEN AND DEVELOPMENT OF FEMINITY BY MEANS OF EIT

Olga Berg – psychologist, emotion-image therapist, gestalt therapist, psychodrama specialist, trainer. Russia, Moscow.

Social and cultural basics for development of masculine features with women. Women's requests analysis at the session. EIT methods: rapid diagnostics of the sources which caused deviations of sex identification, and its correction. Examples from the author's practice. Methods of femininity development in the individual and group therapy using the EIT method.

THE EMOTION-IMAGE THERAPY AND WOMEN'S HEALTH

Alina Spiridonova – consulting psychologist, acting member of the Professional Psychotherapeutic League, certified trainer of the emotion-image therapy. Russia, Moscow.

Multiple women's diseases which often make them suffer, are caused not by somatic, but by psychosomatic reasons. It is being proved in the course of the emotion-image therapy séances. On these séances genesis of different pathologies was determined, e.g. mioma. The reason for this psychological problem might be the feeling of guilt for miscarriage or abortion. The emotion-image therapy gives opportunity to correct the initial negative emotional state of the woman; result being that the mioma dissolves. Pretty often it happens within just 1 séance and is confirmed by USI and manual exam. Several other issues of women's health problems are described in the report – miomas, cysts, polyps, chronic pains, etc. The author describes the psychological basics of such disorders and their correction by means of the emotion-image therapy method.

PSYCHOLOGICAL CORRECTION OF PSYCHOSOMATIC DISORDERS WITH CHILDREN BY MEANS OF THE EMOTION- IMAGE THERAPY METHOD

Irina Tokareva – Cand. of Science (Psychology), Physician, Russian Academy of State Service under the President of the Russian Federation, the chair of acmeology lecturer, the pediatrician at Children's State Polyclinic №12. Russia, Moscow.

The author is drawing attention to the rapid raise of the psychosomatic disorders with primary school students. Alliance of the Emotion-Image Therapy method with other psychological methods: art therapy, fairytales therapy, et al. is enthusiastically accepted by children and their parents. Long-term therapy being therapy of choice with children, presumes thorough analysis of the family situation and parent-child relationships. The successful result in such cases leads to decrease of psychosomatic diseases with adults.

EMOTION-IMAGE THERAPY FOR THE CORRECTION OF PSYCHOSOMATIC PROBLEMS OF PRE-SCHOOL CHILDREN

Elena Gromyko – an academician of Professional Psychotherapeutic League, school psychologist, counselor of twenty four hours hot line "Center of drug abuse prevention". Russia, Irkutsk.

As per statistics the number of diseases among the pre-school children grows with every passing year. Lately the pediatricians administered the new diagnosis: "children who become ill frequently and stay ill for a long period of time" that demonstrated two sides of the child health problem – the medical and the psychological. The psychological nature of children health, particularly, pre-school children, is associated with the psychological problems in the family thus leading to the health problems of children (a sickness as a result of the parents' behavior, in other words, the sickness that mirrors the situation in the family). The Report demonstrates the prime examples of Emotion-Image Therapy (EIT) application for the correction of the psychosomatic problems of pre-school children, such as insomnia, delayed speech development of the children with the mental retardation, the remission of the oncological diseases) in combination with such method as the art therapy. It shall be noted that the successful correction of the pre-school children with psychosomatic problems depends mainly not only on the personal interests of the parent (more often mothers) in the child rehabilitation, but on the intention of the parents to solve their own personal (psychological) problems. It is well known that the children mirror the problems of their parents.

THE EXPERIENCE OF USING METHOD OF EMOTION-IMAGE THERAPY IN PEDAGOGIC PRACTICE

Svetlana Poluektova – postgraduate student of psychology department in the Moscow Humanitarian Economic Institute, physician, psychologist, lecturer of psychology, full-fledged member of Professional Psychotherapeutic League. Russia, Moscow.

Development of pedagogy in the modern social economic conditions implies understanding the aim of education not as the acquisition of prepared knowledge, but as the way of effective development of independent thinking and creativity of the person, also as the basis of their self-realization in life. Application of this EIT method contributes to the natural and balanced encouragement of the students' cognitive activity in studying difficult subjects, the peculiar emotional response in the form of 'intellectual senses' both in the studying process and in the self-assessment of their achievements.

PANEL:

ERICKSONIAN PSYCHOTHERAPY

JULY 7th, 14.00-14.50, HALL «KANDINSKY»

CHAIRS: Vladimir Domoratsky (Minsk, Belarus)

Summary of the panel: Psychotherapy, using clinical hypnosis, which is based on the works of an outstanding practitioner of hypnotherapy Milton Erickson, his disciples and followers, is inherently short-term, strategic, integrative-eclectic approach, pragmatically aims at the resolution of emotional and behavioral problems, as well as elimination of painful symptoms in patients applying for assistance. The reports that will be presented at this section reflect opportunities of Erickson therapy in work with both clinical psychopathological disorders, as well as with difficulties of psychological nature, disadapting personality and creating obstacles for the full-fledged social functioning of an individual.

PSYCHOTHERAPY FOR PANIC DISORDER AND AGORAPHOBIA

Vladimir Domoratsky – M. D., Dr. Sci., Professor, chairman of Basic and clinical psychology dept., Belarusian State University, leader of the modality of «Ericksonian psychotherapy and ericksonian hypnosis» in PPL. Belarus, Minsk.

The report presents general principles and specific methods of work with panic disorders and agoraphobia in the short-term psychotherapy where the technics of ericksonian hypnosis and self-hypnosis are use, the main elements of treatment protocols of these disorders, developed by the Center of strategic therapy under the guidance of G. Nardone (Italy) in combination with eye movement desensitization and reprocessing (EMDR). A high therapeutic efficiency of the proposed model is postulated, regardless of the severity of disorders and it's duration.

METHODS OF EMDR AND ERICKSON'S HYPNOSIS IN TREATMENT OF SEVERE NEUROSES

Margarita Motoro – Psychologist at Clinical Diagnostic association.

Practical application of Erickson hypnosis combined with Eye Movement Desensitization and Reprocessing (EMDR) are presented in the report. High therapeutic efficiency in treatment of severe neuroses is revealed.

ERICKSON HYPNOSIS TECHNIQUES IN THE TREATMENT OF PSYCHOGENIC SEXUAL DYSFUNCTIONS IN WOMEN

Natalia Berezovskaja – PhD, Associate Professor, Department of Psychiatry and Medical Psychology at the Belarusian State Medical University. Belarus, Minsk.

The report discusses in a systematic way trance techniques in the model M. Erickson, who most adequate treatment for women suffering from sexual avers, vaginismus, psychogenic dyspareunia and anorgasmia. On the clinical examples demonstrate the high efficiency of hypnotherapy in a comprehensive treatment of the sexual dysfunctions.

ERICKSON THERAPY FOR THE TREATMENT OF PATIENTS WITH NERVOUS ANOREXIA

Yana Medik – clinical psychologist, National Research Center for Preventive Medicine. Russia, Moscow.

PANEL: ETHICAL PERSONALISM JULY 7TH, 13.00-15.50, HALL «SHISHKIN»

CHAIRS: Alexander Bondarenko (Kyiv, Ukraine)

Summary of the panel: The section of Ethical Personalism is dedicated to comprehension and development of Ethical Personalism as one of the Russian traditions of Counselling and Therapy, based on the principles of the ethical effort and free rejection of victimizing The other as a way of being.

THE PROBLEM OF SPIRITUAL AND MORAL EDUCATION OF THE CHILD IN THE WORKS OF THE CLASSICS OF RUSSIAN PSYCHOLOGY OF THE XIX CENTURY

Natalya Kucherovskaya – Candidate of Psychological Sciences, Assistant Prof. Chair of Psychology & Pedagogics, Kyev National Linguistic University. Ukraine, Kiev.

The report presents the problem of spiritual and moral education of the child, based on the works of V. Zenkovsky, P.F. Kapterev, P.F. Lesgaft etc. Also was made an attempt to construct special psycho-techniques aimed at developing the moral feelings in older preschool and early school age.

ETHICAL ISSUES OF CROSS-CULTURAL INTERPERSONAL CONFLICTS

Svetlana Fedko – Post-Graduate in Psychology. Chair of Psychology & Pedagogics, Kyev National Linguistic University. Ukraine, Kiev

The report aims at exploring the problem of cross-cultural interpersonal conflicts in contemporary polyethnic society, from the ethical perspective. Understanding the impact of cultural differences is especially important for realizing a specificity of such type of conflicts. We provide a theoretical analysis of cross-cultural conflict, as phenomenon, caused by a clash of ethical systems of different cultures with their indigenous morality, philosophical system, values and beliefs.

MOVIE THERAPY TRAINING: CONTEMPORARY REALITIES AND APPLICATION PROSPECTS IN THE FIELD OF PSYCHOLOGY

Elyena Savelyeva-Rat – Vice Dean at the Crimean Faculty of Humanities National Pedagogical Dragomanov University. Ukraine, Crimea.

The report presents the specificity of Movie Therapy application in the counseling process. Movie Therapy as the method of personal and professional development of the future psychologists will also be discussed.

THE HERITAGE OF I.A. ILYIN IN THE NATIVE PSYCHOLOGY DEVELOPMENT

Maryanna Latysheva – Assistant Prof. Psychology & Applied Psychology Chair, Crimean Faculty of Humanities, National Pedagogical Dragomanov University. Member of the National League of Psychosomatics, Psychotherapy and Medical Psychology of Ukraine. Ukraine, Crimea.

The report presents principal ideas of I.A. Ilyin within the contemporary nonclassical psychology. Special attention is paid to the survey of the philosophic and ethical categories in the works by I.A. Ilyin which are useful for the modern Counselling Psychology and Therapy.

PSYCHOLOGICAL PERSONALITY TRAITS OF PSYCHOLOGY STUDENTS WITH A TENDENCY TO MANIPULATIVE BEHAVIOR

Tamara Labachuk – 3rd year student. Specialty "Applied Psychology", Crimean Faculty of Humanities, National Pedagogical Dragomanov University. Ukraine, Crimea.

The report presents the analysis of different approaches to understanding the patterns of manipulative behavior tendency development. The forms and the consequences of manipulative strategies in the psychologist's work will also be discussed.

THE PECULIARITIES OF THE ALTRUISTIC POSITION OF PSYCHOLOGY STUDENTS WITH A TENDENCY TO MANIPULATIVE BEHAVIOR

Hatydje Eridjep – 3rd year student. Specialty "Applied Psychology", Crimean Faculty of Humanities, National Pedagogical Dragomanov University. Ukraine, Crimea.

The report highlights the link between altruistic position & moral consciousness development and emotional traits of the future psychologist. It is shown, that certain altruistic positions may be considered as the indicator of the individual's moral consciousness development level and emotional responsiveness peculiarities.

THE CONCEPTS OF HONESTY AND FAIRNESS FROM THE FUTURE PSYCHOLOGISTS' POINT OF VIEW

Tatiana Ivanova – 3rd year student. Specialty "Applied Psychology", Crimean Faculty of Humanities, National Pedagogical Dragomanov University. Ukraine, Crimea.

The report presents psychological analysis of the particular qualities in understanding the notions "honesty" and "fairness" by future psychologists. Peculiarities of the values and concepts in personal consciousness of those who are going to work in helping professions are being reviewed.

THE PECULIARITIES OF THE FUTURE PSYCHOLOGISTS' DECISION MAKING FROM THE MORAL CHOICE PERSPECTIVE

Darya Serdjuk – 2nd year student. Specialty "Applied Psychology", Crimean Faculty of Humanities, National Pedagogical Dragomanov University. Ukraine, Crimea.

The report presents psychological analysis of the "moral choice" concept, as a key point of individual's ethical behavior; the special capacity of the moral choice in future psychologists' decision making will also be disclosed.

THE IDEAS ABOUT THE MORAL FREEDOM AND RESPONSIBILITY FROM THE FUTURE PSYCHOLOGISTS' POINT OF VIEW

Roman Tsegelnjuk – 3rd year student. Specialty "Applied Psychology", Crimean Faculty of Humanities, National Pedagogical Dragomanov University. Ukraine, Crimea.

The report discloses the correlation between the peculiarities of moral freedom and responsibility in the personality structure. The ideas about behavior and personal responsibility from the future psychologists point of view will also be described.

THE IDEAS ABOUT THE MORAL PERSON IN NATIVE AND FOREIGN PSYCHOLOGY

Anastasiya Krasilovskaya – 4th year student. Specialty "Applied Psychology", Crimean Faculty of Humanities, National Pedagogical Dragomanov University. Ukraine, Crimea.

The report presents the results of theoretical analysis of the notions "morality" and "the moral consciousness of the individual" in psychology and philosophy; reviews the peculiarities of the ideas about the moral person in native and foreign psychology.

PHILOSOPHICAL AND RELIGIOUS ROOTS OF ROGER'S THEORY

Svetlana Kuleshova – 4th year student. Specialty "Applied Psychology", Crimean Faculty of Humanities, National Pedagogical Dragomanov University. Ukraine, Crimea.

The report reviews the philosophical and religious roots of Carl Roger's theory. In part, the problem of ethical positions' relativity and compassion are being analyzed in the English speaking and Russian worlds.

DEVELOPMENTAL AND PSYCHO-CORRECTIVE TECHNIQUES IN WORK WITH CHILDREN ON THE ETHICAL CONSCIOUSNESS DEVELOPMENT STAGE

Tatiana Pecheritsa – Master of Psychology, graduate of Kiev National Linguistic University. Ukraine, Kiev.

The problem of the ethical consciousness development of children requires further elaboration and finding the ways of optimization of this process. Suggested psycho-techniques of developmental and psycho-corrective work will help to improve the acquisition of ethical concepts "the good" and "the evil". The research deals with the age period, when moral development reaches the level of awareness about ethically acceptable or unacceptable actions.



ETHICAL ASPECTS OF FUTURE PSYCHOLOGISTS' PROFESSIONAL IDENTITY

Kdani Kavizina – Senior lecturer of the Chair of Psychology and Practical Psychology, Crimean Faculty of Humanities National Pedagogical Dragomanov University, Ukraine, Crimea.

This report contains the results of theoretical analysis, revealing ethical ideas and representations, concerning professional identity of a future psychologist. Self-awareness, intuitive assessments, ethically based motives and case –analyses are presented.

INTERCONNECTIONS BETWEEN ALTRUISTIC PERSONAL ORIENTATIONS AND A STUDENT-PSYCHOLOGIST' PROFESSIONAL IDENTITY

Anna Voznaya – 3rd year student. Specialty "Applied Psychology", Crimean Faculty of Humanities, National Pedagogical Dragomanov University, Ukraine, Crimea.

The report deals with the problem of altruism in a professional personality structure of a future psychologist. Empirical data are presented both of the actual level of altruistic development and its interconnections with professional identity.

ABOUT THE WORK OF THE OMSK REPRESENTATIVES IN THE DIRECTION "THE ETHIC PERSONALISM"

Natalia Belousova – chair of the Omsk PPL branch, Russia, Omsk.

The report is about the work of the Omsk representatives (2011-2013). The ideas, the ways, the results, the plans. Those present get the disk as a gift (the film "To Russian psychologists about the specialist advice" and also the lectures and the reports of the professor A.F. Bondarenko)

PANEL: EXISTENTIAL PSYCHOTHERAPY JULY 6th, 18.00-18.50, HALL «PEROV»

CHAIRS: Alexander Barannikov (Moscow, Russia)

Summary of the panel: Anthropological basis of understanding of will in contemporary existential analysis

Mechanisms of forming and principles of psychotherapy of addictions.

The section gives the explanation of the main principles of the theory of emotions of contemporary existential analysis. The reports characterize basic kinds of feelings, shows the role which they play in the forming of will, describe the steps of "the method of reinforcement of will" and give recommendations for its applying.

It also includes the description of the mechanisms of the forming of different forms of addictions, differentiation of addiction and abuse, principals of the psychotherapy of addictions, the anthropological understanding of anorexia and the reflection upon the concrete cases of psychotherapy from the point of view of existential analysis.

BASIC PRINCIPLES OF THE EXISTENTIAL-ANALYTICAL THEORY OF FEELINGS

Darya Barannikova – Psy. D., senior lecture of Moscow Social-pedagogic Institute. The full educational course of GLE-international. Consulting psychologist.

The report describes basic kinds of feelings (the feelings and the scent). They are differentiated and the role which they play in orientation and decision making is shown in it. It also describes methodical approaches and basic form of activity which are necessary for the development of emotional sphere. The role of feelings in the forming of relationship of a person with himself, with other people and with life is shown.

THE PARADOX OF 'THROWNESS' AND FREE WILL

Evgenia Georganda – Psy.D., Trainer, Supervisor, Psychotherapist, Hellenic Association for Existential Psychology, secretary of the National Organization of Psychotherapy of Greece, member of European Association for Psychotherapy, National Organization of Psychotherapy of Greece, American Psychological Association, ECP holder. Greece, Athens.

This is a theoretical paper that aims to present the paradox of 'throwness', an existential idea by which we are thrown into the world with a number of givens, and the existence of free will. Despite the fact that our life is limited by and determined to a large extent by events we do not choose we are nonetheless free beings. Our freedom is our ability to respond to our givens and to take a stance towards events that we do not choose rather than the absence of conditions in our life.

ANTHROPOLOGICAL BASES OF UNDERSTANDING OF WILL. THE METHOD OF REINFORCEMENT OF WILL

Galina Shatalova – psychologist of psychological centre of Mytishki city of Moscow region. The full educational course of GLE-international. Consulting psychologist.

The report is dedicated to the contemporary existential-analytical conception of the process of the forming of will. The role which free experience plays in this process which leads to free and responsible decision making and to an action is also shown.

The method mobilizing the decision making and the activity of patients and clients is characterized. The possible obstacles for the forming and the realization of will are mentioned.

MECHANISMS OF FORMING OF ADDICTIONS. ADDICTION AND ABUSE

Svetlana Krivcova – Psy. D., senior lecture of Moscow State University of M.V. Lomonosov, the head of the centre of practical psychology of education of Academy of social management and of the centre of development of the psychological services of education of Federal institute of the development of education RAO. Certificate of GLE-international. Psychologist-psychotherapist. Executive director of Russian-Austrian institute of existential-analytical psychology and psychotherapy (Moscow).

The anthropological understanding of addiction is represented in the report. The basic mechanisms of its forming are characterized. The report describes the dynamics of the psychological mechanisms which keep the experience of addiction. Addiction and abuse are compared.

ANOREXIA: THE ANTHROPOLOGICAL BASES OF UNDERSTANDING AND THE REFLECTION UPON PERSONAL EXPERIENCE OF PSYCHOTHERAPEUTIC WORK

Natalya Dyatko – psychologist of the centre of practical psychology of education of Academy of social management. Certificate of GLE-international. Psychologist-psychotherapist. The member of the board of directors of Russian-Austrian institute of existential-analytical psychology and psychotherapy (Moscow).

The report describes the psychological mechanisms of pathogenesis of anorexia. It emphasizes the central role of unformed experience of one's own worth. The concrete examples of practical work with patients and the main problems arising during the work are given. The basic principles of the psychotherapy of anorexia are formulated.

PANEL: FAMILY AND MARITAL PSYCHOTHERAPY AND ECOLOGY OF FAMILY AND CHILDHOOD SYSTEMIC FAMILY THERAPY JULY 7th, 9.00-12.50, HALL «KANDINSKY»

CHAIRS: Hans Mauder (Vienna, Austria), Nina Lavrova (Saint-Petersburg, Russia), Vasily Lavrov (Saint-Petersburg, Russia)

Summary of the panel: Purposes of system family psychotherapy which creates conditions for mobilization of a personal resource of family's members by means of harmonization of family relations, and purposes of ecology which searches for ways of improvement of quality of a life, of personal functional potential and of the person's health by means of optimization of environment, coincide. Therefore problems of psychotherapy and ecology are considered in common, and we unite efforts for the decision of common problems in directions of improvement of quality of people's life, of harmonization population's relations and, that is especially actual for Russia, of increase in birth rate. Development of the methods, allowing estimating the state of family system and the readiness of spouses for performance of parental functions, is the priority of family psychotherapy and ecology. Combination of psychotherapy's and ecology's efforts under the decision of noted problem promotes search of the ways leading to harmonization of family relations, to improvement of quality of life of members of family and to mobilization of parental motivation.

ECOLOGICAL ASPECT OF INFLUENCE OF FAMILY RELATIONS ON HEALTH AND LENGTH OF LIFE

Nina Lavrova – General director, Center of system consultation and education «Synergia» St.-Petersburg, Russia, chairman of committee of mediation of PPL, psychotherapist of the uniform register of psychotherapists of the Europe, professional mediator. Russia, Saint-Petersburg.

Vasily Lavrov – Director on innovations, Center of system consultation and education «Synergia» St.-Petersburg, Russia, senior scientific employee of Pavlov's

Institute of physiology of the Russian Academy of Science, Dr.Sci.Biol., system adviser, mediator. Russia, Saint-Petersburg.

The study has shown that, first, under normative ecological conditions the health and the amount of old men depends on quality of family relations in greater degree, than on quality of the life, and, secondly, mobilization of the intellect is defined by state of family in greater degree, than by quality to life. So it is possible to suppose that installation on «production» of health by means of checking on biotic factors, influencing upon state of the organism, is limited. Its understanding must be extended with provision for social influences. Increasing of the functional resource, defining ability of the person to resist the bad influence, is to a considerable extent conditioned by harmonization of social relations. Exactly, the family presents itself as microcommunity, which influence dominates in system ecological factors. The realization of personal responsibility for occurring events, choice of functional strategies behavior with refusal of dysfunctional strategies forms the basis of stiletto of life, promoting health and long living.

“BRINGING MY MOTHER INTO THERAPY... TO SET ME FREE”. AN UNCONVENTIONAL CASE OF ANOREXIA IN A FAMILY THERAPY FRAMEWORK

Francesca Vanon – *Dr., psychologist, family and marital psychotherapist, trainer, supervisor at Family Therapy Institute of Florence (ITFF), EFTA member. Italy, Florence.*

Donata Milloni – *Dr., psychologist, family and marital psychotherapist at Family Therapy Institute of Florence (ITFF), EFTA, SIPPR, IFTA member. Italy, Florence.*

In this work we will present a family therapy process in which the daughter has been diagnosed as anorectic. The level of undifferentiation in psychosomatic families is very high. We will show how this characteristic applies also to the families of origin of the parents and how the symptom prevents the members of this family from individuating themselves. Our aim is to reflect on how the daughter's symptom “covers” the ailment of the mother (the real patient) and how the therapist, engaged in a very difficult relationship with her, promotes evolution and growth in the family. We will discuss the implications of several attacks of the mother and the daughter to the therapeutic system and the strong ambivalence of the mother between her needs of help and her refusal to be engaged in a good therapeutic alliance. We will explore some turning points of the therapeutic process, underlining the dysfunctional patterns and the emerging resources, the relational dynamics between the therapist's system and the family's one. Some excerpts of the sessions with this family will be presented to outline the key aspects of the therapy.

THE COUPLE, A SCHOOL IN HUMANITY

Luis Alberto Aquino Benitez – *Scientific Director and International Trainer of Belgian School of Sophia-Analysis, founder (in collaboration with Antonio Mercurio) of the Institutes of Sophia-analysis in Geneva (Switzerland), in Paris (France) and in Brussels (Belgium) founder. Belgium, Brussels.*

I propose that an intrinsic dynamic of the couple inexorably confronts each partner with his or her own unresolved wounds from childhood which block the evolution of emotional maturity.

This confrontation consist of reliving the pain and the anger caused by the initial wound.

The understanding and the potential of personal transformation that the psychoanalysis brings make it possible to accede to the healing and creative dimension of the couple.

The conflict of the couple is destined to be a revealing element for the overall significance and future goals of the loving relationship.

MAIN FEATURES OF IMAGES OF PARENTAL AND FUTURE FAMILY OF ADOLESCENT BOYS

Natalia Razina – *Dean of the Faculty of Psychology, L.S. Vygotsky Institute of Psychology, Russian State University for the Humanities. Russia, Moscow.*

E.Shvaleva – *fifth-year student at the Faculty of Psychology, L.S. Vygotsky Institute of Psychology, Russian State University for the Humanities. Russia, Moscow.*

Throughout their life people are socialized in different institutions. Traditionally the family is the main institute of education and socialization. During the whole life a person maintains what he acquired in the childhood. There are no institutes of education that can be compared with the family on the duration and intensity of their influence on the personality. However attention should be paid to the fact that formation of images of parental

and future family has its own specific features for children at risk (children from dysfunctional families who ran away from home, children who don't attend school, are deprived of the positive experience of family education). The major part of these children internalize patterns of antisocial and deviant behavior, they have no possibility of mastering the rules of role behavior in the family.

INTERACTION IN THE DYAD MOTHER – CHILD (NORMAL AND PATHOLOGICAL CONDITIONS OF PREGNANCY)

Natalia Razina – *Dean of the Faculty of Psychology, L.S. Vygotsky Institute of Psychology, Russian State University for the Humanities. Russia, Moscow.*

A.V. Pankova – *student at the Faculty of Psychology, L.S. Vygotsky Institute of Psychology, Russian State University for the Humanities. Russia, Moscow.*

A number of scientific studies carried out in recent years, provides as a new look at the issue of motherhood and childhood. Today prenatal and perinatal psychology has research results, indicating the close relation between pregnancy and subsequent interactions between mother and child. A child needs constant maternal care immediately after the birth. Deprivation of maternal care may lead to delay in child's development – physical, intellectual, social. First of all we mean the intertwining of different kinds of deprivation – emotional, sensory, and social. The state of excitement of the mother, her excessive dominance, lack of understanding her child's needs, her inability to love, all these factors have very negative influence on child's development. These factors make the emergence of various prerequisites for building a sense of trust in others and confidence in own abilities impossible.

FEATURES OF «REAL ME» AND «PERFECT ME» VIEWS OF DELINQUENT ADOLESCENTS

Saprykina Ksenia – *Assistent in the department of projective psychology, L. S. Vygotsky Institute of Psychology, Russian State University for the Humanities. Russia, Moscow.*

Oleg V. Grebenev – *Manager, Ideas for health, Co group, Student at the Faculty of Psychology, L.S. Vygotsky Institute of Psychology, Russian State University for the Humanities. Russia, Moscow.*

Keeping in juvenile correctional facilities due to the large number of adverse effects, which combine to minimize the effect of correction. This is especially true for juveniles who are negatively affected. As a result, deprivation of liberty is the least desirable form of punishment for juveniles who have committed a crime of low to moderate severity. And then the teenagers stay at home surrounded by their family, and for their reformation and education continue to meet the parents.

Analysis of the psychological literature on the interaction of adolescents who are prone to deviant and delinquent behavior, with parents, shows that one of the main reasons for this behavior is wrong education of children and adolescents in the family. Single-parent family, the inconsistent behavior of parents – this is only part of the reason causing deviant behavior. Sure, a lot depends on the young person and the environment in which it spins out. But family was, is, and will be an institute which is responsible for the formation of «actual self» teenager and his self-image.

PSYCHOLOGICAL CHARACTERISTICS OF THE DEVELOPMENT OF IMAGINATION OF PRESCHOOL CHILDREN FROM FAMILIES WITH DIFFERENT CONFIGURATION

A.N. Papparimova – *fifth-year student at the Faculty of Psychology, L.S. Vygotsky Institute of Psychology, Russian State University for the Humanities. Russia, Moscow.*

L.S. Vygotsky distinguished imagination as a central new formation of preschool age that determines the entire course of a child's development during this period. It explains the importance of the study of the psychological characteristics of the imagination for providing adequate psychological care for children. The child can not develop in isolation, without interaction with other people; the social situation of children today is radically different from the social situation of the previous generations of children. This reveals the need to establish a psychological portrait of the modern preschooler, which is based on features of the development of leading activity and central new formation. Since the family is the most important institute of socialisation, it is necessary to consider the influence of family system (including sibling subsystem) on a child's development. In our study, we carried out a qualitative analysis of the characteristics of the development of imagination of modern preschoolers from families with different configuration.

THE SOCIAL UTERUS: CONCEPT AND PRACTICAL APPLICATION IN SYSTEMATIC FAMILY THERAPY

Tatiana Ceban – *perinatal psychologist, family therapist, coach, trainer, private practitioner, interim member of the RPPL, Moscow, Russia.*

The concept of «social uterus» is an integrative paradigm of development of the family unit. It is a metaphorical term that refers to the family development process and serves as a conceptual guide for family therapy practitioners. Building on the main postulates of the theory, a knowledgeable therapist can detect the connections between complex family relationships and the psychosomatic symptoms of its members; can support parents in the critical stages of child and family system development; can assist families with their children's induction into society.

FROM THE "NORMAL" FAMILY TO TRANS-GENERATIONAL THERAPY VIA HARRY POTTER

Gianpaolo Lombardi – *Psychotherapist and psychiatrist at the Institute of Family Therapy of Florence in Florence, Institute of Family Therapy of Pisa-Livorno in Pisa, public health service (A.S.L. Ser.T) in Florence, teacher of relational and family therapy, member of Italian Society of Psychiatry (SIP), member of Italian Association of Institutes of Family Therapy (AIFT). Italy, Florence – Pisa.*

«Normal» families, the definition used in the systemic optic, might in the future generations build silent areas that breed suffering, and, if unprocessed, are harmful for the health of the following generations.

We identify two kinds of transmission between generations: intergenerational and trans-generational, the latter being responsible for transmitting the cryptic objects (transmission from unconscious to unconscious). Since a secret trauma is not psychologically processable, it does not allow grieving.

The image we have in mind is that of a mysterious infection, a sort of unknown «Psychic HIV», that it is not transmitted within the family, but rather across generations. The more a family is not prepared to face suffering, the more chances it has to build a «trans-generational infection» when there is a trauma.

Short sections of the Harry Potter's movie show, just as in the story, that there is a true legacy of violence that is transmitted across generations: homicide and racism, and as an historical positive element of subversion: the wizardry school, that allows processing, metaphorically a sentence written in a different age.

On a different level, the family psychotherapy which is another event of subversion, may allow to thinking on and to address both the problem at the core of the therapy, and the issues of the inter-familial relations belonging to areas that risk otherwise not to be processed.

The family can be, here and now, capable of addressing grief, trauma, but also of transmitting this ability across generations («intergenerational vaccination»).

FAMILY AND BUSINESS: BEYOND SUCCESSFUL PSYCHOTHERAPY

Natalia Manukhina – *Ph.D., clinical psychologist, individual and family consultant, a professional coach (PC ICF), supervisor, instructor of Applied Psychology, author and leader of a number of teaching and development of training programs. Russia, Moscow.*

The report reveals a feature of the author with the families, who passed psychotherapy and apply again, but not for psychotherapy, and for the success of the members of their family. This type of activity is called «coaching». The coach does not work with problems, and helps successful people in setting goals and achieving them. Creating a small business and including in its more family, sets new tasks to coaches. Need to take account systemic factors prevail over knowledge of personality psychology. New requests such clients put in front of psychologists. They do not want to think about their situation as problematic. They are important to development: their competence, ability, improve the quality of relationships. They not only want to drop the charges, reproaches, overcoming difficulties, not only begin to dream of a better future is possible, but also to create it. They need professional help to create and develop successful-the coach. In its report, the author gives the key points work when clients requests that the settlement of the balance between these major areas of the life of every adult person, the family and the business (work).

THE ROLE OF THE «SYMBOLIC OF THE THIRD»

Liliya Valiullina – *active member of Russian Professional Psychotherapeutic League, psychologist, coach, mediator, training symbol drama therapist, the head of Creative Thinking School «Poiesis». Russia, Ufa.*

According to Bowen, if high emotional tension in the relations between the two (individuals or groups) exists, there is a tendency of involvement of the third (as individuals and objects, problems, etc.). In this report we suggest to discover this process as the unconscious attempt to create a symbolic space in order to find of a new format of relations in the dyad. For the opening of the «symbolic of the third» very effective various projective techniques that help you understand the metaphor and image of the relations.

APPLICATION OF THE METHOD OF SYSTEMIC PSYCHOTHERAPY IN TREATMENT OF STRESS DISORDERS IN WOMEN – SURVIVORS OF TERRORIST ACTS

Inessa Bedina – *senior staff scientist at Serbsky State Scientific Center for Social and Forensic Psychiatry, M.D., Ph.D in medicine, Full member of PPL. Russia, Moscow.*

This paper presents data about considerable influence on the relations in the mother-child system of the women-victims of terrorist acts accompanied by mass hostage taking. The women whose children were taken hostage displayed hyper protective behavior towards their children after the hostage situation was positively resolved. At the same time the women who were taken hostages together with their children in most cases demonstrated decreased maternal functions, emotional coldness and aggressiveness towards children. Based on the collected material the author puts forward a hypothesis about high efficiency of the method of systemic family psychotherapy in posttraumatic stress disorders in women victims of the terrorist act.

FAMILY IN EMERGENCY SITUATION: A COINCIDENCE OR THE IMMINENCE?

Tyumenkova G.V.

The emergency situations (ES) have an impact both on the macro and micro-social environments mostly affecting the personality of an individuals who suffer change in values, personal and referential behavioral models and a split of their lives into «before» and «after». This paper uses system-informational and resource approaches to demonstrate the influence of ES on a family based on the case study of the accident with the cruise ship Bulgaria which sank in 2011 in Kazan city, Russia.

EFFECT OF EMOTIONAL STRESS ON PARENT-CHILD RELATIONSHIPS IN THE CONDITIONS OF NORMATIVE CRISES IN A FAMILY

Evgenia Komlichenko – *psychologist at the autonomous non-profit organization of complementary education «Educational and Creative Center «Svetoch», member of the PPL, Russia, Moscow region, Solnechnogorsk.*

PHENOMENON OF TRIANGULATION IN FAMILIES OF MENTALLY-RETARDED CHILDREN AS A TARGET FOR PSYCHOTHERAPY

Oxana Mikheikina – *head of the outpatient department of the Bryansk Regional Children's Psychiatric Hospital, Ph.D in medicine. Russia, Bryansk.*

APPLICATION OF GENOGRAM METHOD IN TREATMENT OF PATIENTS WITH VERTEBRAL CEREBROSPINAL TRAUMA EARLY NEUROREHABILITATION

Gulnara Mutalova – *M.D., psychotherapist at Republican clinical hospital named after Kuvatov, full member of PPL, Russia, Ufa.*

FAMILY PSYCHOTHERAPY OF ADULT CHILDREN OF ALCOHOLICS

Valentina Moskalenko – *research worker of National Research Center of Addiction of Ministry of Public Health, doctor of medical sciences, professor, member of Professional Psychotherapy League, Russia, Moscow.*

Adult children of alcoholics are a group of multiple risks. Systemic family therapy diminishes the dysfunction in their family of origin. As a result sons and daughters of alcoholics may accomplish the health separation from parents, reestablish family relationships and are able to build their own more healthy families than their family of origin.

THE TRAINING OF THE FAMILY PSYCHOLOGISTS IS A PERSPECTIVE DIRECTION IN THE ADVANCED TRAINING IN THE REGION

Tatiana Masharova – *professor, rector at Kirov Region Institute of the Development of Education.*

The dynamic of social changes in Russian society has actualized the problem of stabilization and consolidation of family as an institution. After admitting that the family is a core element of social prosperity, the State started an active campaign to integrate family values into the content of general and professional education of young Russians. Professional trainings of family psychologists, social teachers and tutors are becoming more important for the educational system. The Kirov Region Institute of the Development of Education has a positive experience in it. In 2012 – 2013 the collaboration between the Center of the System Consulting and Education "Synergia", the Institute of Practical Psychology and the Institute of Education resulted in the organization of psychological forum, where workshops, training the education professionals on new techniques of working with families, were delivered.

Productive cooperation between the 3 institutions will foster development of specialists in consulting of family pedagogy tutors.

LEGISLATIVE, CONSUMER, RELIGIOUS SPHERE RELATION TO CHILDREN IN RUSSIA FROM THE MIDDLE AGES TO THE XX CENTURY

Elena Vasilenko – consultative member of the PPL, psychologist, pedagogist, counselor. Russia, Moscow.

In recent years, there are studies and articles on this classic study of childhood. Most of these works exploring the world of childhood European countries (Italy, France, Germany) in a certain time interval. This paper analyzes the relationship of the legislative, consumer and religious spheres to children in Russia since the Middle Ages to the XX century.

Panel:

FAMILY'S LIFE AT THE EMOTIONAL WORLD OF CHILD

JULY 6th, 12.30-14.20, HALL «SHAGAL»

CHAIRS: Albina Loktionova (Moscow, Russia)

Summary of the panel: Modern families become smaller, the child is deprived of the protection of the resources of the «big family», (protection and support of healthy family members, in clear norms, values, enshrined traditions and holidays, which cover a lot). Now we more often find deficit, conflict or even traumatic child communicative and identification partnership, without any compensating. Parents unconsciously replace a child of the desired partner, or is transferred to the child's unconscious affective installation and feelings, which were to own parents. In the institutions of social support of the children often appear in the role of scapegoats, no one could see them for real. As a child psychotherapists, trained in the Russian-Austrian approach, work with modern Russian families to save the protected emotional space of the child, to help him to open the areas of emotional experience, which he had never experienced in his family, so that he has formed new neuron connections and new adjustment of emotional baggage the work of the section will be dedicated to this practical experience.

PSYCHOTHERAPY ATTACHMENT. WORK WITH THE INNER CHILD OF THE MOTHER

Irina Simonenko – Dr. ps., associate Professor, Department of General and Clinical Psychology Kursk Medical University. Training therapist at the Russian-Austrian training in child psychotherapy and children / youth counselors and counselors for parents for Vienna Institute ÖKids in Russia. Russia, Kursk.

The report present main focus of the integrative psychotherapy approach at the work at psychotherapy of attachment by children: Motivational work with the mother. Methods and models to establish contact with the inner child mothers, through peak experiences in contact with the child and symbolic access to unfinished gestalt of mother. Work with early deficits. Creating of resource models. Specifics of work with parents and their early attachment disorders in child psychotherapy.

PSYCHOTHERAPY FOR A KONTAKT OF MOTHER AND BABY FOR THE PREVENTION OF THE ATTACHMENT DISORDER

Albina Loktionova – training psychotherapist and head of the Russian-Austrian project of improvement of qualification in the field of child psychotherapy and training of children's/youth psychotherapists and psychologists-consultants for the parents of the Institute of ÖKids(Vienna), psychotherapist of the European registry (ESP). Russia, Moscow.

Secure attachment is a strong protective factor in the development of healthy self and of identity, it supports the ability to integrate resource of experience and protects from the negative experience throughout life,

promotes healthy social integration. Secure attachment grows on the basis of a contact quality of mother and child, it is a quality depends on the adoption of a psychological role of the mother and of her own secure in attachment. Program evaluation of the quality of the contact and for improving of ability of mothers to be in contact with the baby will be presented in the report.

THE EXPERIENCE OF PSYCHOLOGICAL WORK WITH CHILDREN FROM ONE YEAR TO THREE YEARS, LEFT WITHOUT PARENTAL CARE, ON THE BASIS OF THE DEPARTMENT OF MEDICAL-SOCIAL ASSISTANCE AT CHILDREN'S CLINICAL HOSPITAL № 2 OF THE CITY VLADIVOSTOK

Oksana Losova – doctor-pediatrician, psychologist-mikrokinesiotherapist private practice, Russia, Vladivostok.

The report describes the experience of application of practical methods of individual psychological rehabilitation of children from one year to the years that are left without care of parents for different reasons and at different ages. The restoration of the feedback with the child, as with the patient, the estimation to the dynamics of changes.

THE THEME OF THE SPACES IN THE CHILD'S LIFE

Svetlana Krivtsova – Ph.d. psych., associate Professor of the Department of personality psychology, Lomonosov Moscow state University, Director of the Russian-Austrian Institute of existential psychotherapy. Russia, Moscow.

On the basis of research change the perception of space in infants in interpersonal communication, ideas about the hronotop of Bakhtin, theories about the fundamental existential motivation will be traced the formation of the healthy structure of personal space and the space of own life as a space realization of a Person.

THE PLACE OF THE FATHER IN CHILD PSYCHOTHERAPY

Veronica Petrova – doctor, child/adolescent psychotherapist OeKIDs, assistant at the Russian-Austrian project training in child psychotherapy. Russia, Moscow.

In today's society, the absence of the father became normal. Maybe fathers physically or psychologically lured away from families – are that fathers, who could not find or take their place. Then a symptom of a child – this is a cry for help, the desire to attract attention to the figure of the father, to feel safe and to restore its continuity. At examples you will see: If such a place, where he is accepted and heard, is created for father at therapy of child, the world for a child became more secure and predictable, and the child's therapy improves.

PSYCHOLOGICAL-PEDAGOGICAL PROGRAM «WHEN the TREES WILL be GROWN-UPS»

Olga Gorbacheva – psychologist of the highest qualification category, specialized kindergarten 53. Russia, Podolsk, Moscow region.

Albina Loktionova – training psychotherapist and head of the Russian-Austrian project of improvement of qualification in the field of child psychotherapy and training of children's/youth psychotherapists and psychologists-consultants for the parents of the Institute of ÖKids(Vienna), psychotherapist of the European registry (ESP). Russia, Moscow.

The program generates the effective parent's position, instead upbringing system with harassment, punishment, inconsistency and pressure to humanistic parenting that seeks to understand and to response needs of the child, to uniquely responsible position of parents, giving the child protection, support and management, allowing to success in separation and becoming Identity; the program stabilizes the psychological status of parents, develops the parent's emotional flexibility, responsiveness and stability, positive self-perception of themselves and the child.

THE STRUCTURE OF PSYCHOTHERAPEUTIC INTERDISCIPLINARY SUPERVISION FOR SPECIALISTS AT FIELD OF SOCIAL PROTECTION OF CHILDREN IN RUSSIA

Marina Novikova – doctor-psychotherapist of the highest qualification, center of mental health for children of the Smolensk. Training psychotherapist in the Russian-Austrian project of improvement of qualification in the field of child psychotherapy and training of children's/youth psychotherapists and psychologists-consultants for the parents of the Institute of ÖKids(Vienna). Russia, Smolensk.

The report summarizes the experience of work in the integrative intra-interpersonal approach in child psychotherapy in the framework of the state institutions and experience of organization supervision support.



The report presents the basic principles for work of children's therapist in a social environment of the child, as an important component of an integrative approach to psychotherapy of children. Features of integrating the approach in training child welfare in Russia. The specifics of supervision in the integrative social-oriented child psychotherapy.

THE USE OF ARCHETYPAL IMAGES IN THE DEVELOPMENT OF THE SELF WITHIN AN INTEGRATIVE APPROACH. AN EXAMPLE OF MASTER CLASS, CONDUCTED FOR THE TEACHERS OF INTEGRATION CLASS AT SCHOOL OF SANKT-PÖLTEN, AUSTRIA

Itta Rumina – PPL member, member of the International Federation of Artists, Artists Union of Russia TSHR, a member of the International Association of Art Critics and Art Historians AIS, children / youth counselor of ÖKids (Vienna), Russia, Moscow.

Archetypal images of Russian folk tales Repka help children overcome disunity in the transition to interpersonal communication and making sure that the power of cooperation, feel authorship in the development of the self. In accordance with the principles of integrative approach plot has been lived and expressed by children at different levels: with body and with symbolic, verbal and nonverbal. The report is accompanied by a video film of masterclass.

PANEL: HEALING CREATIVE PSYCHOLINGUISTICS JULY 7TH, 17.00-18.50, HALL «SHISHKIN»

CHAIRS: Olga Vinokourova (Moscow, Russia), Alla Semenova (Moscow, Russia – Canberra, Australia)

Summary of the panel: Healing creative psycholinguistics – is a medical-advisory, tutoring method of psychotherapy, which is ecologically and philosophically oriented. The essence of the method is conducting a language interactive game for creating sound images that are corresponding to the letters of the native alphabet of the client. Feature of the method is to link the therapeutic process of creative work with breathing, movement, actual emotional state and phonation of every sound of the alphabet. The method allows resolving emotional and psychological problems without the necessity of going through the awareness of them, what is commonly painful for a client. At the panel, theoretical principles, optimized psychotherapeutic models and tools of the described method, will be introduced along with long-term goals and specific objectives of creative healing psycholinguistics. Variants of working within the healing creative psycholinguistics, – sound respiratory-energetic gymnastics of self-regulation for children, language interactive games, complimentary respiratory psycho technology, therapy by the means of creative self-awareness in working with sound images – will be introduced in practical setting. Issues of combining the method of healing creative psycholinguistics with different modalities of psychotherapy will be considered.

THEORETICAL BASIS OF THE METHOD «HEALING CREATIVE PSYCHOLINGUISTICS»

Alla Semenova – author of the method «Healing creative psycholinguistics», doctor of science in the field of Regulations within biological systems, leader of Modality in PPL Russia. Russia, Moscow – Australia, Canberra.

The method relies on new natural-scientific ideas about human nature and the dynamics of his mind in the new world of informational civilization. New concepts, – key regulation, non-equilibrium process of life, bifurcation, evolutionary mandala, – are introduced. The concept of the regulation of key people is being developed in accordance with the philosophy and theory of universal evolutionism, ecology, synergies, psycho-immuno-centric theory of the author, is given.

Healing creative psycholinguistics deals with programs of self-identification and self-control of a person at the level of deep semantics.

THE STRUCTURE OF METHOD OF CREATIVE HEALING PSYCHOLINGUISTICS

Alla Semenova – author of the method «Healing creative psycholinguistics», doctor of science in the field of Regulations within biological systems, leader of Modality in PPL Russia. Russia, Moscow – Australia, Canberra.

The method includes: 1. The principle of functional active, interactive languages games. 2. A comprehensive, clinical and analytical, psychological, psycho-linguistic and semantic, hermeneutical analysis. 3. The way analysis of the categories of consciousness into semantically organized, structured

space, in-depth creative state of mind. 4. The complex, on the basis of a rational and sensible way of monitoring, configuration states. 5. Multimodal training system of self-regulation, the work with structure of vital programs. 6. Personal analysis and correction of distortions in the sphere of mental organization (the system of significance, perceptions, value orientation). 7. The method of philosophical counselling.

ACTION AND MOVEMENT IN A LANGUAGE INTERACTIVE GAME

Olga Vinokourova – psychologist, full member of the PPL, yoga therapist, psychological center of emotional-image therapy «Transfiguration». Moscow, Russia.

Qualitative diversity of movements during language interactive games, wntailing the inclusion of various muscles of the body leads to a gradual expansion of the range of motor and emotional responses. As a result, movements become more free, more spontaneous. Awareness of one's inner motivation and individuality is developed; skills of eunning through one's motions in a mature way are improved.

COMBINING CREATIVE HEALING PSYCHOLINGUISTICS WITH EMOTIONAL-IMAGE THERAPY FOR CO-DEPENDENCIES TREATMENT

Marina Pospelova – full member of the PPL, representative of the section «Healing creative psycholinguistics» in PPL Russia, psychologist and counselor at psychological center of emotional-image therapy «Transfiguration». Moscow, Russia.

The report examines the possibility of combining the methods of healing creative psycholinguistics with the methods of emotional-image therapy at various stages of psychotherapeutic treatment of co-dependent patients: awareness of self-worth, work with personal boundaries, manifestation of repressed emotions, etc.

APPLICATION OF CREATIVE HEALING PSYCHOLINGUISTICS IN COMPLEX TREATMENT OF VARIOUS PSYCHOLOGICAL PROBLEMS

Marina Pospelova – full member of the PPL, representative of the section «Healing creative psycholinguistics» in PPL Russia, psychologist and counselor at psychological center of emotional-image therapy «Transfiguration». Moscow, Russia.

Various aspects of the psychotherapeutic work with emotional regulation sphere are discussed. The examples of diagnosis and correction of problematic emotional states with the help of techniques of healing creative psycholinguistics are given.

PSYCHOCORRECTION AND EDUCATIONAL WORK WITH CHILDREN IN THE METHOD OF HEALING CREATIVE PSYCHOLINGUISTICS

Elena Abrashkina – psychologist, School number 806. Russia, Moscow.

Sound respiratory-energetic gymnastics of self-regulation was conducted on the children of school-age, who were having difficulties in learning, adaptation, socialization, as well as on the children, who were being prepared for studying at school. In described group, there were children with various deflections in verbal, emotional and psychomotor development. The method proved being of worth interest for being versatile. Therapeutic work was being simultaneously done in multiple modalities, and this contributed to the holistic perception of the world, comprehensive psychophysical development, and effective development of self-regulation skills.

On the basis of the experience received, a program for working with children of preschool and primary school age was developed for school and pre-school institutions.

EXPERIENCE OF USING THE METHOD OF HEALING CREATIVE IN PRACTICE OF A CHILD PSYCHOLOGIST

Larisa Solovyova – child psychologist, center «Paleon».

The range of issues dealt with on the consultations of a child psychologist is focused on the following topics: psychological work with the family, correction of parent-child relationships, children diagnosis on request of parents. The method of healing creative psycholinguistics discovers many interesting possibilities for the counselor. The polymodality of the method along with the absence of age limitations allows one to use the method as a tool for express-diagnosis of emotional problems in children and adults, and to formulate the hypothesis for further work during the consultative session.

**PANEL:
HYPNOTHERAPY**

JULY 7th, 10.00-12.20, HALL «SHAGAL»

CHAIRS: Rashit Tukaev (Moscow, Russia)

**STUDY OF THE DYNAMICS PATTERNS IN
PSYCHOTHERAPEUTIC NEUROTIC ANXIETY DISORDER:
METHODOLOGY AND RESULTS OF INVESTIGATION**

Rashit Tukaev – MD, Head of System Studies of the Moscow Research Institute of Psychiatry, Psychotherapy Health Ministry of Russia, prof. at the chair of Psychotherapy and sexuality of the Russian Medical Academy of Postgraduate Education.

ISSUES ON PSYCHOTHERAPY OF ANXIETY DISORDERS

Vladislav Kuznetsov – graduate of Moscow Research Institute of Psychiatry, Ministry of Health, Russia.

**THERAPY OF PTSD FOR VICTIMS OF SEXUAL ABUSE
(PSYCHOTHERAPEUTIC AND THE SEXOLOGICAL APPROACH)**

Larisa Shtark – MD, institute of pychiantry named after Serbsky, Ministry of Health, Russia.

**HEART RATE VARIABILITY IN RESEARCH OF BIOLOGICAL
MECHANISMS OF HYPNOTHERAPY**

Olga Antipova – MD, senior researcher at the Moscow Research Institute of Psychiatry, Ministry of Health, Russia.

**EXPERIMENTAL SIMULATION OF HYPNOTHERAPY.
POSSIBILITIES, LIMITATIONS, RESULTS**

Georgy Stefanov – graduate of the Moscow Research Institute of Psychiatry, Ministry of Health, Russia.

**INTEGRATIVE-DIALOGIC PSYCHOTHERAPY IN COMPLEX
TREATMENT OF HIV INFECTION COMPLICATED WITH
TUBERCULOSIS**

Natalia Pertash

**STUDY SCENARIO OF LIFE PATIENT WITH STRUCTURED
INTERVIEW WITHIN INTEGRATIVE PSYCHOTHERAPY DIALOG
ANXIETY DISORDER SPECTRUM. CASE**

Anna Debrianskaia

**METHODS OF UNIVERSAL, PROJECTIVE HYPNOTHERAPY
APPLICATION AT OUTPATIENT DISPENSARY SERVICES
(FEATURES OF THE THERAPEUTIC EFFECTS DEPENDING ON
THE NOSOLOGY AND PREVIOUS TREATMENT)**

Timur Enaliev

**INTEGRATIVE-DIALOGIC PSYCHOTHERAPY OF ANXIETY
DISORDER. CLINICAL ILLUSTRATION**

Galina Bobrova

**HEART RATE VARIABILITY AS AN INDICATOR OF BIOLOGICAL
SANOGENIC MECHANISMS OF HYPNOSIS AND HYPNOTHERAPY
AMONGS PATIENTS WITH AFFECTIVE DISORDERS**

O.Antipova, R.Tukaev, V.Kuznetsov, G.Stefanov, L.Shtark

**METHOD «SUGGESTION ABLE TO CONCENTRATION OF
ATTENTION BY GREBNEV»**

Sergei Grebnev – psychotherapist, psychotherapist European registration, according to a leading professional PPL 2010. Russia, Yekaterinburg.

Method «Suggestion able to concentration of attention by Grebnev» – A new and proven method absorbed the best of such methods as traditional methods of Erickson's hypnotherapy and therapy. Using a Suggestion preliminary work with irrational (false) belief has allowed customers to make the results predictable and stable.

PANEL:

**INTEGRATIVE PROCESSES IN PSYCHOTHERAPY,
PRACTICAL PSYCHOLOGY AND COUNSELING, POLYMODAL
PSYCHOTHERAPY**

JULY 6th, 15.30-18.50, HALL «POLENOV»

CHAIRS: Viktor Makarov (Moscow, Russia), Alexander Katkov (Almaty, Kazakhstan), Vladimir Sgibov (Penza, Russia)

Summary of the panel: Activization of integrative processes, finding of professional identity and the general information field for the numerous directions and modalities – the main tendencies and the main way of development of a psychotherapy in the XXI century. It is in the last decade developed more and more philosophical, scientific, methodological and technological arguments for original integration of a professional psychotherapy within uniform scientific and practical discipline with the widest horizons of development. Taking into account features of development of psychotherapy on the former Soviet Union, the integrative psychotherapy is, probably, one of the most interesting and perspective options of development of a profession. Constantly increasing number of reports and presentations of author's versions of a poly modal psychotherapy testifies to it at thematic conferences and the congresses of the last years spent by PPL. On the section of the congress of the same name all last achievements in the directions of an integrative and eclectic psychotherapy will be presented.

POLYMODAL PSYCHOTHERAPY TODAY

Viktor Makarov – President of the All-Russian Professional Psychotherapeutic League, Vice-President of the World Council for Psychotherapy, Vice-President of the Asian Federation for Psychotherapy, Head of the Chair of Psychotherapy and sexology, Russian Medical Academy of Postgraduate Education, Professor. Russia, Moscow.

The report describes the structure of polymodal therapy as an kind of Integrative Psychotherapy. Data of recent studies is given. The role of polymodal therapy in the context of the entire Russian and Russian-language psychotherapy is discussed. The prospects and ways of development of this area of psychotherapy are outlined.

**INTERGATED PSYCHOTHERAPY OF PATIENTS WITH
SOMATOFORM CARDIAC DYSFUNCTION AND
CARDIOVASCULAR SYSTEM**

Vladimir Sgibov – Academician of Russian Academy of Medico-Technical Science and Natural Science, Doctor of Medical Science, Professor, Head psychotherapist of Penza, Director of the Research and Practical Centre "Psychotherapy", Full Member of the Professional Psychotherapeutic League, psychotherapist of the Unified Register for Professional Psychotherapists of Europe. Penza, Russia.

The report reveals the complex structure of the organization of psychotherapy of the patients with somatoform autonomic dysfunction of the heart and cardiovascular system in the Scientific and Practical Center «Psychotherapy.»

The author describes comprehensive phased program of the differentiated treatment of the patients with somatoform disorders, consisting of the five phases: diagnostic, activating, reconstructive, training and maintaining.

The main stages of the differential therapy and the set of a multiprofessional team are represented here, clinical follow-up study and evaluation of the treatment effectiveness have been conducted.

**DELTA – COACHING» METHOD IN PSYCHOTHERAPY AND
CONSULTING**

Larisa Rudina – ph.D. in psychology, assistant professor at the chair of social and ethnical psychology at Moscow Humanities University, psychologist, expert – trainer Healthy Interaction; worked out methods of human's adaptability in situations forcing restructuring of life strategies, presented common aspects health education interpreted in terms of system analyze; an author of «Delta – coaching» method. Russia, Moscow.

Theory systems in the concept of coaching set forth. Methodological aspects, principles and structure of the «Delta-coaching» are considered; the model ACCRRA: adaptability – communication – creativity – relevance – resource – action is presented. 7-year experience of the author's participation in the international program Healthyl is generalizes. Methods and techniques of «interval influences» are demonstrated.

**METHOD OF WORKING WITH SYMBOLS AND IST
APPLICATION IN PSYCHOTHERAPY AND SUPERVISION**

Christa Bravidor – Dr., Dipl.Psych., psychotherapist, member of DGPT. Germany, Jena.

Heidi Krüger – Dr. phil., Dipl.Psych., psychotherapist, member of DGPT. Germany, Jena.

When working in therapy or supervision it is often difficult to communicate preverbal moments. Clinical pictures are frequently generated before a child learns to speak. Concrete symbols (e.g. pictures, objects) can facilitate the

access to feelings, conflicts and relationship experience that are hard or nearly impossible to express. They can be used as a transitional object to promote the ability to symbolization, to differentiate between and express emotions and hence understand them as a result of one's history. This way resources which permit a different approach towards problems can arise. Thus a mental space can be established in therapy and supervision which allows communication difficulties to be described and solved without enhancing conflict. Concrete symbols make transference an countertransference phenomena clearer in supervision. The practical approach in therapy and supervision is being explained with the help of examples.

PRINCIPLES OF INTEGRATIVE PSYCHOTHERAPY IN-PROCESS WITH FAMILIES WITH CHILDREN WITH LIMIT POSSIBILITIES OF HEALTH

Louisa Farkhutdinova – doctor of medical science, professor of the East economic-legal humanitarian academy. Russia, Ufa.

Expediency of application of principles of integrative psychotherapy in-process with families, having children with limit possibilities of health, shown on the example of work of center for children with OB3 on the base of correction educational establishment for children with heavy violations of rumor. Conflicts arising up in such families in connection with birth of child with heavy pathology require application of psychotherapy approach integration of scientific disciplines took place in that – medicine, psychology, sociology, pedagogics and сурдопедагогика, нейрофизиологии, legal knowledge, and also possession a psychotherapist by the synthesis of different directions psychotherapy.

THE PROBLEM OF CONTROLLED RESONANCE IN PSYCHOTHERAPEUTIC WORK

Petrushin Sergei – Doctor of Psychology, associate professor of Kazan (Volga region) Federal University, European Registered psychotherapist, member of Professional Psychotherapeutic League. Russia, Kazan.

Reliance on the resonance enables to solve major challenges in therapeutic work, such as rapid diagnosis and profound adjustment, maintenance of consultant's tone, accurate and environmentally friendly impact. Variants of a therapist-managed (as opposed to natural) resonance, from 'external to internal' and 'internal to external' are being considered.

POLYMODAL PSYCHOTHERAPY OF ALCOHOL ADDICTION

Elena Shalaeva – M.D., psychotherapist at the center of clinical psychology and psychotherapy of Narcological dispensary №6, postgraduate student at the psychotherapy and sexology chair of the Russian Medical Academy of Postgraduate Education, full member of PPL, member of the International association of systemic mediators. Russia, Moscow.

Even the most adequate and individually adapted drug treatment does not relieve patients from a deficiency of the skills necessary for their successful adaptation. The skills can be developed only within the course of psychotherapy. A kind of polymodal therapy of alcohol dependence has been developed. The reasoning of the method is given, the results of the convicted study are discussed.

COUNSELING PSYCHOLOGY AND TRANSTHEORETICAL PSYCHOTHERAPY: INTEGRATIVE WORK WITH THE CLIENT IN THE REAL AND VIRTUAL WORLDS

Victor Menovshikov – the Chief of the online counseling Moscow counseling services to the population, the rector of the Institute of Counselling Psychology and Consulting. Russia, Moscow.

Takes a look at the possibility of the integration of counseling and psychotherapy based on Transtheoretical approach. Considered the most promising application of advanced technical capabilities transtheoretical approach to the Internet and virtual worlds, as well as a combination of the traditional format of «face to face».

MENTAL PSYCHOLOGY AND PSYCHOTHERAPY AS A NEW TREND IN THE PRACTICE OF TREATMENT OF PSYCHOSOMATIC DISEASES AND FINDING TRUE HEALTH AS DEFINED BY WHO

Vlad Svetoch – Ph.D., scientific director of the Center psychology of self-realization.

The relevance of the direction of the mental psychology and psychotherapy is that modern living conditions are placing ever greater demands on the adaptive capabilities of the person as an individual.

In modern psychology, the study of the classical problems of coping, stresspreodolevayuschego behavior problems coping strategies, coping resources directed to analyze and identify the ways in which people cope with stress and extreme events in their lives. But it must be understood that this is just tools, and more specifically, individual mental resources that allow us to solve certain problems in life. Whence do these resources and how we gain the first place?

THE PSYCHOLOGICAL PORTRAIT OF A MODERN CLIENT THAT ACCESSES A PSYCHOLOGIST TO HELP

Ekaterina Svetoch – director of the Center psychology of self-realization, a psychologist.

At present, more and more people in need of qualified psychological assistance, refer not only to psychologists, but also to psychics. Essential in the selection of the expert are so-called internal psychological factors. Client looking for help to a healer or a psychic, is focused primarily on obtaining very high result, the so-called miracle in the shortest possible time. The client psychologist or therapist, in contrast, has a higher level of spiritual development, understanding the need of their own internal changes. The Center of Moscow psychology self study was conducted in order to compile a psychological portrait and identify typical features of a potential client a specialist psychologist.

INSTRUMENTAL PSYCHODIAGNOSTICS IN ASSESSING THE WAYS OF PERSON'S MENTAL QUALITIES DEVELOPMENT

Alexander Tabidze – Doctor of Physics and Mathematics, Professor, Deputy Director of the «Psychotherapeutic Pedagogy» Research Center, Russia, Moscow.

The report shows on the results of the instrumental electro puncture psychodiagnosis of families with children that mental abilities are transferred by inheritance. The study substantiates the necessity of parents' personal growth to improve their psychological qualities.

THE MODEL OF POLYMODAL GROUP PSYCHOTHERAPY IN PATIENTS WITH SCHIZOTYPAL DISORDERS

Veronika Chuprova – psychotherapist, member of professional psychotherapeutic league, Moscow.

The report describes the main features of the model group polymodal psychotherapy in the treatment of patients with schizotypal disorder. The results of treatment with the help of the model, which shows a strong positive dynamics of the parameters studied in this group of patients.

DEVELOPMENT OF THE POLYMODAL APPROACH: POSSIBILITIES OF VIDEO-ART IN PSYCHOTHERAPEUTIC INTEGRATION

Kirijak Y.V., Borisov I.V., Beresovskaya I.I.

Integration of videos-art techniques answers pressing questions of efficiency of psychotherapy. Authors designate new possibilities of video-art approach: 1) interest to video-art in a modern society allows it to be preferable to increase of motivation of patients; 2) the multimodality, sensual vivacity of video-art; 3) the factor of differentiation of affects, provides the subsequent verbalisation and overcoming alexithymia; 4) abreaction-effect of video-art therapy; 5) patient's videofilms show the destructive psychological defences specific to the subject. Their identification opens level of problem: neurotic, borderline or psychotic; 6) the script factor of videofilms, inherent also to many mental disorders; 7) narrativity of video-language; 8) video creativity as a matter of fact is ontologic, therefore video-art therapeutic receptions easily initiate a discourse in existential-humanistic groups. In the Moscow centre of medical psychology and psychotherapy video-art techniques are considered as an integration link in structure of polymodal approach. Videos-art, as «a presence phenomenon», associative force, can make psychotherapy process more attractive to patients and less pricey for medicine.

PANEL:

MEDIATION: PAST, PRESENT AND FUTURE

JULY 7th, 10.00-12.50, HALL «SEROV»

CHAIRS: Rodolfo de Bernart (Florence, Italy), Nina Lavrova (Saint-Petersburg, Russia), Olga Ruban (Novosibirsk, Russia)

Summary of the panel: The previous stage of mediation's formation is characterized by accumulation of rich arsenal of the methods promoting the sanction and prevention of conflicts in social, business and family relations. At the present stage mediation approves the created methods and ads new, aspiring to meet changing of social situation. Uncertainty of the theoretical positions underlying practical methods, discrepancy of the approaches used

by representatives of different schools, arrogant attempts to impose the opinions contrary to the established positions, undoubtedly, create obstacles to development mediation.

We should recognize that mediation is in a state of becoming, and the prospect of its development is caused by understanding of the principles determining the communications of the disputable sides and the decision-making in a problem situation. In such situation representatives of the disputable sides, lacking authentic data, manipulate the accessible information. They are compelled to overcome the false information provoking the erroneous decision. Therefore the development of new effective mediation's technologies promoting success of negotiations, must be founded on achievements of the theory in studying the nature of the information and in research of the brain mechanisms providing acceptance of responsible vital decisions.

THE CONFLICT IN THE FAMILY AND ANOTHER CONTEXT

Rodolfo De Bernard – *psychiatrist, psychotherapist, founder and director of the Institute for Family Psychotherapy in Florence, president of the International Association of Family Mediators, the founder of the American Academy of Family Therapy; vice-president of the European Association for Psychotherapy, president and founder of the European Association for Family Therapy. Florence, Italy.*

MOBILIZATION OF TOLERANCE OF THE DISPUTABLE SIDES DURING MEDIATION

Nina Lavrova – *General director, Center of system consultation and education «Synergia» St.-Petersburg, Russia, chairman of committee of mediation of PPL, psychotherapist of the uniform register of psychotherapists of the Europe, professional mediator. Russia, Saint-Petersburg.*

Vasily Lavrov – *Director on innovations, Center of system consultation and education «Synergia» St.-Petersburg, Russia, senior scientific employee of Pavlov's Institute of physiology of the Russian Academy of Science, Dr.Sci.Biol., system adviser, mediator. Russia, Saint-Petersburg.*

As shows experience of intermediary in the resolution of conflicts, in a complex of the circumstances influencing success of negotiations on a controversial problem, three factors are the most significant: first, tolerance in behavior of representatives of the disputable sides, secondly, their ability to mobilize intelligence for making responsible decisions and, thirdly, an optimum emotional condition without prevalence of negative emotions of anxiety and aggression. We have revealed most plastic of noted factors, it represents that «target» on which, first of all, we should direct efforts, aspiring to increase of a level of mutual understanding and constructive interaction of the disputable sides. The comparative analysis has shown that tolerance of behavior represents itself as initial «target». We have carried out research with the purpose of development of methods of estimation and increase of tolerance. We have offered the way, allowing classifying expressiveness of positive tolerance on a five-point scale in view of that fact, that it can be zero (indifferent mutual relation of the sides) and negative (counteraction in relations). Usage by the disputable sides of functional strategy of behavior promoted increase of tolerance and facilitated carrying out of mediation's negotiations.

DIANALITIC MARITAL MEDIATION

Olga Ruban – *dianalyst, Director of ANO «Novosibirsk Mediation Center», Vice President of Professional Partnership League of Mediators, Member of PPL, Committee member of the Central Council of mediation PPL. Novosibirsk, Russia.*

Come to mediation married couples in dispute and the conflict situation. By marital mediator approached by people who have realized the futility and ineffectiveness of existing patterns of interaction. And that's a good sign. Awareness of the presence of the problem – a key step on the way out of the impasse and a huge breakthrough.

The great scientist Blaise Pascal said that all the people are divided into two categories: the sinners who believe themselves righteous and the righteous who believe themselves sinners. People come to us «righteous» – people who do not want to hide our heads in the sand, they are aware of the presence of trouble, more so do not want to live and are willing to make efforts to change the situation. This costs more wholehearted support specialist in this timid until moving to better quality of life is very important.

Real help of a mediator is that of a huge pile of debris that customers are trying to throw out a mediativnoe meeting space, to take a job in the fundamental basic error, which makes life difficult for people. Otherwise, the mediator risks becoming a garbage man, disposing the debris accumulated

trash our customers. People think that they are missing a lot, but in fact they are overloaded: superfluous words, insults, own selfishness. Be attentive to the fact that so complicates and inconvenienced our customers' lives – a disservice. To focus on the essentials, important, fundamental, leaving behind «acquired by overwork» – specialist task. Dianalitchesky tool allows step by step to achieve renewed relationship.

PROSPECT OF CENTRE COMETE: COMBINATION OF THE EXPERIENCE OF PSYCHOTHERAPY AND MEDIATION

Guzel Alimukhametova – *MD, psychotherapist at the Republican clinical hospital #2, full member of PPL, regional representative of PPL in the republic of Bashkortostan. Russia, Ufa.*

Psychotherapy possesses the arsenal of the methods of diagnostics and mobilizations of the personality resource on decision of the sharp life problems. In turn mediation has accumulated the experience of adjusting of internal personal and interpersonal contradiction under conditions of conflict situation. Combination of expert consultation, mediation and therapy raises efficiency of family help under condition of the crisis, caused by breach of baby-parental relations. It may be supposed that creation of centre COMETE, specializing on rendering complex help, will promote the family fortification with recovering the rapport and cooperation between members of family.

PROJECTIVE METHODS OF PARTIES' COMMITMENT TO MEDIATION

Valiullina Liliya Mazhitovna – *active member of Professional Psychotherapeutic League of Russia, psychologist, coach, mediator, Head of Creative Thinking School «Poiesis». Russia, Ufa.*

One of the main factors affecting on parties' commitment to mediation is psychological attitudes of parties of conflict. These psychological attitudes can either support or resist reaching the agreement and voluntary conciliation of the parties. The author analyses the possibility of applying projective methods using metaphorical associative cards. They can be applied on the premediation step to find out the level of personal responsibility of each party.

MEDIATION IN EDUCATION: TECHNOLOGY REGULATION OF PSYCHOLOGICAL CLIMATE

Svetlana Manukhina – *Ph.D., docent, organizational and industrial psychologist, a professional coach (PC ICF), business-trainer, expert on professional and career support, supervisor, teacher, author and presenter of a number of training and developing training programs. Russia, Moscow.*

Modern educational environment is a complex organism that is now undergoing a global change. And sometimes these changes are so fast that, for many, their awareness and adoption process is difficult and ambiguous. The mediator's work allows you to adjust the complex conflict situations and maintain favourable psychological climate in collective of an educational institution. In the report the author shares his experience of mediation in the educational process, when institutions are in the process of merging. When the unknown frightens members of the educational institutions. When its members especially need support and neutral look at the goings on. When the conflict can be spontaneous. The entire report is based on the example of real situations, in which the author was directly involved.

MEDIATION FOR LOVE

Elena Shalaeva – *M.D., psychotherapist at the center of clinical psychology and psychotherapy of Narcological dispensary №6, postgraduate student at the psychotherapy and sexology chair of the Russian Medical Academy of Postgraduate Education, full member of PPL, member of the International association of systemic mediators. Russia, Moscow.*

In relationships within a couple, establishing true intimacy is often interfered by dysfunctional patterns. Basic processes of mediation, which are designed to work with a pair, contribute to a clear and adequate detection of the dysfunction, pointing out interests of both partners so each of them could have enough room for maneuver and use resource areas from which one are is able to draw creative solutions.

METHODOLOGICAL BASES OF MEDIATION IN ASPECT OF PHILOSOPHIC-THEOLOGICAL CATEGORIES

Lyubov Bitehtina – *doctor of philosophy, professor, cand. of psych. sciences, Ph.D., head of Theology and psychology chair INDEKOM Moscow, mediator. Russia, Moscow.*

Problems of given article was to enter the basic concepts and representations about methodological bases of scientific psychological

model at the present stage and those categories of philosophical and theological knowledge which deepen and expand its possibilities. Change in the country, science and education is promoted also by rapid development psychotherapeutic an expert in Russia on a boundary 20-21 centuries. Their original existence and development forms requirement for innovative methodical equipment with reflective and conceptual study. In article, the concept of mediation is defined, how a science about the reconciliation, believing those synthesising principles which it can be historically proven. As attempt of a methodological problematization, the purposes and work means for an example of tradition of philosophical and theological thought is carried out. «Beginnings» which in divinity are defined from Revelation, in practical divinity by the doctrine St. are put Fathers about passions and virtues, and in philosophical concepts the doctrine about ontology. It is necessary to notice, that ontology in philosophical doctrines was compound and a metaphysics integral part, and itself on Aristotle made: cosmology, theology, anthropology.

CHANGE OF THE FAMILY RESOURCE STATE IN THE PROCESS OF MEDIATION

Inna Ponomareva – mediator, family system consultant, director and leading coach of “Open training company”, full member of Professional Psychotherapeutic League.

Settlement of a conflict is connected with the change in a family system. Functional family resource increases if common consent is achieved and the dealing parties establish partnership. The fact is emphasized that system mediation represents an instrument, transforming the structure of family relationship and emotional connections. The obligatory adherence to the main principles of mediation – neutrality (unprejudice), privacy, voluntariness and trust is achieved through high quality training in the process of which a mediator estimates his identity potential and perceives the borders of his “Self”. The most difficult condition is to create trust and maintain neutrality, avoiding involvement in emotional collisions of the parties. There is good reason to believe that creating of CMT centres with involvement of psychological consultants in mediation will promote the development of mediation in Russia.

THE MEDIATION PRACTICE EXPERIENCE IN SAINT-PETERSBURG

Elena Ivanova – psychologist, PhD., the associated professor of the Saint-Petersburg State university, docent, the Head of Mediation and conflictological counseling service of SPbGU, the acting member of OPPL, the member of Associazione Internazionale Mediatori Sistemici (AIMS).

There is mediation application experience gathered in Saint-Petersburg since 1992. This practice have become especially active after the mediation law releasing in Russia. SPb mediators have conducted more than 400 mediations in 2012. This allowed us to identify specific features of work with clients using mediation in different spheres, either in court, or in out-of-court cases.

THE ROLE OF KIROV REGION INSTITUTE OF THE DEVELOPMENT OF EDUCATION IN THE ESTABLISHMENT OF MEDIATION

Tatiana Masharova – professor, rector at Kirov Region Institute of the Development of Education.

The establishment of the juridical society in Russia requires the renewal of functions of modern social institutions and the development of new ones. Mediation, its content, and integration into the social relationships of the Russians is increasingly becoming more and more important. Step by step development of the role of mediators in settlement of interpersonal and legal conflicts leads to the integration of the mediation into the educational system. Therefore the significance of institutions for advanced training of teachers that are able to train mediators of the educational system is increasing. There is a positive experience in it in the Kirov Region Institute of the Development of Education. In 2012 – 2013, Mediation Laboratory was established in collaboration between the Center of the System Consulting and Education “Synergia”, the Institute of the Practical Psychology and the Institute of the Education Development. It currently works on a project developing the technology of social pedagogical support for educational process of schools.

The laboratory is spreading approved mediation techniques during the scientific practical conferences and workshops. Its fast adoption shows significant demand for the mediation institute in Russia.

SUBJECT OF ACTIVITY OF INSTITUTE OF THE REPRESENTATIVE UNDER HUMAN RIGHTS AND ITS COMMUNICATION WITH RECONCILIATORY PROCEDURE

Lyubov Bitehtina – doctor of philosophy, professor, cand. of psych. sciences, Ph.D., head of Theology and psychology chair INDEKOM Moscow, mediator. Russia, Moscow.

The purpose of the given report consists in explanation of the status of the Representative under human rights (ombudsmen) in Russia and foreign countries, specificity of the mechanism of protection of the rights and freedom of the person the given institute in Russia and the international bodies, the actual problems arising in the course of legal regulation and the right of application, and also system of ways of their permission in a lawful state.

Among message problems: – increase of level of the general culture mediates, expansion of their outlook;

- Formation of mediate knowledge of the nature of the parliamentary control and its role in protection of the rights and freedom of the person;
- Application of knowledge mediates technologies and their role in protection of the rights and freedom of the person.

THE MEDIATION IN SPOSES PROPERTY DISPUTES

Veronika Ogorelysheva – mediator, conflict resolution manager in «City mediation center» in Saint-Peterburg, the acting member of OPPL, the member of Associazione Internazionale Mediatori Sistemici (AIMS), the member of «Mediation Liga».

The spouses property disputes are not so difficult for lowers and judges from the point of view of Low. But extra legal aspects usually becomes that stone which brakes fast and effective resolution of conflict. Mediator helps spouses to work with misunderstanding and helps to create ideas for the future. The important point in spouses property conflicts is to resolve the conflict and to adjust friendship relations between spouses.

PANEL:

MUSICAL PSYCHOTHERAPY

JULY 6th, 18.00-18.50, HALL «VRUBEL»

CHAIRS: Valentin Petrushin (Moscow, Russia)

APPROACHES, GOALS AND OBJECTIVES OF THE MUSICAL INTEGRAL PSYCHOTHERAPY IN SOLVING THE PROBLEMS OF MODERN SOCIETY

V.I. Petrushin – doctor of ped. science, Professor, President of interregional Association of music psychologists and psychotherapists.

The article discusses the problem of normalization of the psychological state of the citizens of the Russian Federation, which, in conditions of economic crisis the чашей begin to feel symptoms of anxiety and melancholy. Reveal the possibilities of musical integral psychotherapy in addressing these deviations.

ANALYSIS OF PSYCHOSOMATIC RELATIONSHIPS USING MUSIC THERAPY AND TECHNOLOGIES FOR INFORMATION ANALYSIS OF ECG

V.M. Uspensky – doctor of medical Sciences, full member of the Russian Academy of cosmonautics named after Tsiolkovsky.

In the article On the basis of the theory of the information function of the heart developed the technology of information analysis electrocardiosignals, which found that in cardiosignals laid programmes standards and various diseases of internal organs. The first experience of the use of technology in assessment of the therapeutic effect of music therapy on dynamics of activity of specific information coded images disease has shown its effectiveness. Moreover, positive or negative dynamics of the activity indicator code images diseases was observed during the listening of musical works and persisted for 10-20 minutes after listening

BASIC PROBLEMS OF PSYCHOLOGICAL COUNSELING STUDENTS IN SECONDARY AND HIGHER MUSIC SCHOOLS

E.M. Chemeneva – applicant of the Department of psychology of the Moscow state pedagogical University.

The article deals with the task of preparing young musicians for concert performance and to overcome the stress of stage.

MUSICAL THERAPY AS WAY OF INFLUENCE ON EMOTIONAL WELLBEING OF THE PERSONALITY

Inna Silenok – the psychologist, the business coach, the Master of the NLP, the Vice-president, the full member and the teacher of the All-Russian Professional

Psychotherapeutic League, the Psychotherapist of the uniform register of professional psychotherapists of Europe, the Vice-president of the All-Russian Council of psychotherapy and consultation, the Director of the Center "Logos". Russia, Krasnodar.

Musical therapy is considered as system of the techniques influencing a condition of the personality. Specially picked up pieces of music staticize the corresponding analogs in mentality of the person, thereby is started positive ideodynamic.

**PSYCHOPHYSIOLOGICAL MECHANISMS OF MUSIC THERAPY.
AUTHOR'S CONCEPT**

Alexander Tabidze – Doctor of Physics and Mathematics, Professor, Deputy Director of the «Psychotherapeutic Pedagogy» Research Center, Russia, Moscow.

The report describes author's concept of music therapy mechanisms, based on the theory of conditioned reflexes developed by I.P. Pavlov and on the example of numerous music therapy programs.

**EFFECTIVENESS of CORRECTIONAL INFLUENCE MUSICAL
and VISUAL RHYTHM ON CHILDREN WITH SERIOUS SPEECH,
STUTTERING, WIA**

E. Druzhinina

The article shows the positive impact of music correction in children with severe neurotic disorders.

Panel:

NEW ACHIEVEMENTS IN PSYCHOTHERAPY

JULY 7th, 10.00-11.50, HALL «LEVITAN»

CHAIRS: Oksana Zashchirinskaya (Saint-Petersburg, Russia) Yuri Schevchenko (Moscow, Russia)

**PSYCHODYNAMIC APPROACH IN TRAUMA THERAPY OF
INTERPERSONAL RELATIONSHIPS**

Oksana Zashchirinskaya – Ph.D., Associate Professor of Special Psychology, Faculty of Psychology, St. Petersburg State University. Author of more than 140 scientific and educational publications. The Executive Director of the NGO «St. Petersburg Psychological Society» (regional office RPA). Expert Committee on Education. An expert of Saint-Petersburg Government Program «Tolerance» (2011-2015 gg.). Certified counseling psychologist of the European Registry (Counsellor for Psychological Trauma).

Interpersonal relationships as a cause of trauma. The specifics of the Russian psycho trauma. Lack of understanding the value of psychological knowledge about relationships with people. Effect of disharmonious relationship with mother and father on subsequent psycho trauma in the marital relationship. Resentment at the mother as a pathofenomen in the development of interpersonal relationships. Violation of child-parent relationships in the context of family violence. psycho education technology and trauma expositions in psychotraumatology. Focusing on the different levels of regulation. Integration of different schools and trends within psychodynamic approach to assist in the case of mental trauma in the context of interpersonal relationships.

**SPIRITUAL TRANSFORMATION – QUALITATIVE-QUANTITATIVE
ANALYSIS OF THE APPLICATION OF THE METHOD
HOLOTROPIC BREATHWORK**

Vladimir Emelyanenko – director of Grof Transpersonal Training in Russia, full member of PPL, full member of Association for Holotropic Breathwork International (AHBI), M.D., psychotherapist, certified psychotherapist of the European Transpersonal Association (EUROTAS), lecturer of "Transpersonal Psychology" course at Psychological Department of South Federal University, Russia, Rostov-on-Don.

Inna Afanasenko – PhD, psychologist, senior lecturer of chair of psychology of personality of faculty of psychology SFU of the South Federal University, the participant of the program Grof Transpersonal Training in Russia. Russia, Rostov-on-Don.

Long-term observations of practitioners of Holotropic Breathwork™ show the effectiveness of the application of this method is accompanied by a client in the process of his spiritual transformation: there was the disappearance of neurotic, depressive and dependent manifestations, improving the quality of life, self-esteem and confidence to its experience, to increase the meaningfulness of life, and ability to self-realization. Results of psychological studies of the dynamics of the self-assessments life constructs confirmed the data of observations.

PSYCHOSINERGETIC ASPECTS OF PSYCHOTHERAPY

Vladimir Zemlyanukhin – Ph.D. in psychology, associate professor at ASOU. Conducts research and applied work in the direction of the application of the methodology synergistic approach in the field of psychological counseling and psychotherapy. Russia, Moscow.

The main ideas and models of interdisciplinary theory of self-organization and co-evolution applicable to such a complex system as the human psyche. They apply as for the understanding of the individual peculiarities of its structure and development, as well as to identify the causes and circumstances of violations of its optimum functioning in order to provide effective counselling and psychotherapeutic assistance.

**MODERN PSYCHOTHERAPY PATIENT: THE COMPLAINT,
INQUIRY AND DIAGNOSIS**

Anastasia Polotnyanko – psychiatrist, psychotherapist, Member OPPL, multimodal therapist. Russia, Ulyanovsk.

The purpose of this study is to examine gender, age and nosology composition of patients referred to our Centre, as well as their complaints and requests.

**ON EFFECTIVENESS OF CATTELL'S MODIFIED TEST
APPLICATION IN PSYCHOTHERAPEUTIC PRACTICE**

Alexander Tabidze – Doctor of Physics and Mathematics, Professor, Deputy Director of the «Psychotherapeutic Pedagogy» Research Center, Russia, Moscow.

It is shown that the new representation of Cattell's 16RF-187 test provides a clear view of human personality psychological profile and access level of person's emotional, volitional and mental development. The new test can be used for the psychiatric and psychosomatic predisposition diagnosis and emotional burnout syndrome as well as for objective evaluation of the psychotherapy efficiency (PSYCHOTHERAPY journal, No 6, 2013).

GENDER ASPECTS IN COUNSELING AND PSYCHOTHERAPY

Anzhela Almadullina – Ph. D. in psychology, representative PPL in Tatarstan, the director of «Training Center INO Kazan State University».

The report examines the counseling model gender-specific, femininity and masculinity. Unveiling the definition of male and female in a positive way, and found the distortion. The importance of the implementation of the masculine and the feminine essence and the possible transformation forms of male and female in the interaction.

**SANITY OF A WOMAN AND THE MEANING OF FEMALE
GENDER IN SPIRITUAL PRACTICES AND IN RELIGION PROCESS**

E. Miassarova.

**«SELF-DEFENSE AGAINST SMOKING AND DRUGS» BOOK
PRESENTATION**

Andrei Vostrikov – psychotherapist, narcologist, Ed.D, Professor, Director of «Psychotherapeutic Pedagogy» Research Center. Russia, Tomsk.

Alexander Tabidze – Doctor of Physics and Mathematics, Professor, Deputy Director of the «Psychotherapeutic Pedagogy» Research Center, Russia, Moscow.

Psychological drive of internal resistance to smoking and drugs is formed on the basis of teenagers emotional sphere development. The textbook contains education and training technology and is designed for teachers and parents of students of 4-6 grades of secondary school.

Panel:

**PERINATAL PSYCHOTHERAPY AND PSYCHOLOGY AND
PSYCHOLOGY OF REPRODUCTIVE SPHERE**

JULY 6th, 9.00-11.50, HALL «KANDINSKY»

CHAIRS: Elena Pechnikova (Moscow, Russia), Igor Dobriakov (Sankt-Peterburg, Russia)

SCIENTIFIC SECRETARY: Galina Filippova (Moscow, Russia)

Summary of the panel: Perinatal Psychology and psychotherapy and psychology of reproductive tract are actively developing area of modern psychological science and practice. The practical application of the modality required when working with pregnant, future parents, preparing for pregnancy, family with a small child, and when working with psychosomatic aspects of reproductive health. Pressing and much sought after by modality is the psychological help to women and men in the use of assisted reproductive technologies. Every year the expanding area of modality, including perinatal and early impact of dyadic relations on the identity of the man, his physical, mental and reproductive health partnerships that determines the need for an integrative approach in practical work.



STRESS AND THE WOMEN'S REPRODUCTIVE SYSTEM

Elena Pechnikova – General Director of FAMILY PLUS medical and psychological clinic, Leader of modality of the perinatal psychotherapy and psychology and psychology of reproductive sphere. Russia, Moscow.

The report examines the impact of stress on female reproductive system and performs the analysis of commonality of anatomical set-up responsible for emotions, response to stress and reproductive function. The report analyses the impact of prenatal stress on sexual differentiation of the brain and modification of stress resistance, manifestation of these processes on women's reproductive functions and the necessity of an intermodal approach in their psychotherapy treatment.

PSYCHOLOGICAL ASPECTS OF REPRODUCTIVE HEALTH

Galina Filippova – Doctor of Psychology, Professor of the Institute of Perinatal Psychology and Psychology of Reproductive System. Russia, Moscow.

The report examines the paradoxical situation of reproductive function in current society: on one hand physiological disorders of reproductive function (miscarriages, female and male infertility) seen in those who wish to have children; on the other hand the absence of physiological disorders in those who terminate their pregnancies and are not willing to have children and do not take proper care of their children. The report stresses the importance of both physiological and psychological aspects of reproductive health. It also describes the psychological part in detail including the tasks and directions of psychological help.

PROBLEMS OF EDUCATION OF GIRLS AS FUTURE MOTHERS

Elena Izhvanova – associate Professor of Institute of psychology and pedagogics. Russia, Moscow.

This report examines the General negative patterns of maternal education daughters in accordance with the stages of the formation of the mother's position, which was generating by G.G.Filippova. These tendencies appear in an unwillingness to motherhood on the stage of pregnancy and early childhood, the child, and in pre-school and early childhood turn into a symbiotic relationship, contributing to the formation of the girl egocentrism and complex unfortunate. In the final stages of development of the mother of the sphere of mother and daughter are in codependency, most manifested in an incomplete family.

ILLUSTRATION OF PSYCHOTHERAPEUTIC WORK WITH AGRAVIDSUFFERING FROM DEEP IDIOPATHIC PLATELET DEFICIENCY

Poliakova Olesia Nikolaevna – a psychologist of medical and psychological clinic «Semia s pliusom», Russia, Moscow.

Pechnikova Elena Iurevna – general director of medical and psychological clinic «Semia s pliusom», Russia, Moscow.

The progression of the patient's clinical disease for the first time took place during her first pregnancy at the age of 38 years. The psychological reasons of somatization were intrapersonal conflicts arising from her own children's relations with parents, accompanied by wish to die perceived as the way of solving the conflict. A comprehensive psychological and medical rehabilitation with limitation of medicine aggression had a beneficial effect.

STRUCTURE AND PSYCHOTHERAPEUTIC CORRECTION OF MENTAL DISORDERS AND PSYCHOSOMATIC PATHOLOGY AT PREGNANT WOMEN WITH THE THREAT OF PREGNANCY LOSS

Tatiana Efanova – psychotherapist at the clinic "Insite", women consultation of The 1st Novosibirsk City Hospital, post-graduate student of Russian Academy of Medical Sciences SB Mental Health Research Institute. Russia, Novosibirsk.

Results of scientific research of mental disorders and psychosomatic pathology at pregnant women with the threat of pregnancy loss are presented in the report. Results of psychoprophylactic and psychotherapeutic correction in women with this pathology are shown too.

INTERRELATION BETWEEN THE ATTACHMENT'S QUALITY OF THE MOTHER-CHILD RELATIONSHIP AND THE RELATIONSHIP WITH THE SPOUSE AND CHILDREN

Dina Vinokurova – Graduate Institute of Psychology and Pedagogy. Russia, Moscow.

In the studied anxiety and avoidance in the matriarchal relationship of women and their children's relationship with relationships with a partner and parent attitudes during adulthood. The results showed that using information about the nature of women's relationship with his mother as

a child, you can do a forecast of its relationship with spouse and children, and to prevent possible problems.

FEATURES OF COPING BEHAVIORS IN WOMEN, ABANDONED MEDICAL SUPPORT DURING PREGNANCY

Zolotova Irina – Kostroma State University, Russia, Kostroma.

The report discusses coping styles shown by women renouncing medical support in pregnancy. Shows that identification with the own mother «plays a pivotal role in the formation of coping-mechanisms based on the relationship to a newborn. Unwanted child, a negative attitude towards pregnancy stress factors are launching specific coping. The data confirms the relationship of women to a newborn.

ACCOMMODATION NEAR-DEATH EXPERIENCE AT BIRTH IN PLAY AND ART THERAPY. CASE STUDY.

Svetlana Bakhtina – practicing psychologist, Moscow Association Of Analytical Psychology. Russia. Moscow.

The report highlights the main challenges in working with child survivors of clinical death at birth, and some ways to overcome them. The call the child's mother was based on complaints about violations of the son of contact with peers. She was also scared her son's passion for «dead and ghosts» and frequent nightmares. For example, the boy was clearly developed negativism, and this greatly hampered the establishment of therapeutic contact. But thanks to the art-therapeutic methods we was able to reach the pre-verbal communication and to establish the non-verbal contact with this child.

METHODS OF PRENATAL THERAPY IN THE CORRECTION OF ADULT PATIENTS

Furman Elena – Clinical Psychologist, Centre for Psychosocial Support issues «Hestia», Russia, Ekaterinburg

To date, the therapy is no single approach to the correction of patients with somatic diseases. Most experts agree on the fact that the causes of these diseases have their roots in childhood. In this regard, the proposed use of the methods of perinatal therapy in the correction of adult patients, namely the method of long-term regression.

UNDERSTANDING OF MATERNITY AND CHILD DEVELOPMENT AMONG GIRLS IN THEIR LATE TEENS

Marina Lantsburg – Head of Perinatal Psychology Research Center Moscow State University of Psychology and Education. Russia, Moscow.

Anastasia Krysko – Psychologist of Perinatal Psychology Research Center Moscow State University of Psychology and Education. Russia, Moscow.

The report presents data from a pilot study involving 114 women. Identified particular attitudes about motherhood and child girls without children, pregnant women and young mothers. Shown that pregnancy and childbirth affect the experiences of parenthood, to found a family.

PSYCHOTHERAPY LOSSES IN THE PERINATAL PERIOD

Marina Lantsburg – Head of Perinatal Psychology Research Center Moscow State University of Psychology and Education. Russia, Moscow.

The report presents the definition and classification of losses in the perinatal period. The factors on which the individual can predict the duration and intensity of grief, is a list of perinatal losses significantly affect subsequent pregnancies.

The results of the study 32 pregnant women at 15-39 weeks of term survivors of perinatal losses in the past (spontaneous abortion, missed abortion or death in childbirth). Revealed a higher level of anxiety and a higher rate of occurrence of anxiety and feelings of ambivalent style of pregnancy in women with two or more of loss compared to women with one loss.

Developed by the successive stages of psychological work with her mother, experiencing loss, contributing to the establishment of its contact with the child.

Identified 10 professional competencies, which must have a specialist who works with the loss in the perinatal period.

Panel:

POSITIVE PSYCHOTHERAPY

JULY 5th, 14.00-16.20, HALL «SHAGAL»

CHAIRS: Ivan Kirillov (Moscow, Russia), Maxim Goncharov (Khabarovsk, Russia)

Summary of the panel: Positive Psychotherapy (PPT) is one of the most influential psychodynamic methods scientifically proven to be effective.

We invite you to discuss possibilities offered by PPT to address the pressing issues of psychotherapy today:

- How to optimize the diagnostic, therapy planning and quality control using of complementary ideas of Positive Psychotherapy and Operationalized Psychodynamic Diagnostic?
- How the modern ideas of psychophysiology of emotions can be used in psychotherapy.

We will share with you the expertise of 45 years experience successfully applied on six continents.

CLARIFICATION OF PSYCHODYNAMIC CONFLICTS IN POSITIVE PSYCHOTHERAPY

Ivan Kirillov – MD, PhD, Psychiatrist, Psychotherapist, Coordinator of the Moscow Center of Positive Psychotherapy, Member of the Editorial Board of the International Journal of Psychotherapy (IJP), Creator and owner of Stress Surfing. Russia, Moscow.

Seven psychodynamic conflicts described as an impaired development of primary capabilities (after Peseschkian) & This reveals blind spots of contemporary psychodynamic theory and gives the lead for the new very promising researches.

ANALYSIS OF COUNTERTRANSFERENCE IN POSITIVE PSYCHOTHERAPY

Maxim Goncharov – MD, PhD, psychiatrist, psychotherapist, director of the Khabarovsk Center for Positive Psychotherapy. Russia, Khabarovsk.

This is the presentation of the original system to analyze the countertransference using models of positive psychotherapy. Author suggests number of constructive ways to use countertransference for diagnostic and therapeutic purposes.

THE CONNECTION OF ANAMNESIS FEATURES AND ADAPTATION TO THE INTERRUPTION OF PROFESSIONAL ACTIVITY AMONG ATHLETES

Polina Meshkova – Psychologist-consultant, psychology faculty of Lomonosov MSU. Russia, Moscow.

The interruption of professional activity of athletes is regarded as the loss of a way to meet some of their primary needs. Based on that author suggests some ideas to study the adaptation strategies of those athletes.

SPECIAL FEATURES OF THE CONFLICT OF GUILT IN POSITIVE PSYCHOTHERAPY

Cherepanova Elena – Psychotherapist, the Moscow Center of Positive Psychotherapy. Russia, Moscow.

The analysis of feeling and conflict of guilt using models of positive psychotherapy brings new insights and helps to develop psychodynamic strategies for therapeutic interventions.

THE EFFECT OF EYE MOVEMENT DESENSITIZATION AND REPROCESSING TECHNIQUE ON ANXIETY LEVEL OF COLLEGE STUDENTS

Tuğba Sari – Assistant Professor in Abant İzzet Baysal University. Turkey, Bolu.

The study explores the efficacy of eye movement desensitization and reprocessing (EMDR) in the treatment of test anxiety. Results supported the hypotheses that the EMDR procedure would reduce the total test anxiety scores of college students.

THE ANALYSIS OF THE RELATIONSHIP BETWEEN BALANCE MODELS AND TIME PERCEPTION IN ADULTS BY A FACTOR OF GENDER

Çiğdem Keven Aklıman – Psychological Counselor, Beypazarı rehberlik ve Araştırma Merkezi. Turkey, Ankara.

This study regards the "time" as the primary capacity according to Positive Psychotherapy. It is examine how individuals organize their time in four areas of balance model of Positive Psychotherapy (body, business, relationship, faith). It is also specify how the gender effect the usage of time in every area of balance model.

SPECIAL FEATURES OF THE WORK WITH ANXIETY IN POSITIVE PSYCHOTHERAPY

Svetlana Egorova – Psychologist-consultant, Moscow Centre of Positive Psychotherapy. Russia, Moscow.

Anxiety is seen as a manifestation (a side effect) of the ability of Ego to suppress the unacceptable «here and now» impulses in order to then satisfy

them properly and at the right time. On this basis, strategic therapy plane for anxiety offered within the five-speed technique.

POSITIVE PSYCHOTHERAPY AS AN INSTRUMENT DEALING WITH LOSS AND GRIEF

Elena Cherepanova – Psychotherapist, the Moscow Center of Positive Psychotherapy. Russia, Moscow.

This presentation offers the five-stage strategy to deal with loss and grief based on analysis of five stages of grief experience.

EMOTIONS AS A TOOL OF THE PSYCHOTHERAPIST IN POSITIVE PSYCHOTHERAPY

Julia Dremina – Psychologist-consultant. Moscow Center of positive psychotherapy. Russia, Moscow.

The capacity of the therapist to notice and differentiate own and others emotions can be used to: 1) recognize unconscious needs of the client that drive his/her reactions and behaviors; 2) to become aware of own countertransference and use it for psychodynamic therapy; 3) to support patients with impaired structural capacity to recognize impulses and emotions.

DIFFERENTIAL ANALYSIS OF THE GENDER-ROLE IDENTITY

Vadim Kochnev – Senior professor at the Department of Psychological Counseling of Moscow State Regional University. Russia, Moscow.

The pilot study shows correlation of gender-role identity with four major groups of psychodynamic characteristics (basic conditions that shape the conflict, trigger norms, activated needs and forms of reaction).

FANATICISM AS A TENDENCY TO SOLVE THE IDENTITY CONFLICT

Victoria Timofeeva – Consulting psychologist; Moscow Center for Positive Psychotherapy. Russia, Moscow.

This study proves the correlation of fanaticism with identity conflict and confirms the psychodynamic hypothesis that fanaticism can be understood as an attempt to solve the identity conflict.

POSITIVE PSYCHOTHERAPY IN TRUNCULTURAL ADAPTATION OF MIGRANTS

Ekaterina Kadetova – psychologist in Institute of Practical Psychology Terra. Russia, Voronezh.

The adaptation syndrome displayed by reaction in all four areas of life (body, achievements, relationship, meaning/fantasy). Based on analysis of those reaction the 5-stage strategy of adaptation have being suggested.

THE PRIMARY NEED OF IDEAL IN POSITIVE PSYCHOTHERAPY

Konstantin Soloviev – psychologist, psychological studio Emote.

Ideal viewed in presentation as a primary human need. Three stages of psychodynamic of relationship with ideal analyzed as well as their effect on human development and life quality.

SINS OF HUMAN. PRIDE

Olga Nersisyan – psychologist-consultant, Phd. Moscow center of positive psychotherapy. Coach-consultant of «Georazvedka» company. Russia, Moscow.

This presentation explains already proven to be effective strategy to prevent the emotional burnout syndrome based on psychodynamic understanding of sin and pride phenomenon.

«EDIP VS. IVAN – THE GOOD GUY». EXISTENTIAL CROSS-CULTURAL ASPECTS OF POSITIVE PSYCHOTHERAPY OF MEN IN YOUNG AND MIDDLE AGED

Yuri Kravchenko – M.Ed. Higher Education, MT-PP, Master-Trainer in Positive Psychotherapy (WAPP), Certified European Psychotherapist (ECP). Kyiv, Ukraine.

PANEL:

PROFESSIONAL SUPERVISION

JULY 6th, 10.00-11.20, HALL «SHISHKIN»

CHAIRS: Igor Lyakh (Novosibirsk, Russia), Alexander Zhukov (Novosibirsk, Russia)

Summary of the panel: Along with the development of psychological, psychotherapeutic and consulting practice supervision should be expanded, professional supervision being an obligatory stage of professional development for any psychotherapist, psychologist or consultant – individual practice of a specialist should be supervised. Supervision is an effective form of professional exchange, growth, maintaining professionalism and prevention of burnout. It is the supervision process that allows incorporating

innovative components in everyday professional practice. Supervision provides conditions necessary for the effective work of a specialist as well as the possibility of collegiate control of its quality. Consequently, the level and effectiveness of the supervision process determines to a large extent the quality of the services provided by a specialist.

The work of the section will include a discussion on the urgent issues of supervision. Besides, some cases from professional practice will be presented and supervised in the format of polymodal group supervision.

FEATURES OF SUPERVISION IN CLIENT-CENTERED PSYCHOTHERAPY

Alexander Kocharyan – Doctor of Psychology, professor; head of psychological counseling and psychotherapy in V.N. Karazin Kharkov National University, director of Ukrainian Institute of client-centered and experimental psychotherapy; Member of the European Association for Psychotherapy (EAP), official instructor of the PPL international class, accredited supervisor in the modality of «client-centered psychotherapy»; head of modality of «client-centered psychotherapy» PPL. Ukraine, Kharkiv.

The modal supervision underlies characteristics of a psychotherapy approach. Client-centered psychotherapy is diverse – K. Rogers presents two options of it: escort 1) in issue, and 2) to deep feelings. They have the adequate technological support: in the first – the most valuable is reflexive support, underlining therapist's position "to be half a step behind", acceptance of a metaphor of the therapist's work as "dance in pair", in which the client leads, and psychotherapist accompanies, stressing the importance of the key conditions of a psychotherapeutic client changes; the second is the importance of emphatic technology, non-directional focus, a psychotherapist with meta-skill who can work with your own feelings and resonate experiences of client, underlining the procedural aspect of psychotherapy. Conditions of psychotherapeutic change convert into «space»-they lose their hidden status and become actual conditions. The therapist should «do» something else, and many more actions and they are incredibly complex – they are based on skill and not on actual experience and relationship therapist. Procedural query level of person who is supervised is implemented with these work features.

PSYCHODYNAMIC PROCESSES IN GROUP SUPERVISION

Alexander S. Zhukov – psychologist, full member of PPL, psychotherapist of European registration, certified supervisor of PPL, associate professor of International society for guided affective imagery and mental techniques in psychotherapy and psychology. Novosibirsk, Russia.

The paper presents a model of group supervision and deals with the psychological processes that influence group dynamics in supervision.

SOME DIFFICULTIES FACED BY YOUNG SPECIALISTS ON THE WAY OF PROFESSIONAL GROWTH

Olesya I. Korolyova – 1st category psychologist, full member of PPL. Novosibirsk, Russia.

Training young specialists with the aim of promoting them up to the status of a supervisor is important and necessary despite the difficulties that young supervisors face.

Examples of difficulties:

1. Relatively small professional experience of the young specialist.
2. Transference that exists in relation to the personality of a young supervisor from the part of colleagues.
3. Difficulties in forming a supervision group.

Forming particular positions and views in the process of studying supervision is a strong motivating factor for professional growth of a young specialist.

SOCIAL SIGNIFICANCE OF SUPERVISION IN PROFESSIONAL SPACE

Igor V. Lyakh – psychoanalytically oriented psychotherapist, full member of PPL, PPL Intervisor, chairman of Novosibirsk PPL Branch, psychotherapist of European registration. Novosibirsk, Russia.

ORGANISING POLYMODAL SUPERVISION GROUPS: IMPORTANT ISSUES

Olga A. Prikhodchenko – full PPL member, executive secretary of PPL Central Council, supervisor of PPL accreditation, Novosibirsk, Russia.

The professional community is now facing an important task – to make professional supervision a high quality service that can be available in all parts of the country. One of the most suitable forms of supervision for this

task is professional polymodal supervision group. To create a successful group some preconditions are required and some factors should be taken into account. These factors are dealt with in the paper.

ROLE OF SUPERVISION IN PROFESSIONAL DEVELOPMENT OF A YOUNG SPECIALIST

Tatiana S. Gudkova – psychologist, family consultant, full member of PPL, Novosibirsk, Russia.

Supervision of practice has a great significance for professional development of young specialists and for their professional growth, since the support of more experienced colleagues helps to see the objective side of interaction between the specialist and the client, to point out the problem areas as well as to form the specialists' professional identity and make it stronger. However young specialists do not realize the importance of supervision due to a number of reasons which include insufficient information about the role of supervision and its specifics; myths and fears such as the fear of being incompetent, fear of public failure or fear of being judged by more experienced colleagues.

SUPERVISION IN THE SPHERE OF EDUCATION AS THE DEMAND OF PROFESSIONAL COMMUNITY

Anna Boulycheva – methodologist, Language Center "ABC"; Consultative member of PPL, Russia, Novosibirsk.

Nowadays the need for an in-system reflexive (analytical) element in education is being realized by the professional community. This function can be performed by in-system supervisors that have a systematic and analytical approach to professional communication. The intrasystem problems can't be solved by traditional supervision from the outside, since the outside supervisors present the interests of the state or of the employers only. Professional supervision is not only an instrument for overcoming professional difficulties and dealing with burnout, but also a sign of social responsibility of the professional community.

THE PECULIARITIES OF SUPERVISION IN THE PROCESS-ORIENTED WAY

Lyudmila Serbina – Ph.D. in psychology, certificate of the psychotherapist (The European Certificate of Psychotherapy), leader of the modality Process-oriented psychology and psychotherapy, founder and member of professional Processual community Russia., The official teacher and supervisor PPL, lecturer at the Institute for Integrative Psychology Professional Development

The necessity of supervision session in the mental therapy are widely recognized by all psychotherapeutic ways and it turns to be universal support and education of psychotherapists. The peculiarities and methods of supervision in the process-oriented psychotherapy are concerned in the sectional report, as well as how supervision aids to solve the difficulties arise while working with clients and how it encourages the professional advancement of a psychotherapist.

PANEL:

PROCESS-ORIENTED PSYCHOTHERAPY AND PSYCHOLOGY JULY 7th, 14.00-18.50, HALL «SHAGAL»

CHAIRS: Luidmila Serbina (Moscow, Russia), Marina Belokurova (Moscow, Russia)

Summary of the panel: Process-oriented psychotherapy is a wide and diversified approach for work with inner experiences, chronic symptoms, conflicts resolution and relationships. It is based on simple and effective theories and practices developed by Arnold and Amy Mindell and their colleagues from Switzerland, USA and other countries. Having its origin in Jungian analytic psychology, Taoism, and physics process work is based on principal that the disorder produced by the problem contains resolution of the problem itself. Process-oriented approach became a comprehensive psychotherapeutic method, aimed to work with the wide spectrum of human experience. It represents a practical tool that helps individuals, pairs, families and group to gain more consciousness and creativity. Process work has been used in various areas including psychotherapy of married couples, large groups, for conflict resolution, body symptoms work, altered state of consciousness and addictions.

DEEP DEMOCRACY

Belogorodskiy Lev – Psychotherapist of the World (WCP) and European (EAP) register. Full member of the European Association for Body Psychotherapy (EABP). The head of the modality Body-Oriented Psychotherapy of OPPL. Russia, Moscow.

Deep Democracy is the development of ideas about process approach in the field of relations. This is a new look at the creation of a communicative space helping to build a resource communication between parts and in a whole. This approach can be used in the psychotherapeutic sessions, in coaching and business consulting.

WORK WITH A RESISTANCE OF THE CLIENT IN PROCEDURAL APPROACH

Serbina Lyudmila Nikolaevna – Ph.D. in psychology, certificate of the psychotherapist (The European Certificate of Psychotherapy), leader of the modality Process-oriented psychology and psychotherapy, founder and member of professional Processual community Russia, The official teacher and supervisor PPL, lecturer at the Institute for Integrative Psychology Professional Development Russia, Moscow.

Resistance is recognized at all psychotherapeutic schools and is an inevitable element of process of therapy. Procedural approach determines resistance of the client as edge or border between our known world and unknown. Resistance appears when there is something new and unknown, and the client appears in indecision and recedes to the habitual identity.

FROM THE DREAMBODY TO THE DREAMING

Reini Hauser, – Dr., psychologist (University of Zürich), is a psychotherapist, coach, supervisor and group facilitator. Switzerland, Zurich.

«Can one reconcile oneself with the mystery that the spirit is the life of the body seen from within, and the body the outward manifestation of the life of the spirit—the two being really one – then one understands how transcending consciousness by the unconscious leads to the body» («The Spiritual Problem of Modern Man» (CG Jung CW 10: §195)

In this presentation and workshop participants come to understand Mindell's concept of the dreambody and learn to see how dream images and body experiences mirror equivalent messages.

ANTHROPOLOGY OF PROCESS ORIENTED PSYCHOLOGY

Pavel Afanasyev – Ph.D. in sociology, associate professor of the Psychology Department at Kazan Federal University, consultative member of the PPL. Russia, Kazan.

Any system of psychotherapy contains a certain philosophy, outlook in the basis, including idea of human nature and its essence. This report examines the anthropological aspects of the process work. Describes the relationship of the basic provisions of process oriented psychology with Eastern spiritual practice and the Russian philosophical and psychological thought. Psychotherapy has a considerable influence on contemporary culture and society. Therapists should be aware of the philosophical bases of their work.

JOURNEY AS A METASKILL GEO PSYCHOLOGY

Alexey Belokurov – Certified specialist. Consultant, author and trainer program of the CTC «Hi-human Technologies». mytho dramatist. Author Programs «Body-art as an instrument of psychological work.» A certified practitioner Playback-Theater. Russia, Moscow.

Geo psychology-science, investigating the effects of weather, seasons, landscapes, etc. on the life of the soul, it's close contacts with the basic problems of consciousness. The process work approach by A.Mindell extends subject field of Geo psychology, introduces a new fundamental concept of «awareness of the way», and inspires the creation of new and effective tools of applied psychology. Trip- it's a metaphor of human life. The motivation for the trip is based on the need to give meaning to existence and motivation to move beyond the familiar, to leave behind the accumulated emotions and affection. Traveling is a process of discovery of new places, the process of gradual release of negative emotions.

INCLUSION OF THE PSYCHIATRIST'S INTERNAL WORK INTO THE CLIENT CONSULTATION PROCESS

Svetlana Runova – certified process psychiatrist, certified sexologist, acting member of PPL. (St.P, Russia)

The report presents definition and principles of internal work and the way such internal work of the psychiatrist enriches the client consultation process. It discusses the methods of creative interaction of the psychiatrist with the client from the view point of the theory of information exchange channels. Some examples of such interaction are given.

PROCESS-ORIENTED PSYCHOTHERAPY OF A.MINDELL: GROUP PROCESS

Mazur Olga – practical psychologist, artist, art-therapist. Certified in process-oriented approach by A.Mindell (IAPOP); body-oriented approach in Bodydynamic

Analysis (1st grade) (Bodydynamic International Denmark); Bodydynamic approach in psychotherapy of shock trauma. Russia, Moscow.

The basic principals of facilitating group dynamic in process-oriented psychotherapy of A.Mindell are considered in the paper. Definitions for deep democracy principal, dreaming process, roles, ghost-roles, edges, hot spots and cool spots are discussed.

THE APPLICATION OF THE PROCESS-ORIENTED PSYCHOLOGY IS FOR MORE COMPLETE AND SUCCESSFUL PERCEPTION OF EDUCATIONAL MATERIALS IN THE LEARNING PROCESS

Belyaev Sergey – a practicing psychologist, certified specialist in procedural psychology IPPDI (Integrative Psychology and Professional Development Institute). (Russia, Moscow).

The report studies various approaches to the process of self-education.

The subject matter of the discussion is the relation between the learning process and different channels of perception involved in the process of retention.

PRINCIPLE OF AMPLIFICATION IN PROCESS-ORIENTED PSYCHOLOGY

Rumyantseva Inga Viktorovna – of Central Council in Professional Psychotherapeutic League, Member of Russian Psychological Society, psychologist, certificate holder in process-oriented psychology, in Sofia-analysis, in integrative psychotherapy, President of Regional Branch PPL in Saint-Petersburg and Northwestern Federal District, organizer in Saint-Petersburg and in Northwestern Federal District of education program for method: system family and structure constellations (St.P, Russia)

Carl Gustav Jung used to use logical principle for dream work, the principle of amplification. Arnold Mindell continued to explore that principal for working with bodies symptoms and images. Amplification is reinforcement and exasperation of any signal (pain, itch, heat or emotional experience) in certain channel where someone feels and has experience. Amplification used for make bodies and psychological symptoms more aware by the person.

PROCESSUAL THERAPY AS A METHOD OF PERSONAL DEVELOPMENT

Khromova Elena – Ph.D., Chairman of the Board of professional Processual community Russia, lecturer at the Institute for Integrative Psychology Professional Development, a leading coach of professional Processual community, Certified specialist of programs Bodydynamic analysis, integrated physical therapy, symbol drama. (Russia, Moscow.)

Three-level model of consciousness. Integrative work and creativity.

SPECIFIC FEATURES OF THE USE OF INFORMATION CHANNELS AT WORK, USING A PROCESS-ORIENTED PSYCHOTHERAPY

Tsetovich Alexander – Member of the PPL, Ph.D. in Engineer, winner of the USSR Council of Ministers in the field of science and technology, a practicing psychologist. (Russia, Moscow.)

We present: – the consideration of general structure for getting, transmission, processing and storage of information; – a comparative analysis of the use of information channels when using different methods and the method of process-oriented psychotherapy. The features of their use in a process-oriented approach and the emerging opportunities in this expanding capabilities in the area of customers awareness of consensus reality.

PROCESS WORK AS BRINGING BACK RITUALS INTO MODERN CULTURE

Marina Belokurova – The psychotherapist of the Uniform European register, the transpersonal psychotherapist of the European register, the owner of the World certificate of the psychotherapist (The World Certificate of Psychotherapy), speaker of TEDMEDRussia live 2013. The founder and member of presidium ATTP. Member EAP and member of the Uniform European register of psychotherapists. (Russia, Moscow.)

A sense of history, and a sense of the sic transit, form one of the main negative experience in Western culture. Rituals have always been, traditionally, a means of replacing the "profane" (specifically historical) with the "sacred", thus protecting people against the increasingly strong fear of the absurdity of existence. Modern society, washed of the rituals in question, now offers no protection in that respect. Another crisis of the modern world is about that "we have so considerably changed our environment that now, to exist in this environment, we should change ourselves" (N.Wiener). Process



work with space, e.g. with a city or a natural landscape, etc., allows people to transcend the transience of time, to regain "mystical communion" with the surrounding world, and to regain the way of human existence that would be based on semantic co-involvement of people and the world.

SOMATIC COUNTERTRANSFERENCE OR THE BODY OF THE PSYCHOTHERAPIST HAVING A DREAM

Khasina Anna – applied psychologist, psychotherapist, supervisor, Diploma in Psychology, Lomonosov Moscow State University; Moscow Gestalt Institut certificate (standart EAGT), community member; International certificate in The Process Work of Portland, professional processual community member; Institut of Integrative Family Therapy Certificate; Baskakov International body culture program Certificate; International biodynamic certificate in working with shocking therapy, character structure, ego functions International Somatic Institut Certificate in integrative bodywork, a member of dance-moving psychotherapy association. Russia, Moscow.

Methods of detection, forms and resources of using physically sensitive therapeutic's reactions in psychotherapeutic process. Examples in practice.

ON THE WAY TO THE JOINT PROCEDURAL APPROACH

Alexander Khaikin – candidate of psychological sciences, the author of the training approach «Stress-Ayikido», the president of the East European Psychosomatic Society, the psychotherapist of the Uniform Register of professional psychotherapists of Europe, the teacher of the All-Russian Professional Psychotherapeutic League.

Six procedural methods are considered from the generalized positions in the report. Their similarities and distinction are investigated, also various meta – receptions are allocated. Several procedural techniques, using work with the space and tendencies of movements for work with corporal symptoms and emotional stresses is described.

ROUND TABLE

«THE PAST, PRESENT AND FUTURE PROCESSWORK APPROACH IN PRACTICAL PSYCHOLOGY»

Prehistory of a processwork approach

The therapeutic potential of processwork methods of modern practical psychology.

Memories of the Future:

Future is not yet ... But much of its basic elements and mechanisms exist now.

How is it possible to let in my life needed a change?

Do we have a real opportunity to improve the quality of life and actively participate in the changes of this?

Can we definitely say that it is this mechanism, an element or term will be in the future, will give impetus to the emergence of a new trend or will become something else, that will be developed and what will be discarded? Can we definitely say that it is in the present lead to certain consequences in the future?

How to answer these questions a process-oriented psychology?

Is processwork beginning of the formation of a new therapy of the future?

Panel:

PSYCHOCATHALYSIS

JULY 5th, 15.00-17.50, HALL «POLENOV»

CHAIRS: Andrey Ermoshin (Moscow, Russia), Tatiana Perz (Trier, Germany)

Summary of the panel: Psychocathalasis is a method which helps to regulate psychical processes and to restore the effective autoregulation of the body through immersion of one's attention into his body and space perceptions connected with his experience. Aims of the activity: recovery of the integrality and balance, refinement of competence and realisation of the renewed potential. The experience of using the method in therapy of chronic pain, psychosomatic disorders, phobias, panic attacks. Addictions on the one hand and in the activity with children, creative and successful people being sensitized on the full self-actualisation on the other hand can also be interesting. We will also discuss the experience of combining the psychocathalasis techniques with art therapy, existential therapy, system family constellations, archetypal theatre, awareness therapy and other methods. We will try to show up the ways of development of the method.

A PERSON IN THE INFORMATION SPACE

Andrey Ermoshin – Highest Category in Psychotherapy, professor and international level practice supervisor, PPL modality committee member, supervisor of the modalities of psychocathalasis and sophia-analysis; member of Unified Register of professional psychotherapists (Moscow).

Many years of studies have made it possible to speak about the person's possibility to attach his/her attention to some fine processes, connected with the flow of information in mind. It gives unique opportunities to interfere consciously in those processes, allowing renewing and useful processes to go on and making regress the other of them, which block the body. Some results of new studies in this field will be shown.

IMPLEMENTATION OF THE METHOD „PSYCHOCATHALYSIS“ FOR PSYCHOLOGICAL CARE OF PATIENTS-MIGRANTS DURING CRISIS SITUATIONS.

Tatiana Perz – psychologist, President of the German society „Deutsch-Russische Gesellschaft für Psychologie und Kulturaustausch – DRGPK (German-Russian Society for Psychology and Cultural Exchange) (Trier, Germany).

Demonstrates approach and results of work with patients in emigrated, multicultural families and their typical psychological conflicts in a post emigration period. Experience in application of psychocathalasis for patients in critical situations including suicidal indications. Special attention is drawn to patients' general health condition and possible problems with endocrine system.

Patients learn in two languages useful social and communicative skills. They are also trained in use of psychocathalasis as a medium for self-help.

THE ARCHETYPICAL THEATER AND PSYCHOCATHALYSIS

Irina Cheglova – MD, Ph.D., associated prof., vice-president of Professional Psychotherapeutic League.

The archetypal theater method helps the client to perform of social and biological roles successfully that are required for the efficient solution of complex tasks of life. In some cases, the use of psychocathalasis techniques significantly speeds up and simplifies the job.

APPLICATION OF PSYCHOCATHALYSIS IN ART THERAPY

Nazgul Shildebaeva – psychologist of municipal medical centre n. 4 (Astana), art therapist, psychological maternity assistant, certified specialist in sophia-analysis, incumbent member of PPL, destination representative of PPL in Astana, Kazakhstan.

Application of psychocathalastic method in art therapy is to activate one's inner resources and defuse tension which prevents the creative potential to be put into a fact. We conducted a course called "Easy Labour" in cooperation with the gynecologists of our medical centre. Due to psychocathalasis we managed to reinforce maternity motivation in our patients and also to ease them to accept their new role. Assimilation of self-adjustment according to psychocathalasis has positively affected the emotional state of maternity patients.

OVERCOMING THE OBSTACLES IN LEARNING USING PSYCHOCATHALYSIS

Irina Vassilaky – teacher, child psychologist, speech pathologist, director of the center of development of creative person "Inspiration" (Moscow).

We describe the possibility of applying psychocathalasis in the activity of psychologist with children in primary school to overcome the obstacles in the learning process, which arise accidentally because of traumatic situations at school. The work consists of some stages: work with feelings, prevention of relapse through talking over the situation, forming a healthier attitude towards it, and "installation" the new views in body.

THE LOWERING OF MEDICAMENTAL SUPPORT OF THE PATIENTS WITH PAIN SYNDROMES APPLYING PSYCHOCATHALYSIS

Oleg Yakovlev – Chief of Department of Psychosomatics in Specialised Clinic "Shoen Klinik" (Bad Arolsen, Kassel, Germany).

The patients with psychosomatic problems often need special ways of therapy which can help understand correlation between mental processes and body sensations. Psychocathalastic techniques show themselves to be especially effective in patients with panic attacks, somatoform disorders and chronic pain syndrome. Revealingly, patients with pain syndromes need less additional medicamental therapy when psychocathalasis is used. It is registered that the medicamental support positively lowers, which results in corresponding economical effect.

CONSTRUCTIVE DRAWING OF A PERSON IN DIFFERENT NOSOLOGIES

Anastasia Polotnyanko – psychotherapist, incumbent member of PPL, OOO "Centre of Medicine and Psychotherapy"

The aim of the research is to compare data of the test "Constructive Drawing of a person" to the diagnostic, according to ICD 10. In case of anxious disorders we can see a round head in combination with triangle body. Somatophorm disorders correlate with a big round-shaped head in combination with short limbs. Reactive disorders correlate with massive hands. Neurathenia is accompanied with divided elements of the drawing. People who draw hands as small circles, show the resistance. The usage of the test "Constructive drawing of a person" gives us additional possibilities to verify the state of a person.

PSYCHOCATALYSIS IN THE DIFFERENTIAL-INTEGRATIVE APPROACH TO HUMAN RECOVERY.

Eduard Savchenko – director of "Egida" (Aegis) center for efficient psychology.

Differential-integrative approach gives us an opportunity to look at our client fully, and to work wholly with his problem, not only with some portion of it, such as: family problems, social achievement difficulties, personal problems, self-development problems. Psychocatalysis method efficiently deals with an individual morphogenetic field.

INTEGRATING WAYS OF PSYCHOCATALYSIS INTO A SYSTEMIC FAMILY CONSTELLATION METHOD.

Mariya Savchenko – leading expert of "Egida" (Aegis) center for efficient psychology.

Integrating ways of psychocatalysis into a systemic family constellation method results in an ecologic increase of quality and outcome of the constellation. Psychic condition sharpening often takes place in the aftermath of the constellation (that's because of the changes in the morphogenetic field). Using ways of psychocatalysis, one can prevent this from happening, thus helping the client to achieve positive results faster and with less effort.

SPECIFICITY OF PSYCHOCATALYSIS IN PRACTICE WITH PATIENTS OF DIFFERENT NATURAL CONSTITUTION

Alexey Maydan – chief of Rehabilitation Department in Municipal Neurological №2, Moscow.

Psychocatalysis is the element of the culture of self-sustained regulation of psychical activity which can be taught. The author analyses the specifics of teaching self-regulation, while working with patients of different natural constitution.

THE METHOD OF PSYCHOCATALYSIS IN PSYCHOSOMATICS

Alla Kuznetsova – teacher, consulting psychologist

The author describes the examples how to use psychocatalysis while consulting the clients with psychosomatic disorders. Also the author describes the options of applying psychocatalysis at different stages of consulting. She shows how to combine it with other techniques to make it more effective. The author remarks that some somatic diseases are based on healthless psychological programmes, accidentally formed before.

EMPLOYING PSYCHOCATALYSIS FOR DETERMINING STAGE OF COUNSELLING PROCESS

Pirkova Oksana Dmitrijevna – Ph.D., associated prof., counselling member of PPL

While employing method of psychocatalysis, clients' specific states and dynamics of senses were analysed at various stages of psychological counselling aimed at clarifying family relationships. Clients' sense images and dynamics of senses indicated transient moments of counselling process. The main focus of the analysis was on the sense images, which marked climactic stage of counselling. They differed significantly from those of initial and termination stages of counselling process.

REINFORCEMENT OF THE BUSINESSMAN'S POTENTIAL AND STRESS MANAGEMENT IN BUSINESS USING PSYCHOCATALYSIS

Algirdas Gilius – business consultant, hypnotherapist, psychologist, the leading specialist of the educational centre "House of Intellect" (Lithuania).

Audrone Daskeviciene – business consultant, hypnotherapist, psychologist, head of enterprise "Business advisor", head of educational centre "House of Intellect" (Lithuania).

The method of psychocatalysis is successfully applied not only to rise the level of general biotic potential, but is also used at the leadership trainings. The experience in leadership, as well as any other one, is connected with the feelings in the body. Psychocatalysis helps businessmen to work out the strategy of success and to overcome fear

of failure. Psychocatalysis for business consultants is an important and useful instrument in their work.

PSYCHOCATALYSIS IN SPEEDING-UP THE TRANSFORMATIONS OF INHERITED TENSIONS. GENERIC MESSAGES

Irina Fedotova – psychologist, consultant on problems of generations, head of Moscow affiliate of International School of Generic Family Culture.

The directives and parting words, which come to us from the history of our Race make the huge scope of information about ourselves nowadays and about the Race. What and how do we speak? What and how do our children speak? What did our mothers and grandparents repeat? How do the Word, said by somebody we respect, affects our physical, spiritual and mental health? The appliance of psychocatalysis skills in the programme of correction and transformation of ineffective patrimony programmes helps to change verbal pattern to improve descendant's living standards.

APPLIANCE OF PSYCHOCATALYSIS AND CONSTRUCTIVE DRAWING OF A PERSON IN HOLOTROPIC BREATHWORK SESSIONS

Mikhail Remezov – psychologist, doctor, head of holotropic breathwork sessions (Tver').

The author describes the examples how to apply the "Constructive Drawing of a Person" test to run diagnostics of patients' state before and after holotropic breathwork sessions as a feed-back. The author speaks about the appliance of psychocatalysis to work out the inner factors, which make difficult the effectiveness of holotropic breathwork, and adjustment of the clients' state after the session.

PANEL:

PSYCHODRAMA AND GROUP PSYCHOTHERAPY

JULY 5th, 14.00-16.20, HALL «KANDINSKY»

CHAIRS: Ilona Romanova (Yekaterinburg, Russia)

Summary of the panel: In the course of the section it is proposed to discuss current psychodrama problems, its development path and possibilities of combining psychodrama with other areas of psychotherapy. Possibly other models of collaboration that can employ elements of role-playing and psychodrama techniques will be discussed. Speakers may bring on to the discussion interesting cases from practice and problematic situations encountered in group work.

FEATURES OF GROUP DYNAMICS IN EDUCATIONAL AND THERAPEUTIC GROUPS

Ilona Romanova – Ph.D. philosophical Sciences., Associate Professor of University for the Humanities, European Registered Psychotherapist, member of the PPL, the head of «psychodrama» modality. Russia, Yekaterinburg.

The report analyzes the dynamic differences in the therapeutic and educational psychodrama groups. The report highlights particular features of group dynamics in the training group. The role of director of educational and therapeutic group is examined. Options for managing group dynamics in the educational group are provided.

GROUP PROCESSES AND INTERVENTIONS IN THE PD GROUP

Ekaterina Mihailova – Ph.D. psychol. Sciences, Director of Science Institute of group and family psychotherapy and psychology professor at the Faculty of counseling and clinical psychology MGPPU certified psychodrama therapist and Gestalt therapist, a member of the Board of Directors of the International Association of Group Psychotherapy and Group processes, co-founder of the Federation psychodrama training institutions. Russia, Moscow.

Whatever method we are adhered, working with the process is one of group psychotherapy's most important tasks. The report will explore some examples of psychodrama intervention focused on the group processes – both therapeutic and potentially destructive.

DYNAMIC PROCESSES IN PSYCHODRAMATIC GROUP AND IDENTITY OF THE PSYCHODRAMATIST

Pavel Gornostay – Dr. of Psychology, Head of. Laboratory of the Institute for Social and Political Psychology of NAPS of Ukraine, Chief Editor of «Psychodrama and Modern Psychotherapy» magazine, member of the Ukrainian Union of Psychotherapists, member of Ukrainian Association of Transactional Analysis (UATA). Kiev, Ukraine.

Identity of a psychodramatist is a feeling of belonging to his psychodramatic community. It is formed in the psychodramatic group where the professional skill is improved and professional initiation of the psychodramatist occurs.



Identity starts with identification with a small group, and group dynamics helps to resolve group problems which inevitably occur in a group evolution.

THE CONCEPT OF TRANSFERENCE AND COUNTER – TRANSFERENCE IN PSYCHODRAMATIST PRACTICE

Janna Lurie – *Coach of the Psychodrama Institutes of Russia Federation, supervisor, head coach of the Institute of Gestalt and Psychodrama, Head of Department of Psychodrama, Vice Chancellor for Academic Affairs, European Registered Psychotherapist, Russia – Israel.*

In the piggy bank of psychodrama techniques there are no special techniques designed to work with transference feelings in the classical sense of the word. Psychodrama uses the concept of «tele» that allows you to consider the transference feelings to the members of the psychodrama group and / or in a social atom. However, one won't find in the literature a detailed description of methods of dealing with the feelings that arose to the Director of psychodrama. This report will be devoted to discussing the possibilities of psychodrama in this context.

THE SOLUTION SPACE – PSYCHODRAMA, PLACEMENT, THEATER ARCHETYPES. THE ORIGINS, PURPOSES AND PROSPECTS

Irina Cheglova – *psychotherapist, MD, Ph.D., associate professor, vice-president of the Professional Psychotherapeutic League, Russia, Moscow.*

The succession of modern psychotherapeutic techniques from ancient ritual practices is being traced. The directionality of which is being compared with individual and collective mind. Compared to their directionality with respect to the individual and collective psyche. Assumptions are made about the supposed boundaries of the implementation of these methods.

USING THE METHODS OF PSYCHODRAMA AND BODY-ORIENTED THERAPY WHEN WORKING WITH TRAUMA

Olga Moskovtseva – *Head (President) of Kharkov District Association for Emergency Psychological Assistance, head of «Psychodrama» in Kharkov branch of USP, a leading coach of psychodrama training project of the Institute for Training and Psychodrama in SRHI (Rostov-on-Don), director and coordinator of the International Project on Psychodrama Training, executive coach, business coach, specialist in professional development and training of the personnel of large corporations, Project Manager for HR development, Kharkov, Ukraine.*

The report focuses on the methodological, technical approaches and practical implementation of psychodrama methods in the broad sense (psychodrama, sociometry and group therapy), and body-oriented therapy when working with consequences of traumatic events and customer experiences.

DEVELOPMENT OF ADJUSTMENT SKILLS AMONG TEENAGE NEW IMMIGRANTS

Nataly Waxman – *Educational Counsellor, Marital and Family Therapist Group Therapist. Ministry of Education Israel. Israel, Kiryat Gat*

This research examined whether preventive intervention can increase the number of coping skills, sense of adjustment and sense of wellbeing among teenage new immigrants. All participants had lived in Israel between six months to two years, and were taking part in a school program for new immigrants.

PSYCHODRAMA METHODS APPLICATIONS FOR PSYCHOLOGICAL REHABILITATION OF PERSONS RELEASED FROM IMPRISONMENT PLACES

Natalya Doronkina – *Psychologist of Office for Urgent Social Help. The rehabilitation center for persons encountered a difficult life situation. Russia, Yekaterinburg.*

The report contains description of the experience of using psychodrama techniques on persons who have been released from prison. Psychodrama helps to do some serious inner work and in the process of the simulation allows for the changes in the personal meaning for life situations, trying the «new» social roles, finding inner resources, and seeing the possibilities. First of all this method encourages creativity, spontaneous reactions and, as a consequence, a more freely expression of their thoughts and feelings about life events and what happens in life.

PLAYBACK THEATRE AND PSYCHODRAMA

Natali Kozhina – *Second Moscow Cadet Corps (MES), educational psychologist. Russia, Moscow*

The report focuses on a detailed analysis of methodological unity of playback theatre and psychodrama. The report will show the similarity of

the basic principles of playback theatre and psychodrama. The benefits of playback theatre practice for psychodrama therapists and various usage patterns of the elements of playback theatre in the work of psychodrama psychotherapist are discussed.

SEVEN MISTAKES NOVICE DIRECTORS DO

Irina Shcherbakova – *psychologist, Russia, Yekaterinburg.*

The report analyses the experience of the novice director of a psychodrama group. Listed are the major common mistakes of novice directors, a kind of «stepping on a rake», which occur at least once to anyone who will try on the role of a director of psychodrama. Summing up the experience of her unforgettable first steps, based on the priceless words of her teachers, the author of the report tells about her first steps and advises on how to make the «rake» hurt not that much.

STUDY OF THE PERSON'S TEMPORAL TRANSSPECTIVE IN THE PROCESS OF INDIVIDUAL PSYCHODRAMA

Elena Shangina – *Head of the Department of social practices and educational work at Yekaterinburg Academy of Contemporary Art, Russia, Yekaterinburg.*

The report focuses on the exploration of the possibilities to use psychodrama in the analysis of the person's temporal transpective. This concept includes man's attitude towards his past, present and future, also including value-semantic aspects of time. Psychodrama allows to feel different aspects of man's lifetime through direct experience. It also gives an opportunity to provide conditions for correcting the person's temporal transpective.

TANTALUS, SISYPHUS AND OTHERS. FROM HERO TO THE PROTAGONIST

Nina Ivanova – *psychologist, Russia, Pyatigorsk.*

The report describes the possibility for the integration of two already known methods of psychotherapy: Transactional Analysis and mythodrama. At the heart of this combination of the techniques on the one hand there is a theoretical postulate of E.Berne that there are 6 ways of living life script: Not yet, Almost, After, Never, Always, and the Open End script. Each of them corresponds to one of Ancient Greek myths: about Heracles, Sisyphus, Damocles, Tantalus, Arachne and the myth about Philemon and Baukis. On the other hand – practical techniques of mythodrama that allow clients to identify and relive their script patterns in a safe symbolic reality, and to realize its influence on their life.

INTEGRATIVE METAPHORICAL THERAPY AS A FORM OF GROUP WORK WITH THE PROBLEM OF WOMEN'S IDENTITY

Ekaterina Klimova – *private practicing psychologist-consultant, Russia. Yekaterinburg.*

The article is devoted to the brief description of integrative metaphorical model of therapy as the connection of psychotherapy and folk traditions. Application of this method is possible in individual work, but it is particularly well established itself in the therapeutic work with groups of woman. The contributor points out the increase the level of femininity of the clients, changing their I image as the result of using the method. The article touch upon the problem of types of client's requests. The author singles out some cases of the effective application of this model in practice.

FORMING TRAINING TECHNOLOGY AND INDIVIDUAL COUNSELING SCHEMES FOR A PERSON IN A CRISIS STATE

Sergei Waisman – *Ph.D in Psychology, corresponding member of the International Academy of Psychological Sciences, counselor, Russia, Yekaterinburg.*

Elena Milutina – *Ph.D in Psychology, clinical Psychologist, Russia, Yekaterinburg.*

Methods of integrative approach to group and individual work with the person being in a state of crisis or at its exit are described. Various exercises, techniques and approaches in dealing with the crisis personality that allow one to create and take images of «self – concept» are proposed. As the basis of this work we took the «I» – the concept of Vladimir Kozlov, the essence of which lies in the harmonious combination of different sub-structures that make up the trinity of the person: «I» – the material, «I» – the social and «I» – the spiritual. Group work can catalyze mental processes taking place in the human psyche, but individual lessons allow for more efficient integration of these processes, which sometimes can not be done for a variety of reasons, in the group. In this paper we analyze the combination of group and individual work with a person in a crisis state.

THE POSSIBILITY OF PSYCHODRAMA IN THE PREVENTION AND THERAPY OF LEARNED HELPLESSNESS

Andrei Taldikin – *psychotherapist, business coach, curator of education programs in the Central Federal District, the director of the Russian Society of Social Training, Russia, Voronezh.*

The phenomenon of learned helplessness is associated with a passive, non-adaptive human behavior. Learned helplessness – is a motivation disorder due to lack of control of the situation experienced by the subject, i.e. Independence result of efforts («No matter how hard you try, still to no avail»). Learned helplessness syndrome was first described by American psychologist Martin Seligman and Steven Maier. The report examines the possibilities of psychodrama in the therapy of learned helplessness. The paper describes the application of role-based training to the problem of learned helplessness prevention.

Panel: PSYCHOTHERAPY EDUCATION JULY 7th, 14.30-15.20, HALL «PEROV»

CHAIRS: Roman Zakharov (Moscow, Russia), Sergey Babin (Saint-Petersburg, Russia)

PRINCIPLES OF PSYCHOTHERAPEUTIC EDUCATION IN MODERN TIMES

Roman Zakharov

DETERMINANTS OF PROSOCIAL MOTIVATION OF STUDENTS IN THE PSYCHOTHERAPEUTIC EDUCATION

Tatiana Bresso – *senior lecturer at Moscow State Mechanical University, full member of PPL, Russia, Moscow.*

Prosocial motivation problem as relevant as ever today and due to the fact that in Russian society in post-perestroika period the division of society along with the «capitalization» of public relations. The emergence of low-income segment of the population, who are retired, disabled, unemployed, requires specialists, obviously working with this group of patients who can not afford to pay for therapists. Important in the process of education to educate future experts prosocial motivation, aimed at providing psychotherapy services to all sections of the population, regardless of their material status, to help people in difficult situations.

Preparing today's students – the future experts of different psychotherapeutic interventions involving, above all, the formation of prosocial motivation as the basis of the professional orientation of the individual. Prosocial motivation psychology focuses on the future specialist general cultural, human, social and moral values, the content of which is expressed by the desire to cooperate with other people, as well as providing them with grants.

MAIN DILEMMAS IN PSYCHOTHERAPY

Epp Veski – *psychotherapist, member of European Association for Psychotherapist, full member of PPL, Estonia, Tallinn.*

The paper is about main dilemmas in psychotherapy: I into client versus client into me; goal vs. problem; want vs. do not like; like vs. do not like; courage vs. fear; openness vs. defense; hear vs. I know it; understand client vs. find in myself; freedom vs. limits.

CONTEMPORARY (POSTMODERN) TENDENCIES OF PSYCHOANALYSIS DEVELOPMENT

Leonid Broude – *MD, Psychotherapist, certified forensic psychiatrist, curator of the psychiatric service of Northern Areas of Israel (Clalit health services), head of the mental health unit of Migdal Ha-Emek Multi-Field Clinic (Clalit health services), lecturer and Mentor of the Medical Faculty of Bar-Ilan University, full member of PPL, ECPP Board Member. Israel, Nazareth.*

The lecture explains and analyses the current trends of psychoanalysis and their relationship to different philosophical approaches.

LIFE-LONG-EDUCATION OF PSYCHOTHERAPIST: EUROPEAN TEXT, EURO-ASIAN CONTEXT. 3 DIMENSIONS (STRASBOURG DECLARATION, CROSS-CULTURAL APPROACH, LISBON MODEL, BOLOGNA PRINCIPLES)

Yuri Kravchenko – *M.Ed. Higher Education, MT-PP, Master-Trainer in Positive Psychotherapy (WAPP), Certified European Psychotherapist (ECP). Kyiv, Ukraine.*

Panel: PSYCHOORGANIC ANALYSIS THEORETICAL AND PRACTICAL ASPECTS OF PSYCHO-ORGANIC METHOD OF ANALYSIS. PAST. PRESENT. FUTURE JULY 7th, 16.00-16.50, HALL «SHISHKIN»

CHAIRS: Oxana Ascheulova (Moscow, Russia)

Summary of the panel: Psychoorganic analysis emerged in the second half of the twentieth century as eclectic direction. This is a psychodynamic direction, based on is the knowledge that the study of unconscious conflict leads to the release of energy, and as a result, the release of one or another symptom. This is a long-term method (the work lasts from six months to 3.4 years). The leading psychotherapeutic principle: processing of the conflict, which is the cause block in significant areas of the patient's life. This processing allows him to survive the energy of recovery and activity, which they may be used for resolution of the life problems. Analytical practice has shown that the unconscious has the property Two types of energy. When customers come in contact with past situations, sometimes they face the difficulty expressing feelings restrained before: sadness, anger, joy, and etc. (those that they did not have the ability or the right to express those situations). Manifested in this vital energy is called residual energy. With the help of specially designed tools in this area created an opportunity for the client to meet any of your feelings and express them.

Another type of energy is a consequent energy. Consequent energy poses potential to personality: wants, needs, not yet implemented possible. Identifying consequent energy – the fundamental orientation of the POA. Therefore, the analysis is not only what happened in the past, but also that may be in the future, that is in its infancy. Emphasis given area and work with the needs – basic physiological needs for love, care, self-realization, aesthetic needs, etc.

METHOD DEVELOPMENT IN MODERN CONDITIONS OF INTEGRATION

Tatiana Shishmareva – *The President of the interregional public organization «League of experts in the field of psycho-organic analysis» in Russia, psychoorganic analyst, full member of the PPL, business coach. Russia, Moscow.*

The report presents the idea and history of psycho-organic analysis. The main principles and theoretical foundations of modality that uses psychoanalytic, body-oriented, humanistic ideas. As well as the application of the ideas and principles of psycho-organic analysis.

PSYCHOORGANIC-CIRCLE AS A BASIC TOOL IN THE WORK WITH THE GROUP. INDIVIDUAL PATH WITHIN THE GROUP

Oxana Ascheulova – *Psychoorganic therapist (European and World records), psychoorganic analysis module leader in Russia, Member of PPL, EAP, coach and supervisor of the International Class in PPL, dance instructor ORTHO. Russia, Moscow.*

This topic opens the work with the group as a living organism that lives in the 9-day process away from society. 9-days as 9 points psychoorganic range: 1-need, desire, 2 – accumulation; 3 – The identity of the game, 4-power, 5 – opportunities; 6-concept, understanding; 7 – expression, 8 – feelings, 9 – organomiya. The possibility of passing quality, awareness and transformation of individual and group track in these conditions.

PRACTICAL APPLICATION OF THE TOOL TOPIC: «I – RELATIONS»

Elena Kryaneva – *Head of the center LCI «DEMOSFEN», Lead author of the «Charisma voice», Psychoorganic therapist, member of the Russian Association of psycho-organic analysis. Russia, Moscow.*

On the example of the game form «Master and Slave,» examines the work of the structures in the relationship and is diagnosed using a range of psycho-organic:

- Study boundaries when interacting with others, working with the senses;
- Unary-learning, dual, ternary structures in the relationship;
- Voice, intonation, energy-message;
- Especially the transformation of the main text of the speech communication;
- Work with intrapersonal space and in its relations with the outside world.

THE PERSONAL CONTRACTS IN THE SCRIPT OF THE LIFE. CONTRACT TO» MEETING «IN THE RELATIONS BETWEEN PARTNERS

Irina Finko – *Gestalt therapist psychoorganic Analyst, a member of the EAP, professor at the Moscow Institute of Open Education. Russia, Moscow.*



Determination of the contract in terms of psycho-organic analysis. Kinds of contracts and their impact on life script. Exposure and awareness of customer personal meeting with the future script by partner. How features of the contract are manifested in relationships problems. The realization of update personal contracts.

APPLICATION OF SIMILAR INSTRUMENTS AND METHODS SYMBOLDRAMA PSYCHOORGANIC ANALYSIS IN THE CUSTOMER

Gayane Danelyan – *Therapist of symboldrama method, educational psychologist of the highest category, the leading training on right-hemisphere drawing. Working member of PPL. Russia, Moscow.*

The report opens with a group of work in the psycho-organic analysis by presenting images and their expression using drawing as a tool for two-psychotherapeutic symboldrama and psycho-organic analysis as a way to release energy and feelings of the person for assistance in personal development in the transformation of interpersonal attitude. There is an example for consideration.

Panel: PSYCHOSYNTHESIS

JULY 6TH, 16.00-18.50, HALL «SHISHKIN»

CHAIRS: Sergey Klyuchnikov (Moscow, Russia)

Summary of the panel: Psychosynthesis is one of the areas of psychology and psychotherapy aimed at deepening of Man self-knowledge, harmonization of his inner world, integration of conflicting parts of his personality, self-development and spiritual growth.

Psychosynthesis was created by Italian psychologist, psychiatrist and philosopher Roberto Assagioli in the twenties of the XX century and was initially focused on the most valuable connection that has been in psychoanalysis of Freud, Jung's analytical psychology, systems E. Kretschmer and P.Zhane.

Methods offered by psychosynthesis is based on a deep knowledge of Man of his own psychological nature, mastering of his own mental processes, creating a unifying center within himself and connecting with the Higher 'Self'.

In addition to the areas of personal and spiritual development these techniques can be applied to treatment of psychological and psychosomatic disorders, as well as in the integral education of children and adolescents. Recently attempts are being done to use modified methods of psychosynthesis in awakening creativity, in learning of new areas of knowledge and even in management and business.

At the section of psychosynthesis apart from reports examining various aspects of psychosynthesis in its classic version there will be reports describing a new modification of the trend – the eastern version of psychosynthesis.

Within the frames of the Congress there will be a master class of S.Klyuchnikov «Fundamentals and basic techniques of psychosynthesis in psychological counseling».

PSYCHOSYNTHESIS AND WORK OF PERSONALITY IN THE PSYCHOLOGICAL HELP

Ivan Prikhodko – *the scientific employee of faculty of psychology of Moscow state University. Russia, Moscow region.*

The report is a study of the processes of transformation of the personality and the awakening of the soul in the classical theory of psychosynthesis P.Асаджиоли in terms of action-meaning approach. Special attention is given to such fields of human practice as psychological help. Spiritual rebirth, as a basis for the healing of the client, is impossible without constructive work of the person by changing the «image world» and the meanings of life. Outlines a new understanding and use of techniques of psychosynthesis in the process of providing psychological assistance.

PSYCH-SYNTHESIS AND DEVELOPING SELLER'S PROFESSIONAL POSITION, BASED ON «SALES TRAINING»

Valeria Ilycheva – *consulting psychologist, business coach, specialist in administration competence development, leadership, negotiations and marketing. 20 years experience in tutoring and 13 years experience in business training.*

The growth and increase in sales is the main target in business. Individuality – professionalism and the seller's personal qualities – come to the fore. Business education market offers most sales trainings that

operate on behavior. It certainly is important for laying the basis of the seller's professional position but is not enough for developing a mature professionalism. Psycho-synthetic approach in group training helps to solve these problems and reveal the person's professionalism.

THE TRANSITION FROM THE INTERPRETIVE ONTOLOGICAL POSITION TO A CONSTRUCTIVE ONE AS A RESULT OF THE USE OF PSYCHO-TECHNIQUES

Oleg Bakhtiyarov – *general director of the University of effective development. Ukraine, Kiev.*

The psychotechnical system «psychonetics», pragmatically aimed at enhancing the effectiveness of the operator and sports practices, is considered. The effectiveness is ensured by using techniques of self-control and controlling mental processes at various transformations of structures of consciousness. The system is based on the idea of a hierarchy of layers of consciousness, including the objective, background, notional and substantial layers, and the forms of subjectivity associated with each layer: from identification with the personality structures to the net activity of consciousness. Formation of the reflection-willed subpersonality, built over the previous personality structures and providing the transition from the interpretive ontological position to a constructive one, is a byproduct of the work.

PSYCHOSYNTHESIS AND GENDER RELATIONSHIPS

E.Prohorova – *psychologist, business coach. Russia, Moscow.*

PSYCHOSYNTHESIS IN MANAGEMENT

I.Dobrotvorsky – *Candidate of Medical Sciences, coach, leader of the National League coaches and consultants. Russia, Moscow.*

CONSCIOUSNESS AND UNCONSCIOUSNESS IN THE YOGA SUTRAS OF PATANJALI, IN TM AND TM-SIDDHI PROGRAMS AND ASSAJIOLI'S PSYCHOSYNTHESIS

O.Vasilevskaya – *Vice-President of the International Academy of Psychology and Coaching «Unity», psychologist, business coach, yoga instructor. Russia, Moscow.*

VOLITION AS A METHOD OF OVERCOMING OF SPIRITUAL CRISES WITHIN THE PSYCHOSYNTHESIS CONCEPT

Tatiana Goncharova – *practising psychologist, coach. Russia, Moscow.*

The number of cases of the frustration having a spiritual origin, quickly grows today when more and more people consciously or unconsciously go into a track conducting to fuller and eventful lives.

Due to work within psychosynthesis the person is capable to overcome spiritual crises at spiritual level – a stage of spiritual psychosynthesis when work with unconscious is carried out and the attention is paid directly to synthesis energy, to will of the «Spiritual I». On this stage there is an overcoming of spiritual crises by reduction of personal will in compliance to will of the «Spiritual I».

THE EASTERN VERSION PSYCHOSYNTHESIS

Sergey Klyuchnikov – *PhD, Senior Researcher at Institute of Asian and African Studies of Moscow State University, Member of PPL, Head of Modality «Psychosynthesis». Russia, Moscow.*

The report shows the contribution to psychotherapy of classical psychosynthesis which as a trend is highly respected in the world. It reveals the essence of the eastern version of psychosynthesis and contains a number of innovations: a new understanding of process of psycho-synthesis itself; a new concept of sub-personalities and ways of integrating them through the resource of attention; a new method for synthesizing the best methods of psychotherapy; a new approach to working of a man himself in order to strengthen the human «Self»; achievement of goal; use of psychosynthesis in such areas as management, psychology of achievement, sports, business consulting, training, communication, and geopolitics.

NEW APPROACHES TO DEVELOPMENT AND PSYCHO: SUBPERSONAL DIAGNOSIS AND PSYCHOCORRECTION

Igor Dobrotvorsky – *PhD, founder of the National League Coaches and Consultants.*

Oleg Zhuravlev – *Vice-president of the National League of Trainers and Consultants, counselor, coach.*

In practice, the specialist that uses psycho-synthesis methods are used different diagnostic techniques and methods for determining the

psycho personality. Also of interest is the identification of the components subpersonal person. One possibility imaging technique has two sub-personalities – right hemisphere (spiritual) and the left hemisphere (life). Organization of communication between these sub-personalities can solve a range of problems – from heavy emotions to find the proper resource state. This activates the work of the hemispheres, increased coherence of hemispheric interaction. In the process of adjusting mental and emotional state is used a number of techniques of humanistic psychotherapy, role-playing elements of transactional analysis by Eric Berne, as well as elements of rational therapy for Albert Ellis. All of the above has led to the shortest time possible to improve the psycho-emotional state of the person as well as its effectiveness in personal and professional life.

ROBERTO ASSAGIOLI AND LIVING ETHICS TEACHING

Yulia Budnikova – deputy director of Saint-Petersburg State Roerich Family Museum and Institute, Russia, Saint-Petersburg.

Roberto Assagioli was the originator of psychological movement known as Psychosynthesis, which is based on technique of reconstruction and development of psychological character of a person. He who made an "oriental revolution" in psychology reached a field denoted in religious and philosophical (first of all eastern) doctrines as Supreme Self, or Upper Consciousness. This Italian psychologist studied creative and philosophical works of Roerich family, hence he had an interest in Living Ethics teaching. Like its creators he worked in the course of spiritual knowledge of the East. Assagioli was working out the technique of person's "supreme self" revelation. His follower S. Bartoli founded the Community of Living Ethics, using Assagioli's method in group work organizing.

TRANSPERSONAL PSYCHOLOGY AND PSYCHOSYNTHESIS

Vladimir Maykov – PhD, President of the Russian Association for Transpersonal Psychology and Psychotherapy and the Chair of Transpersonal Psychology at the Moscow Institute of Psychoanalysis.

MYTHODRAMA AND PSYCHOSYNTHESIS

Marina Belokurova – The psychotherapist of the Uniform European register, the transpersonal psychotherapist of the European register, the owner of the World certificate of the psychotherapist (The World Certificate of Psychotherapy), speaker of TEDMEDRussia live 2013. The founder and member of presidium ATTP. Member EAP and member of the Uniform European register of psychotherapists. (Russia, Moscow.)

PARTNERSHIP, CO-PRODUCTION AND PSYCHOSYNTHESIS

Anastasia Ptukha – PhD in Physics and Mathematics, consultant, managing partner of consulting group of the Step by Step companies, author of books.

In the report the model of effective interaction of the subject and object in the course of knowledge, psychological transformation, correction of conditions of the personality and training is considered. Modeling and schematization of optimum mutually development of the subject and object as partnership and co-production options is made. The skills of use of model as advanced consulting practice reveals.

Panel:

PSYCHOTHERAPEUTIC KINESIOLOGY

JULY 7th, 11.00-12.50, HALL «SHISHKIN»

CHAIRS: Irina Chobanu (Moscow, Russia)

Summary of the panel: This section is devoted to development of kinesiology in Russia. Professionals from different fields like medical doctors, psychologists, teachers – can use kinesiology in their practice. The reports will deal with different aspects of kinesiological practice.

DEVELOPMENT OF THE ASSOCIATION OF PROFESSIONAL KINESIOLOGISTS IN RUSSIA

Chobanu Irina Konstantinovna – Ph.D. in medicine, docent of the Department of Psychiatry, Psychotherapy and Psychosomatic pathology of the University of friendship of people, head of the section of Psychotherapeutic kinesiology, president of Association of Professional Kinesiologists. Moscow, Russia.

The report will be devoted to the events in the Association during the 2012-2013.

PSYCHOTHERAPEUTIC KINESIOLOGY

Chobanu Irina Konstantinovna – Ph.D. in medicine, docent of the Department of Psychiatry, Psychotherapy and Psychosomatic pathology of the University of friendship of people, head of the section of Psychotherapeutic kinesiology, president of Association of Professional Kinesiologists. Moscow, Russia.

The lecture is devoted to Russian method of psychotherapy – Psychotherapeutic kinesiology. It has its own place in the fields of psychotherapy and kinesiology. It is a kind of body-oriented psychotherapy where it is possible to work with different emotions, traumas, memories through the body.

CORRECTION OF ADDICTIONS IN PSYCHOTHERAPEUTIC KINESIOLOGY

Korzhenkov Yury Anatolievich – Moscow, Russia

The experience of more than 6 years of practice shows the effectiveness of Psychotherapeutic kinesiology in the treatment of different kinds of addictions. The lecture will be devoted to special techniques.

DIAGNOSTICS AND CORRECTION OF ORGANIZATIONAL STRESS THROUGH PSYCHOTHERAPEUTIC KINESIOLOGY

Kuroedova Elena Olegovna – Dean of the Faculty of Psychology NOU MFPU Moscow, Russia

The lecture is devoted to organizational stress, studied on the example of 89 persons.

THE WORK WITH THE CLIENT'S RESISTANCE IN KINESIOLOGY ("THREE IN ONE" METHOD)

Pogolsha Valentina – associate professor of psychology, St Petersburg, Russia

In his/her work a kinesiologist (as well as any other psychotherapist) comes across clients' psychological resistance of different kind. A peculiar feature of the "Three in one" method is that to realize his/her emotional state better the client is suggested reading some text that describes the negative behavior correspondent to the emotional state. As a rule, just in the starting minutes of the first correction session the client's resistance increases to the maximum. It manifests itself both as automatic denying the text of "the barometer" or intentional misunderstanding it. The effective methods to take down the client's resistance may be as follows: a) communication tactics of "external compliance", emphasizing the importance of the client's actions, "compliments" and encouraging his/her efforts; b) a short presentation of the method at the very beginning and demonstrating the muscle test.

THE FIRST CHILD MEMORY AS A BASIS FOR THE SESSION "PERSONAL HAPPINESS"

Sharoha Natalia – Minsk, Belorussia

The lecture is devoted to the empirical finding of the importance of the first child memories influencing the effectiveness of psychotherapy

THE EXPERIENCE OF KINESIOLOGY PRACTICE IN THE DEPARTMENT OF CHILDREN TRAUMATOLOGY

Matchenkova Elena Fedorovna – psychologist, kinesiologist, Kurgan, Russia

The main idea of the lecture is that practice of kinesiology helps children to overcome stress of their disorders, of hospitalization and operations.

KINESIOLOGY IN THE DEVELOPMENT OF CREATIVITY

Pozigun Victoria Victorovna – chief of the mastery school White Owl, Odessa, Ukraine.

The lecture is about methodology of development of creativity through kinesiology techniques.

PANEL:

PSYCHOTHERAPY AS A BUSINESS

JULY 7th, 15.30-18.50, HALL «SEROV»

CHAIRS: Dmitry Scherbakov (Moscow, Russia)

CO-CHAIRS: Andrei Strelchenko (Moscow, Russia), Olga Prikhodchenko (Moscow – Novosibirsk, Russia)

Summary of the panel: At the she section discussed: developing a business consciousness; business models in private practice; bringing clients using modern means of communication; effective advertising techniques; presence in the Internet – your website, social networking, selling services online; creating demanded products and services; productive organization of seminars, workshops, lectures and webinars; pricing and organization of selling the consultations; establishing an educational and training center.

PSYCHOTHERAPY AS A BUSINESS – NEED FOR CHANGE

Dmitry Shcherbakov – psychotherapist, coach and consultant, business coach, head of «Psychotherapy as a business» direction in Professional psychotherapeutic Club, full member of the Professional Psychotherapeutic League. Russia, Moscow.

In the report, the need to change attitudes to private practice as a business is discussed. The development of the Internet opens up new possibilities of finding customers and working with them. The massive use of the Internet to find information provides opportunities through which you can successfully sell your services, set realistic prices for them, and control the flow of customers at your events.

CHARITY, AS A NATURAL PART OF BUSINESS

Lilia Kramarenko – *pedagogue, psychologist, chair of diagnosis and rehabilitation department at Khimki social orphanage for children and adolescents, full member of PPL. Russia, Khimki.*

«A bee, having collected nectar, departs,
without having damaged a flower, its color, a smell ...»
Sidkharatk Gautami Buddha
«Dkhammapada»

The purpose of any business – the material profit. Often it is possible to watch as people not puzzled with receiving over profits – are successful in business.

To the contrary, the one who hotly wishes to be enriched, uplifts financial success on hyper purpose level – it appears the inconsistent businessman. It is known that the excess motivation doesn't bring successful result, the strong emotions promote loss of adequate perception of objective reality, in all its diversity.

Communication with potential clients on a charitable basis, is urged to become the multifunction tool in regulation of internal states, making use of experience of communication of the free from temporal and tariff frames. And as the result to become a natural and necessary step on a way to the material profits.

INDIVIDUAL IMAGE AND BRAND OF A PSYCHOTHERAPIST

Elena Smirnova

WEBINARS: ORGANIZATION AND CONDUCTING

Inga Yermoshina – *psychologist, Institute of Phenomenological counseling and coaching. Russia, Moscow.*

The report describes the features and benefits of webinars in the private practice of a psychologist, gives the recommendations on the organization of webinars, presents the short list of the webinar platforms and technical means to provide webinars.

SOCIAL NETWORK «VKONTAKTE». OPPORTUNITIES AND PROSPECTS

Yuri Poteyenko

SECURITY OF BUSINESS

Alexander Demeshko

PROMOTION OF BOOKS AND OTHER PRODUCTS

Andrei Strelchenko

EARN MONEY WHILE ENGAGED TO YOUR FAVOURITE ACTIVITY

Dmitry Shcherbakov

Round table «THE MOST IMPORTANT THING IN INTERNET MARKETING» (held in the framework of the panel – duration – 1.5 hours)

- The most important skill in Internet Marketing
- A Non-obvious but the most effective strategy for creating services in Demand (It will save you months of time and multiply increase sales. The effectiveness is guaranteed)
- How to Set the Optimal Price
- The levels of price resistance and how to use them for your advantages
- Effective Presentation of Services, how to correctly write about oneself, What the references should be like
- Psychology of Using bonuses and discounts: How and when to do, and when to avoid
- Effective Strategy for Launching a new product (training seminar)
- Feedback from the Market and What to Do Next

PANEL:

PSYCHOTHERAPY IN EMERGENCIES AND CATASTROPHES

JULY 6th, 10.00-11.50, HALL «PEROV»

CHAIRS: Alexander Appenyanskiy (Moscow, Russia), Judy Kuriansky (USA), Inna Silenok (Krasnodar, Russia)

TRAUMA, LOSS AND RESILIENCE. SUPPORTING POST-TRAUMATIC GROWTH

Prof. Dr. Albert Zandvoort – Dr., professor, Psychotherapist in private practice in London and the co-founder of the Bayberry Clinic for Addictive Disorders in Oxford. He specialises in Trauma and Grief and also works as a professor of organisational behaviour at British and German Universities, is a member of United Kingdom Council for Psychotherapy, American Psychotherapy Association, United Kingdom Psychological Trauma Society, European Society for Traumatic Stress Studies, International Society for Traumatic Stress Studies, American Counseling Association. United Kingdom, Berkhamsted.

When loss/grief and trauma occur together, subsequent reactions tend to be more prolonged and distressing. The suddenness, violence and sense of injustice associated with the loss, as well as the nature of the relationship between the deceased person/s and the survivor, may cause people to suffer trauma and grief simultaneously, leading to traumatic or complicated grief. Complicated grief reactions tend to be more prevalent following extreme losses, such as suicide, murder of a loved one or other violent catastrophes; and the death of a child is uniformly associated with prolonged and complicated grief in parents.

But there are different ways in which people who have suffered such extreme losses can be resilient:

- a commitment to finding meaningful purpose in life.
- the conviction that one can grow from both positive and negative life experiences.

It appears that the role of meaning making accounts for nearly all the difference in positive bereavement outcomes for people whose loved ones died traumatically, as opposed to those who died of 'natural causes'.

It is also worth bearing in mind that traumatic loss does not necessarily require a reappraisal of life's meanings, as many will find consolation in systems of secular and spiritual beliefs (spirituality, nature, mosque, church) and practices that have served them well in the past.

In my paper, I will review and integrate aspects of complicated grief/loss and psychological trauma. It will explore the concept of resilience and discuss coping responses like humour, positive emotions and meaning making. I will argue that the distinctions between complicated grief and psychological trauma may be only of academic interest for the therapist faced with a traumatically bereaved client and therefore I propose an inclusive vision of trauma and complicated bereavement. In essence, grief is a unique experience for each individual and the paper will discuss how attachment theory and meaning making may inform the therapist's work in this respect.

PSYCHOLOGICAL ASSISTANCE AND PSYCHOTHERAPY IN EMERGENCY SITUATIONS AND ACCIDENTS

Silenok Inna Kazimirovna – *the psychologist, the business coach, the Master of the NLP, the Vice-president, the full member and the teacher of the All-Russian Professional Psychotherapeutic League, the Psychotherapist of the uniform register of professional psychotherapists of Europe, the Vice-president of the All-Russian Council of psychotherapy and consultation, the Director of the Center "Logos". Krasnodar, Russia.*

The annotation of the section: Organizational and methodological aspects of rendering of the psychological and psychotherapeutic assistance for victims in conditions of emergency situations and accidents will be considered during the section. Also in particular the question of volunteering and psychological volunteering will be discussed.

ASPECTS OF PSYCHOECOLOGICAL DESIGN OF INDIVIDUAL SAFETY IN MODERN CONDITIONS OF GROWTH OF AGGRESSION IN SOCIAL AND NATURAL ENVIRONMENTS

Golubev Vasily Georgiyevich – *the psychotherapist, the psychologist-psychoanalyst, the business coach (IIMD), the system coach (ICSTH/IIMD), the certified Practician of the European Association of the Psychotherapy (EAP), the full member of PPL Russian Federation, the official teacher of Regional class PPL Russian Federation. Krasnodar, Russia.*

The author draws attention to aggression growth in various spheres of the external and internal environment of existence of the person as to a consequence the practician of a modernist style and a postmodern – in a technosphere, an infosfer, etc. Notes need at this juncture active development and development individual the practician of recovery, rekreativny culture. Marks out practical value of psychoecological coordinates in realization of the power of the person and the power over the person during a postmodern era.

ТЕКСТТЕРАПИЯ В УСЛОВИЯХ ЧРЕЗВЫЧАЙНОГО СЛУЧАЯ

Gudimov Veniamin Vitalyevich – the practising psychologist, the author of a method a tekstterapiya. Moscow, Russia

The report contains the description of two cases of productive use of elements of a tekstterapiya during the work with inhabitants of zone emergency (Krymsk) and victims of accidents. The theoretical principles, key concepts and logic of work are noted. Interrelations between a tekstterapiya and concrete changes of behavior of the person are traced. Therapeutic «mechanism» is analyzed. Restrictions which need to be considered during the work in the conditions of an emergency are noted.

РАЗВИТИЕ ТЕХНИКИ АЛГОРИТМА ДИАГНОСТИКИ ПРОФЕССИОНАЛЬНОГО ПОДГОТОВЛЕННОСТИ ПСИХОЛОГА К РАБОТЕ В РЕЖИМЕ ЧРЕЗВЫЧАЙНОГО СЛУЧАЯ

Davletova Anna Ivanovna – the candidate of psychological sciences, the associate professor managing chair of psychology of branch of the Kuban state university in Slavyansk – on – Kuban, the psychologist of the psychoanalytic direction, the full member of OPPL. Slavyansk – on – Kuban, Russia.

Udodova Olga Aleksandrovna – the educational psychologist, the master of specialty «Management of the Educational Organization», the advisory member of OPPL. Slavyansk – on – Kuban, Russia.

In article stage-by-stage creation of algorithm of professional selection of specialists psychologists for work with the population during the post-traumatic period is considered. The basic principle of creation of a technique — an operationalization of professionally important qualities of the psychologist of an emergency.

ЧРЕЗВЫЧАЙНАЯ ПСИХОЛОГИЧЕСКАЯ ПОМОЩЬ ЖИТЕЛЮ В ЧРЕЗВЫЧАЙНОМ СЛУЧАЕ СРЕДСТВАМИ МУЗЫКАЛЬНОГО И ГРАФИЧЕСКОГО РИТМИКИ

Druzhinin Ella Leonidovna – the graduate student of chair of social work, psychology and pedagogics of the higher education, the Kuban state university, the medical psychologist, the family consultant, кинезиолог. The master of the NLP, the expert in the field of eriksonovsky hypnosis and art therapy. Advisory member of PPL Moscow, liveryman of psychotherapists and trainers St. Petersburg. Krasnodar, Russia.

The most part of the difficulties interfering normal interaction with victims in an emergency, is connected with their emotional instability, the psychological stupor, the expressed psychomotor block or panic frustration. In article ways of activation and formation of adaptive behavior by inclusion in realization of three main functions are described: estimated, amplifier of activity and communication medium. The last two functions are provided vegetativno with the expressive complex accompanying emotion and making emotional reaction. Musical and graphic rhythmic is means of rehabilitation, prevention, increase of reserve opportunities of an organism and one of the psychotechnician who has no age restrictions, is rather simple, effective remedy of regulating psychological influence because any age category – the childhood, adolescence, mature age are very naturally connected with game and creativity.

ОСОБЕННОСТИ КРАТКОСРОЧНОЙ СТРАТЕГИЧЕСКОЙ ТЕРАПИИ В ЭКСТРЕМАЛЬНЫХ УСЛОВИЯХ

Maslovsky Sergey Ivanovich – the full member of the All-Russian Professional Psychotherapeutic League, the polymodal psychotherapist, the director of the Center of practical psychology. Moscow, Russia

In the report features of application of methods of short-term strategic psychotherapy are considered during the work with injured emergencies, with consequences of participation in military operations, with crisis life situations, with consequences of a psychological trauma received as a result of loss. Also the attention to psychotherapy with psychosomatic diseases arisen or become aggravated as a result of the transferred stress is paid.

СТРЕСС-АЙКИДО

Khaikin Alexander Valeryevich – the candidate of psychological sciences, the author of training approach of «Stress-Aykido», the President of the East European Psychosomatic Society, the psychotherapist of the Uniform Register of professional psychotherapists of Europe, the teacher of the All-Russian Professional Psychotherapeutic League. Rostov-on-Don, Russia

Experience of development is given in the report procedural, meditative and other the practician of emotional self-control, work with a stress, physical self-completion, psychopower self-rehabilitation. Difficulties of application meditative and procedural the practician are analyzed. Ways of their overcoming are offered.

РЕСУРСЫ ПСИХОЛОГИЧЕСКОЙ БЕЗОПАСНОСТИ ЛИЧНОСТИ В УСЛОВИЯХ ОБЩЕСТВА РИСКА

Raymova Elena – Ph.D. in psychology, dean of the Practical Psychology Faculty at Open University of Professional Innovations, member-correspondent RAEN, full member of Professional Psychotherapeutic League of Russia. Russia, Moscow.

The world and People in the world is experiencing are experiencing violent transformation. The old models for human adaptation are unwarranted before the face of growing chaos and uncertainty. Man forced to develop new models for adaptation and psychological security. The proposed article deals with non-trivial aspects of psychological protection of the individual. Search activity, create new situations, life on the border. So the identity of defending its integrity in the face of uncertainty.

ОПЫТ ПСИХОЛОГИЧЕСКОГО ВОЛОНТЕРИСТИЧЕСКОГО РАБОТЫ В БОЛЬНИЦАХ И КЛИНИКАХ МОСКВЫ

Nadezhda Zuykova – M.D, head of Psychosomatic Pathology Department (Department of continuing medical education, People's Friendship University of Russia), leader of PPL modality «Clinical Psychosomatic psychotherapy». Russia, Moscow.

The report presents an analysis of the psychological experience of volunteering conducted in Moscow' hospitals and policlinics during the biennium. Psychologists and psychotherapists conducted individual, group and learning education with the patients and their relatives and it had clearly positive feedback and value. However, the experience has shown that in order to optimize such as socially important work requires a precise regulation of activity and consistent with the guidance of medical staff and research institutions based system of management and counseling of patients in accordance with the laws of the Russian Federation.

ПАНЕЛЬ:

ПСИХОТЕРАПИЯ В ПСИХОСОМАТИЧЕСКИХ РАССТРОЙСТВАХ 7 ИЮЛЯ 6 ЧАСОВ, 16.00-17.50, ЗАЛ «ПЕРОВ»

CHAIRS: Guillermo Garrido (Panama), Nadezhda Zuykova (Moscow, Russia)
Summary of the panel: Psychosomatic direction is a multilevel and multiconceptual problem, that requires interdisciplinary and integrative approach. On strategies and tactics of treatment, it encourages us to consider in addition to the specific stress, also personality traits, clinical manifestations and dynamics of psychosomatosis. Therefore it is necessary to introduce a compulsory section on clinical psychosomatics in general educational programs and advanced medical programs for doctors and psychologists. It also requires dialogue and harmonious cooperation of psychologists, psychiatrists, psychotherapists, sociologists, and internists who take part in psychosomatic patients care. The section's work contributes to the solution of so actual problem.

ТРАНСЛИЧНОСТНЫЙ ПОДХОД К ПСИХО-НЕЙРОИМУНОЛОГИИ – ИССЛЕДОВАНИЕ ЭМОЦИОНАЛЬНОГО ТЕЛА

Jure Biechonski – Professor, counselling – psychologist, founder and director of SACH International, School of Analytical and Cognitive Hypnotherapy and Psychotherapy, TERVIKLIK MINA School of transpersonal hypnotherapy-psychology, founder and Creator of THA (Transpersonal Hypno-Analysis), holds academic degrees in History, Philosophy, education, French Literature, and Psychology, runs regular courses in 6 different countries and lectures in more than 56 countries worldwide. Pikkjarve, Estonia.

Psychoneuroimmunology is relatively a new science which explores psychosomatic disorders as caused by our emotional state of mind.

Based on the theoretical assumptions of Transpersonal Psychology, incorporating Transactional Analysis and Jungian Archetypes we will be referring to our body parts as a reflection of our sub personalities, we will explore our relationship with our mind, body and soul.

We will experience our body on emotional, physical and spiritual levels, we will explore the areas of our body where we store our deep-sited emotions, and we will be able to communicate between our physical sub personalities and our aware ego.

Has we have separated and split our mind from our body, to avoid anxiety; we have disassociated from our body and lost any relationship with it.

Unconsciously we store our stresses and anxieties within our bodies, to avoid their existence, by doing that we block energy flows in our bodies, creating energy blockages and develop diseases that mostly do not exist in the natural world.

This informative, practical and experimental course will teach you how to use your mind to take better control of your body. You will learn methods to help yourself and others to increase your physical and emotional health.

For the professionals it will give you additional tools to help your clients to achieve holistic integration between the mind and the body and gain deeper understanding about their own responsibility for health.

THERAPY OF BLANK INTENSION FOR PSYCHOSOMATIC DISORDERS

Burno Anton – *m.d., docent of People's Friendship University of Russia, leader of PPL modality «Differential cognitive therapy».*

The report focuses on the application of psychotherapeutic work for elimination of «blank intension» to psychosomatic problems. The blank intension is that human being is in the efforts to manage their own internal anima's (mental) processes just directly by conation (by volitional way). The varieties of blank intensions in these cases are discussed. Typical of these are described. The technique of therapeutic intervention is given. The results of cognitive restructuring are considered.

THERAPY BY MEANS OF CREATIVE SELF-EXPRESSION AND THERAPY OF BLANK INTENSION

Nekrasova Svetlana – *m.d., docent of People's Friendship University of Russia.*

The following mechanisms of somatization: abnormal sensation (senestopatii), conversion, psychosomatic reactions are covered. The comparative characteristic of psychosomatic disorders on the genesis and clinical manifestations is offered. The connection between psychosomatic diseases with psychosomatic reactions is discussed. Differentiated pharmacotherapy and psychotherapy is proposed.

PSYCHOTHERAPEUTIC TARGETS OF PSYCHOSOMATOSIS

Nadezhda Zuykova – *M.D, head of Psychosomatic Pathology Department (Department of continuing medical education, People's Friendship University of Russia), leader of PPL modality «Clinical Psychosomatic psychotherapy». Russia, Moscow.*

The report substantiates the need for accentuation of urgent psychotherapeutic targets on the basis of work experience in the "Psychotherapy Psychosomatics" format. There are represented the most important clinical and therapeutic targets which regulate a step-by-step therapeutic movement and allow to have a common benchmark in interdisciplinary cooperation and during intermodal supervision.

AN EFFECT OF PERSONALITY DISORDERS ON CARDIOVASCULAR DISEASES' COURSES

Vladimir Medvedev – *Russian University of People's Friendship, Moscow, Russia.*

Objective. To investigate an effect of personality disorders dynamics on manifestation, clinical presentation and disease course of cardiovascular diseases (CVD). Materials and methods. 307 inpatients (192 female, 115 male; mean age 58,3±4,2 years) with Arterial Hypertension (AH), Coronary Artery Disease (CAD) and Atrial Fibrillation (AF) were examined. Main methods were clinico-psychopathological (including catamnesis data), pathopsychological and clinico-instrumental.

Results. Two groups of patients were defined. In the first group (191 patients, 66,5% female, mean age 57,4±2,1 years; mean CVD duration 9,4±3,1 years) clinical course of CVD is subjected to the dynamics of personality disorder. Psychosomatic (synergistic) type of clinical course of CVD is characterized by reactive somatopsychic lability, CVD manifestation at the time of stressful situation, CVD symptoms redoubling carried out by somatoform disorders. CVD exacerbations correlate with psychogenic depressive phases and/or climacterial period with involuntional hysteria. In most cases (73,8%) further CVD dynamics is characterized by hypochondriacal personality development. In the second group (116 patients, 69% female, mean age 58,4±1,5 years; mean CVD duration 9,1±2,3 years) clinical course of CVD doesn't correlate with dynamics of personality disorder. Alternating type of clinical course of CVD is characterized by hereditary and somatogenic factors.

Conclusion. Our findings allow to explain contradictory results received in studies of reciprocal influence of personality disorders and CVD. Obtained data is of great practical importance and show the necessity of differentiated approach in complex (somato- and psychotropic) treatment of CVD.

WARD THERAPY IN PSYCHOSOMATIC MEDICINE KARDIOPATSIENTS

Svetlana Dvurechenskaya – *psychologist, visceral therapist, a member of the Professional Association of visceral therapists. Russia, Moscow.*

Combination therapy in the ward of the city hospital kardiopatsientov methods of transactional analysis, body-oriented approaches and trance-

hypnotic techniques can enhance psychosomatic resources of the person and include mechanisms for self-healing. The main targets of these are the major factors of cardiovascular disease as a psychosomatic stress, anxiety, pessimistic way of thinking, the need for self-control and control of the events of the world, depression, self-esteem, hostility, aggression, anger, alexithymia.

EFFECT OF STRESSFUL FACTORS ON ANXIETY AND DEPRESSIVE DISORDERS DEVELOPMENT IN PATIENTS WITH SYSTEMIC SCLEROSIS

Pavel Aronov – *psychotherapist, Training Institute of the Federal Medical and Biological Agency. Russia. Moscow.*

VEDIC PRACTICES IN A CONTEXT OF A BODY-ORIENTED PSYCHOTHERAPY CLINICAL AND PSYCHOSOMATIC

Svetlana Velikodnaya – *psychologist, body-oriented psychotherapist, historian, expert of old slavic health practices. Russia, Moscow.*

The combination of classic concepts of body-oriented psychotherapy with old slavic vedic spiritual health practices is effectively for work with clients, who have manic-depressive disorders, phobias, chronic psychosomatic illnesses and etc., because it uses native archetypal images and considers cultural, climate and others specificities.

This method based on a holistic approach, when physical, emotional, psychic and spiritual parts of a personality activate together, motivating a person perceives itself and the surrounding world completely.

PSYCHONEYROSOMATIC: QUESTIONS, MODELS, METHODS

Alexander Khaikin – *candidate of psychological sciences, the author of the training approach «Stress-Aykido», the president of the East European Psychosomatic Society, the psychotherapist of the Uniform Register of professional psychotherapists of Europe, the teacher of the All-Russian Professional Psychotherapeutic League.*

The main theoretical questions of psychosomatic relationship are discussed in the report. The main models of psychosomatogenesis are analyzed. Hypotheses of the nature of oncology and mechanisms of spontaneous remission are offered. The general scheme of work from som in caviar is provided. Author's psychological technicians of work with corporal diseases are described.

PANEL:

PSYCHOTHERAPY IN THE INTERNET AND MASS-MEDIA. PSYCHOTHERAPY ON THE TELEVISION NEW INFORMATIONAL TECHNOLOGIES

JULY 6th, 9.00-12.30, HALL «SHAGAL»

CHAIRS: Mark Sandomirskiy (Moscow, Russia), Nikolai Naritsyn (Moscow, Russia)

Summary of the panel: Section deals with the application of new technologies in psychotherapy, including information, public media, computer software and hardware technologies. The prospects of online therapy, (E-therapy) are considered, especially social media therapy (SM-therapy). The Internet influence at the social development and personal growth is discussed as well.

PROSPECTIVE CUSTOMER ANONIMUS SURVEY RESULT ANALYSIS BASED ON THE PSYCHOTHERAPIST WEBSITE MATERIALS

Nikolai Naritsyn – *private medical practitioner, psychotherapist, psychoanalyst, member of the All-Russian Professional Psychotherapeutic League. Russia, Moscow.*

From 2003 to 2013 the voluntary anonymous survey of visitors (readers) on www.naritsyn.ru were conducted. Participation took about 10 thousand people. In the treatment program there were included discarding algorithms for dubious results. There was more than 9,500 questionnaires taken for work.

Questionnaire has 17 items and takes into account gender and age data, educational, professional, social, marital and parental statuses. Also items were included determining the level of involvement in information technology, which could be helpful to know the level of computer competence. A number of items discovered level of psychology knowing, the presence of psychological problems and readiness to solve them with the help of a therapist. The comparison, in the case of some paragraphs, was made with similar data from other sources. The results of the parameter change dynamics over the years could be found especially interesting.

The research reflects the growing neediness of people to solve their psychological problems and, at the same time, the rising refusal in professional help. The reasons for that situation I try to figure out with a variety of short questionnaires. At present the main declared reason for failure is a lack of money. However, the additional comments claim apprehension and distrust for modern practice of psychotherapy. Over-prescriptive working style of some experts is also scaring. Sometimes prospective clients could see even some political commitment in the work of psychologist / therapist. But I would like to make a note of a positive trend: the item «friends do not advise» did not get a single vote, so the influence of negative verbal advertising is more-or-less exaggerated and has almost no effect.

Materials of this research are interesting primarily for organizers of paid psychiatric help, for therapists practicing privately and for media representatives covering the various aspects of modern psychotherapy.

PSYCHOTHERAPIST'S WEBSITE AND BLOG

Marina Naritsyna – co-therapist, administrator and co-host of the site www.naritsyn.ru, a consultative member of the All-Russian Professional Psychotherapeutic League. Russia, Moscow.

Psychotherapist for the successful promotion of his work should provide not so much advertising but mostly information regarding their work itself in the media, and especially on the Internet: this is where the most modern-thinking part of the prospective clients are usually looking for a consultant. There are two basic ways to talk about themselves, their professional approach and another important things for the client today: either make a website or start a blog. And the third way: to combine these two options.

It is proposed to further discuss the pros and cons of each option to ensure that any specialist, puzzled by that question, could make the best choice for themselves.

Blog and website are different in many ways: in the first place – in the cost of expenses. Then, opening of a website requests a certain content, while a blog is updated almost daily. Website and blog have different principle of content location and layout, different possibilities for organizing the search (and other technical services), different promotion specific. At present blogs are more popular (as providing the illusion for a prospective client to communicate with a prospective consultant) however a blog takes much more time resources. There is also necessary to mention that the possibility of non-charged communication provides certain opportunity for prospective clients never move into the category of real ones.

There is especially planned to examine the possibility of website and blog combination: what kind of information would work more effectively placed on website and to be discussed and advertised in blog form.

The presentation method in the network also depends on the preferences of the specialist's target audience and their specific tasks (to gain clients, to get feedback, to complete groups, etc.), the quickness and specificity of their work and other development features of their practice, communication with customers and the entire professional therapeutic concept.

AUTHOR'S COMPUTERIZED SYSTEM OF SHORT EXTERNAL CONSULTATIONS «ELECTRONIC DOCTOR»

Nikolai Naritsyn – private medical practitioner, psychotherapist, psychoanalyst, member of the All-Russian Professional Psychotherapeutic League. Russia, Moscow.

Marina Naritsyna – co-therapist, administrator and co-host of the site www.naritsyn.ru, a consultative member of the All-Russian Professional Psychotherapeutic League. Russia, Moscow.

For quite a long period of providing psychological care for healthy people I was to face with a paradox: formally similar from the point of view of the patient requests are completely unique for each individual person. On the other hand, similar «complaints» often voiced by completely different language. And despite the accumulation of huge amount of data there was impossible to formalize the results for a long time. However, the rapid development of information technology, the appearance of gigantic databases and advanced robotic search systems made the usual and natural for people formalized communication with the computer. That circumstance allows to put data previously collected in the program, which communicates with user and helps – without the direct involvement of the therapist yet – to navigate in finding solutions to an actual problem and choose the best specialist. Of course, that is understandable that no «robot» could replace actual communication with a specialist but it could help with the first step towards the therapist.

This system called «Electronic Doctor» has been functioning on our website for more than a year – since April 2012. More than a thousand prospective and the most common client requests are included into system's base, and this database is constantly updated. «Electronic Doctor» has been used by about two thousand people per day since the startup. Besides, the system provides a number of other statistical data which is necessary for the formation of a specialist's range of clients.

Such a system installed on a specialist's website and taking into account unique method and general therapeutic approaches could attract their exact range of clients and rise credibility to the specialist, as soon as save him from unnecessary claims of customers whose expectations and demands clearly not consistent with the overall approach and unique method of the consultant. That will also have positive effect on the overall image of psychotherapy.

NEW PSYCHOCORRECTION TECHNOLOGIES FOR STUDENTS, STUDUING PHYSICAL CULTURE TEACHING, USING RESOURCE-ORIENTED APPROACH

Biryukov Mihail Alexeevich – body-oriented psychotherapist, postgraduate student of Physical Education and Sport Chair of the Orel State University (Orel)

This study validates the feasibility of psychocorrection work with students (future school teachers of physical culture) as part of the learning process.

ANTI-STRESS SELF-REGULATION METHOD 'AMERSO': NEW TECHNOLOGIES OF THE STUDENTS TEACHING EFFECTIVENESS EVALUATION

Vanesyan Ashot Sarkisovich – Head of the Chair of clinical psychology, Bashkir State Medical University (Ufa)

The technology of pulse oximetry assessment of mental and physical condition is described. It was used in students during practical anti-stress learning, including relaxation, awareness and vasomotor ideomotor phenomena.

NEW PSYCHOTHERAPEUTIC TECHNOLOGIES: 'SUGGESTION IN ATTENTION-CONCENTRATED STATE' AND 'THINKING CRYSTALLIZATION'

Grebnev Sergey Andreevich – Leading PPL psychotherapist (2010), EAP certified psychotherapist, Master Practitioner and Trainer of NLP (Ekaterinburg)

Author short-term psychotherapy methods «Suggestion able of concentration by Grebnev» (R) and «The crystallization of thought» are described. These two methods are based upon best techniques of cognitive psychotherapy, positive psychotherapy, neurolinguistic programming, traditional hypnotherapy techniques and Ericksonian therapy.

PSYCHOTHERAPEUTIC CORRECTION OF PSYCHOSOMATIC MYOMETRIUM HYPERTONE, USING PHYSIOLOGICAL AGE REGRESSION

Demin Anton Nikolaevich, Sergeev Vladimir Andreevich – Chelyabinsk regional executive committee of PPL. And South Urals State Medical University (Chelyabinsk)

Pregnant women have EEG changes called physiological age regression (RVF). This regression is able to produce symptoms of myometrium hypertone. RVF-based psychotherapy helps pregnant women to reduce this psychosomatic symptoms, dealing with intrapersonal conflict.

SPECIFICITY OF REMOTE ADVISORY SERVICE FOR DISABLED PEOPLE

Kamin Andrey Alexandrovich – president of the Russian Association of the Telephone Emergency Service, consultative member of PPL and the president of the Nizhny Novgorod regional executive committee of PPL.

In this paper we report the results of working the on-line advisory service for physically challenged people and their families. It has been approved on the website of the System of Rehabilitation Services for Disabled People in the Russian Federation from 2008-2009. Since that time in the activities of these services has appeared a number of new specific moments. We mean the integration with social networks, mobile counseling and the use of «a clear language». This will be reported on the meeting, as well.

NEUROPSYCHOLOGICAL CORRECTION SERVICE IN CHILDREN: INTERNET-PROMOTION CASE

Lebedeva Ekaterina Sergeevna – Clinical psychologist, member of PPL and Association of Applied Neurosciences Specialists, head of Neuropsychology center (Moscow)

In order to promote children's neuropsychological correction service, including customers attraction and raising their awareness, the key role belongs to the Internet site. Different aspects of this site management and promotion are discussed

NEW INTEGRATIVE PSYCHOCORRECTION TECHNOLOGIES COMBINING RESOURCE-ORIENTED APPROACH AND TRADITIONAL CULTURES OF RUSSIA NORTH PEOPLES

Mihel Elena Alexeevna – *psychologist, expert in cross-cultural psychology at the Open Health Institute, UN IOM expert in Intercultural Communications (Moscow)*

One of the important areas of integrative psychotherapy development is combining of scientific psychotherapy technologies and traditional spiritual practices. In Russia are well known shamanic practices of the North peoples. That is why we created a training seminar of trance dance 'Pichgeynyn', based upon described psychological and cross-cultural methodology.

NEW INTEGRATIVE APPROACH OF COACHING AND PSYCHOSOMATIC TECHNIQUES COMBINING

Novoselova Tatyana Vladimirovna – *Coach, certified specialist in psychosomatics and ericksonian hypnosis (Moscow)*

One of the most valuable tools for a coach are psychosomatic techniques giving him greater consistency between bodily sensations, thoughts and emotions. These techniques also increase his congruence and stress-resistance and allow coach to perform the resource model state for the client.

NEW APPROACHES FOR COGNITIVE AND BEHAVIOUR FEATURES EVALUATION IN ADOLESCENTS WITH ALCOHOL ADDICTION

Popov Alexandr Vasilyevich – *Clinical psychologist in JSC «Institute of Functional Self-Regulation System Man» (Moscow)*

The study analyzes intellectual sphere and coping behavior in young people with alcohol dependence. Results: 1) the absence of a fundamental communication features of coping with the level of intelligence, 2) in young people with alcohol dependence, there is a reduction of productive stylistic subgroups.

NEW SENSORY ROOMS USAGE TECHNOLOGIES FOR ANT- STRESS HELP

Rudny Sergey Vladimirovich – *Business psychologist, professional mediator, UrFO PPL manager*

Different hardware relaxation techniques play an important role in the provision of psycho-prophylactic care. Among them are becoming more popular sensory rooms that combine relaxation and rhythmic sensory stimulation. The report examines the technology of anti-stress care, designed for use on the basis of sensory rooms.

LONG-TERM INTERNET RISKS FOR CHILDREN AND ADOLESCENTS

Sandomirsky Mark Evgenyevich – *Psychotherapist at Institute For Group And Family Psychotherapy (Moscow)*

Along with well-known long-term internet risks for children and adolescents, long-term risks are described. These risks are associated with the impact on the mental development of different factors such as digital socialization, clip thinking, network conformism, gamification of everyday life, lack of intellectual independence, digital hypnomnesia and contentomania.

INTERNET-PROCRASTINATION SYNDROME

Sandomirsky Mark Evgenyevich – *Psychotherapist at Institute For Group And Family Psychotherapy (Moscow)*

Procrastination is analyzed as behavior pattern, typical for internet users. Such Internet- procrastination, especially in social media, can simulate internet addiction. In such cases, we need to diagnose false internet addiction.

INTERNET-ADDICTION DIAGNOSTICS DIFFICULTIES

Spiridonov Dmitry Vladimirovich – *psychologist, certified specialist in resource-oriented psychosomatic psychotherapy and ericksonian hypnosis (Moscow)*

Different definitions of internet addiction are compared, including analysis of its social and social media aspects.

NEW TECHNOLOGIES OF RESOURCE-ORIENTED PSYCHOTHERAPY IN MULTIPLE SCLEROSIS PATIENTS

Tereznikova Natalya Alexandrovna – *psychotherapist, State Clinic №3 (Samara),*

Dyadchenko Yakov Ivanovich – *psychotherapist, State Clinic №3 (Samara)*

System of psychotherapeutic help in multiple sclerosis patients is described. It includes following areas: correction of neuropsychological disorders, increasing stress-resistance and reducing personal anxiety of patients, stabilization of mental and emotional state, correction of psychopathological syndromes and conditions, including inadequate patient self-assessment, correction of interpersonal relationships, the identification and elimination of intra-personal and family conflicts, elimination or reduction of social frustration.

PANEL:

PSYCHOTHERAPY OF HEALTHY PEOPLE JULY 7th, 13.00-15.20, HALL «SEROV»

CHAIRS: Andrey Strelchenko (Moscow, Russia)

Summary of the panel: The section discusses: the causes of therapy needs for healthy people, arbitrary concept of «health» and the limited known WHO definition in the present conditions, the role and place of psychotherapy in the formation of the dyad «image of health» – «image of disease»; basic concepts of psychotherapy for healthy people, representation of psychotherapy for healthy people in five models of psychotherapy, format of behavior of psychotherapy for healthy people, psychotherapy modality designed to shape the mentality of a healthy person; health-centered paradigm in psychotherapy, psychotherapy as a means of prevention and awareness to adapt practically healthy individuals, the role of psychotherapy in the increase of quality of life, interaction of therapy and regenerative medicine.

BUSINESS CONSULTING AS A SYSTEM OF FORMATION OF ANTI-CRISIS WORLDVIEW OF A HEALTHY PROFESSIONAL

Andrey Strelchenko – *psychotherapist, coach-consultant, business coach, head Professional psychotherapeutic club, Member of the Professional Psychotherapeutic League, winner of the European Certificate of Psychotherapy, MD. Russia, Moscow.*

The report discusses the importance of the strategic aspect of health preservation of both the employee and the employer. Psychological aspects of professional reliance of professionals. Business training as an option of specifically structured psychotherapy for healthy people. Work – Nature – Soul as components of healthy professional's philosophy.

MICROBIAL STRATEGY IN PSYCHOTHERAPY: USING NEUROMEDIATOR-PRODUCING SYMBIOTIC MICROORGANISMS

Alexander V. Oleskin – *D. Sci. Biol., Professor, General Ecology Dept., Biology Faculty, Moscow State University and Dept. of Philosophy, Humanities and Biomedical Ethics of the Moscow State University for Medicine and Dentistry. During the course of his scientific career, he has focused on biopolitics, communication in living organisms with special attention to microorganisms and the functions of neuromediators in biological systems. He has published a series of guidebooks including Biopolitics (in Russian and English). Russia, Moscow.*

Boris A. Shenderov – *Doctor of Medical Science, MD, Professor, Main Researcher, Head of Research Group «Probiotics and Functional Foods» of G.N.Gabrichesky Research Institute of Epidemiology and Microbiology. Russia, Moscow.*

The symbiotic microbiota of the intestines and other niches of the human organism produces neuromediators (catecholamines, serotonin, histamine, neuropeptides, nitric oxide, etc.), (histo)hormones and their precursors and metabolites that can directly or indirectly influence the operation of the central nervous system. The optimization of the microbiota composition with the introduction of useful microorganisms (probiotics) de novo is a prerequisite for improving the somatic health and also the psyche of human individuals and ameliorating their social behavior and political activities. Account should also be taken of human organism-produced mediators that regulate microbiota growth and activities. For instance, stress causes the systemic release of catecholamines and dinorphine, which stimulate the growth of pathogenic microflora, posing the threat of somatic diseases and psychological problems including dysbacteriosis-typical disorders resulting in aggressiveness, depression and impulsive behavior. The biopolitical approach discussed in the presentation can be combined with traditional psychotherapeutic techniques; the concrete strategy can be

varied depending on the individual peculiarities, social roles and professional functions of the human individuals and groups involved.

THERAPEUTIC PROCESS: CHALLENGES FOR THE EFFICIENCY AND EFFECTIVENESS

Emilia Aparecida Calixto Afrance – *vice-president of Brazilian Association of Psychotherapy, brasilian delegate of Latin American Federation of Psychotherapy, teacher and supervisor at the Institute «Instituto Sedes Sapientiae», specialist in clinical psychology. Brazil, San Paulo.*

According with the World Health Organization (WHO), health doesn't consist of the absence of disease or illness, but is a «state of complete well-being physical, mental and social».

SANAMENTE "CARE"

Gianpaolo Lombardi – *Psychotherapist and psychiatrist at the Insitute of Family Therapy of Florence in Florenc, Insitute of Family Therapy of Pisa-Livorno in Pisa, public health service (A.S.L, Ser.T) in Florence, teacher of relational and family therapy, member of Italian Society of Psychiatry (SIP), member of Italian Association of Institutes of Family Therapy (AIFT). Italy, Florence – Pisa.*

The club «Sanamente» (in italian language means both "Health mind" and "Healthily") is a private association and a multifamily community.

The club is open to man and women suffering depression and/or anxiety, the club has no professional staff and it is a multi-family community consisting of a minimum of 2 to a maximum of 12 families and a servant-teacher. The club has its roots in the ecological-social approach, and also in the systemic epistemology; but is carried out by the members of the club.

When a family enters the club it immediately becomes part, but the family member officially problematic has to do a psychiatric evaluation to assess he is not in a phase of severe psychopathological decompensation. The club is an integral part of the local community. The club promotes the growth through the change in the health culture by the work of local and network awareness to the concept of «Health», according to the World Health Organization. The club families and individuals are called into question by giving and sharing their own experiences, sufferings and hopes once a week for an hour and a half. The club is a starting point, a constant reference in the life of every day, the real change happens at home, in the workplace, in the community.

CONCORDANT SEXUAL RELATIONSHIPS AS A MARKER OF GOOD LIFE QUALITY

Evgeny Kulgavchuk

HOW TO USE THE PSYCHOSOMATIC TECHNIQUES IN RIDING TEACHING

Evgenia Svyatlovskaya – *pedagogist, psychologist at Child's park Fili Center, full member of PPL. Russia, Moscow.*

The method is founded on using the horse to create inner balance, revive connections and feelings in the body, which leads to establishing of self confidence, decreases stress and strain. It also helps in teaching riding skills.

HIGHER REFLEXIVE AND SPIRITUAL CAPACITIES IN SELF-PSYCHOTHERAPY

Galina Ozhiganova – *PhD, senior researcher, Laboratory of Psychology of Abilities and Mental resources, Institute of Psychology of Russian Academy of Sciences. Russia, Moscow.*

Reflexive and spiritual capacities are considered on the basis of ancient Oriental systems of knowledge. Their psychotherapeutic potential is revealed. The use of reflexive capacities as a tool of self-psychotherapy is proposed, it allows a person to achieve harmonization of psycho-physical state and inner peace. Spiritual capacities, performing a dual function: liberation from absolute power of ego and opening of the road to knowledge of Self, as well as reflexive capacities, are leading to realization of effective self-psychotherapy.

POLYMODAL PSYCHOTHERAPY

Elena Shalaeva – *M.D., psychotherapist at the center of clinical psychology and psychotherapy of Narcological dispensary №6, postgraduate student at the psychotherapy and sexology chair of the Russian Medical Academy of Postgraduate Education, full member of PPL, member of the International association of systemic mediators. Russia, Moscow.*

Substantiating the application of polymodal psychotherapy for the treatment of healthy people has become a mission for making the

implementation of psychotherapeutic techniques for the individuals, who does not have mental diseases, more diverse. In our country, every naming, that has a «psych» part in it, is negatively regarded. Analysis of the psychotherapeutic methods' possibilities for personal development and their implementation as tools for achieving one's goals allow us to popularize psychotherapy in the society.

DETA-TECHNOLOGIES IN AUTONOMOUS MEDICAL CARE FAMILY HEALTH

Alexander Semeni – *Ph.D, The Chairman of the medical Board of the medical Association DETA-MED. Russia, Zelenograd.*

One such breakthrough technologies in strengthening the health of the family as a whole and each of its members may be a DETA-technologies as a comprehensive Suite of services and tools that provide independent medical care of health.

Are formed closed the full cycle of the feedback between the family and medical-and-technical support of the maintenance of the health of the family in the offline mode.

Possibility of operative and qualified medical assistance is also a powerful psychotherapeutic resource.

SOURCES OF ENERGY, HEALTH AND HAPPINESS

Dmitry Shcherbakov.

BODY-IMAGE THERAPY IN WORKING WITH PROFESSIONAL SUCCESSFULNESS

O. Dotsenko.

CONTEMPORARY PSYCHOPHYSIOLOGICAL ASPECTS OF SUGGESTION AND SUGGESTIBILITY OF HEALTHY PEOPLE

V. Zvonikov.

HEALTH COACHING BASED ON POSITIVE PSYCHOTHERAPY

Yuri Kravchenko – *M.Ed. Higher Education, MT-PP, Master-Trainer in Positive Psychotherapy (WAPP), Certified European Psychotherapist (ECP). Kyiv, Ukraine.*

WHO-5-QOL IN HEALTH COACHING AND HEALTH PSYCHOTHERAPY

Yuri Kravchenko – *M.Ed. Higher Education, MT-PP, Master-Trainer in Positive Psychotherapy (WAPP), Certified European Psychotherapist (ECP). Kyiv, Ukraine.*

ACTIVATION OF HUMAN SELF WITH A COMBINATION OF SEVERAL METHODS OF PSYCHOLOGICAL CORRECTION TO IMPROVE THE HEALTH AND QUALITY OF LIFE

I. Fedotova.

Panel:

PSYCHOTHERAPY ON THE TELEVISION JULY 5th, 14.00-15.20. HALL «AIVAZOVSKY»

CHAIRS: Judy Kuriansky (USA), Vlada Titova (Saint-Petersburg, Russia), Boris Egorov (Moscow, Russia)

Summary of the panel: Numerous studies conducted in the Russian Federation and abroad, clearly show that the situation in the field of mental and psychological health is deteriorating, and therefore the need for psychological care has been steadily increasing. However, opposing efforts undertaken at the level of public and private psychotherapy structures cover only a small percentage of the population in need of assistance and are not efficient enough. In this connection there was the need to provide psychological care to the population involving television, radio and Internet communications. This line of therapy is an important instrument for the prevention and treatment of social epidemics.

CRITERIA OF THE ASSESSMENT OF EFFICIENCY OF MASS SOCIAL PSYCHOTHERAPY

Maria Pushkina – *candidate of Psychological Sciences, laboratory of political consultation, faculty of political science of St.Petersburg State University.*

The mass social psychotherapy use mass media, including the Internet. Control of efficiency of application of MSP is connected with modeling of change of a condition of the population. It is necessary to answer some questions: (1) in what psychological condition there is a population before MSP (2) application what psychological condition it is necessary to receive, (3) what indicators have to change, (4) what methods allow to fix changes of criteria. Further monitoring of the allocated criteria.

PSYCHOTHERAPEUTIC POTENTIAL FOR CASE OF SOCIAL NETWORKS

Daniel Chugunov – Ph.D., Assistant Eastern European Gestalt Institute, a psychologist, psychotherapist European registration, member of PPL, St. Petersburg.

Currently, there is a growing activity of users in social networks. On the example of a case of social networks (TCC) at the same time can be considered as a model of the pathological mechanisms of dependence and model of professional psychotherapeutic help, and updating internal resources (an attempt to self-organization). Dynamic interaction of the positive and negative aspects of inclusion and accessories TCC determines the level of adaptation to the user's macro-and micro-environment and is a psychological target.

PSYCHOTHERAPY ON TV: ON THE COMPLEXITY TO THE CHALLENGE

Vlada Titova – Ph.D., assistant professor of psychosomatic and psychotherapy, St. Petersburg State Pediatric Medical University, psychotherapist European Registry, member of the PPL, author and anchorman of psychotherapeutic programs on TV 100. Russia, St. Petersburg.

The report provides an overview and analysis of the performance of the models of mass psychological care to the population of the megacity through television, radio – and internet communications, which were implemented on the basis of the St. Petersburg City TV Channel TV100 in conjunction with the radio «Baltica» and the social network Facebook.

PRESS CONFERENCE OF SUCCESSFUL TV-PRESENTERS

Participants: Judy Kuriansky (USA), Vlada Titova (Saint-Petersburg, Russia), Boris Egorov (Moscow, Russia), Alexander Makarov (Moscow, Russia)

Panel:

RELIGION-ORIENTED PSYCHOTHERAPY JULY 6th, 12.00-13.20, HALL «KANDINSKY»

CHAIRS: Adrian Rhodes (England), Sergey Belorusov (Moscow, Russia)

Summary of the panel: For most of humanity's existence, the mystery of what it is to be a person, was largely conceptualised in terms of religion and spirituality. Indeed, religious texts and teachings carry profound insights about what lies deep in the heart and minds of human beings. And for most of that time, the meaning of an individual's existence could only be understood against humanity as a whole – a humanity which is part of a living and developing story of existence, behind which was a creator.

With the Age of Enlightenment in the 17th century, came a passion to understand humanity – and human beings – as themselves, through reason and science, rather than against a background of tradition, religion and revelation. We are infinitely richer for this movement. But the fervour of reason has too often led to the rejection and deep distrust of faith, religion and spirituality.

In this section of the Congress, we explore how psychotherapy and religion & spirituality, can work together, to plumb the depths of what it means to be human, about what humanity's purposes might be.

DANCING ON THE EDGE OF TIME

Adrian Rhodes – President of the European Association for Psychotherapy, Psychoanalytic Psychotherapist, works as a psychotherapist in private practice and in the National Health Service. Great Britain, Manchester.

Religion/spirituality and psychotherapy look beyond the 'now' of experience. From different philosophical perspectives, they consider that we, living 'on the surface', are in reality connected to things more profound, meaningful and enriching that we often perceive. They share, the importance of looking to the past (to tradition or personal/familial history) for indications of meaningfulness. And both have mystery at their heart – the mystery of unconscious processes or the mystery of the divine.

However, individuals – and humanity as a whole – are living now, in this moment, in the experience of life today. And both psychotherapy and religion/spirituality are there to serve them in the 'now'.

Perspectives in theology – particularly process theology in its different forms – speak the human/divine interface, in which humanity is in a shared, unfolding experience with the divine. As human beings dance on the forward edge of time, both the unconscious and the divine, create and re-create in that process. And religion/spirituality and psychotherapy listen to the music against which we dance.

CONSTELLATION WORK IN THE LIGHT OF CHRISTIAN PSYCHOLOGY. COMMANDMENTS OF GOD (BIBLICAL AND EVANGELICAL) AS ORDERS IN THE CONSTELLATION WORK AND A BASIS FORMATION OF THE INTEGRITY OF PERSONALITY

Natalia Spokoinyi – Director of International Institute for Systemic Constellation, Berlin; exegesis teacher of the Old and the New Testament, certified psychoterapist of EAP, certified DgFS trainer, Germany, Berlin.

Deep connection between Constellation Work and Christian Psychology displays. Their general principles are: to be thankful for everything, respect for everybody and freedom of choice. A view at the constellation like a Ray of Divine Light is given. It allows a person to find out where he is and where God wants him to route through problems and difficulties of his life. Laws of the universe which for a Christian are expressed in the Commandments of God are also seen from the perspective of the Orders of Love in a Constellation Work. In the example of the Body, Emotions, Intellect and Spirit Model a possibility of effective work on a personality integrity after severe traumas is shown.

METHODOLOGICAL BASES OF PSYCHOLOGY IN THE SPIRITUAL DOCTRINE ST. FEOFANII THE HERMIT (RESTORATION OF RUPTURE OF TRADITION)

Lyubov Bitehtina – doctor of philosophy, professor, cand. of psych. sciences, Ph.D., head of Theology and psychology chair INDEKOM Moscow, mediator. Russia, Moscow.

The XXI- century has put forward a problem about restoration of rupture of tradition in psychology as to a science about a shower. In a channel piously father like tradition the question on creation of a subject of Christian (orthodox) psychology is widely and seriously discussed Object of consideration of given article is the psychology in Russia XIX of the century, considered with position XXI. Because in spiritual plan XIX of eyelids there was a century of revival of Russian spirituality and culture, and prosperity of psychological knowledge (46 textbooks of psychology), in article a task in view: reconstructions of psychology XIX of a century on the base piously father like tradition as sciences about a shower and the human person created on «to the Image and similarity Divine. The bright representative, united achievements of a century: philosophies, literatures, divinity both theoretical, and practical, – were st. Feofan the hermit (1815-1894) who in the end of it wrote: «as the Most suitable grant for a tracing of a moral Christian the Christian psychology ... could serve» About principles and approaches, methods and means in construction of the given subject also there is a speech in article, trying to carry out reconstruction of this construction on so difficult, inconsistent and fascinating material, as spiritually historical maintenance of a century.

PSYCHOLOGICAL AND SPIRITUAL ISSUES IN COUNSELING PEOPLE LIVING WITH HIVINFECTION

Alexandra Imasheva – director of Christian Psychological Center «Candle».

HIV-infected person is experienced as a psychological trauma that in the future, usually exacerbated by stigma and discrimination against HIV-positive people, as well as the lack of information on the subject of HIV and mythologization in modern Russian society. At the same time, often as a result of the diagnosis of HIV infection is a reassessment of values in life and the transformation of the meaning of life, which as a result lead to personal and spiritual growth. examines the role of the Christian counselor, to assist them, particularly in terms of counseling and spiritual support during the initial stages of the «Road to the Temple.» We discuss the ethical and theoretical aspects of counseling on issues related to HIV infection.

SPIRITUAL LIFE AS A MODEL OF REAL CHRISTIAN PSYCHOTHERAPY FOR THE LOVED ONES

Sister Lubov (Shabaeva) – Assistant therapist Missionary Department of the Trinity-St.Sergius Lavra.

Appeal to the subject caused by a problem imposed by the contradiction between such concepts as the «psychology» and «Orthodoxy». In this report, we consider the essence of orthodox psychology, shared her point with a secular psychological science and the possibility of psychological counseling in Orthodox communities.

REJOICE WITH THOSE WHO ARE HAPPY AND WEEP WITH THOSE WHO WEEP ... PRACTICAL ASPECTS OF RELIGIOUS-ORIENTED PSYCHOTHERAPY

Sergey Belorusov – chairman of modality Religious oriented Psychotherapy PPL, head of clinical psychotherapy clinic «MEDROSKONTRAKT».

The ratio of psychological therapy and institutional religion is one of the problematic issues. The report argues that the taking into account in the process of counseling the traditional spiritual values of the expanding range of therapeutic effects. Discuss the specifics of the psychotherapeutic process with a deeply religious people, as well as the opportunity to build on religious resources for psychological care, positioning his religious indifference. The material presented documentary fragments religiously oriented psychotherapy.

**PANEL:
RESOURCE PSYCHOTHERAPY
JULY 7th, 9.00-10.50, HALL «SHISHKIN»**

CHAIRS: Natalia Kovalenko (Saint-Petersburg, Russia), Natalia Razina (Moscow, Russia)

Summary of the panel: Resource psychotherapy is a new psychotherapeutic model created in the space of integration of clinical psychology, family therapy, perinatal psychology. Perinatal psychology is the first chapter of this model, which formed the basis for understanding the deep mechanisms of unconscious links between the child and the parents, beginning from the prenatal period. The next level of resource psychotherapy describes the family system as a living system, and therefore the classical methods of handling it are significantly transformed. It is important that this model was developed being based on fundamental researches of Russian scientists such as Pavlov, Sechenov, Ukhtomskiy. Field of application of resource therapy is very broad: the resources of personality, family resources, resources of any organizational system. Experts who are trained on this model apply it in medicine, counseling, organizational and administrative work. At the workshop there will be presented the basic principles of resource-based approach of professor Kovalenko and the main distinctive characteristics and methodological tools that form the basis of the resource psychotherapy. The author will show the types of work under this approach: resource art therapy, voice therapy, resource placement. The basic differences between resource placement and Helenger's systematic placement will also be shown.

HUMAN RESOURCES IN THE SPACE OF PSYCHOTHERAPY

Natalia Kovalenko – Doctor of Psychological Sciences, a professor in the St. Petersburg State University, the president of RAPP (Russian Association of Perinatal Psychology and Medicine). Russia, Saint Petersburg.

The report reviews the methodological basis of the resource psychotherapy. The data on the application of this model in the long-term psychological care is brought up. The basic techniques of working with different contingents are described.

WORKING EXPERIENCE IN THE RESOURCE ART THERAPY

Natalia Razina – candidate of Psychological Sciences, assistant professor, dean of the Faculty of Psychology of the Russian State University for the Humanities. Russia, Moscow.

The features of the resource approach to art therapy will be analyzed from the point of view of the client and the therapist. Resource art therapy has positive effects for both the client and the therapist, which makes it comprehensive in using. Application of this method is possible in a wide age range of clients (from school to retirement age). Illustrative examples (visual show) of therapeutic work under this approach will be shown and the clients' comments will be provided.

STUDY OF MOTHERHOOD DOMINANT

Tatjana Bogun – PhD of Psychology (Oxford), a clinical psychologist, a lecturer in the State University for the Humanities. Russia, Barnaul.

The presentation will highlight the use of the resource therapy when working with a family, as well as in clinical conditions (female counselling, perinatal center).

RESOURCE APPROACH TO FAMILY COUNSELING

Sergey Khachatryan – candidate of Psychological Sciences, a trainer of resource teams, a leader of the professional consultants training workshop (MIPU). Russia, Vladimir.

The presentation is devoted to the use of the elements of resource psychotherapy in work of a professional trainer, an author of the consultants training program.

MOTHERHOOD AS THE EVOLUTION OF A WOMAN

Olga Magdenko – candidate of Psychological Sciences, a lecturer in the State Pedagogical University, a perinatal psychologist, an initiator of refresher courses in perinatal psychology. Russia, Novosibirsk.

The report will highlight the results of studies conducted in clinical conditions of a perinatal center. An analysis of the formation process of the motherhood dominant will be presented, as well as its effect on the success of pregnancy and childbirth.

DIAGNOSTIC TECHNIQUE «CRYSTAL»

Alexsander Strelinikov – author of the diagnostic program «Crystal», a trainer of resource teams. Russia, Moscow.

The «Crystal» technique, allowing to perform a comprehensive diagnosis of physiological and psychological resources of the family, and its use in counseling will be presented.

INSTINCTS AS RESOURCES IN THE WORKS OF A.UKHTOMSIY

Ksenia Kerner – family counselor of MIPU, MAC coordinator.

Analysis of the model of instincts by A. Ukhtomskiy and the model of resources by N. Kovalenko will be given in the paper.

CD AUTOTRAINING AS THE BASIC TOOL OF PSYCHOTHERAPIST'S MENTAL HEALTH SKILL DEVELOPMENT

Alexander Tabidze – Doctor of Physics and Mathematics, Professor, Deputy Director of the «Psychotherapeutic Pedagogy» Research Center, Russia, Moscow.

The report substantiates the necessity of mental health skill (similar to body hygiene skill) development on the example of author's autotrainings. Mental health skill development allows a psychotherapist to be in the state of high efficiency and provides an effective prevention of psychosomatic diseases. This helps psychotherapist to transfer their skills to patients.

Panel:

RODOLOGIA (CHILDBIRTH SCIENCE) IN DIAGNOSTICS AND CORRECTION OF LABOR PROGRAMS «ACTUALIZATION OF RESOURCE STATES WITHIN THE SYSTEM OF TRANSGENERATIONAL LINKS»

JULY 7th, 15.30-18.50, HALL «PEROV»

CHAIRS: Larissa Dokuchayeva (Yekaterinburg, Russia), Valeriy Dokuchayev (Yekaterinburg, Russia)

Summary of the panel: a kin as an open biosocial system develops according to certain laws. Knowing these laws enables an effective diagnostics and transformation of tensions, which appear within the system of transgenerational links. The work of the section allows an acquaintance with the methods of diagnostics and actualization of personal resource states in the system of transgenerational links. The presentation will cover Eurasian experience of the researchers from the Academy of Rodologia*. The section is chaired by the authors of the Rodologia method of diagnostics and correction of programs inherited from ancestors (kin programs).

RODOLOGIA IN DIAGNOSTICS AND ACTUALIZATION OF A PERSONAL RESOURCE STATE

Larisa Dokuchayeva – PhD, Professor at the Non-Governmental Educational Institution "Academy of Rodologia", expert in family and social law for the State Duma of the Russian Federation, President of the Regional Public Foundation "Family – 21st Century", President of the Professional League of Rodologists, active member of the Professional Psychotherapists' League (PPL), Russia, Ekaterinburg.

Valery Dokuchayev – PhD in Physics and Mathematics, Professor, President of the Non-Governmental Educational Institution "Academy of Rodologia", President of the International School of Family Ancestral Culture, active member of the PPL, Russia, Ekaterinburg.

The authors present their proprietary Rodologia method of diagnostics and correction of kin programs which determine a personal resource state. This method makes it possible to identify and correct the causes of psychic tensions passed on from generation to generation. Including a person into his kin system allows actualization of his (her) personal resource state. It opens additional opportunities for the improvement of his (her) and his (her) descendants' life quality.

The report presents the work experience of Rodologia consultants in some European and Asian countries.

RODOLOGICAL FAMILY CULTURE AS BASEMENT OF PERSON SELF-IDENTIFICATION

Oksana Kartavenko – lecturer from the Academy of Rodologia, Rodologia consultant, teacher of the humanities in Novouralsk. Russia, Novouralsk.

* Rodologia (Rus) – kin study, the science dealing with the laws of development of through-generation links of all the people descended from a common ancestor.

One of the important spiritual-moral demands of person success, family wellbeing are intergenerational continuities and traditions, process of self-identification presented in Rodological family culture.

To actualize person resource state, it is necessary active purposefulness work of the Rodologia consultants using the method of analyses and correction of rodological programs by L.N. Dokuchayeva, V.V. Dokuchayev, that allows to rehabilitate a family, a person according to internal potential and potentiality – The Force of Kin.

WHY DO OUR CHILDREN LEAVE THE FAMILY – RODOLOGICAL ASPECT

Tatiana Kalaur – consultant-rodolog, psychologist, graduate of the Modern Humanitarian Academy (Moscow). Russia, Ekaterinburg.

Children do not always meet the expectations of their parents, sometimes there are no understanding, respect, and recognition between them. The desire to achieve their demands, the unconscious transference to the child of parents' internal systems and experiences are the main points which lead to the breakdown of relationships between parents and children. And sometimes they lead to children's departure from families. The Dokuchaevs' method – the correction of inefficient generic programs – allows basing on the history of the Kin to diagnose the motives of the child's and parents' behaviour, to identify inefficient generic programs and to correct them with the help of step-by-step program, to form a new mental attitude, the result of which will be the harmonization of the relationships between parents and child.

INTEGRATION OF RODOLOGICAL METHOD AND METHOD OF FAMILY CONSTELLATION FACILITATION WITH FIGURES IN THE WORK OF CONSULTANT – RODOLOG

Natalia Vostokova – Member of the PPL, psychologist, system therapist (constellation facilitators), the consultant-rodolog. Russia, Ekaterinburg.

Integration of the rodological method of the family and system constellation facilitation with the figures allows: to respond effectively to the client's feelings and state which appeared in the process of rodological diagnostics (the creation of the focused gene-sociogram); to expand the client's idea of the Kin's system through the creation of volumetric image (schematic Kin image / gene-gram and the family system constellation facilitation using figures); to show to the client visually the resources of the Kin; to show to the client clearly his relationship with the ancestors / members of the Kin; the constellation image; the decision to fix it by the correcting program according to the Dokuchaevs' method.

APPLICATION OF THE METHOD OF RODOLOGY IN ADVISORY PRACTICE

Elena Guzeyeva – Educational Psychologist, Consultant – rodolog, Russia, Novouralsk.

This method can be used in an advisory practice, examining issues of parent-child relationships, the relationship between a man and a woman, and also business and health issues. This method helps to identify the causes of the current situation in the client's life, consider a way out of this situation. By reconstruction of the life of the ancestors, the descendant clearly understands the reason of the present a situation, why he acts this way, and why it occurs, or other ways of responding. At the same time, this method makes it possible to reveal the hidden resources inherent in man, the potential he has. It helps the offspring to know himself better and determines his future actions. This helps to improve the quality of life.

FAIRYTALE THERAPI IN GENEALOGICAL CONSULTATION

Sofia Zykina – psychologist, trainer, genealogist-consultant, coordinator of the Moscow branch of International School of Genealogical Family Culture. Russia, Moscow.

Archetypal role "Family" with "Ancestry" as its basis. Plots of almost all Russian folk fairytales are associated with family, sacrifice in family, orphanage. In her speech the Author refers to several stories about the family tension, the way it transforms through the fairytale therapy.

THE CREATIVE ASPECT IN FORMING «THE NEW REALITY» OF THE DESCENDANT IN THE CORRECTIVE PROGRAMME AND TRANSFORMING UNEFFECTIVE GENERIC PROGRAMS ACCORDING TO DOKUCHAEVS' METHOD

Natalia Batmanova – graduate educational program «Rodolog for his race». Russia, Moscow.

This report tells us about using the „unsent letter” method as the creative aspect in the process of correction the rodology programs within Dokuchaevs' rodology method. Here describes the possibilities of forming the new desired images, feelings and actions of the descendant through the word. There are some examples of the creative attitude to forming the “new reality” from the descendant's experience.

TRANSFORMATION OF THE FEMALE IMAGE IN THE SYSTEM OF TRANSGENERATIONAL RELATIONS

Nadezhda Bugrova – head of the department of general and aesthetic education, consultant of rodology, «Childrens Art School». Russia, Novouralsk.

One of the effective and in-depth working methods, aimed at the harmonization of a human and the understanding of their own problems, is the method of studying generic programs, represented in the rodological methods of L.N. and V.V. Dokuchayev. This report is devoted to the causes of female loneliness that lurks in the violation of tribal law, in this case the law of victimology. Examples of consultative practices can be seen illustrated under the influence of external circumstances in terms of the laws of development of the type transformation of the female image. The author leads to the understanding of the true value of women in the disclosure of her best qualities as a person, wife, mother!

THE CAUSES OF INJURIES. RODOLOGICAL FACTOR

Irina Vandysheva – consultant-rodolog, member of the League of Professional rodologs, social specialist of the family center «Yunost” (Youth). Russia, Ekaterinburg.

A specific example of traumatic event in the life of a boy was used for analysis of rodological factors that had reflected in the events occurred and «contributed» of such injury. There was suggested the program of correction using «rodological method» to prevent the effects of injury, which can arrive as a result of the «Kin Law» identification.

RODOLOGIA. THE FEELING GUILTY AND RELEASE FROM IT

Tatiana Evsina – consultant – rodolog, the individual entrepreneur Russia, Ekaterinburg.

Everyone since birth is inscribed in a chain of the Kin. Each of us has and unconsciously realizes in their life the laws of their Kin. Feeling guilty, the prosecution of folks, other people, self-blame appear and are handed down from generation to generation. The report presents the causes of these conditions – the loss of folks, wars, repressions, orphanhood. And also there are provided the opportunities of the Dokuchaevs' method – the method of generic programs correction – through the understanding of what had happened, its acceptance, forgiveness, identification of the Kin's strength and modeling of the future.

RODOLOGIA – WORKING WITH THE REQUESTS ABOUT THE HOME

Olga Zvezdina – consultant-rodolog, member of the League of Professional rodologs, member of OPPL, social specialist of family center «Yunost» (the Youth), Russia, Yekaterinburg.

The report represents the use of the Dokuchaev's Rodological method for diagnostics of clients' problems connected with the availability of housing, with the lack of feeling the right for their inhabitation, the opportunity to have, to use and to dispose of their own housing, with the possibility of the lodging inheritance. Diagnostics indicates that the declared tensions arose in the older generations of clients. The

Dokuchaevs' method allows to correct the tension transmitted from generation to generation, to unravel the family stories.

THE DOKUCHAEVS' METHOD IN PRACTICE

Natalia Karmanova – consultant-rodolog, psychologist and consultant in the systemic-family therapy, University of the Russian Academy of Education, a teacher-psychologist. Russia, Ekaterinburg.

In practice there are customers who come with different issues of business and personal life, and with a desire to understand and solve the problem quickly. Methods of classical psychology leads to the fact that a person has to refer to a psychologist frequently to come close to the problem (cause), which indicates the meaning of the query. The problems and the results that were obtained: distrust in marriage and the creation of a happy family, loss of voice by the singer and her successful concert activity, infertility and birth of a son, a quarrel in the family on the basis of the syndrome of «I myself» and the preservation of the family. The Dokuchaevs' method helped these clients to qualitatively change their lives.

THE USE OF RODOLOGICAL METHOD OF THE DOKUCHAEV'S FOR PROFESSIONAL CLIENTS' ORIENTATION

Tatiana Cherepanova – Senior Lecturer of the Department of Tourism and Service of the Ural State Academy of Agriculture, rodolog. Russia, Ekaterinburg.

Application of the rodological method helps to show the client his possibility in his professional choice of a particular type of activity. It is important to understand what skills are turned out in the Kin and can easily be demonstrated by the client in choosing a profession. Application of this method allows to develop in professional fulfillment, saving time and effort.

TECHNICS AND TOOLS OF KINESIOLOGY IN GENEALOGICAL CONSULTATION

Irina Stepanova – psychologist, kinesiologist 3 in 1 concept facilitator.

In the report the client case describing strong patrimonial tension that having impact on life of the descendant is reviewed (the overwhelming stress which has led to death). Using of manual muscle testing, a main tool of kinesiologist, in the genealogical correction allows to kinesiologist practitioner to determinate and to correct noneffective patrimonial settings.

Three In One Concepts Behavioral Barometer with the description of all types of emotion provides us with the most accurate information both about a negative and a desirable emotional condition of the ancestor and the descendant.

METHODS OF ART THERAPY IN THE SEARCH FOR RESOURCES IN FAMILY SCENARIOS

Nazgul Shildebayeva – psychologist, art therapist, consultant-rodologist, certified specialist in sophia-analysis, PPL full member, regional representative of PPL in Kazakhstan, Astana.

The presentation explains the author's program combining art therapy, rodologia and psychoanalysis. The method is based on holistic approach to personal development, which integrates various methods with a focus to personal development, raising awareness of own kin resources and activation of internal life project.

Panel:

SEXOLOGY AND AMUROLOGY

JULY 7th, 12.30-13.50, HALL «SHAGAL»

CHAIRS: Nikolay Kibrick (Moscow, Russia), Irina Panyukova (Moscow, Russia), Lev Sheglov (Saint-Petersburg, Russia)

Summary of the panel: Meeting of the section devoted to current issues of therapy and prevention of sexual dysfunction and disharmony. Consider the contemporary paradigm of sexual health, discusses a wide range of issues related to sexual longevity, marriage satisfaction, quality of life.

FEATURES OF PSYCHOTHERAPY NEUROTIC SUPPRESSION OF ORGASM IN WOMEN

Vladimir Domoratsky – M. D., Dr. Sci., Professor, chairman of Basic and clinical psychology dept., Belarusian State University, leader of the modality of «Ericksonian psychotherapy and ericksonian hypnosis» in PPL. Belarus, Minsk.

The report provides a comprehensive approach to psychotherapy treatment of secondary anorgasmia psychogenic genesis in women. Describes the main causes of neurotic suppression orgasm, targets for therapeutic interventions and methods of psychotherapy.

FORMING OF PLATONIC LIBIDO AS A PROGNOSIS FACTOR OF SEXUALITY DEVELOPMENT

Yuri Prokopenko – Moscow scientific-research institute of psychiatry worker.

PSYCHOTHERAPEUTIC ASSISTANCE DURING CHILD-BIRTH AND PREGNANCY

Alexandra Goldina – Chief of psychotherapeutic consulting room, doctor of the highest category, working in Branch N3 of Federal Public State Institute of 3 Central Military Clinic Hospital named after Vishnevskiy A. A Russian Federal, Full Member of Professional Psychotherapeutic League, Russia, Moscow.

This report reviews specific features of contact between psychotherapist and woman in childbirth, principles of apeutic assistance and childbirth. Definition is given to the notion «psychological birth of mother». Positions of psychotherapeutic work is discussed. Methods and technics of Psychotherapeutic assistance and their dependance on physiology pregnancy and child birth are considered. Psychotherapy of healthy future of mother and child are discussed.

STUDY OF THE EFFECT OF SCENARIO DRIVERS ON MALE SEXUALITY

Alena Kazantseva – psychologist in private practice, member of PPL. Russia, Moscow.

Male sexuality is influenced by many social and psychological factors. There are myths about male power, gender attitudes, legends about size, stereotypes and orientation on the permanent acknowledgment of sexual self-rating. Most of these factors are transmitted by parents with passing bans and regulations.

In our research we consider the features of the effect of parental programming on male sexuality in bounds of driving behavior.

TRANSFERENCE AND COUNTERTRANSFERENCE IN THE PRACTICE OF ART THERAPY

Gregor Nazloyan – M.D, psychiatrist. Russia, Moscow.

Traditional art therapy bypasses fundamental categories of transference and countertransference in the treatment of patients with neurological and psychiatric disorders, so the best location of these techniques are the psychiatric institution. The Institute of Mask Therapy developed and implemented therapies using dialogic relationship of teacher and student (training, art therapy, self-portrait), and also – the artist and the model (sculptural, pictorial, graphic portrait, body art-therapy). Transference and countertransference phenomena through multiple identifications and auto identify (archetype of the man and his mirror «I») are expressed throughout the treatment process, but particularly convincing – in its final phase.

THERAPY OF NEUROHUMORAL AND PSYCHIC PARTS OF COPULATION CYCLE ACCORDING TO VASILCHENKO

Igor Pavlov – M.D., Ph.D, assistant professor at the psychotherapy and sexology chair of the Russian Medical Academy of Postgraduate Education. Russia, Moscow.

LOVE IN THE MODERN PARADIGM OF SEXUAL HEALTH

Panyukova Irina – Associate Professor of psychotherapy and sexology RMAPO. Russia, Moscow.

The modern paradigm of sexual health includes the concepts of love and sexual function pairing. The ability to love is regarded as a universal human ability that can be developed in the course of therapy. The report discusses the therapeutic resources of love in the treatment of sexual disharmony and correction of psychosexual development. The message contains clinical and therapeutic examples.

Panel:

SOCIAL PSYCHOTHERAPY

JULY 5th, 16.30-17.50, HALL «SHAGAL»

CHAIRS: Alexander Yuriev (Saint-Petersburg, Russia)

Summary of the panel: The evolution logic of modern society requires a pragmatic assessment of the human capital of the countries and regions. In the era of global challenges like climate change, man-made disasters, overpopulation of the planet, mass migration, terrorism, extremism, the elimination of job and the collapse of the global labor market, the uncontrolled growth of individual human capabilities: economic and territorial freedom of access to information, practical development idea of human rights – in the absence of «safety», the social becomes unmanageable chaos, where the victim is a person himself. Earlier sound like wishful thinking, the concept of «ecology of relations» is a necessary condition of the existence. Social psychotherapy – it is an instrument of creation a self-organizing system of ecology of man, society and the government, an instrument that offers the «rules of survival» in the modern world. The panel will discuss the mechanisms of psychotherapy and psychological impact on the population, in order to counter the massive destructive behavior, as well as social epidemics such as extremism, terrorism, xenophobia, drug addiction, alcoholism, parasitism, game, computer and internet addiction, ethnic conflicts etc.

SOCIAL PSYCHOTHERAPY: BETWEEN GLOBALIZATION AND POST-GLOBALIZATION

Alexander Yuriev – professor, Ph.D., Sc.D., Chair of Russian Policy of Political science department of St.-Petersburg State University.

Social psychotherapy appeared as a reaction to the emergence of the masses of people in need of psychotherapy. Wars and crises have been always, but they left the fundamental constants of normal behavior, which were produced by Europe for centuries. Mentally people survived by these constants, and it is their reduced psychotherapists. But before the current generation of psychotherapists new problems that did not exist in biblical

times revealed: the man himself radically changed under the pressure of globalization, and what was right – becomes wrong. Not only psychotherapists noticed that. For example, a prominent film director, expert on human souls, removes his film from distribution because modern audiences laugh over what must have caused the tears of suffering. On the other hand, an outstanding scientist, Nobel laureate in economics, wrote that «the powerful ideology – based on the belief in free and unfettered markets has led the world to the brink of ruin.» In other words, globalization has completely exhausted itself, and is replaced by the post-globalization. Human behavior is based on the social norms of behavior, opposite to those accepted in psychotherapy. Therefore, the period between globalization and post-globalization marked, above all, the birth of the post-global person. Undoubtedly, his advancing research should throw all the forces of the modern social psychotherapy. The scheme of advanced research of post-global person is presented in the report.

INTERNET TECHNOLOGIES OF THE SOCIAL PSYCHOTHERAPY

Alexander Katkov – MD, professor, vice-president of PPL, psychotherapist of the European and world registration. Kazakhstan, Almaty.

In the report the main classes and specifics of the Internet technologies used in a metamodel of a social psychotherapy are surveyed. The special emphasis is placed on technologies of Internet consultation (the correspondence consultation), during that probably text veneering practically all most important components of a polymodal psychotherapy.

PECULIARITIES IN ECOLOGY OF A CONSCIOUSNESS WITHIN A BUSINESS-COMMUNITY

Eduard Savchenko – Director of “Egida” (Aegis) center for efficient psychology. Psychologist, participates in works for spaceflight related projects in the Institute for Bio-Medical Problems of Russian Academy of Sciences (IBMP RAS) since 2005. During 2007-2011 was working with Russian ISS crew members (expeditions 16-26) in a spaceflight psychophysiological experiment Pilot-M. In 2010-2011 was involved in data collecting for various experiments of the “Mars-500” long-term isolation project. Russia, Moscow.

Unfortunately, at present time the psychological wellness problem is little considered among Russian business society (high-ranked managers, directors, business owners). However, those in power have great influence on their employees, from a top-manager to a common worker. As a result, a good psychological climate in the organization, high level of motivation- all of them depends on the director’s psychological wellness. There is a number of peculiarities when working with this kind of auditory, such as:

A lack of trust to psychologists in general and the idea that if one comes to the aid of a psychologist, it is a weakness; high privacy requirements – as a result, an impossibility of group work, a private consultation is preferred; any notions of family issues are almost prohibited – to approach these problems, psychologist have to start with issues in business, uncovering to the client bit by bit, how can family issues affect efficiency in business; also one must always have in mind that heads of companies, owners of various businesses, live constantly under pressure, their stress level is extremely high. So it is vital to reduce the stress level using proper methods.

FEATURES OF APPLYING THE SYSTEM FAMILY PSYCHOTHERAPY WITH SUBSTITUTE FAMILIES

Tatiana Stravchinskaja – Educational Psychologist of the State educational institutions Preschool Children Children’s Art House «Olympus», member of the OPPL, a member of the international organization Council of International Fellowship. Russia, Saint-Petersburg.

Substitute family – the result of combining the base of the family and the child left without care in the whole (new psychological system). It is a special type of family system has its own patterns of formation and development. In general, the therapist is based on an analysis of a family of four aspects: structure, microdynamics, macrodynamics, ideology.

SOCIAL PSYCHOTHERAPY AND POLITICAL TECHNOLOGIES

Maria Konvalova – Ph.D., senior researcher, Laboratory of Political Consulting, Political Science Department, St.-Petersburg State University.

The report presents the concept of using political technologies for the purpose of social therapy. The concept proposed in the framework of the Government of St. Petersburg Program «Tolerance» and involves the introduction of the new forms of influence on the mass consciousness for Russian management practices.

ETHICAL ASPECTS OF HUMAN CAPITAL FORMATION

Inga Burikova – Ph.D., senior researcher, Laboratory of Political Consulting, Political Science Department, St.-Petersburg State University.

The term «human capital formation» raises questions among specialists – who, how and for what reason would form human capital and is it ethical. Issues more than fair. However, the spread of judgments that «human rights» have the priority, and person himself should exercise his choice of meanings, purposes and values without prompting from the outside, at least naive. We live in a period of chaos of information, meanings and values, where the majority of people lose their lives references, and with this problem they come to psychotherapists. The man – a self-organizing system. With the spread of information technology, the system starts to self-development process of the type «Brownian motion», devoid of direction. The only way to comprehend what is happening and set the vector of social development – is a «edition» of human behavior through its system of self: self-control, self-regulation, self-education and self-management.

PANEL:

SYMBOLDRAMA AND IMAGINATIVE BODY-ORIENTED PSYCHOTHERAPY

JULY 7th, 13.00-14.20, HALL «PEROV»

CHAIRS: Jakov Obukhov (Moscow, Russia – Zaporozhye, Ukraine), Ekaterina Rodina (Zaporozhye, Ukraine)

NEW TRENDS IN THE DEVELOPMENT OF SYMBOLDRAMA AND IMAGINATIVE BODY-ORIENTED PSYCHOTHERAPY

Jakov Obukhov

DEVELOPMENT OF SYMBOLDRAMA AND IMAGINATIVE BODY-ORIENTED PSYCHOTHERAPY IN UKRAINE: NEW PERSPECTIVES

Ekaterina Rodina

INFLUENCE OF SYMBOLDRAMA AND IMAGINATIVE BODY-ORIENTED PSYCHOTHERAPY ON REGULATORY MECHANISMS OF NERVOUS, ENDOCRINE AND IMMUNE SYSTEMS

Nikolay Klepikov

CODE OF ETHICS OF CPC KIP ORGANIZATION AND ETHICAL PRINCIPLES OF PROFESSIONAL ACTIVITIES OF PSYCHOLOGIST AND PSYCHOTHERAPIST

Alexander Zhukov

PROSPECTS FOR STUDY AND APPLICATION OF OPERATIONALIZED PSYCHODYNAMIC DIAGNOSTICS (OPD) IN SYMBOLDRAMA

Natalia Malaknova

USING SYMBOLDRAMA IN PSYCHOTHERAPY OF DISHARMONY WITHIN INTERPERSONAL RELATIONSHIPS IN MALE PATIENTS WITH A HOMOSEXUAL ORIENTATION

Alexander Malakhov

MYTHOLOGY ASSOCIATIVE MIND CARDS AS AN INSTRUMENT OF PSYCHOTHERAPY AND SELF-KNOWLEDGE EXPERIENCE. INTEGRATION INTO GUIDED AFFECTIVE IMAGERY PSYCHOTHERAPY

Irina Ageeva – psychotherapist, MOKPO training psychotherapist, OPPL active member, Herpes Center LLC, Moscow, Russia.

Mythotherapy – is a novel direction in depth imaginative psychotherapy, based on working with archetypes, which are personified in images of gods and goddesses of ancient Greece. Motives of mythotherapy are harmoniously entwined with psychotherapy using methods of Guided affective imagery, and recourse to mythology associative cards “Gods and Goddesses of Ancient Greece. New men,s and women,s psychology” not only broadens and enriches psychotherapeutic possibilities, but serves as a wide experience in self-knowledge of both client and psychotherapist

Panel:

SYSTEMIC-PHENOMENOLOGICAL THERAPY AND SYSTEMIC CONSTELLATIONS

JULY 6th, 14.30-18.50, HALL «SHAGAL»

CHAIRS: Mikhail Burnyashev (Moscow, Russia)

INTRODUCTION INTO CLIENT-CENTERED SYSTEMIC CONSTELLATIONS

Burnyashev Mikhail Gennadevich – Cand. Sc. Psychology, full member of the Russian Professional Psychotherapeutic League, psychotherapist of European

Register (EAP), leader of modality "Systemic phenomenological therapy and consulting". Systemic constellations, corresponding member of the International Academy of Psychological Sciences, Director of the Institute of Consulting and Systemic Solutions. Russia, Moscow.

The client-centered systemic constellations (CSR) is an authorial approach developed by a systemic therapist (systemic constellator) Mikhail Burnyashev. It is based on a new conceptualization and understanding of phenomena occurring with the clients and different social systems during systemic constellations and in real life. The approach is an extreme modification of classical family, systemic structural and other kinds of constellation work. It enlarges them by new methods, patterns and procedures for carrying out psychotherapeutic and constellation processes and parts with patterns and procedures of constellation work, which are ineffective or low-effective in respect of processes of change in clients' lives.

WORK WITH TRAUMA IN SYSTEMIC CONSTELLATIONS

Andreyeva Natalia Yuryevna – systemic therapist, certificates of Higher School of Psychology and Wiesloch Institute for Systemic Solutions (Germany): "Systemic therapy and counseling", "Organizational constellations", "Systemic phenomenological approach and family constellations", "Structural constellations".

We'll consider potentials of systemic constellations in various phases of work with trauma (stabilization, confrontation, integration) relying on trauma therapy conceptions. A client comes to the constellation with his/her pain hoping to get recourses in his/her family system. But recourses in a family system are often tightly bounded with trauma, so the client is in need of recourses to have a look at his/her family system. Special emphasis will be given to recourse work.

CONSTELLATIONS IN CASES OF SEVERE TRAUMA (SEXUAL VIOLENCE, INCEST...) COMING-IN MODEL

Spokoy'naya Natalia Vadimovna – director of the International Institute of Systemic Constellations (Berlin), full member of PPL, certified psychotherapist of EAP, certified trainer of the German Society of Systemic Constellations (DGfS), Germany, Berlin.

Possibility of application and especial effectiveness of constellation work for severely traumatized clients will be proved during the workshop; special model for coming-in in such constellations will be given. Work with inner personality parts such as Body, Emotions, Mind and Spirit allows a client to have a look at him/herself from the outside via metaphors and keep watch over traumatized parts and allows a therapist to pass unconscious resistance over and help to define a request for constellation, which bring the optimal resource for providing harmonious interaction between these parts and restoration of integrity. The model was developed on the basis of long-term theological, psychological and constellation experience.

"I FEEL GOOD HERE". SYSTEMIC FAMILY CONSTELLATIONS IN INDIVIDUAL SETTING.

Lapina Larisa Aleksandrovna – consulting psychologist, systemic family psychotherapist. Supervisor of ICSS practice groups. Certified facilitator in systemic family psychotherapy, organizational and structural constellations.

- Advantages and limitations of using constellations in individual setting
- Work with the family trance – from the pain of loneliness to the joy of meeting
- Imaginative approach in constellations. Open borders of family system image – the way to integrity
- Using figures for constellations – "I see all of you very well"
- Floor anchors – "I didn't know you feel it too"
- Three levels for interventions

WHERE AM I – IT'S A GOOD PLACE TO BE. CONCENTRATION AND PRESENCE AS THERAPEUTIC INSTRUMENTS IN CONSTELLATION WORK

Kononov Sergey Valentinovich

- Concentration. Concentration as focused perception. How life comes through concentration. Who is near the source of concentration? The short "path to itself".
- Kinds of concentration. Focused (selective) perception and unfocused (unselective) perception.
- Exercise: familiarization with unselective perception and possibilities, which it opens up for feeling of inner fullness.
- Representative perception as a property of consciousness

- Work with concentration in spiritual practices
- Work with concentration in constellations. Presence as a resource for changes.
- Demonstration: how presence and unselective perception have an effect on inner state

PARENTAL BLESSING

Mikhailova Aleksandra Petrovna – practicing psychologist, psychotherapist, systemic counselor in family constellations, full member of the Professional Psychotherapeutic League. Russia, Moscow.

WHAT HEALS IN SYSTEMIC CONSTELLATIONS

Yevseyeva Yana Stanislavovna – practicing psychologist, family therapist, certified supervisor, training therapist in systemic phenomenological therapy and systemic constellations, trans-regional trainer-supervisor of the Institute of Consulting and Systemic Solutions in systemic constellations, full member of OPPL. Russia, Novosibirsk.

The most important questions for me in constellation work are: what can help a client; which therapeutic interventions heal and which do not? What kind of relations I must build with a client to obtain the desired result? What kind of aid is appropriate? In the report firsthand therapeutic experience in constellation work will be described and questions over how to find a key to the particular client and to start processes of healing will be raised.

SYSTEMIC CONSTELLATIONS: PSYCHOTHERAPY OR PHILOSOPHY

Burnyashev Mikhail Gennadevich – Cand. Sc. Psychology, full member of the Russian Professional Psychotherapeutic League, psychotherapist of European Register (EAP), leader of modality "Systemic phenomenological therapy and consulting". Systemic constellations, corresponding member of the International Academy of Psychological Sciences, Director of the Institute of Consulting and Systemic Solutions. Russia, Moscow.

The report will be dedicated to the problem of differentiation of systemic constellations and the new family constellations of B. Hellinger. There will be described mechanisms acting in constellations from the perspective of therapists, clients and representatives. The processes in constellations, which lead to negative consequences for the clients, will be shown and methods to avoid them will be considered.

MODERN SYSTEMIC CONSTELLATIONS : MULTITUDE OF STYLES AND ONGOING CREATIVITY

Elena Veselago – Director of the Center for Contemporary Constellation Work (Moscow), member of International Systemic Constellations Association ISCA and International Forum for System Constellations in Organisations, scientific editor of the Russian magazine «Systemic constellations», author of numerous articles and a book «Contemporary Constellation Work : History, Philosophy, Technology». Russia, Moscow.

The method of systemic constellations, introduced by Bert Hellinger about 30 years ago, has since undergone major changes splitting into numerous trends and styles. Constellations are used in many spheres of human life, from psychotherapy to cinema making, from medicine to architecture, and even in crime investigation. So what are constellations : a strict method or a creative instrument? What is the essence of the constellations work? What are the limits of the method? What is the resource for healing and helping? How can resonance phenomena in the Field help clients to find answers to their demands?

METHOD OF SYSTEMIC CONSTELLATIONS INTO GROUP WORK (CASE STUDY OF COPYRIGHT WORKSHOP «LIFE STRATEGY. PERSONAL STORIES»)

Halina Shabailava – psychologist (private practice since 2001.), Teacher ICSS, a regional manager for system and organizational constellations. Member of Professional Psychotherapeutic League of Russia. Member of Belarusian Association of Psychotherapists. Belarus, Minsk

The method of systemic constellations adds the technique of verbalization into group work. Internal image exposed by client externally intensifies the personal experiences and facilitates the expression of the feelings. The client having solved the soul problems discovers the spiritual relationship with the events and the fate of a broad collective and spiritual spheres.

CONSTELLATION – MYTHOLOGICAL ASPECT

Belogorodskiy Lev – Psychotherapist of the World (WCP) and European (EAP) register. Full member of the European Association for Body Psychotherapy (EABP). The head of the modality Body-Oriented Psychotherapy of OPPL. Russia, Moscow.



Myths of the psychotherapist and the client. Diagnostics. Constructing the common myth.

Transformation of the client's myth. How to live further?

ATTACHMENT IN OTTO AND PHYLOGENESIS, FROM THE PROSPECTIVE OF SYSTEM-PHENOMENOLOGICAL APPROACH

Irina Ishchenko

Panel:

THEATER OF ARCHETYPES

JULY 6th, 16.00 – 18.50, HALL «SEROV»

CHAIRS: Irina Cheglova (Moscow, Russia), Evgeny Krasnoshteyn (Tel-Aviv, Israel)

Summary of the panel: The archetype theater, or archetypal analyser, is a polymodal methodology, used for short-term system psychotherapy and business consulting. It is also used in coaching, self-coaching and trainings. The methodology is based on three principles:

- An idea of Jacob Levi Moreno that personality is a set of roles. In order to solve a problem, one should have a capability to play the right role in given circumstances.
- An idea of Carl Gustav Jung that there are as many archetypes as typical working collisions. The main value here is effective socialization. According to this idea, there are the following archetypal roles: Prince/Princess, Warrior (male/female), King/Queen, Magician or Sage (male/female), Fool (male/female).
- Clinical psychotherapy that deals with inborn peculiarities of the body and character, which define behavioral patterns of the personality.

The archetype theater deals with functional psycho-diagnostics, conflict resolution, creation of to-be positive model by rebuilding the order in the system of archetypal (or bio-psycho-socio-spiritual) roles of a person on the edge of personal and collective psychological functioning. Coaching is being done in so-called "Houses of archetypes". The main goal of the methodology is to successfully socialize talented people with high emotional sensitiveness.

WORLD RETAIL LEADERS ON THE STAGE OF THE ARCHETYPE THEATER

Cheglor Vyacheslav Petrovich – PhD in Economy, professor in Entrepreneurship Academy, Moscow, Russia.

The speaker is presenting the results of analysis of strategic development of various companies, which are leaders in world and Russian retail industry, in terms of theoretical and methodological positions of the archetype theater. The report shows interdependencies in characters, dominant archetypes, roles models, priorities and values that are typical to companies' founders, their lives and business. The use of the archetype theater is explained for business consulting and business engineering.

PERCEPTION OF TIME FOR VARIOUS ROLES IN THE ARCHETYPE THEATER

Cheglova Irina Alekseevna – PhD in Medical studies, associate professor, vice president of the professional psychotherapeutic league, Moscow, Russia.

Within the frames of clients' trainings and educational programs, the speaker made a research to learn the perception of time of participants, who played various roles in the archetype theater. Studied showed regularities in perception of age for characters, speed of time flow, its discretion and continuity, and attitude to time. The results of the research indicate reasonability of using archetype theater model to improve individual time management systems, as well as have psycho-diagnostic meaning.

SOME REGULARITIES REVEALED BY ARCHETYPE THEATER METHODOLOGY

Ivanova Elena Mikhailovna – PhD in Psychology, associate professor of Art Therapy and Philosophical Anthropology department in the Institute of Psychology and Pedagogy, Moscow, Russia.

The report shows regularities in implications of archetype theater methods, found by the author, in requests for regulation and reorganization of lifestyle and system of basic values.

THE ARCHETYPE THEATER: TRANSFORMATION OF PSYCHOLOGICAL DEFENSE

Romanova Ilona Evgenievna – PhD in Philosophy, associate professor in the University for Humanities, psychotherapist with European registration, current member of the professional psychotherapeutic league, lead of "Psychodrama" module. Yekaterinburg, Russia.

Non-adaptive psychological defense is often an obstacle to therapeutic trainings and sometimes it takes a form of resistance. The archetype theater methodology uses a set of methodological techniques to "ecologically" bypass client's resistance. Symbolical level of work, temporary identification of a client with his archetypal image. Role play and other techniques allow to bypass hurtful feelings, quickly find an access to necessary resources and avoid repeating trauma.

THE ARCHETYPE THEATER AND MEDIATIVE COMPETENCE

Shalaeva Elena Vasilievna – psychotherapist, Center of Medical Psychology and Psychotherapy, current member of the professional psychotherapeutic league, member of International Association of Mediators, Moscow, Russia.

The archetype theater methodology is used to develop competencies of a mediator in the following aspects: shaping an individual style and professional skills for mediators, revelation and correction of value aspects in conflicts, resolved by mediation procedure.

THE ARCHETYPE THEATER AS A SUPERPOSITION OF EXISTENTIAL AND TRANSCENDENTAL INTENTIONS

Krasnoshteyn Evgeny Arkadievich – practicing psychologist, current member of the professional psychotherapeutic league, moderator of the community "Self-psychologists" (<http://ru-psiholog.livejournal.com>), Tel Aviv, Israel.

Role models in the archetype theater can be logically grouped by dominations of existential and transcendental motives. Thus the Warrior and the Prince have the propensity to existential component, while the Magician and the King – to transcendental one. The Fool integrates both components. This methodology teaches to unite existential and transcendental spheres to better use living resources for search and implementation of self-preordination. It also aims at solving transcendental problems with immediate and existential joy.

POSTURAL CHARACTERISTICS OF BASIC ROLES IN THE ARCHETYPE THEATER

Maksimova Elena Vladimirovna – lead of scientific methodological group of the Social Center "Development", current member of the professional psychotherapeutic league. Moscow, Russia.

King is integral, steady, stable, easily controls himself and the situation as a whole. Warrior is integral, steady, obedient, purposeful, but often tense, rigid both in his body and behavior; ready for obstacles to increase his tone and stability. Prince lives in the world of fantasies, and hence in "invented" body. Often he is not so stable and emotionally labile; he cannot insist or push. Magician has the most changing and complaisant body. Full has a relaxed posture, but he easily gets a grip on himself, if he needs to escape. He has ancient perception and intuition.

USING THE ARCHETYPE THEATER METHODOLOGY IN CRISIS OF POST-IMMIGRATION PERIOD

Perz Tatiana Gennadievna – psychologist, President of German-Russian community for Psychology and Cultural Exchanges (Deutsch-Russische Gesellschaft für Psychologie und Kulturaustausch, DRGPK), Trier, Germany.

The report shows examples of using the archetype theater methodology and its capabilities to solve typical internal and external conflicts, provoked by cultural or ethnical contradictions, generations conflict, appearing from different social and cultural upbringing, as well as personal peculiarities of women, who spend long time in immigration.

Significant meaning is given to the state of endocrine system and control of hormone status of patients, which is being done by corresponding specialists.

PSYCHOTHERAPEUTIC EFFECT OF RESOURCE POTENTIAL OF ROLES IN THE ARCHETYPE THEATER FOR CHILDREN WITH ANXIOUS DISORDER

Dyusmetova Rimma Vafievna – chief of department for social and psychological rehabilitation in the Federal State Budgetary Institution, Children's psycho-neurological health center "Lake Gorkoe". Kurgan region, Russia.

The author made a research on methodology effectiveness of the archetype theater to provide access to resource conditions of children with anxious disorder. In addition to initial expectations, the author managed to increase adaptability of children, and solve many psychological problems, which were underlying their anxious disorder.

In addition, the author summarizes results of the research made while working with children, affected by the explosion of the Chelyabinsk meteor.

ARCHETYPICAL METAMORPHOSIS IN BUSINESS

Titova Elena Vasilievna – PhD in *Pharmaceutics, practicing psychologist, business coach, consultant in «Alliance Healthcare Russia». Moscow, Russia.*

The author introduces a notion of “archetypal metamorphosis” in business as a demonstration of negative changes in role behavior between interlocutors, management and regular employees. Impact of archetypal metamorphosis is analyzed for activities of business functions in pharmaceuticals market. Measures that prevent archetypal metamorphosis, which destruct companies, are also examined.

THE ARCHETYPE THEATER. THERAPEUTIC WORK WITH TEENAGERS

Klibais Tatiana Vladimirovna – *psychologist, Psychological center «Homo Psychologicus», Kyiv, Ukraine.*

The author shows a case of correction for maladaptive but intellectually developed teenager, who obtrusively tried to amuse people around him.

THE ARCHETYPE THEATER IN ART PSYCHOLOGICAL STUDIO

Khashanskaya Maria Karlovna – *lecturer in the department of cultural studies in Saint-Petersburg Postgraduate Academy for Pedagogical Education, lead of art psychological studio “Art Laboratory” in the University “Silver age”, current member of the professional psychotherapeutic league. Saint-Petersburg, Russia.*

The art psychological studio is working with the archetype theater in two aspects. It is dealing with participants’ requests, by using additional art practices, which expand opportunities for psycho-diagnostics and psycho-correction. It is also leveraging the archetype theater for self-knowledge and artistic self-expression with metaphoric perception, active connection between individual meanings, resource channels of collective mentality and creation of unified resource field of a group.

THEATRE OF ARCHETYPES: ACTION WITH ART CINEMA

Vsevolod Krupetskov – *psychotherapist, addiction psychiatrist, sexologist, EAP & WCP valid member, PPL valid member. Moscow, Russian Federation.*

Modern psychotherapeutic consultation offers the possibility to use such kind of culture resource as an art cinema in a wide scale.

The art cinema practicing allows us to upgrade skills of emotion feels, analysis of reality situation and people behavior, self personal values analysis and patient correlations, plus reusing his role playing trialing and error actual models of patient behavior.

This job proceeds in authors’ short-term contracted non-medicated involving art cinema medical course, but art cinema could be used as independent method, or in other modalities with an other schedule of movies.

GODS AND GODDESSES ON STAGE IN THE THEATRE OF THE PSYCHE

Heward Wilkinson – *Doctor in Psychotherapy by Professional Studies, United Kingdom Council for Psychotherapy (UKCP) Registered Integrative Psychotherapist, UKCP Delegate to European Association for Psychotherapy. London, United Kingdom.*

This presentation will dramatise The Poetic Paradigm for Psychotherapy as developed in my book *The Muse as Therapist: a New Poetic Paradigm for Psychotherapy* by exploring how Archetypal and Primal Myth is enacted and enters into the drama and narrative of Psychotherapy Process, drawing also from its presence and appearance in the works of many poets, the plays of Shakespeare and the Greek Tragedians, the novels of Dostoevski, Tolstoy, and Dickens, and Homer and the Bible. The presentation will be as experiential as permitted by the setting.

Panel:

THEORY AND PRACTICE OF POLYMODAL RUSSIAN ART THERAPY IN THE CONTEXT OF GLOBALISATION

JULY 7th, 13.00-13.50, HALL «KANDINSKY»

CHAIRS: Alexander Kopytin (St.Petersburg, Russia), Alexey Lebedev (Volgograd, Russia)

Summary of the panel: The development of Russian art therapy takes place on the basis of integrating natural and human sciences perspectives, in the context of an active dialogue with those representing foreign art therapy schools. Russian specialists in art therapy rapidly explore various areas of its practical application, develop innovative forms of therapeutic-rehabilitative and preventive work based on creative activity of people representing different clinical and social groups. Sectional presentations embrace the wide spectrum of different models and areas of art therapy implementation

including children and adolescents and adults. Questions connected to theory and methodology of Russian art therapy, the study of its therapeutic efficacy, its instrumental and empirical means on the contemporary stage of its development are considered.

RUSSIAN ART THERAPY AND GLOBALISATION: UNIVERSALITY AND ORIGINALITY OF EXPERIENCE

Alexander Kopytin – *Doctor of Medicine, vice-president of the Section of Art and Psychiatry, World Psychiatric Association. Russia, Saint-Petersburg.*

The paper serves as a review of the development of art therapy in the second half of XX c. – beginning of XXI c. The impacts of actual social-cultural and economic conditions on art therapy professional community are discussed. Some tasks of Russian and foreign art therapy, areas of its practical application in the contemporary world, establishing its new theoretical models and more effective forms of its realization with regard to various clinical and social groups are considered.

THE EFFECTS OF GROUP ART THERAPY ON QUALITY OF LIFE OF WAR VETERANS

Alexey Lebedev – *psychiatrist/psychotherapist of the psychotherapy department, Hospital of War Veterans, врач-психотерапевт отделения психотерапии госпиталю ветеранов войн, Assistant, Department of General and Clinical Psychology, Volgograd State Medical University. Russia, Volgograd.*

The paper presents the findings of the study of therapeutic effects of group clinical systemic art therapy used with war veterans treated at the psychotherapy department, hospital of war veterans. The characteristic and theoretical foundations of the brief program of group interactive art therapy are expounded. Clinical and psychological specifics of the military, who have been taking part in campaigns in Russian Federation and abroad, are revealed. The main attention is given to how group art therapy impacts patients’ quality of life.

SYNTHESIS AGAINST CRISIS: THE USE OF ART-SYNTHESIS THERAPY IN CRISIS SITUATIONS OF DEVELOPMENT

Oleg Fyedorov – *director, “Hodynka” state exhibition hall of the Department of Culture, Government of Moscow, head of the university of the third age. Russia, Moscow.*

The paper presents the method and some effects of the use of integrative model of art therapy combining different expressive forms. The main emphasis is made of applying this model with adults, who experience various psychosocial difficulties related to age specific issues in the conditions of contemporary city. It will be shown, what a role as a factor of psychosocial support of such people cultural institutions where innovative health-promoting approaches are implemented in the recent years may play.

THE USE OF ART THERAPY WITH CHILDREN WITH SOMATIC DISORDERS

Svetlana Koszohina – *pedagogue of supplementary education, the leader of “The blue bird” art studio, “The center of children and youth” state establishment of supplementary education of children of Yaroslavl Region. Russia.*

The paper presents some results of the use of art therapy with children having somatic disorders treated at the endocrinology department of the Regional Children Clinical Hospital in Yaroslavl. One of the significant goals of art therapy was the correction of emotional and behavioral reactions to illness on the basis of the expressing and discussing internal image of illness and health. A complex of art therapy means helped children to render their feelings and ideas connected both to illness and emotional and physical well-being.

CONTEMPORARY PSYCHOANALYTICAL PERSPECTIVE ON THE STUDY OF ARTISTIC EXPRESSION AND CREATIVITY AND ITS SIGNIFICANCE FOR ART THERAPY PRACTICE

Ilya Kovalenko – *artist, the leader of “The black triangle” art atelier for children, “Vinzavod” Center of Contemporary Art. Russia, Moscow.*

The paper reviews both “classical” and contemporary psychoanalytical ideas of psychological mechanisms related to artistic expression. Psychological dynamics and intrapersonal factors of creative activity, its direction and impact on the person during spontaneous and therapeutically directed art expression are considered. The influence of artistic trends of modernity and post-modernity on creative activity of art therapy participants is discussed.

Panel:
**THERAPY BY CREATIVE MEANS OF SELF-EXPRESSION AND CHARACTEROLOGICAL CREATOLOGY
JULY 6th, 12.00-15.50, HALL «PEROV»**

CHAIRS: Mark Burno (Moscow, Russia)

Summary of the panel: The Section works not by means of Art-therapy, but by means of Therapy by means of Creative self-expression by M. Burno (TCSB) as it is noted in many publications, some encyclopedic dictionary included. The essence of TCSB is in medical help to the patients to become himself with the help of self-expression according to his naturally clinical soul peculiarities studying them as he can. His self-expression has his own Sense, inspiration, social use (profit). Characterological creatology (CC) is deeply connected with TCSB. That is psychotherapeutic help, also by means of Creative self-expression, to healthy people going from the natural peculiarities of their soul characters. It gives them an opportunity to find themselves, their creative way in the specialty already obtained. It can also be a natural and scientific approach of this kind in different investigation, for example, in economics, history, philosophy, art and so on.

INTRODUCTION TO ALGOANALYSIS: ALGOCHARACTERS AND SEMIOTICS OF PAIN

Mikhail Boyko – cultural anthropologist, semiologist. Moscow, Russia.

Algocharacters (from the Greek word means «pain») are very accentuated characters (on the frontier of psychopathy) that are identified by their relation towards the pain. Algoanalysis is a psychotherapeutic approach based on the semiotics of pain and existential psychology. The purpose of algoanalysis is the integration and social adaptation of persons with algocharacters, algoneuroses and algopsychopathy. Algoanalysis is close to the characterological creatology.

THERAPY BY MEANS OF CREATIVE SELF-EXPRESSION AND THERAPY OF EMPTY EFFORT

Anton Burno – M.D., docent of People's Friendship University of Russia, leader of PPL modality «Differential cognitive therapy». Russia, Moscow.

Svetlana Nekrasova – M.D., docent of People's Friendship University of Russia. Russia, Moscow.

The report focuses on the application of TCSE in combination with psychotherapeutic work for elimination of «empty effort». Empty effort means an aspiration to manage the process of thinking-feeling by means of willpower only. Speakers noted the phenomenological similarity of experiences of patients in the two approaches. The question of the intersection of the therapeutic intervention's mechanisms at the point «acceptance of oneself as is» is discussed.

SCHIZOPHRENIC DEFECT. TREATMENT AND REHABILITATION WITH THE USE OF PSYCHOTHERAPEUTIC METHOD TCSB IN THE DISTRICT PSYCHONEUROLOGICAL CLINIC

Kirill Gorelov – psychiatrist, psychotherapist Psychiatric Hospital № 13 filial branch № 3 of Moscow (previously – PND № 20 SEAD), Clinical characterology Lecturer of The Moscow State University of Psychology and Education, Scientific Secretary of the Section TCSB PPL. Russia, Moscow.

The report describes the experience of psychological care of patients whose condition is determined by the presence of schizophrenic defect. Analyses the features of psychotherapy, method of TCSB, the effectiveness of treatment, the possibility of psychosocial rehabilitation of this category persons depending on the degree of severity of the defect.

ABOUT TODAY'S REALISTIC PSYCHOTHERAPEUTIC THEATER-COMMUNITY

Inga Kalmykova – M.D., PhD in medicine, European certificate for psychotherapy holder, assistant at the chair of psychotherapy and sexology RMAPE, Ministry of Health.

Realistic psychotherapeutic theater-community is a part of Russian method «Therapy by creative means of self-expression by M. Burno» (TTSB). As the whole TTSB approach, this method significantly helps the variety of psychiatric, anxiously-depressed patients with defensive (psychasthenic, psychasthenic-like) disorders. Today, however, there are more and more endogenously-procedural patients – the ones, who have lovely souls, but are deeply dysfunctional; the ones who have a defect without the distinctive defensiveness in it, and this seriously interferes with the pattern, the spirit of the theater. And everything that remains us – is to induce these patients to feel more themselves by executing the art of

performing, and to become more lively, more encouraged with their own spirits because of that.

«NATIONAL MENTALITIES»: NEW INTERDISCIPLINARY ELECTRONIC PROJECT

Grigoriy Kanarsh – candidate of political sciences, senior researcher, Department of social philosophy, Institute of philosophy RAS, member of the Professional psychotherapeutic League. Moscow, Russia.

In the report tells about a new interdisciplinary electronic (internet) project of Russian scientists dedicated to the study of ethno-psychological features («national mentalities») in the context of modern trends of social development. The project is supported by grant of Russian humanitarian scientific Fund (RGNF, project №13-03-12003В) in 2013, and is developed on the basis of the Department of social philosophy, Institute of philosophy Russian Academy of Sciences, jointly with the Department of regional studies at the faculty of foreign languages and regional studies of the Moscow State University. One of the main methods used in the work on the project, is a method of the characterologic creatology.

ECONOMIC DEVELOPMENT, PEOPLE'S CHARACTERS AND CHARACTEROLOGICAL CREATOLOGY

Ksenia Mizherova – PhD, associate professor of Russian Economic University by G.V. Plekhanov, a psychologist, a member of the PPL. Russia, Moscow.

Economic theoretical concepts are opposed by realistic and practical economic approach, based on other natural characterological features (intrinsic inclination to natural-scientific worldview). Economic concepts may become depleted due to their impracticality, their inability to predict the economic «dead ends.» It has to do with the economic situation in our country.

PSYCHOTHERAPY IN THE WORK OF LOCAL PSYCHIATRIST

Guzel Mukhametzyanova – MD, psychiatrist, addiction psychiatrists, psychotherapists GBUZ RB «TUYMAZINSKY CRH.» Russia, Bashkortostan, Tuimazy.

Brief psychotherapy starts here from its clinical features (especially personal) and consists of various compositions (modules) suggestive, rational, activating impacts, elements of Therapy creative expression by Burno. In cases of schizophrenia it happens on the basis of a particular emotional psychotherapeutic contact with patients. All this significantly improves the quality of the spiritual life of patients compared with those patients who do not receive the specified psychotherapy accompanying medicamental treatment.

CREATIVE WORKING TRIP TO TULA REGION HOSPICE

Tatyana Orlova – M.D., Ph. D., oncologist of the highest qualification, now working in the polyclinic of the Moscow City Oncology Clinic #62, psychiatrist, psychotherapist. Russia, Moscow.

The Tula Region Hospice is located 230 km from Moscow. During the half year working term as a palliative oncologist in this local Hospice we found that the necessity in strong pain killing (analgetic) medical drugs for terminal cancer patients with IV stage of oncological disease is lower than usual. Different possible reasons are analysed: why hospice patients during the terminal stage of their life need less pain killing drugs. One of reasons may be connected with specific landscape features of the Hospice location.

EXPERIENCE OF APPLICATION PSYCHOTHERAPEUTIC METHOD TCSB IN WORKING WITH CHRONIC SCHIZOPHRENIA PATIENTS WITH THE EXPRESSED DEFECT

Alexander Pavlovsky – Clinical psychologist. The Moscow psychiatric hospitals № 3 them. V.A. Gilyarovskogo. Member of the Professional psychotherapeutic League. Moscow, Russia.

The report tells about the experience of rendering of the psychological care (method TCSB) mental patients with the expressed schizophrenic defect in the hospital. The principles for forming psychotherapeutic groups, the form of sessions, peculiarities of the therapeutic process, the results obtained.

THERAPY BY MEANS OF SELF-EXPRESSION BY M.E. BURNO (TMSEB) FOR TREATMENT OF ANXIOUS AND DEPRESSED CHILDREN AND ADOLESCENTS

Julia Pozdnyakova – artist, teacher and psychotherapist of the children's department of Psychiatric Institute. Russia, Moscow.

In the article psychotherapist tells about her original version of TMSEB for treatment children with chronic mental disorders.

MICROANALYSIS

Vadim Rudnev – doctor of sciences, Leading researcher Russian Institute for Culture Researches Ministry of Culture RF. Moscow, Russia.

In This paper the author suggests a conception of paradoxical psychoanalytical method as a scientific hypothesis. This method is framed on the fundamental psychoanalytical ideas, but it takes not 5 years, but only 25 seconds. It is being achieved by means of a new understanding of unconscious work. The author counters his own thesis to traditional symbolic conceptions of the unconscious (e.g., a well-known maxim by J.Lacan: "The Unconscious is structured as a language"). According to the author's thesis the unconscious is not a "store" of "bad" repressed constellations, but a thesaurus of positive implications. The Unconscious is out of semiotics. That's why it is incorrect to speak about "the language of unconscious". The author suggests the method of associative chains, which "run about" conscious much faster than in 25 seconds, i.e. instantly. The Unconscious knows everything before the conscious thinks about it. The ideas of this paper related with characterological creativity.

THERAPY BY MEAN OF CREATIVE SELF-EXPRESSION IN THE WORK WITH CHILDREN AND ADOLESCENTS INVOLVED IN THE USE OF PSYCHOACTIVE SUBSTANCES

Olga Sarajeva – Clinical Psychologist, Odintsovo narcological dispensary, a member of the PPL.

The report tells about the experience of use of methods of Therapy by means of creative self-expression in the work with children and teenagers who use psychoactive substances, therapy creative expression contribute to reducing the level of conflicts and aggression, the creation of a favorable climate in the Department and Home, formation of a healthy way, creative inspiration.

THERAPY BY MEANS OF CREATIVE SELF-EXPRESSION BY M. BURNO AND CHARACTEROLOGICAL CREATOLOGY FOR THE LAST TWO YEARS AND A HALF

Mark Burno – professor, Dr. med., Dr. Sc., department of Psychotherapy and Sexology of the Russian Medical Academy of Post Education (Moscow), Vice-President of the Russian Professional Psychotherapeutic League. Moscow, Russia.

This article is the continuation of the previous ones, already published articles of the same kind. Therapy by means of creative self-expression by M.Burno and Characterological creativity go on developing and are becoming more profound with the help of theses already defended as well

as some official textbooks and books and are taught in a number of higher educational establishments. Therapy by means of creative self-expression is included into new fields of psychotherapeutic help (for example into palliative oncology, into telephone help). Characterological creativity seriously participates in teaching students – psychologists, economists, etc.



PSYCHOTHERAPEUTIC REALISTIC THEATER-COMMUNITY CONCERT «SILVER SOUNDS OF SOUL»

JULY 6th, 17.15-18.30, HALL «LEVITAN»

ART DIRECTOR – INGA KALMYKOVA

CONSULTANT – MARK BURNO

Theatre-community (full name – Realistic clinical-psychotherapeutic theatre-community – RCPTC) in psychiatry is neither Psychodrama nor Drama therapy. It is a special part, a special form of the unique Russian method-school – Therapy by creative means of self-expression (TTS), founded by professor Mark E. Burno.

Our concerts are not something entertaining. This is treatment from scene. We all have psychological difficulties. We're learning about feelings according to our nature, learning our nature. We wrote it, taken photos of something we saw, set this play and played it. We're reading our texts aloud – it unites us emotionally. We're treating from our creativity, and perhaps, we'll transfer the healing effect of this creativity to our spectators somehow, we'll encourage them to medical inspiration...

An important feature of our concerts and performances, is that people with psychological difficulties can creatively express themselves, their feeling; they try to understand, to feel beauty and humanity of best, but perhaps difficult to understand, characteristics of their soul.

MASTER-CLASSES, WORKSHOPS AND PRESENTATIONS OF THE FIRST UNITED EURASIAN CONGRESS «PSYCHOTHERAPY WITHOUT BORDERS: PAST, PRESENT AND FUTURE»

Master-classes, workshops and presentations are part of the Congress programme. Congress participants can attend them along with the other events of the Congress.

SCHEDULE OF THE MASTER-CLASSES

July, 5 (Friday)		
Aivazovsky Hall	Brullov Hall	
15.30- 17.50 Working with marital conflicts, Luis Alberto Benitez Aquino	14.00-17.50 Psychotherapy Theater "Krugovert", Liubov P. Khokhlova	
July, 6 (Saturday)		
Aivazovsky Hall	Shishkin Hall	
10.00-12.40 Skills to strengthen the therapist-client relationship Elena Ceuca	11.30- 12.50 Professional polymodal supervision group Igor Lyakh, Alexander Zhukov	
13.00-15.40 Complex grief and trauma: helping clients to achieve their natural resilience, Albert Zandvoort	Brullov Hall	Levitan Hall
	13.00-15.40 Travel for adults Belokurova Marina, Belokurov Alexey	17.15 -18.30 Psychotherapeutic realistic theatre-community. Concert "Silver sounds of soul"
16.00–18.40 Workshop «Working with concrete symbols» Christa Bravidor, Heidi Krüger	16.00-18.40 Addiction and time-limited group therapies, Andrea Giannelli	
July, 7 (Sunday)		
Aivazovsky Hall	Brullov Hall	Polenov Hall
10.00-11.20 The theoretical and personal meaning of borders and normality in neurolinguistic psychotherapy, Peter Schütz	13.00-14.50 Bioenergetic analysis: a deep body-mind approach... Francisco García Esteban	10.00-12.50 Workshop "Chronic pain treatment" with the involvement of different psychotherapy schools Andrey Ermoshin
11.30 – 12.50 Deep sensitivity and tonic regulation, Elena Maximova		
13.00-15.40 Healing in psychotherapy and work with depression and crisis Dr. Hans Peter Weidinger, Gennady Brevde	15.00-16.20 Bioenergy analysis. Internal power sources: male and female origin in psyche and in energetics of the person Andrey Zakharevich	
16.00-18.40 Bioenergetic analysis: «the touching search for the deepest energetic self», Olaf Trapp	16.30-18.50 Psychotherapy of organizations: models and tools, opportunities and limits, Yurii Kravchenko	

MASTER-CLASSES OF THE CONGRESS

Master-classes in English with translation into Russian:

July, 5 15.30-17.50, Aivazovsky Hall

WORKING WITH MARITAL CONFLICTS

Luis Alberto Benitez Aquino (Belgium, Brussels) – *Scientific Director and International Trainer of Belgian School of Sophia-Analysis, founder (in collaboration with Antonio Mercurio) of the Institutes of Sophia-analysis in Geneva (Switzerland), in Paris (France) and in Brussels (Belgium) founder.*

Dr. Aquino will provide examples of his own analysis of the marital conflict, to individuals and couples who freely wish to try such experience, in which the awareness of the «common wound» as well as the «defensive-destructive» response become the engine of overcoming the conflict and of the alliance for a couple project oriented towards mutual redress and towards the exercise of creative love.

July, 6 10.00-12.40, Aivazovsky Hall

SKILLS TO STRENGTHEN THE THERAPIST – CLIENT RELATIONSHIP

Elena Ceuca – *senior psychotherapist, senior trainer in systemic family psychotherapy, Founding member of the Association for Family and Couple Therapy, accredited member of the Romanian national organization for psychologists, vice-president in the board of the Institute for Couple and Family, Chief editor, the journal of psychotherapy for professionals of the Institute for Couple and Family, International activity: work-shops in Toulouse (France), Brussels (Belgium), Bologna (Italy). Visiting Professor to the Universidad Union Peruana, Lima, Perou*

Possible audience: clinical practitioners (psychologists, psychiatrists, psychiatric nurses, psychotherapists, social workers)

The training seminar is about how to make your practice more effective and what to do to strengthen the therapist – client relationship. It provides detailed presentations of techniques and tools to nourish therapeutic alliance such as joining, therapeutical listening, empowerment, effective use of self etc.

July, 6 13.00-15.40, Aivazovsky Hall

COMPLEX GRIEF AND TRAUMA: HELPING CLIENTS ACCESS THEIR NATURAL RESILIENCE

Prof. Dr. Albert Zandvoort – *The Professional Psychology Practice, London – Partner, Witten School of Management, University of Witten Herdecke, Germany – Academic Director/Dean Ashridge Business School – Associate Professor. Full Member of: United Kingdom Council for Psychotherapy; American Psychotherapy Association; United Kingdom Psychological Trauma Society; European Society for Traumatic Stress Studies; International Society for Traumatic Stress Studies; American Counseling Association*

Any therapist who works with Trauma and Complex Grief. In this workshop, participants will work with their own and client material on aspects of complicated grief/loss and psychological trauma. We will explore the concept of resilience and discuss coping responses like humour, positive emotions and meaning making. In essence, grief/trauma is a unique experience for each individual and the workshop will explore how attachment theory and meaning making may inform the therapist's work in this respect.

July, 6 16.00-18.40, Aivazovsky Hall

WORKING WITH CONCRETE SYMBOLS

Christa Bravidor (Germany, Jena) – *Dr., Dipl.Psych., psychotherapist, member of DGPT.*

Heidi Krüger (Germany, Jena) – *Dr. phil., Dipl.Psych., psychotherapist, member of DGPT.*

When working in supervision it is often difficult to communicate preverbal moments. Concrete symbols can facilitate the access to feelings, conflicts and relationship experience that are nearly impossible to express. In our seminar each participant chooses symbols after intuition that fit the patient. Now begins the joint work on the material. There are references and a new perspective to the therapeutic process developed, identified areas of conflict.

July, 6 16.00-18.40, Brullov Hall

ADDICTION AND TIME-LIMITED GROUP THERAPIES

Andrea Giannelli (Milan, Italy) – *M.D.; Psychiatry Executive Physician; Mental Health Department Policlinico Hospital; Adjunct Professor University of Milan;*

Group Psychotherapist (COIRAG); Executive Committee Italian Association Psychotherapies' School (FIAP)

New forms of psychic suffering are becoming more and more common in our post-modern society. For this specific reason it's important to conceive new therapeutic responses. Narcissism and addiction are responsible for maladaptive behaviours like any kind of addiction behaviour.

Following OMS guidelines, in order to better understand what is common in different forms of dependency, therapists have formulated what is called the Addiction paradigm: emphasis is put on addiction psychic implications more than biological ones.

Thanks to time-limited group therapy, patients who suffer from addiction are enabled to find a psychic place which can hold their distress and can awake relational possibilities. This kind of support stirs up and aids the restarting of psychic functions, such as hope that change can be possible and real.

The GRF (Group for psychological functioning restoring), thanks to a specific therapeutic technique focused on peer-group work and latency of the conflict area (pre-objectual relationship), can be a nimble model used for addiction.

An important peculiar therapeutical factor of GRF is the pre-group assessment and the contract signed by patient and therapist. In this contract therapist must clear up the length of the therapy, indicate the focus themes and suggest the patients that the treatment will not be incetrated on their symptoms. By leaving in latency the area of generational conflict, therapist can reinforce the patients' fragile Self.

July, 7 10.00-11.20, Aivazovsky Hall

THE THEORETICAL AND PERSONAL MEANING OF BORDERS AND NORMALITY IN NEUROLINGUISTIC PSYCHOTHERAPY

Peter Schütz (Austria, Vienna) – *Magister, M.Sc. MBA, NLP trainer, licensed mediator & coach, health psychologist and teaching psychotherapist (group psychotherapy and NLPt), secretary general European Association for Neuro-Linguistic Psychotherapy, president Austrian Training Center for Neuro-Linguistic Programming and Neuro-Linguistic Psychotherapy. Member off EANLPt, EAP, EMDR-Association Austria, Austrian Training Center for Neuro-Linguistic Programming and Neuro-Linguistic Psychotherapy.*

The theoretical and personal meaning of borders and normality in neurolinguistic psychotherapy dealing with borders, transgression and healing of borders are our daily focus in NLPt. Unconscious "normalities & values" can influence our work quite surprisingly. With specialized exercises and some theory will provide participants with both input for the psychotherapeutic work and NLPt training.

July, 7 13.00-15.40, Aivazovsky Hall

HEALING IN PSYCHOTHERAPY AND WORK WITH DEPRESSIONS AND CRISES

Dr. Hans Peter Weidinger (Vienna, Austria) – *psychiatrist and psychotherapist (Gestalt), Certified European Psychotherapist, supervisor and coach, trainer and teacher for Gestalt-therapy (Institute Gestalt Vienna, Sigmund Freud University Vienna), transpersonal psychotherapy and holotropic breathwork, chairman of the Austrian Association for Transpersonal Psychology and Psychotherapy (ÖATP), giving workshops and seminars, holding lectures and publishing in the field of transpersonal psychotherapy, working in a private practice with adults and groups.*

Gennady Brevde – *PhD, psychologist, certified transpersonal psychotherapist, teacher, trainer and the Dean of East-European Faculty of the International Institute of Exploration of Consciousness and Psychotherapy (Freiburg, Germany), official trainer of PPL, member of the Boards of Russian and European Transpersonal Associations, member of Coordinating Council of Guild of Psychotherapy & Training, Corresponding Member of International Academy of Psychological Sciences and Baltic Pedagogical Academy.*

In humanistic and transpersonal approaches healing is a process of self-knowledge, self-awareness and moving towards „wholeness“. In the first part of workshop we shall discuss and experience these approaches and share our experiences. In second part we shall reason how these approaches could be applied to the work with depressions and personal crises, performing and then discussing experiential "etude", modeling depression with the help of bodywork.

July, 7 13.00-14.50, Brullov Hall

BIOENERGETIC ANALYSIS: A DEEP BODY-MIND APPROACH TO REDUCE SUFFERING AND PROMOTE EMOTIONAL AND PHYSICAL WELLBEING

Francisco García Esteban (Madrid, Spain) – *Clinical Psychologist. Therapist in Bioenergetic Analysis. Vice-President of the International Institute for Bioenergetic Analysis (IIBA), Vice-President of the European Federation for Bioenergetic Analysis-Psychotherapy (EFBA-P)*

The psychotherapeutic modality of Bioenergetic Analysis incorporates the body as a central player in dealing with psychological problems and in fostering a global state of wellbeing. It does that keeping in mind an analytical and relational perspective and integrating verbal and body work. It promotes the connection with the "vital energy" that drives our behavior in search of pleasure in all its forms, from bodily to spiritual. It analyses the difficulties associated with been fully alive and in touch with our feelings and drives, difficulties that can result in an inhibition of our aliveness.

The basic concepts and techniques of Bioenergetic Analysis will be presented in this workshop through a theoretical and mostly experiential way.

July, 7 16.00-18.40, Aivazovsky Hall

BIOENERGETIC ANALYSIS, "THE TOUCHING SEARCH FOR THE DEEPEST ENERGETIC SELF"

Olaf Trapp (Germany, Eschwege) – *Bioenergetic Analyst (CBT), President of the European Federation for B.A. (EFBA-P), NIBA board member, training analyst in Poland and Russia, certified TRE (Trauma Release Exercises) training with David Bercei, Massage therapist, authorized teacher for Jin Shin Do® Acupressure since 1994.*

In my understanding the deepest Self is an energetically core, which is deeply rooted in the human body. It contains the essence of the person and can function as a healing resource in psychotherapy. On my relational journey to the core of the client, I will meet disconnected parts of the self, which are enclosed in armored tissue, separated from the conscious (body-) mind. This disconnection can be the reason for energetic breakdowns, depressive crises, the feeling of being overwhelmed even after many years of psychotherapy. The underlying problem is often a matter of traumatic experiences very early in life, it needs to be understood, termed and explained first at a cognitive level. This experiential WS will enable to recombine with disconnected parts of the self. Within a safely established resonating space between therapist and client, a large selection of bodily interventions can be applied as an invitation for deeper layers of the Self, to be touched. After creating a safe group atmosphere, I will demonstrate this healing process by individual work with participants in front of the group.

Master-classes in Russian

July, 5 14.00-17.50, Brullov Hall

TRANSMODAL SUBJECT PSYCHOLOGY AND PSYCHOTHERAPY. The Psychotherapy Theater "Krugovert"

Liubov P. Khokhlova – *PhD., an associate professor and member of the Russia-wide Professional Psychotherapeutic League, a psychotherapist listed with the Unified Registry of Professional Psychotherapists in Europe, recipient of an honorary European certificate in counseling, member of the East European Art Therapy Association, member of the RPS, a member of the FRS*, Scientific Secretary of the Post-non-classical Division of the RPhS (spell out abbreviations) of the Russian Academy of Sciences, Chair of the Psychology and Psychotherapy post-non-classical Psychology and Psychotherapy Division of the RPS Russian Academy of Sciences*

Participants write stories based on holodynes of their problems. An author is randomly selected to narrate the short story, which we will break down into action stages and map on a blackboard or flipchart. The author selects actors based on auditions resonance is not a cognate; but I don't understand what she's talking about). Actors then choose costumes and make-up.

There are no scripts, directors and no rehearsals. There is no audience – only actors. Each participant plays himself; the scenes, dialogue and blocking are all improvised. The performance follows the implicitly created "play" from the depths of the unconscious. The spontaneity of themes, spontaneity of subject lines and spontaneity of participants' actions are actually subordinate to the purposeful creation of chaos, which has its own output stages for realizing the chief plot lines.

July, 6 11.30- 12.50, Shishkin Hall

PROFESSIONAL POLYMODAL SUPERVISION GROUP

Igor V. Lyakh (Novosibirsk, Russia) – *full member of PPL, member of PPL Central Council, EAP Certificate holder, PPL instructor (international level), chairman of PPL Supervision Committee, plenipotentiary supervisor of PPL, official representative of PPL Central Council in Western Siberia, Chairman of Novosibirsk regional division of PPL.*

Alexander S. Zhukov (Novosibirsk, Russia) – *full member of PPL, certified supervisor of PPL, EAP Certificate holder, PPL instructor (international level), associate professor of International Society for Catatimic Imagination Psychotherapy.*

The master-class will give a presentation of the polymodal supervision group model. The group deals with the professional difficulties of the participants. The aim is to raise the professional level of the participants.

The group is of the open type, with one leader and two circles of participants. Entry to any of the circles is determined by the specialist whose case is supervised and can be coordinated by the leader. The group closes as soon as the presentation of the case under supervision begins.

The work of the group is based on the following principles: keeping to the ethical principles of professional community; confidentiality; focusing on the inquiry of the specialist; awareness and sensibleness; responsibility.

July, 6 13.00-15.40, Brullov Hall

TRAVEL ADULT. (FOR EXAMPLE, PROGRAMS IN FRANCE, THE CZECH REPUBLIC, SPAIN AND SCOTLAND).

Belokurova Marina – *the psychotherapist of the Uniform European register, the transpersonal psychotherapist of the European register, the owner of the World certificate of the psychotherapist (The World Certificate of Psychotherapy)/ The founder and member of presidium ATTP. Member EAP and member of the Uniform European register of psychotherapists. The councillor of Professional Remedial community. The official teacher and supervisor practice of international class EAP/OPPL.*

Belokurov Alexey – *Certified specialist. Consultant, author and trainer program of the CTC»Hi-human Technologies». mytho dramatist. Author Programs «Body-art as an instrument of psychological work.» A certified practitioner Playback-Theater.*

Travel adult is a conscious journey that connects the psychology and the event. Journey in which we can feel the «genius loci» (Genius loci).

Travel – it's a way to get acquainted with those parts of himself that might remain unexplored for us to find a way to present yourself, perhaps unknown yet.

In the journey we gain experience in overcoming the experience going beyond the boundaries of their own ideas and restrictions outlined for us the limits of their own capabilities.

This journey begins not worry more about their own existence, and stay in the world with other people, the discovery that a step backwards to help another, is worth more than a hundred steps ahead.

July, 6 17.00 – 18.00, Levitan Hall

PSYCHOTHERAPEUTIC REALISTIC THEATER-COMMUNITY. CONCERT «SILVER SOUNDS OF SOUL»

Art Director – *Inga Kalmikova*

Consultant – *Mark Burno*

Theatre-community (full name – Realistic clinical-psychotherapeutic theatre-community – RCPTC) in psychiatry is neither Psychodrama nor Drama therapy. It is a special part, a special form of the unique Russian method-school – Therapy by creative means of self-expression (TTS), founded by professor Mark E. Burno.

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An important feature of our concerts and performances, is that people with psychological difficulties can creatively express themselves, their feeling; they try to understand, to feel beauty and humanity of best, but perhaps difficult to understand, characteristics of their soul.



July, 7 10.00-12.50, Polenov Hall

WORKSHOP "CHRONIC PAIN TREATMENT" WITH THE INVOLVMENT OF DIFFERENT PSYCHOTHERAPY SCHOLARSHIPS

Head: Andrey Ermoshin

Format: introduction, description of the main principles of work – 5 min.; demonstrating of the work with one of the seminar attendees – 20-25 min.

V. Domoratsky. Hypnosis by M.Erickson.

V. Zavyalov. Dianalyz

I. Cheglova. Archetypal Theatre.

M. Burnyashv. System Family Constellations.

A. Ermoshin. Psychocatalysis.

Discussion, summarizing.

July, 7 11.30-12.50, Aivazovsky Hall

DEEP SENSITIVITY AND TONIC REGULATION (LEVEL A, RUBROSPINAL TRACT LEVELS OF PALEOKINETIC REGULATIONS)

Maximova Elena Vladimirovna – Moscow, Russia

The level of tonic regulation (level A according to Nikolai Bernstein) is the foundation of construction not only of movements, but also of the human psyche. The workshop "Deep sensitivity and tonic regulation" gives the audience an insight into characteristics of level A functioning and shows possible ways of correction at this level.

July, 7 15.00-16.20, Brullov Hall

BIOENERGY ANALYSIS. INTERNAL POWER SOURCES: MALE AND FEMALE ORIGIN IN PSYCHE AND IN ENERGETICS OF THE PERSON

Andrey Zakharevich – PhD physics, PhD psychology, professor, psychotherapist of the world register, founder of the direction «Bioenergetic Psychology». Full member of PPL.

The master – class will be presented the own investigations of the author. It will be given the skills to master the principal practical basis of the bioenergy analysis, how to activate male and female psychoenergy structures. You can see that all human interactions have an erotic nature. It means that we show features or character of our sex in all our actions.

July, 7 16.30-18.50 Brullov Hall

PSYCHOTHERAPY OF ORGANIZATION: MODELS & TOOLS, OPPORTUNITIES & LIMITS. (10-YEARS EXPERIENCE OF UKRAINIAN SCHOOL OF COACHING AND PSYCHOTHERAPY IN ORGANIZATION)

Yurii Kravchenko (Kiev, Ukraine) – certified European Psychotherapist (ECP), MT-PP, Master-Trainer in Positive Psychotherapy (WAPP, Germany), M.Ed. Higher Education, Trainer (Institute Positive psychotherapy, Ukraine; project Medical Academy Danish-Ukraine), Founder International Institute of Coaching and Innovation Management (GB-Ukraine)

The master class will be presented to the 10-year achievements of the Ukrainian school of coaching and consulting in organizations, based on the method of positive cross-cultural psychotherapy (school of N.Peseshkian, H.Peseshkian, V.Karikash) method of transactional analysis (schools of S.Karpman, K.Stainer, J.Hay), as well as the partnership management.

Participants will become familiar with the basic principles of security and ethics of working with organizations (restrictions), as well as a 4-core technology and the appropriate tools that can be useful for work (if possible).

ENTERTAINMENT AND SOCIAL PROGRAM OF THE FIRST UNITED EURASIAN CONGRESS FOR PSYCHOTHERAPY

4–7 July 2013, Moscow

From the uniqueness of each individual country and city to the common mission of psychotherapeutic community.

Presenter: Inga Rummyantseva – Member of the Central Board of the Professional Psychotherapeutic League, spokesman of the CA PPL at the North-West Federal District

Prepared by colleagues from several cities and nations, the evening program of the Congress is going to be very interesting and intensive. The main goal of the social program is to gain and share knowledge and experiences, as well as to meet up with colleagues, friends and to make new acquaintances.

To achieve these goals, we invite you to visit our "Evening of acquaintance", "Psychotherapeutic ball", "Evening of nations" and "the Farewell evening of the Congress". Here you will have a possibility to give a feedback and share your ideas and emotions that you have gone through the Congress.

Our evenings are an opportunity for you to meet the colleagues, as well as to share your unique inner world with them.

JULY 4, FROM 19.00 TO 22.00 – EVENING OF ACQUAINTANCES (Venue: banquet hall «Trapeznaya» (2ND floor) in front of the restaurant «Mikhail Svetlov» at the hotel and convention center Izmailovo (Gamma-Delta building), address: Moscow, Izmailovskoye shosse 71. Build. 4-G-D)

For the participants of the congress: FREE ENTRY

Here you can introduce yourself and meet other participants of the congress. This event is a good opportunity to get acquainted with new cultures, professionals and personalities.

"This evening is about informal communication, the desire to learn more about other participants of the Congress and about having good time together."

JULY 5, FROM 18.00 TO 23.30 – PSYCHOTHERAPEUTIC BALL (Venue: restaurant «Mikhail Svetlov» (2ND floor) at the hotel and convention center Izmailovo (Gamma-Delta building), address: Moscow, Izmailovskoye shosse 71. Build. 4-G-D)

ENTRANCE WITH INVITATION TICKET ONLY!

Registration for participation before 5th of July ONLY!

Entrance costs: 1500 rub.

The dinner is not included in the price above and requires separate payment.

There are two dining options:

4000 rub. — full dinner (beverages, fruits, appetizers, main courses, desserts in assortment);

2000 rub. — light dinner (appetizers and beverages).

Program of the ball includes:

- Dancing program: performances and master classes
- Entertainment program (competitions, games and surprises)
- Election of King and Queen of the ball
- Costume contest
- Banquet

JULY 6, FROM 19.00 TO 22.00 – EVENING OF CLANNISHNESSES (Venue: banquet hall «Trapeznaya» (2ND floor) in front of the restaurant «Mikhail Svetlov» in hotel and convention center Izmailovo (Gamma-Delta building), address: Moscow, Izmailovskoye shosse 71. Build. 4-G-D)

For the participants of the congress: FREE ENTRY

Show us where are you coming from! Expressing your creativity by making a presentation is highly encouraged. This event is a good opportunity to meet new cultures, professionals and personalities and to have interesting time together.

JULY 7, FROM 19.00 TO 22.00 – FAREWELL EVENING (Venue: banquet hall «Trapeznaya» (2ND floor) in front of the restaurant «Mikhail Svetlov» in hotel and convention center Izmailovo (Gamma-Delta building), address: Moscow, Izmailovskoye shosse 71. Build. 4-G-D)

For the participants of the congress: FREE ENTRY

In program: the hymn of psychotherapy by PPL. This evening is about giving feedback, sharing experiences, contacts, wishes and having beautiful time together before leaving.

For any questions regarding the evening program of the Congress you can contact us by e-mail: oppl.spb@mail.ru, or by phone in Moscow: +7 (916) 613-91-90 (Tatiana Stravchinskaya)

Responsible organizer of the evening events - Member of the Central Board of the PPL Russia, spokesman of the North-West Federal District Inga V. Rummyantseva: ing900@yandex.ru, mob. +7 (911) 221-33-32

**The nightlife of our congress is as saturated as It's scientific program!
See you at the long-awaited big celebration of psychotherapy!**

UNITED EURASIAN DECADNIK FOR PSYCHOTHERAPY

Moscow

Part I: July, 2-4(pre-congress)

Hotel "Izmailovo"-Vega, Business-center (Moscow, Izmailovskoye Shosse, 71, B, Metro Station "Partizanskaya")

Decadnik is organized for specialists in psychotherapy from Russia, Europe, Asia and from other continents. Top-class trainers from various countries will participate in this event. The decadnik is going to be held in the form of training marathons, seminars, workshops, evening communications and discussions..

Schedule: Part I (pre-congress)

July, 2	Shishkin Hall	Aivazovsky Hall
10.00–12.30	Energy of sound – energy of life Valeria-Elena Kryaneva	09.00–21.00 Holotropic breathwork Ingo Benjamin Jahrsetz, Vladimir Maykov, Christiane Jahrsetz, Kristina Maikova, German Karelsky
13.00–15.30	Self-regulation NEXT ... Alexander Vasutin	
16.00–18.30	Me, my love and my sexuality Yuryi Vlasov	
July, 3	Shishkin Hall	Brullov Hall
10.00–12.30	Psychotherapy internet marketing Dmitry Shcherbakov	Emotional freedom techniques... Julia Busova
13.00–15.30	Bioenergy analysis. Breathing and physical activities... Andrey Zakharevich., Olga Garnova	Working with dreams and body symptoms... Irina Zingerman
16.00–18.30	Первичный импульс и опыт The first impulse and experiment Sense ... Oxana Ashcheulova	Process work with the Shadow Marina Belokurova, Alexey Belokurov
July, 4	Shishkin Hall	Aivazovsky Hall
10.00–11.15	Eastern version of psychosynthesis Sergey Kluchnikov	...The Sufi ritual of curing Sergey Strekalov
11.20–12.40		Breathing psychotechniques... Galina Shibaeva
13.00–15.30		Biotransenergetics ... Pier Luigi Lattuada
16.00–18.30	The features of constellation work ... Natalia Spokoynyi	Money in professional and private life... Victor Makarov
18.30–21.00		Working with resonance between feeling, desires and thoughts... Lan Pečjak

Program

HOLOTROPIC BREATHWORK

July, 2 09.00 – 21.00

Aivazovsky Hall, 1st floor

Language: Russian, English, translation into Russian

Dr. Ingo Benjamin Jahrsetz (Freiburg, Germany) – certified Holotropic Breathwork practitioner (Dr. Stanislav and Christina Grof), President of European Transpersonal Association. *Methods of work: Integrative Psychotherapy, Psychodrama, Systemic Constellation Therapy, Systemic solutions. Supervision, training courses in Germany, Europe, and the United States, lectures and scientific work. Initiator and honorary chairman of the Spiritual Emergence Network e.V. (SEN); Founder and director of the International Institute for Consciousness Exploration and Psychotherapy.*

Vladimir Maykov, Ph.D. (Moscow, Russia) – psychotherapist of European Register (EAP), Cand. Sc. Philosophy, Chair of Transpersonal Psychology at the Institute of Psychoanalysis (Moscow); member of European Transpersonal Association; certified holotropic breathwork practitioner; President of the Russian Association for Transpersonal Psychology and Psychotherapy; Board member of EUROTAS.

Christiane Jahrsetz (Freiburg, Germany) – certified Holotropic Breathwork practitioner, Gestalttherapist (IGW), Gestalt Body Process Psychotherapy (IGW).

Kristina Maikova – Cand. Sc. Psychology, certified Holotropic Breathwork practitioner, certified process work practitioner.

German Karelsky – psychologist, Cand. Sc. Philosophy; certified European Transpersonal Psychotherapist; certified Holotropic Breathwork trainer, Grof Transpersonal Training (GTT); Board member of Russian Transpersonal Association; full member of PPL; official PPL instructor, inter-regional level.

Cost: 3200 roubles (equivalent of 80 Euro), on condition of selective payment and attending pre and post congress trainings

ENERGY OF SOUND – ENERGY OF LIFE

July, 2 10.00 – 12.30

Shishkin Hall, 3rd floor

Language: Russian

Valeria-Elena Kryaneva (Moscow, Russia) – certified psychoanalyst (School of Psycho-Organic Analysis); certified trainer (International Standard for Techniques of Vocal Liberation); full member of PPL (Professional Psychotherapeutic League); member of Association for Psycho-Organic Analysis of Russia.

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

SELF-REGULATION NEXT OR 8 NEW METHODS OF THE BODY CONTROL

July, 2 13.00 – 15.30

Shishkin Hall, 3rd floor

Language: Russian

Alexander Vasutin (Moscow, Russia) – psychotherapist, medical center "Beltico"; full member and regional level couch of PPL; of professional psychotherapists, author of 36 books including the manual of psychosomatic psychotherapy "Psychosurgery or psychological techniques of the next generation".

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

ME, MY LOVE AND MY SEXUALITY

July, 2 16.00 – 18.30

Shishkin Hall, 3rd floor

Language: Russian

Yuryi Vlasov (Moscow, Russia) – psychologist, psychotherapist, certified dance therapist, certified tanatotherapist.

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

EMOTIONAL FREEDOM TECHNIQUES (EFT): SIMPLE - FAST - EFFECTIVE

July, 3 10.00 – 12.30

Brullov Hall, 3rd floor

Language: Russian

Juliya Busova (Moscow, Russia) – psychologist of the highest category, official lecturer of the Professional Psychotherapeutic League of the Interregional level, chairperson of the Moscow PPL branch, certified practitioner and lecturer of EFT (Emotional Freedom Techniques) - international certificate, head of the Moscow Club of EFT experts.

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

PSYCHOTHERAPY INTERNET MARKETING

July, 3 10.00 – 12.30

Shishkin Hall, 3rd floor

Language: Russian

Dmitry Shcherbakov – psychotherapist, coach and consultant, business coach, head of «Psychotherapy as a business» Professional psychotherapeutic club; Full member of PPL; Winner of the «Brand of the Year» for 1999.

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings



WORKING WITH DREAMS AND BODY SYMPTOMS: TRANSPERSONAL AND PROCESS-ORIENTED APPROACH

July, 3 13.00 – 15.30

Brullov Hall, 3rd floor

Language: Russian, translation into English

Irina Zingerman (Moscow, Russia) – *Cand. Sc. Psychology, founder and council member of the Professional Process Work Community in Russia, certified specialist of Process Work Center of Portland, certified Eurotas transpersonal psychotherapist, Board member of the Association for Transpersonal Psychology and Psychotherapy, Assistant Professor at the Chair of Transpersonal Psychology, Institute of Psychoanalysis.*

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

MASTER-CLASS: BIOENERGY ANALYSIS. BREATHING AND PHYSICAL ACTIVITIES AS THE WAYS OF CHANGING ENERGY-INFORMATION PROCESSES IN PSYCHE AND ENERGETICS OF THE PERSON

July, 3 13.00 – 15.30

Shishkin Hall, 3rd floor

Language: Russian

Andrey Zakharevich (St. Petersburg, Russia) – *Cand. Sc. Physics, Doctor Sc. Psychology, professor, psychotherapist of the world register, founder of the direction «Bioenergetic Psychology». Full member of PPL.*

Olga Garnova (Russia) – *personal business consultant, practical psychologist (bioenergetic psychology), certified coach-consultant in bioenergetic psychotechnologies of breathing, expert in body-oriented therapy, full member of PPL.*

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

FIRST IMPULSE AND EXPERIMENT SENSE. PSYCHOORGANIC ANALYSIS

July, 3 16.00 – 18.30

Shishkin Hall, 3rd floor

Language: Russian

Oxana Ashcheulova (Moscow, Russia) – *full member of PPL, psychotherapist of the European Register (EAP) and World Register; leader of Psychoorganic Analysis in Russia; PPL supervisor and lecturer, international level; national delegate in EAPOA and BOARD from Russia.*

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

PROCESS WORK WITH THE SHADOW

July, 3 16.00 – 18.30

Brullov Hall, 3rd floor

Language: Russian

Marina Belokurova (Moscow, Russia) – *transpersonal psychotherapist of the European register (EAP), World certificate holder; speaker of TEDMED Russia live 2013; founder and member of presidium ATP; Councilor of Professional Remedial Community; official teacher and supervisor of international class EAP/OPPL; leader of training programs on the corporally-focused therapy and the transpersonal psychology, (The European Certificate of Psychotherapy and EUROTAS); author and founder of a direction of the body-oriented insight-therapy – synthesis of body-oriented therapy and thepersonal analysis.*

Alexey Belokurov (Moscow, Russia) – *certified specialist in process work; consultant, author and trainer of the program CTC «Hi-human Technologies»; mythodramatist; author of the program “Body-art as an instrument of psychological work”; certified Playback-Theater practitioner.*

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

PSYCHOTHERAPY AS SPIRITUAL PRACTICE: THE SUFI RITUAL OF CURING

July, 4 10.00 – 11.15

Aivazovsky Hall, 1st floor

Language: Russian, translation into English

Sergey Strekalov (Moscow, Russia) – *Doctor Sc. Psychology, professor, corresponding member of the International Academy of Psychological Sciences (MAPN), full member of PPL u ATT, certified European transpersonal psychotherapist (EUROTAS), expert in the field of integrative psycho-techniques, altered states of consciousness and Psychology of Selves (method Voice Dialogue, H. Stone and S. Stone).*

Cost: 600 roubles (equivalent of 15 Euro), on condition of selective payment and attending pre and post congress trainings

BREATHING PSYCHOLOGICAL TECHNIQUES IN WORKING WITH A PERSON'S RESOURCES

July, 4 11.20 – 12.40

Aivazovsky Hall, 1st floor

Language: Russian, translation into English

Galina Shibaeva (Moscow, Russia) – *psychologist, Cand. Sc. Psychology, certified rebirthing practitioner.*

Cost: 600 roubles (equivalent of 15 Euro), on condition of selective payment and attending pre and post congress trainings

BIOTRANSENERGETICS: TRANSE, FORCES OF NATURE AND STATES OF MIND

July, 4 13.00 – 15.30

Aivazovsky Hall, 1st floor

Language: Italian, translation into Russian

Pier Luigi Lattuada (Milan, Italy) – *Medical Doctor, Ph.D in Clinical Psychology, Certified European Transpersonal Psychotherapist; EAP member; President: Transpersonal Medicine and Psychotherapy Association, Milan; Founder: Biotransenergetics; Director of Transpersonal Psychotherapy School, Milan (accredited by Ministry of Education, University and Research since 2002). Director of Transpersonal Counseling Training, Milan; Board member of Italian Psychotherapy Associations Federation; Member of Story of Sanitary Art Accademy, Rome; Past Medical director of Lifegate Holistic Medicine of Milan; Scientific Director of Integral Transpersonal Journal*

Cost: 2000 roubles (equivalent of 50 Euro), on condition of selective payment and attending pre and post congress trainings

MONEY IN PROFESSIONAL AND PRIVATE LIFE. ENCHANTMENT AND REVENGE OF MONEY.

July, 4 16.00 – 18.30

Aivazovsky Hall, 1st floor

Language: Russian

Victor Makarov (Moscow, Russia) – *Doctor Sc. Medicine, professor; President of All-Russian Professional Psychotherapeutic League (OPPL), Psychotherapist of European (EAP) and World register, Chair of Psychotherapy and Sexology, Russian Medical Academy of Postgraduate Education (Moscow, Russia).*

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

RESONANCE BETWEEN FEELING, WANTING AND THINKING, OR HOW TO RECONNECT INNER IMPULSE OF WHAT I FEEL, WHAT I WANT AND HOW TO MANAGE THAT

July, 4 18.30 – 21.00

Aivazovsky Hall, 1st floor

Language: English, translation into Russian

Lan Pečjak (Lyublyana, Slovenia) – *psychodynamic psychotherapist, supervisor (ECP, ECPP), Psychotherapist of European (EAP) and World register, Board member of European Confederation for Psychoanalytic Psychotherapy (ECPPL).*

Cost: 2000 roubles (equivalent of 50 Euro), on condition of selective payment and attending pre and post congress trainings

EASTERN VERSION OF PSYCHOSYNTHESIS AND POSSIBILITY OF ITS USE IN PSYCHOTHERAPY, PSYCHOLOGICAL COUNSELING, IN WORKING WITH FAMILIES, IN BUSINESS CONSULTING, TRAINING AND SPORT

July, 4 10.00 – 15.30

Shishkin Hall, 3rd floor

Language: Russian

Sergey Kluchnikov (Moscow, Russia) – *psychologist, coach, business coach; specialist in the field of personal development and positive changes; Cand. Sc. Philosophy, academician of Russian Academy for Natural Sciences; member of Writers' Union of Russia; Director of Psychology and Training Department of Charity Fund «Sails of Hope», which has consultative status with the UN; full member of PPL; author of the integral system of noetic self-development, author of the eastern version of psycho-synthesis.*

Cost: 2000 roubles (equivalent of 50 Euro), on condition of selective payment and attending pre and post congress trainings

FEATURES OF CONSTELLATION WORK IN SITUATIONS OF SERIOUS TRAUMAS

July, 4 16.00 – 18.30
Shishkin Hall, 3rd floor

Language: Russian

Natalia Spokoinyi (Germany, Berlin) – Director of International Institute for Systemic Constellation; certified DgFS trainer, Berlin; exegesis teacher of the Old and the New Testament, full member of PPL, certified psychotherapist of EAP, certified systematic sexual family therapist (Institute for Sexual Therapy, Heidelberg, Germany); experience of working with traumas using M. Murrey's Method.

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

Participation costs: Part I of Decadnik (July, 2-4)

before May, 15 – 4000 roubles (equivalent of 100 Euro) for 3 days
before June, 1 – 6000 roubles (equivalent of 150 Euro) for 3 days
before June, 15 – 8000 roubles (equivalent of 200 Euro) for 3 days
after June, 15 – 10000 roubles (equivalent of 250 Euro) for 3 days
Discounts for PPL members: Observant members – 5%, Consultative members – 10%, Full members – 15%. Full-time students – 15%
Selective participation is possible. **Costs** of single trainings are given in the training descriptions. Discounts are not given in case of selective participation.

For participation and costs, please contact the organizers:
Manager for PPL Russia Olga Prikhodchenko +7(915)129-87-50,
decadnik@mail.ru
(distant coordinator)

Responsible person: PPL training manager Anna Neroda
mosgipnoz@gmail.com, +7 (903) 582-49-42
(on-site coordinator)

Part II: July, 8-10 (post-congress)

Hotel "Izmailovo"-Vega, Business-center (Moscow, Izmailovskoye Shosse, 71, B, Metro Station "Partizanskaya")

Decadnik is organized for specialists in psychotherapy from Russia, Europe, Asia and from other continents. Top-class trainers from various countries will participate in this event. The decadnik is going to be held in the form of training marathons, seminars, workshops, evening communications and discussions.

Schedule: Part II (post-congress)

July, 8	Aivazovsky Hall	Brullov Hall	Shishkin Hall
10.00–12.30	Psychotherapy of self-sufficient units of consciousness...	Processmind, Dao and Quantum physics	Mediation for love Elena V. Shalaeva
13.00–18.30	Sergey V. Kovalev	Max and Ellen Schupbach	Emotion-image therapy Nikolai D. Linde
July, 9	Serov Hall	Brullov Hall	
10.00–15.30	Introduction to client-centered constellations Mikhail G. Burnyashev	Psychoanalysis and reality ... Leonid Broude	
16.00–18.30	Man and Woman of the 21st century Anzhela A. Akhmadulina		
July, 10	Brullov Hall		
10.00–12.30	Process-oriented psychology... Ludmila N. Serbina		
13.00–18.30	Cognitive work with initial conflicts and self-destructive emotions Anton M. Burno		

Program

PROCESSMIND, DAO AND QUANTUM PHYSICS

July, 8 10.00 – 18.30
Brullov Hall, 3rd floor

Language: English, translation into Russian

Max Schupbach – PhD, Dip.PW, CPF, specialist in world problems, facilitator; president of the Deep Democracy Institute; leader of the consulting group «Maxfx» working on 4 continents. He coaches leaders across industries, governments and spiritual communities and consults a wide variety of organizations worldwide. He is together with Arnold and Amy Mindell a co-founder of the Process Work and Deep Democracy movement and co-founded most of its international institutes and training programs.

Ellen Schupbach – PhD, Dip.PW, executive director of the Deep Democracy Institute.

Cost: 3200 roubles (equivalent of 80 Euro), on condition of selective payment and attending pre and post congress trainings

Processwork is at the Crossroad of Western Science and Eastern Philosophy. Arnold Mindell's Processwork is a paradigm that grew over the last 30 years, and incorporates elements of Jungian psychology, Buddhism and Taoism and Modern Physics. Starting with focusing on working with individuals, it expanded to relationships, groups and organizations and the world at large. Recent development introduced Processmind, a universal system mind approach, which can be seen and felt by all of us. This workshop shows how Processmind can be used to work on your personal issues, including physical health, how it can be useful to enrich and facilitate relationships, and how it can deepen and enhance community experiences in teams and organizations. There will be theoretical introductions and personal demonstrations and in addition, all participants will have a chance to work in small groups and experience the power of the Processmind themselves.

PSYCHOTHERAPY OF SELF-SUFFICIENT UNITS OF CONSCIOUSNESS: SYSTEM PARADIGM

July, 8 10.00 – 18.30

Aivazovsky Hall, 1st floor

Language: Russian

Sergey Kovalev (Moscow, Russia) – psychologist, psychotherapist, management consultant, political consultant. Doctorate in Psychology, Ph.D., professor. Director General, Institute of Innovative Psychotechnologies; Research Supervisor of the Center for Practical Psychotherapy. Full member of PPL, instructor and supervisor (international level); psychotherapist enrolled in World and European registers; Convenor of the 'Neurolinguistic Psychotherapy and Eastern Version of NLP (EVN)' symposium; author of textbooks and popular science books.

Cost: 3200 roubles (equivalent of 80 Euro), on condition of selective payment and attending pre and post congress trainings

The training is for psychotherapists, psychologists, coaches, doctors and everyone, who is interested.

At the training will be considered the phenomenon of the level (the First I, ego-states, identities, parts, sub-parts, infiltrates organization of the Self-sufficient Units of the Consciousness as hierarchically organized programmed complexes of the human psyche and also the main approach and psychotechnologies of working with them.

Introductory metaphor - History and theory of the SUC - subject, object and purpose of the training - Structure of mastering of work with SUC: a meta-goal, principles, present state -desired state, rapport, techniques, preferences and skills - SUC and Social Panoramas - Diagnostics of SUC - Rapport and change orientation - Basic algorithm of work - Transformation SUC - Creation of new SUC - Elimination of the main conflicts between SUC (For - Against, Good - Bad, Persona - Shadow; Past - Future) - Return of the lost SUC.

MEDIATION FOR LOVE

July, 8 10.00 – 12.30

Shishkin Hall, 3rd floor

Language: Russian

Elena Shalaeva (Moscow, Russia) – psychotherapist, mediator, postgraduate of Department of Psychotherapy and Sexology in RMAPO University, PPL full member, the official teacher of inter-regional level, member of the International Association of Mediators; psychotherapist enrolled in European register (EAP)

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

The training is addressed to those who have complicated conflict relationship with themselves, with the partner or in a group and who are trying to understand themselves and the partner and base their life on harmonized decisions.

At the core of the training there are mediation communication techniques, which are the product of cultural development of mankind.

People who love each other often find it difficult to build up a relationship; and then harmony in their communication becomes disturbed.

An important component is the lack of understanding of the intimate needs of partner. As a result of the experience gained during the training there is a possibility of more profound and joyful contact with a partner.

MASTER-CLASS IN EMOTION-IMAGE THERAPY

July, 8 13.00 – 18.30

Shishkin Hall, 3rd floor

Language: Russian

Nikolai D. Linde (Moscow, Russia) – *candidate of sci. In Psychology, associate professor of Moscow Humanitarian University and University of Psychoanalysis; full member of PPL, действительный член ППЛ, leader of Emotion-image therapy modality, in 2011 awarded special status in PPL for the outstanding contribution to the development of psychotherapy; author of more than 60 publications.*

Cost: 2000 roubles (equivalent of 50 Euro), on condition of selective payment and attending pre and post congress trainings

The training is for psychologists, psychotherapists and students of psychology. The training includes: 1) Introduction: the history of emotion-image therapy, basic theoretical principles; 2) Body image analysis; 3) Practice.

PSYCHOANALYSIS AND REALITY (INFLUENCE OF PHILOSOPHY, POLITICS, ECONOMICS AND CULTURE ON PSYCHOTHERAPY)

July, 9 10.00 – 18.30

Brullov Hall, 3rd floor

Language: Russian

Leonid Broude (Israel) – *MD, psychotherapist, Certified forensic psychiatrist, Curator of the psychiatric service of Northern Areas of Israel (Clalit health services), a Board Member and National Representative (Israel) of the European Confederation of Psychoanalytic Psychotherapies; representative of ECPP in Israel, full member of PPL; author of many publications, specializes in integrative psychotherapy of borderline disorders; Russian-speaking trainer.*

Cost: 3200 roubles (equivalent of 80 Euro), on condition of selective payment and attending pre and post congress trainings

The training is addressed to psychotherapists who have an idea of different schools and methods of psychotherapy.

The participants will get ECPP Certificates (European Confederation of Psychoanalytic Psychotherapies).

There are a lot of factors, either unconscious or suppressed, that pre-condition the psychotherapist's style and his/ her choice of methods and aims of treatment as well as the success of psychotherapeutic interaction. The seminar aims at leading to the understanding of the "hidden" factors pre-conditioning the process of therapy – both the approach (theoretical and practical) and the patient's expectations and reactions.

INTRODUCTION TO CLIENT-CENTERED CONSTELLATIONS

July, 9 10.00 – 15.30

Serov Hall, 3rd floor

Language: Russian

Mikhail G. Burnyashv (Russia) – *Cand. Sc. Psychology, full member of the Russian Professional Psychotherapeutic League, psychotherapist of European Register (EAP), leader of modality "Systemic phenomenological therapy and consulting". Systemic constellations, corresponding member of the International Academy of Psychological Sciences, Director of the Institute of Consulting and Systemic Solutions.*

Cost: 2000 roubles (equivalent of 50 Euro), on condition of selective payment and attending pre and post congress trainings

The client-centered systemic constellations (CSR) is an authorial approach developed by a systemic therapist (systemic constellator) Mikhail Burnyashv. It is based on a new conceptualization and understanding of phenomena occurring with the clients and different social systems during systemic constellations and in real life. The approach is an extreme modification of classical family, systemic structural and other kinds of constellation work. It enlarges them by new methods, patterns and procedures for carrying out psychotherapeutic and constellation processes and parts with patterns and procedures of constellation work, which are ineffective or low-effective in respect of processes of change in clients' lives.

MAN AND WOMAN OF THE 21ST CENTURY

July, 9 16.00 – 18.30

Serov Hall, 3rd floor

Language: Russian

Angela A. Ahmadullina (Kazan, Russia) – *psychologist, Cand. Sc. Psychology, full member of the Russian Professional Psychotherapeutic League, psychotherapist of European Register (EAP), head of PPL regional branch in Kazan.*

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

The training is addressed to practitioners, consultants on relationships, and all women.

In this master class you will learn the step by step model of the interaction of male and female, which can be used in counseling for the diagnosis of male and female qualities in a person and for the diagnosis of relations.

In today's world, things are changing. Have things changed in the sphere of relations between men and women? What is the relevant image of a modern woman for the time being? If things change, what remains the same? Is the choice of life strategy always in harmony with the woman's essence? There are many troubling issues, but we do not always find the answers. Practical part for women is provided.

PROCESS-ORIENTED PSYCHOLOGY. VECTOR WORK. GEO-PSYCHOLOGY.

July, 10 10.00 – 12.30

Brullov Hall, 3rd floor

Language: Russian

Ludmila N. Serbina (Moscow, Russia) – *Cand. Sc. Psychology, psychotherapist of European Register (EAP), International Certificate in Process work; founder and Board member of Professional Process work Society, leader of modality "Process-oriented psychology and psychotherapy" in PPL, instructor and supervisor of PPL, lecturer of the Institute of Integrative Psychology for Professional Development.*

Cost: 1200 roubles (equivalent of 30 Euro), on condition of selective payment and attending pre and post congress trainings

Have you ever asked yourself these questions: What unexplainable forces drive us and our lives? What makes us choose one direction today and another one the following day?

Process-oriented approach gives answers to these questions showing that our psychology is not only determined by our feelings and inner states, but also connected with the nature of space, that our bodies are connected with our planet – the Earth. The vector method teaches you to experience and understand our innate ability to find the direction.

The seminar offers vector approach to understanding where we go, to understanding the nature of our temporary personal or collective directions. Theory and exercises are provided.

COGNITIVE WORK WITH INTERNAL CONFLICTS AND SELF-DESTRUCTIVE EMOTIONS (ANXIETY, DEPRESSION, ANGER, GUILT)

July, 10 13.00 – 18.30

Brullov Hall, 3rd floor

Language: Russian

Anton M. Burno (Moscow, Russia) – *Psychiatrist-Psychotherapist, MD, Docent of Department of Psychiatry, Psychotherapy and Psychosomatic Pathology PFUR, Leader of PPL modality «Differential cognitive therapy», the interregional teacher PPL.*

Cost: 2000 roubles (equivalent of 50 Euro), on condition of selective payment and attending pre and post congress trainings

The training is for psychotherapists, psychologists and all people who want to improve the quality of life.

The training is devoted to the author's method «Technique of opportunities inversion». Therapeutic targets of this approach - «subjective excessive emotional reactions» are studied. A specific cognitive content of these reactions: the belief in the ability to control own entirely mental movements by means of willpower only is investigated. ¾ time of the training devoted to the practical work.

Participation costs: Part II of Decadnik (July, 8-10)

before May, 15 – 4000 roubles (equivalent of 100 Euro) for 3 days

before June, 1 – 6000 roubles (equivalent of 150 Euro) for 3 days

before June, 15 – 8000 roubles (equivalent of 200 Euro) for 3 days

after June, 15 – 10000 roubles (equivalent of 250 Euro) for 3 days

Discounts for PPL members: Observant members – 5%, Consultative members – 10%, Full members – 15%. Full-time students – 15%

Selective participation is possible. Costs of single trainings are given in the training descriptions. Discounts are not given in case of selective participation.

For participation and costs, please contact the organizers:

Manager for PPL Russia Olga Prikhodchenko +7(915)129-87-50, decadnik@mail.ru (distant coordinator)

Responsible person:

PPL training manager Anna Neroda mosgipnoz@gmail.com, +7 (903) 582-49-42 (on-site coordinator)

THE ROAD TO THE EAST WITH PPL

We have a special attitude towards travelling. The Russian ethnos was formed as a settled one, which means moving around is not typical of us. Going somewhere is a special event. Travelling gives a chance to see our life as a whole. Our ancestors used to settle along rivers, in forests, and they cultivated their land. They used to travel on foot, by horse-driven carriages or by sailing boats; later they began to use trains and planes. The vast territory of our country has always meant long journeys. Such journeys became an important part of our life. Moreover, they became one of the most important phenomena of our national mentality. We are a pioneering nation. All travels are thoroughly prepared. When travelling a person finds himself / herself between two spaces: he is not any more at the place he had left, and he is not yet at the point of destination. Time changes but traditions remain. Of course, these days we prefer to travel by plane. A plane is the time and space machine, whereas a train also means travelling inside. We really love railway travel! Our travel program means therapy and overcoming stress, new acquaintances and disclosing yourself; it also means heart-to-heart talks, relaxed atmosphere and sufficient sleep. Travelling by train in Russia one can experience the so-called "casual fellow traveler" psychotherapeutic phenomenon when you disclose the deepest secrets to a stranger being very sensitive to advice and recommendations and ready to evaluate and generalize your experience, ready to change.

I have travelled a lot in my life: between Moscow and St. Petersburg, to the Black Sea coast, to Irkutsk on the Trans-Siberian Road, on narrow-gauge railway in Sakhalin and in the North between Norilsk and Dudinka. When I researched the North Trans-Siberian Road beyond the Polar Circle I saw ruins of prisoners' camps at every 5–10 kilometers. This road was built for one train only.

I travelled by train in Eastern and Western Europe, in North and South America, in India and on the highest railroad in the world that connects Lhasa with China.

We are going on a journey on the world's longest railway – Trans-Siberian Road. There are 7 time zones between Moscow and Vladivostok. The train conductors are attentive and professional. There is a dining-car where you can take meals. Meals can be ordered and served in your compartment. The food is traditional for small restaurants, a meal costs 800–1000 roubles on average. Top category compartments are equipped with video players. Each compartment has 220V sockets (up to 100 Watt). All carriages were built in 2008 by Tverskoy Plant. Top category carriages have 9 compartments (18 berths), 1st class carriages have 9 compartments (36 berths). Each compartment has two couches which can be transformed into beds. Compartments are equipped with good locks, they can be locked from inside and outside. There are two vacuum toilets in the carriage.

Further away from Moscow people tend to live a traditional way of life. There are fewer towns and settlements. Mobile connection is only available in these scarce settlements. Russian railways have a wider track, so only Russian trains produce that typical sound of wheels which not only comforts you but also creates a slight feeling of trance. Our trains have larger and taller carriages, the berths for people and for luggage are wider (that is why when travelling in Europe we can't fit in all our suitcases and bags). Each compartment has a 220 V socket. Drinking tea is one of special pleasures on the train, kipyatok (boiling water) being always available.

The train stops at platforms where one can buy food and drinks in special kiosks. At some stations local people offer

home-made food. Your compartment turns into a temporary house where you are surrounded by peace and comfort. The train swinging along with the typical sound of the wheels makes you feel calm and sleepy. Looking from the train window is very convenient – considerable space along the railway track is cleared from trees, so the view is especially good. When the train stops you can walk along the platform and look at the stations. All stations in Russia have been recently reconstructed or rebuilt.

We invite you to join our program "The Road to the East". While travelling we will have working lunches, breakfasts and dinners. We will have seminars devoted to the important issues of psychotherapy. Many colleagues from other towns will join us on the way! Some of them will come to railway stations to see us, others will join in the journey. In Vladivostok there will be Congress for Psychotherapy in the Far East and one of our Decadniks. On the way back we will stop at Irkutsk to take part in the Baikal Lake Decadnik.

Here is our train's schedule:

Station	Arrival	Stop	Departure
Day 1, 7.07.2013			
MOSCOW	-	-	13:50
VLADIMIR	16:45	23 min	17:08
NIZHNY NOVGOROD	19:51	12 min	20:03
Day 2, 8.07.2013			
KIROV	01:52	15 min	02:07
PERM	09:25	25 min	09:50
YEKATERINBURG	15:16	28 min	15:44
TYUMEN	19:56	20 min	20:16
Day 3, 9.07.2013			
OMSK	03:14	16 min	03:30
BARABINSK	07:00	30 min	07:30
NOVOSIBIRSK	11:10	19 min	11:29
MARIINSK	16:50	26 min	17:16
KRASNOYARSK	22:40	22 min	23:02
Day 4, 10.07.2013			
ZIMA	11:46	30 min	12:16
IRKUTSK	15:57	23 min	16:20
ULAN UDE	22:54	23 min	23:17
Day 5, 11.07.2013			
KHILOK	03:40	19 min	03:59
CHITA	08:06	25 min	08:31
KARYMSKAYA	10:24	18 min	10:42
CHERNYSH	15:32	30 min	16:02
AMAZAR	23:17	20 min	23:37
Day 6, 12.07.2013			
ER PAVLOV	01:25	21 min	01:46
BELOGORSK	14:04	30 min	14:34
Day 7, 13.07.2013			
KHABAROVSK	00:40	30 min	01:10
USSURIYSK	10:51	18 min	11:09
VLADIVOSTOK	13:10	-	-

We invite you to take part in our unforgettable trip on the world's longest railway!

Prof. Viktor V. Makarov
President of the 1st Eurasian Congress for Psychotherapy

DECADNIKS OF THE CONGRESS

Decadniks of the summer 2013 in PPL Russia are giving you a great opportunity to join a unique journey to the inmost parts of Russia and veiled parts of a soul!

Fourth summer decadnik on psychology and counseling in Okunyovo

June 20-28 Omsk region



Chair of Omsk PPL branch
Natalia Belousova
nbelous1@rambler.ru

Decadnik «A Window to Europe»

July 1-4 St. Petersburg



Chair of St.Petersburg PPL branch
Inga Rumiantseva
+7 (911) 221-33-32; Ing900@yandex.ru
Саятали́на Елена, менеджер СПб РО ОППЛ
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United Eurasian Decadnik for Psychotherapy

July, 2-4 and July, 8-10
Moscow



Olga Prikhodchenko
8750@oppl.ru
+7 (915) 129-87-50

First summer decadnik in Yekaterinburg

July, 9-14
Yekaterinburg



Rufina, +7 (909) 006-31-31,
Victoria, +7 (909) 006-33-11,
tel./fax +7 (343) 371-85-55
rudnaya@yandex.ru

Ninth interregional decadnik «Sources of success»

July, 12-17 Gorny Altai



Invika
+7 (961) 222-54-61
orgkomoppl@gmail.com

First Decadnik at the Pacific

July, 14-17 Vladivostok



Igor Kovalev
reindgerow@yandex.ru

The sixth International decadnik of psychotherapy and counseling «Lake Baikal is the place of energy» and psychotherapeutic journey along Roundbaikal railroad «To the origins of Pribaykal buddhism»

July, 22-28 an
July, 28 – August,
1 Lake Baikal



Chair of Irkutsk PPL branch
Evgenia Ronanenko
evroirk@rambler.ru

Decadnik is:

- training programs of famous psychotherapists,
- broad field for discussions,
- resource support for psychotherapists,
- creative vacations for psychotherapists and psychologists,
- presence of spirit in the profession of psychotherapist,
- ability to take in new decisions on oneself, on the world, on people,
- wide opportunities to acquire new self-knowledge, possibilities to receive personal therapy from a high-qualified therapist
- maintaining and development of professional interests,
- multimodal area of psychotherapeutic work: possibility to communicate with a representative of any psychotherapeutic modality, possibility to share ideas and experiences with other psychotherapists,
- close contact and interaction, communication and cooperation with colleagues on various levels

COMPLEMENTED LIST OF THE MAIN EVENTS AND MEETINGS OF ALLRUSSIAN PROFESSIONAL PSYCHOTHERAPEUTIC LEAGUE IN THE YEARS OF 2013–2018

(Congresses, conferences, conventions, decadniks, expeditions, sacral journeys,
educational projects)

Event	Location	Dates
2013		
Summer decadnik in Saint Petersburg «A window to Europe»	Saint Petersburg	July, 1-4
Summer decadnik in house-museum «Yasnaya Polyana»	Tula region	July, 3-4
1st united Eurasian decadnik on psychotherapy (1st part)	Moscow	July, 2-4
1st united Eurasian Congress for psychotherapy (19th congress of European Association for Psychotherapy and 7th Panasian congress on psychotherapy)	Moscow	July, 5–7
1st united Eurasian decadnik on psychotherapy (2nd part)	Moscow	July, 7–9
OPPL program «Road to the East» (Moscow – Yekaterinburg - Omsk (Okunevo)- Novosibirsk - Barnaul (Gorny Altai) - Krasnoyarsk – Irkutsk (Baikal) - Vladivostok (The Pacific)	Vladivostok (The Pacific)	July, 7-23
First summer decadnik in Urals	Yekaterinburg	July, 9-14
9th inter-regional decadnik on mental ecology recovery, rest, psychotherapy, counseling and coaching in Altai Republic.	Altai Republic	July, 12–19
1st international decadnik on psychotherapy, counselling and coaching at the Pacific	Primorskiy region	July, 14-17
International decadnik on psychotherapy, counselling and coaching at the lake Baikal «Place of strength – Lake Baikal»	Irkutsk, Baikal	July, 19-23
Sacral Journey to India	Deli-Haridvar-Reshikesh-Masuri	August, 9-19
Traditional Kazakhstan decadnik on psychotherapy, counselling and coaching	Kazakhstan	May, 23-27
PSYFEST 1ST FESTIVAL OF PSYCHOLOGY AND PSYCHOTHERAPY	Krasnodarskiy region	September
15th convention of Professional psychotherapeutic league of Russian Federation	Moscow	October, 11
19th scientific-practical expedition to India «Meditation and spirituality of Jains»	Deli, Jasol, Rajastan	October, 16-27
3rd Theoretical and practical conference in memory of professor Yuri Valentik	Moscow	October, 28
14th decadnik on psychotherapy and counselling	Omsk	November, 2-5
10th International decadnik on psychotherapy and counselling	Yekaterinburg	November, 3–10
PSY-FEST (new Siberian decadnik «Psychology of the Future»).	Novosibirsk	November, 7– 10
Inter-regional theoretical and practical conference	Krasnodar	November, 22–24
Christmas weeks of psychotherapy	Moscow	December, 12–29
10th Christmas evening of Russian psychotherapists, psychologists and their friends. Conference.		
2014		
4th in Saint Petersburg congress of psychotherapists, practical psychologists and counselors. Psychotherapeutic ball	Saint Petersburg	January,31 – February, 1
Decadnik on psychotherapy and practical psychology in Saint Petersburg	Saint Petersburg	February, 2-6
13th decadnik on psychotherapy in Italy	Rome – Ascoli-Piceno	February, 2–9
6th decadnik on psychotherapy and psychology at the Black sea shore of the Caucasus	Anapa	May, 2–10
Traditional Kazakhstan decadnik on psychotherapy, counselling and coaching	Kazakhstan	May, 25–31
5th summer decadnik of counselling in Okunevo	Omsk	June, 19-27
OPPL program «Road to the East» (Moscow – Yekaterinburg - Omsk (Okunevo)- Novosibirsk - Barnaul (Gorny Altai) - Krasnoyarsk – Irkutsk (Baikal) - Vladivostok (The Pacific) - Japan.	Russia - Japan	July
10th inter-regional decadnik on mental ecology recovery, rest, psychotherapy, counseling and coaching in Gorny Altai Republic.	Altai Republic	July, 22–28
7th World congress on psychotherapy	South African Republic, Durban	August, 25–29
2nd International Congress: «PSYCHOLOGY, PSYCHOTHERAPY & COUNSELLING: THE CROSSED DESTINIES» and 2nd International decadnik on psychotherapy, practical psychology and counselling in Ukraine.	Crimea, Ukraine	September, 20-26
16th convention of Professional psychotherapeutic league of Russian Federation	Moscow	October, 2
2nd World congress of Russian-speaking psychotherapists and counsellors: «Languages of psychotherapy»	Moscow	October, 3–5
Final decadnik of the year on psychotherapy, counselling and mediation	Moscow	October, 6–12
15th allrussian decadnik on psychotherapy and counselling	Omsk	November, 1-4
PSY-FEST (new Siberian decadnik «Psychology of the Future»).	Novosibirsk	November, 6–10
10th International decadnik on psychotherapy and counselling	Yekaterinburg	November, 3–10
15th Omsk decadnik on psychotherapy, counselling and narcology	Omsk	November, 4–8
4th convention of psychologists and psychotherapists of Southern Federal District of Russian Federation	Krasnodar	November, 28–30
Christmas weeks of psychotherapy	Moscow	December, 12–19
11th Christmas evening of Russian psychotherapists, psychologists and their friends. Conference.		
2015		
International congress of psychotherapists, practical psychologists and counselors. 2nd decadnik on psychotherapy, psychology and counselling in the Northwest of Russia.	Saint Petersburg	January, 30-31 February, 1-5
2nd ball of psychotherapists, psychologists and friends in Saint Petersburg		
14th decadnik on psychotherapy in Italy	Roma – Ascoli-Piceno	February, 2–9
3rd convention of psychotherapists and counselors of Novosibirsk region.	Novosibirsk	April, 1–6
PSY-FEST (new Siberian decadnik «Psychology of the Future»).		
7th decadnik on psychotherapy and psychology at the Black sea shore of the Caucasus	Anapa	May, 2–9
The congress of South-American Federation of psychotherapy	San Paulo, Brazil	To be announced
The congress of North-American Federation of psychotherapy	Toronto, Canada	To be announced
11th inter-regional decadnik on mental ecology recovery, rest, psychotherapy, counseling and coaching in Gorny Altai Republic.	Altai Republic	July, 22–28
Traditional Kazakhstan decadnik on psychotherapy, counselling and coaching	Kazakhstan	June, 14–22
6th summer decadnik of counselling in Okunevo Okunevo	Omsk	June, 18-26

Event	Location	Dates
8th congress of Asian Federation of psychotherapy	Malaysia, Kuchum	July, 17–19
OPPL program «Road to the East» (Moscow – Yekaterinburg - Omsk (Okunevo)- Novosibirsk - Barnaul (Gorny Altai) - Krasnoyarsk – Irkutsk (Baikal) - Vladivostok (The Pacific)	Russia	July, 17–19
17th convention of Professional psychotherapeutic league	Moscow	October, 1
International Conference (the topic is to be announced)	Moscow, Russia	October, 2–4
6th Theoretical and practical conference in memory of professor Yuri Valentik	Moscow	October, 24
Final decadnik of the year on psychotherapy, counselling and mediation	Moscow	October, 5–11
PSY-FEST (new Siberian decadnik «Psychology of the Future»).	Novosibirsk	November, 4–8
11th International decadnik on psychotherapy and counselling	Yekaterinburg	November, 3–10
16th allrussian Decadnik on psychotherapy and counselling	Omsk	November, 7–10
Convention of psychologists and psychotherapists of Krasnodar Territory and Adygei Republic	Krasnodar	November, 27–29
Christmas weeks of psychotherapy	Moscow	December, 12–19
12th Christmas evening of Russian psychotherapists, psychologists and their friends. Conference.		
2016		
PSY-FEST (new Siberian decadnik «Psychology of the Future»).	Novosibirsk	March, 31 – April, 6
9th congress of Asian Federation of psychotherapy	Tehran	May, 21–24
7th summer decadnik of counselling in Okunevo Okunevo	Omsk	June, 23–30
12 inter-regional decadnik on mental ecology recovery, rest, psychotherapy, counseling and coaching in Gorny Altai Republic	Altai Republic	July, 22–28
OPPL program «Road to the East» (Moscow – Yekaterinburg - Omsk (Okunevo)- Novosibirsk - Barnaul (Gorny Altai) - Krasnoyarsk – Irkutsk (Baikal)- Vladivostok (The Pacific) - Korea	Russia - Korea (South and North)	July
18th convention of Professional psychotherapeutic league	Moscow	October, 2
International Conference (the topic is to be announced)	Moscow	October, 3–5
Final decadnik of the year on psychotherapy, counselling, mediation	Moscow	October, 6–11
PSY-FEST (new Siberian decadnik «Psychology of the Future»)	Novosibirsk	November, 3–8
12th International decadnik on psychotherapy and counselling	Yekaterinburg	November, 3–10
17th allrussian Decadnik on psychotherapy and counselling	Omsk	November, 4–7
Convention of psychologists and psychotherapists of Krasnodar Territory and Adygei Republic	Krasnodar	November, 27–29
Christmas weeks of psychotherapy	Moscow	December, 12–19
13th Christmas evening of Russian psychotherapists, psychologists and their friends. Conference		
2017		
5th Theoretical and practical conference in memory of professor Yuri Valentik	Novosibirsk	March, 25
4th convention of psychologists and psychotherapists of Southern Federal District of Russian Federation. PSY-FEST (new Siberian decadnik «Psychology of the Future»).	Novosibirsk	March, 26–31
8th summer decadnik of counselling in Okunevo Okunevo	Omsk	June, 22–29
13th inter-regional decadnik on mental ecology recovery, rest, psychotherapy, counseling and coaching in Gorny Altai Republic.	Altai Republic	July, 22–28
OPPL program «Road to the East» (Moscow – Yekaterinburg - Omsk (Okunevo)- Novosibirsk - Barnaul (Gorny Altai) - Krasnoyarsk – Irkutsk (Baikal) - Vladivostok (The Pacific) - China	Russia - China	July
8th world congress on psychotherapy	Paris	August, 26–29
19th convention of Professional psychotherapeutic league	Moscow	October, 3
International conference (the topic is to be announced)	Moscow	October, 4–6
Final decadnik of the year on psychotherapy, counselling, mediation	Moscow	October, 7–12
PSY-FEST (new Siberian decadnik «Psychology of the Future»).	Novosibirsk	November, 1–7
14th International decadnik on psychotherapy and counselling	Yekaterinburg	November, 3–10
18th allrussian Decadnik on psychotherapy and counselling	Omsk	November, 4–7
Convention of psychologists and psychotherapists of Krasnodar Territory and Adygei Republic	Krasnodar	November, 27–29
Christmas weeks of psychotherapy	Moscow	December, 12–19
14th Christmas evening of Russian psychotherapists, psychologists and their friends. Conference.		
2018		
5th convention of psychologists and psychotherapists of Southern Federal District of Russian Federation PSY-FEST (new Siberian decadnik).	Novosibirsk	March, 26–31
9th summer decadnik of counselling in Okunevo	Omsk	June, 22–29
14th inter-regional decadnik on mental ecology recovery, rest, psychotherapy, counseling and coaching in Gorny Altai Republic.	Altai Republic	July, 22–28
OPPL program «Road to the East» (Moscow – Yekaterinburg - Omsk (Okunevo)- Novosibirsk - Barnaul (Gorny Altai) - Krasnoyarsk – Irkutsk (Baikal) - Vladivostok (The Pacific) - Mongolia	Mongolia, the Gobi desert	July
20th convention of Professional psychotherapeutic league	Moscow	October, 3
International Conference (the topic is to be announced)	Moscow	October, 4–6
Final decadnik of the year on psychotherapy, counselling, mediation	Moscow	October, 7–12
PSY-FEST (new Siberian decadnik «Psychology of the Future»).	Novosibirsk	November, 1–7
15th international decadnik on psychotherapy and counselling	Yekaterinburg	November, 3–10
19th decadnik on psychotherapy and counselling	Omsk	November, 4–7
Convention of psychologists and psychotherapists of Krasnodar Territory and Adygei Republic	Krasnodar	November, 27–29
Christmas weeks of psychotherapy	Moscow	December, 12–19
15th Christmas evening of Russian psychotherapists, psychologists and their friends. Conference.		

* Prolonged educational projects*

HAVE THEIR OWN SCHEDULE IN MOSCOW AND OTHER CITIES

The list of events of the League, prolonged educational, supervisory and therapeutic projects will be constantly updated!

For more information visit our sites <http://www.oppl.ru/>, <http://www.travel.oppl.ru/>, <http://eurasian-psychotherapy.com>

Nearest educational programs of PPL:

Scenarios of personal future – Viktor Makarov, Galina Makarova

International program on systemic mediation – Rodolfo de Bernart

Mediation. Professional course – Nina Lavrova, Irina Cheglova, Olga Ruban

Express-psychotherapy – Alexandr Katkov

Family systemic therapy – Nina Lavrova

Psychotherapeutic sexology – Irina Panyukova

Erickson therapy and hypnosis – Vladimir Domoratskiy

Theater of archetypes – Irina Cheglova

Program of training in polymodal supervision – Igor Lyakh

Cognitive-behavioral therapy – Vladimir Kasatkin

Sign up and information:

Executive secretary of the Central Board of Professional Psychotherapeutic League Olga Prykhodchenko 8750@oppl.ru; cell. +7 (915) 129–87–50

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